



# Wounded, Ill, and Injured 141A Project Health Promotion and Wellness

## Leaders in Health Promotion and Wellness

As the operational tempo draws down, effective and cost-efficient health promotion strategies that enhance the readiness, resilience, and recovery of Sailors and Marines remain an important priority. Navy and Marine Corps Public Health Center (NMCPHC) Health Promotion and Wellness (HPW) Department delivers evidence-based products and services to promote physiological, psychological, emotional, and behavioral health for Sailors and Marines. The Wounded, Ill, and Injured (WII) 141A Project increases the Department's capacity to meet its enduring and WII-specific mission by enhancing core HPW capabilities to support the WII population. HPW creates tailored, evidence-based, health promotion products, services, and initiatives intended to boost the healing, recovery, and resilience of service members, their families, friends, and care givers.

## WII Products and Webinars

The WII 141A Project created WII health education resources, including presentations, fact sheets, and articles that promote healthy living behaviors and comprehensive care for WII Sailors and Marines. It also developed webinars addressing WII-specific health behaviors to provide virtual health promotion training to medical treatment facilities and operational commands' health promotion assets and medical personnel.

## HPW Partnership Program

The WII 141A Project established a formal partnership program to promote and advance the shared missions of HPW and partners through diverse communication channels. Current partners include the Hearing Center of Excellence, inTransition Program, and National Intrepid Center of Excellence.

## Strategic Outreach to WII Stakeholders

The WII 141A Project presented WII products and services to Sailors and Marines during HPW Awareness Days at operational commands to improve fleet awareness of HPW's resources. It also expanded NMCPHC's social media presence on Facebook and Twitter to reach thousands of service members and re-launched the HPW WII webpage which acts as a central location for WII resources and is one of the most viewed webpages on the NMCPHC website. WII-specific health promotion needs are also part of the Health Promotion Education and Training curriculum.

### Where to go for help

To learn more about the WII 141A Project, visit:

[www.med.navy.mil/sites/nmcphc/wounded-ill-and-injured](http://www.med.navy.mil/sites/nmcphc/wounded-ill-and-injured)