

## Directory of Navy and Marine Corps HP Instructions

Topic Area	Title	Program Title	Date Signed	Description
Generic Fleet HP	<a href="#">XX SHIP INST 6100.XX</a>	Health Promotion	N/A	Generic HP Instruction for Fleet commands to use to develop instruction for their own command
Health Promotion	<a href="#">DoD Directive 1010.10</a>	Health Promotion and Disease/Injury Prevention	22 Aug 03	DoD Health Promotion
Health Promotion	<a href="#">OPNAV 6100.2A</a>	Health Promotion Program	15 March 07	Establishes a comprehensive U.S. Navy Health Promotion Program that encourages healthy lifestyles and increases organizational and individual readiness.
Health Promotion	<a href="#">BUMED 6110.13A</a>	Naval Medical Department Health Promotion Program	14 Jan 08	Naval Medical Department Health Promotion Program
Health Promotion	<a href="#">DoN Human Resources Manual, Subchapter 792.4</a>	Employee Health Promotion and Wellness Program	Apr 05	Office of Civilian Personnel Management guidelines on WORK/LIFE Program
Health Promotion	<a href="#">32CFR85.1</a>	Health Promotion	1 Jul 02	Code of Federal Regulations within the DoD regarding Health Promotion
Health Promotion	<a href="#">COMNAVAIRFORINST 6100.1</a>	Health Promotion Program	3 MAR 03	Naval Air Forces health promotion program guidelines
Health Promotion	<a href="#">COMNAVAIRFORESINST 6100.1</a>	Health Promotion	15 Jan 09	Naval Air Force Reserve HP Guidance
Health Promotion	<a href="#">CNSL CNSP 6100.1A</a>	Force Commander Annual Health Promotion Unit Award ("GREEN H")	25 Sep 2012	Health Promotion excellence award criteria of Naval Surface Forces Atlantic and Pacific
Health Promotion	<a href="#">COMNAVSUBFORINST 6100.1</a>	Force Commander Health Readiness Unit Award	10 Nov 09	Guidance for HP Program for Submarine Force

USMC Semper Fit Program	<a href="#">MCO P1700.29</a>	Marine Corps Semper Fit Program Manual 8 Nov 1999	8 Nov 99	Defines the Marine Corps Semper Fit Program, which includes HIV/STD prevention as a Health Promotion core element and requires HIV/STD education annually. Additionally, this order requires basic/technical training programs and professional level training programs for officers and enlisted have targeted education regarding STD and HIV transmission and prevention.
Medical Home Port Model	<a href="#">BUMEDINST 6300.19</a>	Medical Home Port Model	26 May 2010	Provides guidance for all Navy MTFs and subordinate hospitals and clinics to establish medical home port clinics.
Health Assessment	<a href="#">SECNAVINST 6120.3</a>	Preventive Health Assessment	14 Sept 07	Requires an annual health assessment of active duty men and women as part of their regular health care visits.
Individual Medical Readiness (IMR)	<a href="#">HA POLICY: 03-009</a>	Policy for Individual Medical Readiness Metrics	2 May 03	Tracking six essential IMR elements: periodic health assessment, deployment-limiting conditions, dental readiness, immunization status, readiness laboratory studies, and individual medical equipment.
Health Surveillance	<a href="#">ASD 10698</a>	Assistant Secretary of Defense, Health Affairs Memorandum	6 Oct 98	Policy for Pre- and Post- deployment health assessments and blood samples including screening for HIV infection
Disease Reporting	<a href="#">BUMED Instruction 6220.12A</a>	Medical Event Reports	21 Oct 98	Instructions for preparing and submitting Medical Events Reports (MERs) which requires timely reporting of selected

				communicable diseases including, but not limited to, chlamydia, gonorrhea, hepatitis B and C, syphilis, and trichinosis
PRT Instruction	<a href="#">OPNAV Instruction 6110.1J</a>	Physical Readiness Program	11 Jul 2011	Provide policy and procedures for the Navy's Physical Readiness Program --- to create a culture of fitness to enhance a Sailor's ability to complete tasks that support the command's mission.
Physical Fitness	<a href="#">DODD 1308.2</a>	DoD Physical Fitness and Body Fat Programs Procedures	4 Feb 05	This instruction implements policy, assigns responsibilities, and prescribes procedures governing physical fitness and weight/body fat standards in the Armed Forces.
Physical Fitness	<a href="#">NAVADMIN 011/07</a>		Jan 07	Stationary cycle and elliptical trainer testing procedures
Physical Fitness	<a href="#">NAVADMIN 041/06</a>		APR 06	Administrative separation (ADSEP) processing guidance for Physical Fitness Assessment (PFA) failures
Physical Fitness	<a href="#">NAVADMIN 072/06</a>		MAR 06	Physical Readiness Information Management System (PRIMS) reporting and Periodic Health Assessment (PHA)
Physical Fitness	<a href="#">NAVADMIN 293/06</a>		Oct 06	Elliptical Trainer as new Physical Readiness Test (PRT) cardio option
DoN Tobacco Control Policy	<a href="#">COMNAVSURFPACINST 5100.13/</a> <a href="#">COMNAVSURFLANTINST 5100.13</a>	Navy and Marine Corps Tobacco Control Policy	19 Sep 12	It establishes policy and provides guidance to address the use of tobacco products aboard all Naval Surface Force platforms.

DoN Tobacco Policy	<a href="#">SECNAV 5100.13E</a>	Navy and Marine Corps Tobacco Policy	31 July 08	Policy and program guidance for the control and reduction of tobacco use within the DoN
BUMED Tobacco Instruction	<a href="#">BUMEDINST 6200.12A</a>	Navy Medicine	4 Dec 2012	Comprehensive Tobacco Control for Navy Medicine
BUMED Tobacco Policy	<a href="#">NAVMED Policy 09-009</a>	Tobacco Use for Navy Medicine Personnel in Uniform	17 Jun 09	Addresses policy regarding Navy Medicine personnel smoking while in uniform
Tobacco Program Metrics Policy	<a href="#">NAVMED Policy 08-017</a>	Navy Medicine Tobacco Metric Reporting Policy	26 Aug 08	Provides guidance regarding reporting tobacco program metrics for Navy Medicine commands
BUMED ShipShape Program Instruction	<a href="#">BUMEDINST 6110.16</a>	Navy Medicine ShipShape Program	22 Oct 2012	<b>Assign responsibility for Navy Medicine personnel supporting the Navy's ShipShape Weight Management Program</b>
BUMED ShipShape Program Metrics Policy	<a href="#">BUMED Policy Letter M3/07/UM33000</a>	Navy Medicine ShipShape Program	2 Feb 2007	<b>Assign roles and responsibilities for Navy Medicine commands supporting the Navy's ShipShape Weight Management Program</b>
Suicide Prevention	<a href="#">OPNAVINST 1720.4A</a>	Suicide Prevention Program	4 Aug 09	Provides policy and procedure and assigns responsibilities for the Navy's Suicide Prevention Program
Sexual Health	<a href="#">BUMED Instruction 6300.9A</a>	Family Planning Services	20 Sep 01	Navy policy for providing family planning services

				(contraception and sterilization) in naval medical treatment facilities
Sexual Health	<a href="#">BUMED Instruction 6222.10C</a>	Sexually Transmitted Disease Clinical Management Guidelines	12 Feb 09	Guidelines for treatment and prevention of sexually transmitted diseases (STDs)
Sexual Health	<a href="#">MCO P1700.29</a>	Marine Corps Semper Fit Program Manual 8 Nov 1999	8-Nov-99	Defines the Marine Corps Semper Fit Program, which includes HIV/STD prevention as a Health Promotion core element and requires HIV/STD education annually. Additionally, this order requires basic/technical training programs and professional level training programs for officers and enlisted have targeted education regarding STD and HIV transmission and prevention
Sexual Health	<a href="#">SECNAV INSTRUCTION 5300.30E</a>	HIV Infection In The Navy and Marine	13 Aug 2012	DoN policy on identification, surveillance, and administration of military members, applicants and health care beneficiaries infected with HIV-1
Sexual Health	<a href="#">Department of Defense Instruction 6485.01</a>	HIV-1	17 Oct 06	DoD policy for the identification, surveillance, and management of military personnel infected with the HIV and for prevention activities to control transmission of HIV
Sexual Health	<a href="#">SECNAVINST 6120.3</a>	Preventive Health Assessment	14 Sept 07	Requires an annual health assessment of active duty men and women that includes appropriate family planning, contraceptive and STD counseling. Also required is

				chlamydia screening for all sexually active women aged 25 and younger, as well as older women at risk for chlamydia, as part of their regular health care visits.
Sexual Health	<a href="#">Sexual Risk Assessment in Primary Care; BUMED Letter</a>	Sexual Health	30 Nov 07	"Dear Doctor" letter from Deputy Navy Surgeon General, to all Navy health care providers - advocates sexual risk assessment of all adult and adolescent patients.
Sexual Health	<a href="#">EMERGENCY CONTRACEPTION-PLAN B; Prescribing, Dispensing and Distribution of Plan B (Levonorgestrel) BUMED Letter</a>	Sexual Health	27 Feb 07	"Prescribing, Dispensing and Distribution of Plan B (Levonorgestrel)"
Alcohol Abuse & Substance Misuse	<a href="#">SECNAV 5300.28E</a>	Military Substance Abuse Prevention and Control	23 May 2011	To establish policies and procedures for the prevention and control of alcohol and drug abuse within the Department of the Navy (DON)
Alcohol Abuse & Substance Misuse	<a href="#">OPNAV 5350.4D</a>	Military Substance Abuse Prevention and Control	4 Jun 09	To provide comprehensive alcohol and other drug abuse prevention and control policy and procedures for all Navy military personnel and establish regulations to enforce that policy
Alcohol Abuse & Substance Misuse	<a href="#">SECNAV 5355.3</a>	Drug Education For Youth (DEFY) Program	16 Oct 2007	To implement the Drug Education for Youth (DEFY) Program within the Department of the Navy (DON)