

-----Original Message-----

From: DOD, NAVY, ORGANIZATIONS (UC), CNO WASHINGTON DC (UC)
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Sent: Wednesday, October 14, 2009 2:09
To: Anderson, Scott A LCDR 31 SRG
Subject: POST DEPLOYMENT HEALTH RE-ASSESSMENT UPDATE

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Subject: POST DEPLOYMENT HEALTH RE-ASSESSMENT UPDATE
Originator: CNO WASHINGTON DC (UC)
DTG: 132044Z Oct 09
Precedence: ROUTINE
DAC: General
To: AL NAVADMIN (UC), NAVADMIN
Cc: CNO WASHINGTON DC (UC)

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PASS TO OFFICE CODES:

FM CNO WASHINGTON DC//N1//
TO NAVADMIN
INFO CNO WASHINGTON DC//N1//

UNCLAS//N06100//
NAVADMIN 297/09

MSGID/GENADMIN/CNO WASHINGTON DC/N1/OCT// SUBJ/POST DEPLOYMENT HEALTH RE-ASSESSMENT UPDATE// REF/A/DOC/OPNAV/12JAN09// REF/B/MSG/CNO WASHINGTON DC/N1/020107ZAPR09// NARR/REF A IS OPNAV INSTRUCTION 6100.3, DEPLOYMENT HEALTH ASSESSMENT (DHA) PROCESS. REF B IS NAVADMIN 099/09, INDIVIDUAL AUGMENTATION (IA) GRAM NUMBER FIVE ? ASSIGNMENT OF COMMAND INDIVIDUAL AUGMENTEE COORDINATOR (CIAC).// RMKS/1. THIS NAVADMIN ANNOUNCES POST DEPLOYMENT HEALTH RE-ASSESSMENT (PDHRA) UPDATES AND GUIDANCE ON THE DEPLOYMENT HEALTH ASSESSMENT (DHA) PROGRAM. REF A REQUIRES THAT NAVY COMMANDS AND MEDICAL PROVIDERS ENSURE SAILORS ARE SCREENED FOR PHYSICAL AND MENTAL HEALTH CONCERNS BEFORE AND AFTER CERTAIN DEPLOYMENTS. IN ADDITION TO THE PDHA AND PDHRA (DD2796 AND DD2900), EMPHASIS MUST ALSO BE PLACED ON THE PRE-DEPLOYMENT HEALTH ASSESSMENT (DD2795) TO ENSURE WE ARE SENDING PHYSICALLY QUALIFIED SAILORS FORWARD.

2. THE NAVY HAS MADE GREAT STRIDES IN IMPROVING COMPLIANCE WITH THE PDHRA REQUIREMENT; HOWEVER, APPROXIMATELY 20 PERCENT OF OUR PERSONNEL REMAIN OUT OF COMPLIANCE. ADDITIONAL EFFORT IS REQUIRED TO ENSURE THAT DEPLOYERS RECEIVE THE NECESSARY SCREENINGS TO IDENTIFY POSSIBLE STRESS INJURIES AND OTHER HEALTH CONCERNS THAT MAY REQUIRE FURTHER ASSESSMENT OR TREATMENT. THIS NAVADMIN PROVIDES ADDITIONAL GUIDANCE TO HELP COMMANDS ADDRESS PDHRA (DD2900) REQUIREMENTS INDICATED BY THE MEDICAL READINESS REPORTING SYSTEM (MRRS) ? THE COMMANDER'S TOOL TO MONITOR DHA COMPLIANCE.

3. THE FOLLOWING ARE STEPS COMMANDING OFFICERS SHOULD TAKE TO COMPLETE THE PDHRA PROCESS:

A. GENERATE A DETAILED DEPLOYMENT REPORT (BY UIC) FROM MRRS. THIS SHOULD BE DONE AT LEAST MONTHLY FOR MONITORING PURPOSES. IT IS POSSIBLE THAT MRRS MAY NOT IDENTIFY ALL PERSONNEL REQUIRING A PDHRA.

IT IS THE COMMAND'S RESPONSIBILITY TO KNOW THE DEPLOYMENT HISTORIES OF THEIR SAILORS AND ENSURE ALL REQUIREMENTS ARE MET. PERSONNEL IDENTIFIED IN MRRS AS DUE OR OVERDUE FOR A PDHRA SHOULD BE CONTACTED TO VERIFY THAT THEY SPENT MORE THAN 30 CONSECUTIVE DAYS ASHORE IN AN OCONUS LOCATION WITHOUT A FIXED MILITARY TREATMENT FACILITY (MTF). IF SO, THESE SAILORS ARE REQUIRED TO COMPLETE A PDHRA.

B. COMMANDING OFFICERS SHALL ALSO ENSURE:

(1) EACH SAILOR WITH A VERIFIED PDHRA REQUIREMENT FIRST SUBMITS A PDHRA DD2900 SURVEY ON-LINE USING THE ELECTRONIC DEPLOYMENT HEALTH ASSESSMENT (EDHA) WEB APPLICATION AT [HTTPS://DATA.NMCPHC.MED.NAVY.MIL/EDHA](https://data.nmcpHC.med.navy.mil/edha). NOTE: PASSWORDS FOR THE EDHA WEBSITE MAY BE OBTAINED FROM THE COMMAND DHA COMPLIANCE COORDINATOR.

(2) EACH SAILOR THEN SCHEDULES AN APPOINTMENT WITH A RESERVE HEALTH READINESS PROGRAM (RHRP) CONTRACTOR OR OTHER APPROVED DOD MEDICAL ORGANIZATION TO COMPLETE THE ASSESSMENT. A PDHRA IS CONSIDERED COMPLETE ONLY AFTER A MEDICAL PROVIDER HAS INTERVIEWED THE MEMBER AND CERTIFIED THE ASSESSMENT.

(3) SAILORS WITHOUT AN MTF, RHRP CONTRACTOR, OR OTHER APPROVED DOD MEDICAL ORGANIZATION NEAR THEIR HOME OR DUTY STATION WILL FIRST SUBMIT THEIR PDHRA (DD2900) SURVEY ON-LINE. ONCE SUBMITTED ON-LINE, ENSURE THE SAILOR CALLS THE PDHRA CALL CENTER AT 1-888-734-7299 (OPTION #3) TO COMPLETE THE ASSESSMENT OVER THE PHONE WITH A MEDICAL PROVIDER FOR CERTIFICATION. THE PDHRA CALL CENTER OPTION IS AVAILABLE TO RESERVE COMPONENT AND ACTIVE COMPONENT SAILORS IN REMOTE LOCATIONS WITHOUT AN MTF.

(4) SERVICE MEMBERS RECEIVE APPROPRIATE FOLLOW-UP FOR IDENTIFIED CONCERNS IN COORDINATION WITH MEDICAL PROVIDERS.

C. IF DETERMINED, BASED ON DHA CRITERIA, THAT A SAILOR IS INCORRECTLY LISTED IN MRRS AS 'DUE' OR 'OVERDUE,' A LOCAL MEDICAL DEPARTMENT REPRESENTATIVE SHALL OPEN THE SAILOR'S MRRS RECORD, ACCESS THE DEPLOY TAB LISTING THE SAILOR'S DEPLOYMENT HISTORY, AND EXCLUDE THE EVENT THAT IS TRIGGERING THE PDHRA REQUIREMENT. THE PROCESS IS AS FOLLOWS:

(1) IF A PDHA (DD2796) EXISTS FROM A DEPLOYMENT THAT DOES NOT REQUIRE A PDHRA, CLICK ON THE EDIT LINK TO ITS RIGHT. IN THE PDHRA STATUS/LOCATION DROP DOWN LIST ON THE FAR RIGHT OF THE RESULTING WINDOW, SELECT '(LESS THAN) 30 DAYS' OR 'SHIPBOARD.' CLICK SAVE TO RETURN TO THE SAILOR'S DEPLOY TAB. IF ANOTHER DD2796 IS LISTED FOR WHICH A PDHRA IS NOT REQUIRED, REPEAT THE PROCESS.

(2) IF HARDSHIP DUTY PAY (HDP) DATES DO NOT MATCH A DEPLOYMENT THAT REQUIRES A PDHRA, CLICK ON THE EXCLUDE BUTTON TO THE RIGHT. ENTER A COMMENT (REASON) WHEN PROMPTED, THEN CLICK SAVE. IF ANOTHER (OLDER) SET OF HDP DATES NOW APPEARS, FOR WHICH A PDHRA IS STILL NOT REQUIRED, REPEAT THE PROCESS.

(3) TO HELP COMMANDS EXPEDITE PDHRA COMPLIANCE, THE FOLLOWING ACTIONS ARE RECOMMENDED:

(A) APPOINT A COMMAND DHA COMPLIANCE COORDINATOR. THIS COULD ALSO BE THE COMMAND INDIVIDUAL AUGMENTEE (IA) COORDINATOR (CIAC) ASSIGNED IN ACCORDANCE WITH REF B. IN ORDER TO GENERATE MRRS REPORTS USED TO TRACK DHA REQUIREMENTS AND COMPLIANCE FOR COMMAND PERSONNEL, REQUEST MRRS ACCESS AT [HTTPS://MRRS.SSCNO.NMCI.NAVY.MIL/](https://mrrs.sscno.nmci.navy.mil/).

(B) UNITS WITH LIMITED INTERNET CONNECTIVITY SHOULD CONTACT THEIR IMMEDIATE SUPERIOR IN COMMAND (ISIC) FOR ASSISTANCE. THE ISIC MEDICAL DEPARTMENT REPRESENTATIVE CAN PERFORM THE ACTION ABOVE TO UPDATE MEMBERS LISTED IN MRRS.

(C) COORDINATE WITH THE LOCAL MTF, RHRP CONTRACTOR, OR OTHER APPROVED DOD MEDICAL ORGANIZATION TO SCHEDULE APPOINTMENT BLOCKS

TO COMPLETE PDHRAS. ANNOUNCE THESE APPOINTMENT AVAILABILITIES IN THE PLAN OF THE WEEK AND PLAN OF THE DAY.

4. POINT OF CONTACTS:

- BUREAU OF MEDICINE AND SURGERY: PDHRA(AT)MED.NAVY.MIL.
- MRRS ACCESS AND TECHNICAL SUPPORT: E-MAIL AT MRRSPO(AT)NAVY.MIL OR SEE FAQ LINK AT [HTTPS://MRRS.SSCNO.NMCI.NAVY.MIL/](https://mrrs.sscno.nmci.navy.mil/).
- ELECTRONIC DHA (EDHA) FORM SUBMISSION: [HTTPS://DATA.NMCPHC.MED.NAVY.MIL/EDHA](https://data.nmcpmc.med.navy.mil/edha).
- EDHA HELP DESK (INCLUDING PASS-PHRASES): (757) 953-0717/DSN 377 OR E-MAIL AT EDHA(AT)NEHC.MAR.MED.NAVY.MIL.
- DEPLOYMENT HEALTH CLINICAL CENTER (DHCC): [HTTP://WWW.PDHEALTH.MIL/ABOUT DHCC.ASP](http://www.pdhealth.mil/about/dhcc.asp).
- NAVY AND MARINE CORPS DEPLOYMENT HEALTH CENTERS: [HTTP://WWW-NEHC.MED.NAVY.MIL/DEPLOYMENT HEALTH/HEALTH CENTERS.ASPX](http://www-nehc.med.navy.mil/deployment_health/health_centers.aspx).

5. FOR QUESTIONS REGARDING DHA, CONTACT:

A. MS. BETTY TALLEY, OPNAV N135F, AT (901) 874-4299/DSN 882, OR E-MAIL AT BETTY.TALLEY(AT)NAVY.MIL.

B. MR. PERRY CHRISTIANSEN, OPNAV 135F, AT (901) 874-6857/DSN 882, OR E-MAIL AT PERRY.CHRISTIANSEN(AT)NAVY.MIL.

C. CDR KEN STRUVE, OPNAV N135F, AT (901) 874-4254/DSN 882 OR E-MAIL AT KENNETH.STRUVE(AT)NAVY.MIL.

6. RELEASED BY VADM MARK FERGUSON, N1.//