



February 2011

THE COURIER

Naval Medical Center Portsmouth, Portsmouth, Va.



NMCP Docs Receive
USUHS Awards

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Excellence in Teaching

NMCP Receives USUHS Award

BY REBECCA A. PERRON
NMCP Public Affairs

Naval Medical Center Portsmouth was awarded the 2010 Uniformed Services University Excellence in Teaching Award for large hospitals, which recognizes the support given by military teaching hospitals to Uniformed Services University of the Health Sciences programs. Rear Adm. Alton L. Stocks, commander, NMCP, accepted the award Jan. 25 at the Military Health Systems conference in Washington, D.C.

The award takes into consideration the support for the USUHS teaching programs at military treatment facilities throughout the country, including the commander's support and that of the faculty, staff and administrative elements. The award is given to a large and a small military treatment facility.

Recommendations are given by the USUHS's School of Medicine and Graduate School of Nursing. The winner is decided by the deans of the SOM and GSN and the president of USUHS. This is the fourth year USUHS has given this award.

"We're pleased to honor Naval Medical Center Portsmouth for their contributions to the education of our medical and graduate nursing students," said Dr. Charles L. Rice, USUHS president. "The staff and faculty are to be commended for their willingness to put in the extra time and effort that teaching inevitably requires. I hope that they will look upon this award with pride and feel a sense of personal and professional accomplishment."

"Every military faculty member who gets orders here knows they are coming

— See *USUHS*, Page 5

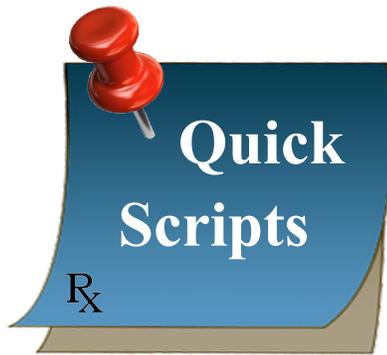


Photo by Rebecca A. Perron



Photo by MC2 Riza Caparros

Sgt. Maj. Daniel Thompson, second from right, senior enlisted advisor to the Chairman of the Joint Chiefs of Staff for Warrior and Family Support, visits members of NMCP's Wounded Warrior Battalion-East with NMCP's CMDCM(SS/SW) Carl Morgan, right. Thompson toured the facility and met with wounded warriors who are undergoing treatment.



Schedule PHAs for PRT

The Deployment Health Clinic has appointments available for annual Periodic Health Assessments. PHAs must be current to participate in the spring Physical Fitness Assessment. Fitness testing cannot be done with an expired assessment. Appointments will have a longer wait time the closer to the PFA. Schedule it now while it is convenient. Call 953-5090 or 1922.

Spring 2011 PFA Cycle

Physical Activity Risk Factor Questionnaire for the Spring Physical Fitness Assessments must be completed prior to the beginning of weigh-ins.

Weigh-ins are April 4 to 15, Monday to Friday from 7 a.m. to 4 p.m. in Command Fitness, Bldg. 3, 5th floor.

Those who use the bike or elliptical for the fitness test must call Command Fitness at 953-5082 starting April 4 to reserve a time and date for weigh-in 24 hours prior to their scheduled PRT.

NMCP Ombudsman Team Pre-Deployment Brief

The NMCP Command Ombudsman Team is here to help when you are attached to NMCP or any of its outlying clinics and you or a family member are preparing to deploy!

Pre-deployment brief is held at 9:30 a.m. on the 3rd Tuesday of each month in the chapel.

Email us to join our Ombudsman email tree and learn the latest news.

NMCPombudsman@med.navy.mil
or
757- 953-1973

NMCP VITA Team

The Volunteer Income Tax Assistance program is available at NMCP. The deadline to file all taxes is April 18 for the 2010 tax season. The NMCP VITA Team will prepare tax returns at no cost. Assistance is offered to current military and civilian staff and retired military staff members only.

All tax preparations are by appointment only since there is no central tax preparation location. See the POD site for a list of VITA reps and what is required for the appointment. For more information, contact VITA coordinators HMC Klein at 353-7203 or HMC Bliefernich at 353-8643.

Naval Reserve Recruiter

The Naval Enlisted Reserve Recruiter will be in the Career Counselor's Office every Wednesday from noon to 1 p.m. NC1 Chapa will discuss the Naval Reserves with those members who

are approaching their End of Active Obligated Service.

NMCRS Fund Drive

The Navy-Marine Corps Relief Society fund drive kicks off on March 1 and runs through March 31st.

In 2010, the NMCP office provided more than \$150,000 in loans and grants to 352 clients. During the successful 2010 fund drive, NMCP raised \$99,125 for Sub Area 6 in support of the Society. NMCP staff are to help NMCP have another successful campaign during 2011!

For more information, contact HMC Laxa at 953-9539 or richard.laxa@med.navy.mil.

Oakleaf Club Open to New Members

The Oakleaf Club of Tidewater is open to Medical, Dental, Nurse, and Medical Service Corps (active duty and retired) officers and their spouses in the Hampton Roads area. The club is a social and benevolent organization.

We are always happy to welcome new members. For more information on membership, contact Angela Nezat at anezat@yahoo.com.

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THE
COURIER

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DEPUTY COMMANDER

Capt. Darin K. Via

COMMAND MASTER CHIEF

CMDCM(SW/SS) Carl E. Morgan

PUBLIC AFFAIRS OFFICER

Deborah R. Kallgren

DEPUTY PUBLIC AFFAIRS OFFICER

Rebecca A. Perron

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MC2 Riza B. Caparros

MC2 Nikki Smith

FC3 Jovante' L. Washington

The Courier is an authorized publication of Naval Medical Center Portsmouth, 620 John Paul Jones Circle, Portsmouth, VA 23708, and is published monthly by the Public Affairs Office.

The Courier provides an avenue to circulate all newsworthy information the NMC Portsmouth staff has to offer.

Anyone who wishes to submit an article or news information for publishing should contact the Public Affairs Office by calling 953-7986, by fax at 953-5118, or by emailing the PAO, Deborah Kallgren, at deborah.kallgren@med.navy.mil.

Submissions should be in Word format. Photos should be a separate submission from the document and in jpeg, bitmap or tiff format.

The Public Affairs Office is located in Bldg. 1, 3rd Deck, Rm. 308.

COMMANDER'S CORNER

NMCP Guarantees Quality Health Care

In last month's column, I stated I planned to write a series of articles detailing my strategic direction for Naval Medical Center Portsmouth, Navy Medicine's "First and Finest" hospital. In that column, I discussed the six pillars of our strategic vision, which are Customer Service, Medical Education, Professional Development, Quality Healthcare, Readiness and Research.

With this series, I will focus on each pillar individually. This first one will highlight the "Quality Healthcare" pillar. The objective

of this pillar is to guarantee quality health care. Under this objective, there are four effects for which we are striving:

- * Deliver the right care at the right place at the right time.
- * Achieve patient-centered, multi-directional communication.
- * Ensure patient safety.
- * Provide the best possible outcomes.

NMCP is recognized Navywide for the high quality health care that, as a team, we deliver daily. Recent nationally recognized measures of quality health care delivery, specifically Joint Commission ORYX and HEDIS (Healthcare Effectiveness Data and Information Set) measures, indicate a trend of marked improvement regarding compliance with these standards.

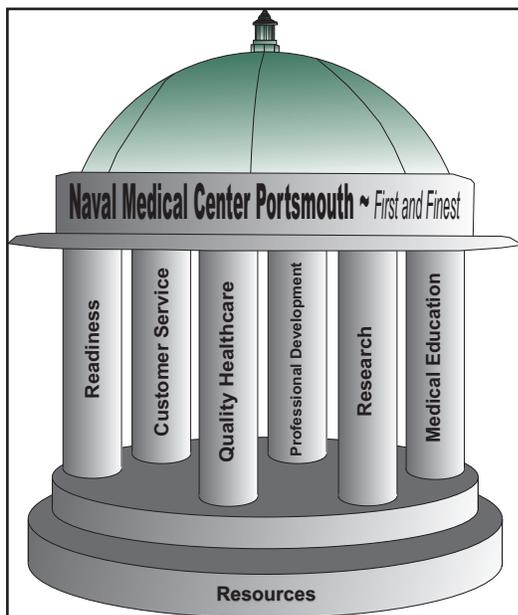
You all are to be commended for both your efforts and the progress you have made to date, specifically with regards to the treatment and management of pneumonia, heart failure, acute myocardial infarction and diabetes, as well as breast, cervical and colon cancer screenings. We have made great progress and need to continue to maintain the progress



made to date. There is still room for improvement, particularly in the areas of asthma action plans, timing of surgical antibiotic prophylactic use, and inpatient mental health discharge continuity plans.

For NMCP to achieve its Guarantee of Quality Healthcare, we need every member of the command to commit to quality and to be engaged every day. Measures of the above four effects are being established and I ask all of you with interest in their development to contact Capt. Jeff Cole. Ultimately, these measures, as with the measures for all of our pillars, will direct our daily practice and efforts at NMCP. Our ultimate goal is to take the best hospital in the Navy to the best hospital in the nation.

A. L. Stocks



Part of the new strategic vision, the pillars represent each area of excellence. The pillars of excellence program where unveiled in February and will be officially launched later in the spring.

'96 for a 96' DUI-Free Challenge Achieved

Naval Medical Center Portsmouth successfully reached the benchmark of 96 days without a "Driving Under the Influence Incident," which is outstanding

for a command of NMCP's size. The accomplishment has taken both team and individual efforts.

Active duty command members will receive a 96-hour liberty in recognition of this command-wide achievement. The real

success however, is the increased awareness of the importance of *not* driving under the influence and how this is now an everyday part of being an NMCP Sailor. NMCP is now working on accomplishing 180 days without a DUI.

Schroeder Named Strong Female Physician Leader

BY MC2 RIZA CAPARROS
NMCP Public Affairs

Cmdr. Ashley Schroeder, Naval Medical Center Portsmouth staff physician in the Department of Otolaryngology, was named the junior Navy winner of the Building Stronger Female Physician Leaders in the Military Health System Award at the MHS conference in Maryland on Jan. 27. The award recognizes women who have made significant lifetime contributions to the practice of medicine and have served as exemplary role models for other female physicians within the MHS.

“I am very honored,” Schroeder said. “I know there are many deserving physician leaders out there, so I’m particularly grateful to my department head, Capt. Allen Mitchell, for the nomination.”

Mitchell had only great things to say about his superstar.

“Dr. Schroeder has distinguished herself through her exemplary efforts as a physician, surgeon and mentor,” Mitchell said. “She has attained significant leadership positions in the command, as Transitional Internship coordinator, and acting command intern coordinator while actively instructing and mentoring interns and residents in the clinic and operating room.”

Schroeder mentored more than 200 interns at NMCP and has authored more than 35 publications, research protocols and presentations.

“The nursing, clerical, and core staff I work with every day are all pretty amazing professionals without whom I couldn’t do my job,” Schroeder continued.



Photos courtesy Military Health System

Cmdr. Ashley Schroeder receives the junior Building Stronger Female Physician Leaders in the Military Health System Award for the Navy from Dr. Jonathan Woodson, MD, assistant secretary of defense for health affairs, and Navy Rear Adm. Karen Flaherty, deputy chief, Bureau of Medicine and Surgery, during the MHS conference Jan. 27.

“So I think if I ‘earned’ an award, it’s only because of all the incredible people I work with.”

Schroeder hopes her impact on Navy Medicine is an inspiration to young physicians to cherish their unique opportunities and responsibilities as military physicians.

“If you ask any intern who knows me, they will probably verify that I am a *huge* advocate for serving in the fleet in some capacity – whether on ships, Fleet Marine Force, Flight Surgeon, Undersea Medical Officer or through other opportunities we are afforded,” she said.

Her last bit of advice?

“To cherish the unique practice we have, take good care of those you work with and remember what a privilege it is to care for our patients,” she added with a smile.



Cmdr. Ashley Schroeder greets Chief Medical Officer of the Coast Guard Rear Adm. Mark J. Tedesco before accepting the junior Building Stronger Female Physician Leaders in the Military Health System Award for the Navy for her mentorship to more than 200 interns at NMCP. She is also the author of more than 35 publications, research protocols and presentations.

USUHS — *Continued from page 1*
to a teaching program where they will play a large role in the education of our future doctors,” said Capt. Tim Porea, Pediatric Residency Program director. “Our faculty is 100 percent behind our educational mission. Residents and students are here to learn, and our faculty stands behind that commitment.”

The support to the USUHS is given when third year medical students are required to spend six weeks rotating through each of about a dozen specialties, so they join residency programs already in session to gain basic knowledge of each specialty. The three specialties for which NMCP hosts students are internal medicine, pediatrics and obstetrics/gynecology.

The Directorate for Professional Education is responsible for overseeing the training and development of NMCP staff and faculty to ensure the educational environment is meeting and exceeding learning standards.

“First, credit should go to the clinics and departments who host the USUHS students,” said Capt. John O’Boyle, director, Professional Education. “They execute the mission of providing excellent training for these students. DPE and other directorates are engaged in making sure NMCP provides an outstanding educational environment, which not only benefits graduate medical education programs, but medical student programs and programs for trainees in other disciplines.”

O’Boyle added that NMCP is a premier educational institution and provides such an exceptional educational environment because of the quality of NMCP’s staff and faculty and the volume and complexity of patient care.

“All of this adds up to a good training experience,” O’Boyle continued. “The leadership may set the

tone for educational excellence, but it only comes together when the departments put in the effort toward excelling in their training role.

“What is also rather remarkable is that in addition to NMCP receiving the institutional teaching award for 2010, that our faculty has received many of the individual departmental teaching excellence awards over the years,” O’Boyle added. “We have had the rotation for internal medicine and pediatrics for a while, and have received those national awards for individual faculty. So together, this speaks

NMCP’s commitment to medical students is crucial to Navy Medicine for the several reasons, according to Porea.

“Most important, we owe it to our patients, both current and future,” Porea said. “Only by striving for educational excellence in training the doctor of tomorrow can we assure outstanding care. We must make sure those who are here for their rotation are familiar with the basic concepts of every rotation, even if they do not choose to specialize in a particular field. They must be prepared to assist in



Photo courtesy Military Health System

Rear Adm. Alton L. Stocks, commander, NMCP, with Dr. Charles L. Rice, president, Uniformed Services University of the Health Sciences, left, and Dr. Jonathan Woodson, assistant secretary of defense for health affairs, after accepting the USU’s Excellence in Teaching Award at the Military Health Systems conference in Washington, D.C., on Jan. 25.

volumes about the focus we have on education.”

USUHS awarded the national individual Excellence in Teaching award to NMCP faculty members in both the Pediatrics and Internal Medicine programs last year, which is quite an achievement considering these programs are taught at seven military teaching hospitals.

a given field if it were necessary.

“And, somewhat selfishly, we want to maximize our educational environment so we have the opportunity to recruit students,” Porea added. “We had 55 applicants for 12 spots in this year’s pediatrics intern class, which shows that medical students value the education they can receive from NMCP.”

Pettitt Receives Purple Heart from Hejlik



Lance Cpl. Cody Pettitt received the Purple Heart from Lt. Gen. Dennis Hejlik, Commander, U.S. Marine Forces Command, on Feb. 8.

Pettitt received shrapnel wounds to his left arm and both legs while conducting combat operations against enemy forces in Marjah, Helmand province, Afghanistan. He was treated on scene and medevac'd to the Camp Dwyer Combined Support Hospital, Afghanistan before arriving at NMCP for further medical treatment on Jan. 10. Pettitt's father, mother and sister attended the ceremony.

PHOTO BY REBECCA A. PERRON

Laptops: Gathering of Eagles Donates Two More to Wounded Warriors Recovering at NMCP



Lance Cpl. Charles Martin is greeted on Feb. 11 by Coby Dillard, a member of the North Carolina/Virginia chapter of Gathering of Eagles, who presented Martin with a laptop. To date, more than 15 laptops have been donated to wounded warriors at NMCP by the non-profit organization. Martin and three other wounded warriors who are receiving care at NMCP were recipients of laptops that day.



Dawn West, the Tidewater coordinator for Gathering of Eagles, a non-profit organization that gives laptops to wounded warriors, greets Pfc. Shawn Pierce before presenting him with the laptop on Feb. 11. Pierce was one of four NMCP wounded warriors to receive a laptop from the organization that day.

PHOTOS BY MC2 RIZA CAPARROS

National Nutrition Month

The Nutrition Department is celebrating Nutrition Month with several events to promote the "Eat Right with Color" theme.

Every Wednesday, eat breakfast in the galley

and create your own oatmeal or yogurt parfait at the Parfait Bar. The galley is open 6 to 8:05 a.m.

Taste samples from a healthy recipe cooking demonstration during lunch March 15. The demo will be in the seating area adjacent to the cashier.

Black History Month Celebrated in Galley

BY DEBORAH KALLGREN
NMCP Public Affairs Officer

Rear Adm. Alton L. Stocks, NMCP commander, led the command in a celebration of Black History Month on Feb. 18 in the galley.

While the theme was African Americans in the Civil War, the admiral also focused on diversity in the Navy.

“Through diversity is strength, diversity can get untapped resources that you might not otherwise recognize,” Stocks said. “For us in the Navy, we have a diverse way of looking at problems and coming up with solutions. Through diverse backgrounds and approaches, we’re a stronger Navy.

“That’s why we’re so successful in our wartime missions and around the world: because we’re unpredictable. They don’t know where we’re coming from. They are very singular in their approach. We’re not that way. That keeps us strong,” Stocks added.

He also touted the Navy’s progress in making many ratings more diverse. “In the past five years, in many of our technical ratings, the percentage of African Americans has doubled,” Stocks said.

The commemoration included a special luncheon and showing of the film, “Glory,” about African-American involvement in the Civil War. The event



Photo by MC2 Riza Caparros

NMCP Commander Rear Adm. Alton L. Stocks cuts the celebratory cake with the youngest African American in the room, HN Chauncey Bolden of the Allergy Department, to commemorate Black History Month. Stocks spoke about this year’s focus, African Americans and the Civil War, as well as how diversity makes the Navy and the nation great.

culminated with a ceremonial cake with Stocks sharing cakecutting duties with HN Chauncey Bolden of the Allergy Department.

Sailors Remembered on Valentine’s Day



HM2 Erin Dunn receives a handmade valentine from Steve Zittle, a member of Veteran’s and Family Memorial Care. The card was one of many made by students from Azalea Garden Preschool Academy in Norfolk and St. Matthew’s School in Virginia Beach. Zittle came to NMCP on behalf of the children to give the valentines to service members.

PHOTO BY MC2 RIZA CAPARROS



Photo by MC2 Riza Caparros

CMDCM(SW/SS) Carl Morgan held an E-4, E-5 All Hands Call Feb. 15 in the auditorium, with every seat in the room filled. During the meeting, Morgan talked about his expectations of his “deckplate managers.”

Those expectations were to, “do the best you can do, take care of yourself and your family, and be a good shipmate.” He reminded them that there would be trials and tribulations along the way, but “I am your CMC, and I am here for you.”

Morgan opened up the floor for questions at the end. Some included issues regarding child care, deployment, manning and mentorship.

Wi-Fi Now Available

After piloting Wi-Fi availability in the Pediatrics Ward, Naval Medical Center Portsmouth has expanded Wi-Fi service to all waiting areas and inpatient wards.

“We want to improve the patient experience and add the convenience to patients who have to wait at the pharmacy or for appointments,” said Capt. James R. Miller, director for Quality Management. “If someone is escorting a patient or patients are here for long appointments, they may need access to the Internet and email. For inpatient wards, kids can do homework and everyone can access social networking.”

NMCP is contracting the service through Morale, Welfare and Recreation.

Officers of 4th Quarters recognized



Photo by Deborah R. Kallgren

Seven of the recipients of the Officer of the Quarter award stand with Rear Adm. Alton L. Stocks, NMCP’s commander, left, and Capt. Darin Via, NMCP’s deputy commander, right, after the OOQ award ceremony Feb. 16 in the Bldg. 1 foyer.

From left: Cmdr. Eric Gessler, Senior Medical Corps; Lt. Cmdr. John Ventura, Officer of the Quarter In-Training; Lt. j.g Sheree Blackwell, Junior Nurse Corps; Cmdr. Connie Scott, Senior Medical Service Corps; Lt. Matthew Moore, Junior Medical Corps; Capt. Curtis Bergey Senior Dental Corps; and Lt. Cmdr. Anton Petrich, Junior Dental Corps. Not pictured are Lt. Ian Waugh, Junior Medical Service Corps; and Lt. Walter Davis, Senior Nurse Corps.



Photos by MC2 Riza Caparros

SAILOR OF THE QUARTER

HM1 La Toya N. Kemp, Inpatient Psychiatry Department leading petty officer, utilized her exceptional abilities and experience to provide mentorship and guidance to the 30 Sailors and civilians she lead daily in the midst of an ever increasing operational tempo. Her clinical and technical leadership lead to the completion of more than 1,344 psychiatric patient assessments, resulting in a 98 percent active duty return rate to full duty. She played a pivotal role in retention initiatives by holding more than 45 career development boards. Her dedication to Sailorization and effective supervision of three departmental career counselors led to the completion of three “C” school packages, three career management systems submissions and six reenlistments.

JUNIOR SAILOR OF THE QUARTER

HM2(SW/AW/FMF) Monique C. Lopez, leading petty officer of the Marine Platform, coordinated and facilitated the completion of all pre/post deployment requirements for Navy command members attached to marine platforms, including the completion of all medical and administrative requirements for 38 Sailors. Her strong leadership and drive ensured the completion of 480 hours of training and the successful and timely deployment of Sailors with zero medical or administration attrition. She epitomized the naval medical department’s motto “steaming to assist” and provided tangible evidence of the vital role the enlisted community plays in today’s Navy.



BLUE JACKET OF THE QUARTER

HM3(FMF) Brian J. Crockett, Branch Health Clinic Oceana, performed his duties as leading petty officer of the Dental Department with the highest degree of pride and professionalism. He displayed exceptional leadership, teamwork, and expertise by being the driving force in all areas of the department’s clinical and administrative operations. His superb and tireless efforts directly resulted in smooth patient flow while maintaining operational dental readiness of 95 percent.



CIVILIAN OF THE QUARTER CATEGORY I

Vincent Washington, management assistant in Performance, Analysis and Evaluation, enables the command to make sound financial and staffing decisions through his work with the DMHRSi and the Medical Expense Performing Reporting System. He oversees more than 1,800 timecards each month, which equates to one third of the command's civilian payroll and about \$10 million. Washington's work is crucial, because inaccuracies will cause the command to lose productivity in man hours and workload credit, which results in an out of compliance status and loss of funding.

"As a management assistant for the two systems, I am responsible for assisting the Health System specialists in collecting, analyzing, evaluating, developing, and advising on the effectiveness of work methods and procedures and similar management," Washington said. "I think this is an awesome recognition. I just try to do the best job as if I'm doing it for the Lord."



Photos by MC2 Riza Caparros

CIVILIAN OF THE QUARTER CATEGORY II

Michael Owens, an emergency medicine physician in the Emergency Department, organized and led a successful and first-ever NMCP medical expedition to rural Ghana. During the trip, he gave multiple emergency medical lectures and procedural skills labs to local health care providers. He also gave public health screenings to more than 300 Ghana residents.

He is actively involved in medical academics by teaching the Tactical Combat Casualty Care Course, providing intradepartmental lectures and teaching courses at Eastern Virginia Medical School. Owens was accepted as one of the first participants in the joint Navy/University of Massachusetts Masters of Public Health program. He also initiated the concept of and developed the syllabus for the first-ever military International Medicine Fellowship/Faculty Development program, which is a joint collaboration between NMCP and Uniformed Services University of the Health Sciences.

"As a physician in the Emergency Department, I primarily provide patient care; mentoring and teaching of medical students, interns, and residents," Owens said.



"In addition, I'm an international medicine director and teach various courses.

"I was humbled by the recognition, as I often say I sound like a recruiting poster when discussing my job," Owens continued. "I feel we have one of the strongest Emergency Medicine programs in the country and some of the most outstanding physicians and staff in the department. It is a pleasure to come to work. To be recognized for what I already enjoy doing was more than expected."

Psychology Fellowship Program Accredited

STORY AND PHOTO
 BY MC2 RIZA CAPARROS
 NMCP Public Affairs

Naval Medical Center Portsmouth's Psychology Post-Doctoral Fellowship Program joined an elite group of 60 such programs in the United States – and the first in the Navy – to be accredited

part of the process, there was a site visit by two psychologists from the association who conducted a very thorough review of our program.”

The yearlong fellowship program focuses training on treating the returning warfighter, with emphasis on depression and post-traumatic stress disorder, as well as minor rotations in traumatic brain injury, chronic pain, family issues and alcohol and substance abuse, and an orientation in patient psychology.

“The accreditation certainly gives legitimacy to the program,” said Lt. Mike Franks, Psychology Department’s division officer and member of the fellowship and internship training program. “APA is the recognized authority in our field, so an accreditation from them says NMCP psychology and psychologists have the most state-of-the-art training, which meets or exceeds APA standards.”

There are two overlapping classes, making a total of five fellows currently in training. One of the fellows, Lt. Greg Asgaard, has only good things to say about the program.

“It’s providing excellent training,

which is making me a well-rounded clinician,” he said. “It’s an added incentive to get board certified, which is highly valued with the accreditation.”

The five fellows currently in training were looked at closely as part of the accreditation site visit.

“Each one of us spent a good part of the day in an interview with APA reps, talking about the program,” Asgaard continued. “We are the ‘product’ of the program so to speak” so the participants were scrutinized as much as the curriculum was.

Cmdr. Gregory Caron, Psychology Department head, said the program meets a mission not only for the hospital, but Navy Medicine and the Navy worldwide.

“It addresses our need for more licensed mental health providers in operational settings,” Caron said. “This accreditation is a great recruiting tool, because it attracts civilian psychologists who want to serve our nation. In a short amount of time, they are prepared to fill that need in operational assignments.”

And patients can be assured that their providers are highly trained and highly qualified.

NMCP’s program trains psychologists who have completed all of their doctoral requirements. The 2010 to 2011 fellows make up the third class since the program began.



Lt. Greg Asgaard, a fellow in the Post-Doctoral Fellowship Program, facilitates a training lecture for other program members.

when the American Psychological Association awarded the program a seven-year accreditation in December.

“This accreditation required a very detailed application process,” said Thomas Kupke, Psychology Department’s training director. “As

Grayson Earns 30 Year Pin

Carol Grayson was presented an award for 30 years of civil service on Feb. 3 by Rear Adm. Alton L. Stocks, NMCP’s commander. Grayson began federal service in 1980 in Washington, D.C., relocating to NMCP in 1990. She currently works as a Health Systems specialist in the Performance, Analysis and Evaluation department.

“Thirty years has flown by,” Grayson said. “I have always enjoyed civil service work, I love my job, and I have no plans to retire any time soon.”

Photo by MC2 Riza Caparros





Photos by FC3 Jovante' L. Washington

Civilian in the Spotlight

Full name: Leanne Slagle, RN

Hometown: Westbrook, Maine

Years of Naval Service: 20 years (Retired Commander, Nurse Corps), 4 years at NMCP

Work Center: Primary Care department head, Admiral Joel T. Boone Clinic Branch Health Clinic

What do you like most about your job? I love my staff and taking care of our patients!!

What do you do in your off duty time/hobbies? Arts/crafts (specifically making jewelry), reading, spending as much time as I can with my grandchildren, and as the “community” nurse, taking care of my neighbors, family and friends.

What is your favorite movie? Breakfast at Tiffany’s

What is your favorite food? Pasta

Why were you been selected as Civilian in the Spotlight? Boone Clinic was the first outpatient clinic to achieve 100 percent (all green) in population health and HEDIS measures.

Anything else interesting about yourself? I love a good challenge!



Sailor in the Spotlight

Full name: HM2 Alexandria Brenna Cannon

Hometown: Redding, Calif.

Years of Naval Service: 5, 1 year at NMCP

Work Center: Overseas Screening assistant leading petty officer, Sewells Point Branch Health Clinic

What do you like most about your job? I have the best junior corpsmen who inspire me to come to work with a positive demeanor, and they help me to better myself. Every day with my nine junior guys is a learning experience. They have become like a funny-crazy-frustrating-entirely fulfilling family of mine.

What do you do in your off duty time/hobbies? I am pursuing an advanced education in theater and performing arts.

What is your favorite movie? The Princess Bride

What is your favorite food? French bread

Favorite Quote: I see myself as an intelligent, sensitive human, with the soul of a clown which forces me to blow it at the most important moments. —Jim Morrison

Meet Our New Ombudsmen



Megan Barry

Megan Barry's husband works in NMCP's Emergency Department. He's easy to spot in his Army uniform. She jumped at the chance to become an ombudsman.

"I'm excited about helping families in need. I feel a strong duty to 'pay it forward.'"

In addition to answering lots of questions from families, Megan is resurrecting the monthly Ombudsman Newsletter.



Andy Trossbach

Andy grew up Army and now takes some good-natured ribbing from his family since his wife is in the Navy, now working in NMCP's Emergency Department.

"The Army-Navy Game is always interesting," he said.

He's enjoying being an ombudsman.

"I need to give back. I want to be active in the command to help others out — do whatever I can do to help someone's transition into the military, and keep them happy while they're here."

PHOTOS BY MC2 RIZA CAPARROS

Gaglione Receives USUHS Educator Excellence Award

STORY AND PHOTO BY MC2 NIKKI SMITH
NMCP Public Affairs

Uniformed Services University of the Health Sciences has honored yet another member of Naval Medical Center Portsmouth's staff. Dr. Margaret MacKrell-Gaglione of Internal Medicine was awarded the USUHS 2010 Medicine Clinical Educator Award for outstanding performance while teaching at NMCP.

USUHS's School of Medicine and Graduate School of Nursing established the annual award to recognize teaching contributions of clinical faculty at clerkship teaching sites across the Military Health System.



Dr. Margaret MacKrell-Gaglione of Internal Medicine consults with HN Jose Dildine about a patient's care.

Gaglione is very humbled to receive the award.

"I love teaching, and I have been very fortunate to have had wonderful teachers throughout my own education," Gaglione said. "If I can do what great teachers have done for me, make difficult concepts 'stick,' then I have accomplished something. There is nothing greater than to watch one of my former students become a great physician."

Gaglione served on active duty from 1992 to 1998, spending all six years at NMCP, completing both her internship and residency here.

"I have loved working for the military," Gaglione said. "I have had the opportunity many times since I left active duty to work in civilian hospitals, but have stayed here at NMCP. The doctors that I have had the opportunity to work with and the patients that I have had the opportunity to care for are the reasons I have stayed."

"We're very proud that Dr. Gaglione was chosen to receive this award," said Capt. Dodd Denton, Internal Medicine clerkship director at USUHS. "She is an unbelievably talented educator who has volunteered her time to mentor and teach our students for many years. Internal Medicine experiences at USUHS would not be the same without her."

Gaglione will also be awarded \$2,000 to be used for continuing medical education. She plans to use the money to attend an American College of Physicians Society meeting.

“DERBY DAYS”

Annual Oakleaf Benevolence Auction



Friday, April 29
Sandbar Club at NMCP
6–9:30 p.m.

Dinner, Games & Best Hat Contest

\$25 per person
BBQ & picnic fare
Cash bar



*All proceeds benefit the
Hampton Roads Naval Medical
commands, locally and deployed*

*RSVP by April 25 by emailing
terri_via@yahoo.com*

FEBRUARY AWARDS

DEFENSE MERITORIOUS SERVICE MEDAL

Lt. Cmdr. Gabriel T. Brown

MERITORIOUS SERVICE MEDAL

Capt. Eugene Dalara
Cmdr. Vivienne Parodi
Lt. Cmdr. Kreg Everleth
HMCM (SW) Glenn McBride
HM1 Crystal Edmonds

JOINT SERVICE COMMENDATION MEDAL

Cmdr. Dale Jensen

NAVY & MARINE CORPS COMMENDATION MEDAL

Capt. Kevin Barrett
Lt. Cmdr. Brian Carman
Lt. Cmdr. Tracey Giles
Lt. Cmdr. Craig Tyson
Lt. Joel Albright
HM1(SW/AW/FMF) Mary Matthews
MA1 Neil P. McLean III
HM1 Patricia Smith
HM2(SW) Todd Woodard

NAVY & MARINE CORPS ACHIEVEMENT MEDAL

Lt. Michele Miller
Lt. Rex Watson
Lt.j.g. Natalie Haynes
Lt.j.g. Carrie Lemcool

Lt.j.g. Caroline Silvia
HMC(FMF) Michael Young
HM1 Misty Knight
HM1(FMF) Corey Marinokohnen
HM1(SW/AW/FMF) Mary Matthews
LS1(AW/SW) Erwin Paclob
HM2(FMF) Zainob Andu
HM2(SW/AW) Amanda Fletcher
CTT2 Olivia Gabamonte
HM2(SW) Necola Glaze
HM2 William Schwartz
HM2 Kenneth Waugh
HM3 Charles Brown
HM3(FMF) Adam Carlucci
HM3 Blake Hite
CS3 (EXW) Curtis Rogers
HM3 Theresa Sitone

NORTH ATLANTIC TREATY ORGANIZATION MEDAL

Lt. Cmdr. Amy Hubert
HM1 Edna Carmone

AFGHANISTAN CAMPAIGN MEDAL WITH STAR

Lt. Cmdr. Amy Hubert

NAVY MERITORIOUS CIVILIAN SERVICE AWARD

Bonita Brunner
Pamela Greer
Ronald Pritchard
Susan Ballance

More Civilian of the Quarter, Year Awards

BY DEBORAH R. KALLGREN
NMCP Public Affairs Officer

The Command Executive Board has approved some changes to the way civilian accomplishments are recognized and honored at Naval Medical Center Portsmouth.

Starting with the next Civilian of the Quarter award, for which nominations were due March 1, the number of awardees will double per quarter from two to four. The number of Civilian of the Year awardees will also double to four.

There will still be two levels: junior and senior.

Now there will also be two categories for each level: administrative and clinical.

The CEB has modified the levels, identifying the junior civilians as GS-8 and below and the senior civilians as GS-9 and above. (Previously, the levels were GS-7 and below, and GS-8 and above.)

All will receive the same benefits as they do now: \$500 per Civilian of the Quarter, and \$1,000 per Civilian of the Year. Currently, approximately 1,900 civilians work at NMCP.

SHIPMATE OF THE MONTH



Photo by FC3 Jovante' L. Washington

HN SIMON CHOI
PSSN MARTIN MAKULA
HN RONALD P. LAVALLE
HM2 TERESA G. ARNOLD
HN CHRISTOPHER R. BROSSARD
HN DAVID J. CARDOZA

HN DANIELLE A. HALL
HM2 ERIN A. DUNN
HM3 EVAN W. MARSH
HM2 PAOLA J. FOXHOVEN
HM2 MARCIA E. CORREIA

NMCP Auxiliary Security Force Graduates 12



The Auxiliary Security Force held a graduation ceremony Feb. 4 for its first class of 2011. ASF personnel augment base security personnel during contingencies, terrorist attacks, natural disasters, civil disturbances, exercises and special events that require heightened levels of security.

PHOTO BY
HM3 DUSTIN HARVEY