DEPARTMENT OF THE NAVY
BUREAU OF MEDICINE AND SURGERY
2300 E STREET NW
WASHINGTON DC 20372-5300

IN REPLY REFER TO
26 Aug 08

MEMORANDUM FOR COMMANDER, NAVY MEDICINE EAST
COMMANDER, NAVY MEDICINE WEST
COMMANDER, NAVY MEDICINE NATIONAL CAPITAL AREA
COMMANDER, NAVY MEDICINE SUPPORT COMMAND

SUBJECT: Health Promotion and Wellness (HPW) Tobacco Cessation Program Metrics

Ref: (a) SECNAVINST 5100.13D
(b) OPNAVINST 6100.2A

Tobacco use is one of the leading preventable causes of death and disability, and the single most important modifiable risk factor to maintain readiness and health. Per references (a) and (b), and this Policy Memorandum, Navy Medicine supports Navy policy to provide tobacco users professional assistance and encouragement to quit. An important component of this support is for Military Treatment Facilities (MTFs) HPW departments to provide individual or group tobacco cessation counseling. Additionally, the continuum of care should include self-help tools, DOD/VA Clinical Practice Guidelines, brief clinic based counseling, pharmacotherapy, and telephone quit lines.

Regional Commanders are to ensure all MTFs have a comprehensive tobacco cessation program, staffed by trained MTF personnel including HPW staff, to meet the demands of all beneficiary populations. MTFs are responsible for the training of staff providers and facilitators to offer Tobacco Cessation interventions. It is expected that all MTFs incorporate a public health approach to provide evidence-based tobacco cessation interventions to assure easy access and uniformity of the program for our active duty and other beneficiary populations.

The Navy and Marine Corps Public Health Center (NMCPHC) will serve as a subject matter expert resource to assist MTFs in their tobacco cessation efforts and for tracking overall HPW department based Tobacco Program effectiveness metrics. Each MTF must submit their Tobacco Program metrics semiannually to the NMCPHC, per guidance at http://www-nmcphc.med.navy.mil/hp/tobacco/index.htm. Program outcomes will be reported by the NMCPHC to the respective Regional Commander and BUMED (M3). The BUMED HPW Program will provide policy management based in part on these metrics.

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