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SUBJ/2015 NAVY SURGEON GENERAL'S BLUE H - HEALTH PROMOTION AND WELLNESS AWARD

RMKS / TYCOMS ARE REQUESTED TO FORWARD THIS MESSAGE TO ALL UNITS UNDER THEIR COGNIZANCE. //

RMKS/1. The Surgeon General of the Navy (SG) proudly announces the winners of the 2015 Blue H - Navy Surgeon General's Health Promotion and Wellness Award, managed by the Navy and Marine Corps Public Health Center (NMCPHC). The Fleet and Marine Corps Command categories recognize excellence in workplace health promotion policies, activities and outcomes. The Medical Treatment Facility category recognizes excellence in clinical primary prevention services, community health promotion, and medical staff health. The Semper Fit version recognizes excellence in Marine Corps community health promotion by Semper Fit Centers. Health topics covered include alcohol abuse prevention, injury prevention, nutrition, physical activity, psychological health, sexual health, tobacco cessation, and weight management. Awards may be earned at three levels: Gold Star, Silver Eagle, and Bronze Anchor. Every organization that applied received at least the Bronze Anchor level award. Commands that achieved a minimum of 50 percent of available points for every topic earned the Silver Eagle level award. Commands that achieved at least 50 percent of available points in every topic, achieved key must-do criteria and also achieved 80 percent of the total available points, earned the Gold Star level award.

2. Primary prevention policies and activities in Navy and Marine Corps workplaces, communities, and medical treatment facilities are critical to maintaining a fit and ready force. Reducing behavioral risk also enhances individual quality of life and reduces long-term health care costs.

3. The SG commends the following 443 commands for a job well done in 2015, and invites all commands to participate in the Blue H in 2016.

a. Gold Star level winners are: 1st Battalion 5th Marines; 3rd Marine Aircraft Wing Marine Aircraft Group 39; Admiral Joel T. Boone Branch Health Clinic; Afloat Training Group Western Pacific; Amphibious Construction Battalion TWO; Assault Craft Unit FOUR; Assault Craft Unit TWO; Aviation Survival Training Center Cherry Point; Aviation Survival Training Center Lemoore; Aviation Survival Training Center Miramar; Aviation Survival Training Center Norfolk; Beachmaster Unit TWO; Carrier Air Wing EIGHT;

Center for Security Forces Gulfport; Center For Security Forces Headquarters; Center for Security Forces Pearl Harbor; Coastal Riverine Group ONE; Coastal Riverine Squadron ELEVEN; Coastal Riverine Squadron FOUR; Commander Navy Reserve Forces Command; Elbert L. Kinser Branch Medical Clinic; Fighter Squadron Composite THIRTEEN; Fighter Squadron Composite TWELVE; Fleet Logistics Support Squadron SIX ONE; Fleet Surgical Team One; Helicopter Maritime Strike FOUR NINE; Helicopter Maritime Strike Squadron FIVE ONE; Helicopter Maritime Strike Squadron FORTY ONE; Littoral Combat Ship Crew 208; Littoral Combat Ship Squadron ONE; Marine Aircraft Group 11; Marine Aircraft Group 13; Marine Aircraft Group 13 Headquarters Squadron; Marine Aircraft Group 16 Headquarters Squadron; Marine Attack Squadron 211; Marine Attack Squadron 214; Marine Aviation Logistics Squadron 11; Marine Fighter Attack Squadron 121; Marine Fighter Attack Squadron 232; Marine Fighter Attack Squadron 323; Marine Medium Tiltrotor Squadron 268; Marine Unmanned Aerial Vehicle Squadron 1; Marine Wing Headquarters Squadron 3; Marine Wing Support Squadron 371; Marine Wing Support Squadron 373; Marine Wing Support Squadron 374; Naval Aerospace Medical Institute; Naval Branch Health Clinic Albany; Naval Branch Health Clinic Bahrain; Naval Branch Health Clinic Bangor; Naval Branch Health Clinic Belle Chasse; Naval Branch Health Clinic Capodichino; Naval Branch Health Clinic Everett; Naval Branch Health Clinic Fort Worth; Naval Branch Health Clinic Groton; Naval Branch Health Clinic Kings Bay; Naval Branch Health Clinic Kingsville; Naval Branch Health Clinic Mayport; Naval Branch Health Clinic Naval Station Norfolk; Naval Branch Health Clinic Naval Support Activity Mid-South; Naval Branch Health Clinic North Island and Branch Dental Annex Naval Amphibious Base Coronado; Naval Branch Health Clinic Oceana; Naval Branch Health Clinic Saratoga Springs; Naval Branch Health Clinic Sasebo; Naval Branch Medical Clinic Camp Hansen; Naval Branch Medical Clinic Camp Schwab; Naval Branch Medical Clinic Robert E. Bush; Naval Health Clinic Atsugi; Naval Health Clinic Charleston; Naval Health Clinic Cherry Point; Naval Health Clinic Corpus Christi; Naval Health Clinic Hawaii; Naval Health Clinic New England Newport; Naval Health Clinic Patuxent River; Naval Health Clinic Quantico; Naval Hospital Beaufort; Naval Hospital Bremerton; Naval Hospital Camp Lejeune; Naval Hospital Guam; Naval Hospital Guantanamo Bay; Naval Hospital Jacksonville and Naval Branch Health Clinic Jacksonville; Naval Hospital Lemoore; Naval Hospital Naples; Naval Hospital Oak Harbor; Naval Hospital Okinawa; Naval Hospital Pensacola; Naval Hospital Rota; Naval Hospital Sigonella; Naval Hospital Twentynine Palms; Naval Hospital Yokosuka; Naval Special Operations Medical Institute; Naval Special Warfare Group THREE Detachment Little Creek; Naval Special Warfare Logistics and Support Unit THREE; Navy and Marine Corps Public Health Center; Navy Cargo Handling Battalion ONE; Navy Environmental and Preventive Medicine Unit FIVE; Navy Environmental and Preventive Medicine Unit TWO; Navy Medicine Operational Training Center; Navy Operational Support Center Alameda; Navy Operational Support Center Bessemer and Operational Health Support Unit Pensacola Detachment G; Navy Operational Support Center Billings and Operational Health Support Unit Bremerton Setachment M; Navy Operational Support Center Buffalo and Operational Health Support Unit Portsmouth Detachment H; Navy Operational Support Center Charlotte; Navy Operational Support Center Columbia SC; Navy Operational Support Center Des Moines; Navy Operational Support Center Earle and Operational Health Support Unit Portsmouth Detachment X; Navy Operational Support Center El Paso; Navy Operational Support Center Everett and Operational Health Support Unit Bremerton Detachment C; Navy Operational Support Center Fort Carson; Navy Operational Support Center Green Bay and Expeditionary Medical Facility Great Lakes Detachment N; Navy Operational Support Center Helena; Navy Operational Support Center Jacksonville; Navy Operational Support Center Kitsap; Navy Operational Support Center Knoxville; Navy Operational Support Center Little Rock; Navy Operational Support Center Louisville; Navy Operational Support Center Memphis; Navy Operational Support Center Minneapolis and Expeditionary Medical Facility Great Lakes One Detachment H; Navy Operational Support Center Morneo Valley; Navy Operational Support Center New London and Operational Health Support Unit Portsmouth Detachment D; Navy Operational Support Center New York City and Operational Health

Support Unit Portsmouth Detachments A and C; Navy Operational Support Center Newport and Operational Health Support Unit Portsmouth Detachment M; Navy Operational Support Center Pearl Harbor; Navy Operational Support Center Pensacola; Navy Operational Support Center Portland and Operational Health Support Unit Bremerton Detachment F; Navy Operational Support Center Puerto Rico; Navy Operational Support Center Raleigh; Navy Operational Support Center Reno and Expeditionary Medical Facility Camp Pendleton Detachment C; Navy Operational Support Center Salt Lake City; Navy Operational Support Center San Antonio; Navy Operational Support Center San Jose; Navy Operational Support Center Schenectady and Operational Health Support Unit Portsmouth Detachment Y; Navy Operational Support Center Spokane; Navy Operational Support Center Springfield MO and Operational Health Support Unit Camp Lejeune Detachment F; Navy Operational Support Center Springfield OR and Operational Health Support Unit Bremerton Detachment G; Navy Operational Support Center Tallahassee and Operational Health Support Unit Jacksonville Detachment J; Navy Operational Support Center Tampa; Navy Operational Support Center Ventura County; Navy Operational Support Center Wilmington; Navy Recruiting Depot Chicago; Navy Region Southeast Reserve Component Command; Officer Training Command Newport; Patrol Squadron FORTY; Puget Sound Naval Shipyard and Intermediate Maintenance Facility Detachment Everett; Semper Fit Health Promotion Marine Corps Air Station Cherry Point; Semper Fit Health Promotion Marine Corps Air Station Beaufort and Marine Corps Recruit Depot Parris Island; Semper Fit Health Promotion Marine Corps Air Station Miramar; Semper Fit Health Promotion Marine Corps Air Station Yuma; Semper Fit Health Promotion Marine Corps Base Camp Pendleton; Semper Fit Health Promotion Marine Corps Base Quantico; Semper Fit Health Promotion Marine Corps Base S.D. Butler; Strike Fighter Squadron ONE ZERO SIX; Strike Fighter Squadron TWO; Underwater Construction Team ONE; USNS MERCY T (AH 19); USS ABRAHAM LINCOLN (CVN 72); USS AMERICA (LHA 6); USS ARLINGTON (LPD 24); USS BATAAN (LHD 5); USS BUNKER HILL (CG 52); USS DWIGHT D EISENHOWER (CVN 69); USS ESSEX (LHD 2); USS GEORGE H W BUSH (CVN 77); USS GEORGE WASHINGTON (CVN 73); USS GRAVELY (DDG 107); USS HARRY S. TRUMAN (CVN 75); USS MESA VERDE (LPD 19); USS NEW ORLEANS (LPD 18); USS NITZE (DDG 94); USS RAMAGE (DDG 61); USS THEODORE ROOSEVELT (CVN 71).

b. Silver Eagle winners are: 1st Dental Battalion Naval Dental Center Camp Pendleton; 2nd Battalion 4th Marines 5th Marine Regiment; 3rd Marine Logistics Group; 5th Battalion 11th Marines Battalion Aid Station; Bureau of Naval Personnel – Military Community Management; Carrier Air Wing TWO; Coastal Riverine Squadron THREE; DeWert Branch Health Clinic Bridgeport; Explosive Ordnance Disposal Mobile Unit ELEVEN; Field Medical Training Battalion East; Fleet Weather Center Norfolk; Littoral Combat Ship Crew 103; Littoral Combat Ship Crew 108; Littoral Combat Ship Crew 201; Littoral Combat Ship Crew 209; Marine Aerial Refueler Transport Squadron 352; Marine Air Control Group 38; Marine Aviation Logistics Squadron 13; Marine Aviation Logistics Squadron 16; Marine Heavy Helicopter Squadron 462; Marine Heavy Helicopter Squadron 465; Marine Heavy Helicopter Squadron 466; Marine Medium Tiltrotor Squadron 363; Naval Branch Health Annex Fuji; Naval Branch Health Clinic Iwakuni; Naval Branch Health Clinic Portsmouth NH; Naval Branch Health Clinic Whiting Field; Naval Health Clinic Annapolis; Naval Hospital Camp Pendleton; Navy Operational Support Center Albuquerque; Navy Operational Support Center Atlanta; Navy Operational Support Center Avoca and Expeditionary Medical Facility Bethesda Detachment O; Navy Operational Support Center Battle Creek and Expeditionary Medical Facility Great Lakes Detachment J; Navy Operational Support Center Boise and Operational Health Support Unit Bremerton Detachment I; Navy Operational Support Center Chicago and Expeditionary Medical Facility Great Lakes Detachments G and L; Navy Operational Support Center Denver and Operational Health Support Unit Bremerton Detachment O; Navy Operational Support Center Erie; Navy Operational Support Center Greenville and Operational Health Support Unit Jacksonville Detachment Q; Navy Operational Support Center Kansas City; Navy Operational Support

Center Lemoore; Navy Operational Support Center Meridian and Operational Health Support Unit Pensacola Detachment F; Navy Operational Support Center Nashville; Navy Operational Support Center New Castle and Expeditionary Medical Facility Bethesda Detachment V; Navy Operational Support Center New Orleans; Navy Operational Support Center North Island; Navy Operational Support Center Omaha; Navy Operational Support Center Quincy and Operational Health Support Unit Portsmouth Detachment V; Navy Operational Support Center Roanoke and Operational Health Support Unit Portsmouth Detachment E; Navy Operational Support Center Rochester; Navy Operational Support Center Shreveport and Occupational Health Support Unit Pensacola Detachment D; Navy Operational Support Center Sioux Falls; Navy Operational Support Center St. Louis and Operational Health Support Unit Camp Lejeune Detachment E; Navy Operational Support Center Syracuse and Operational Health Support Unit Portsmouth Detachment I; Navy Operational Support Center Tucson; Navy Operational Support Center Tulsa; Navy Operational Support Center Whidbey Island; Navy Operational Support Center Wichita; Navy Operational Support Center Youngstown and Expeditionary Medical Facility Great Lakes Detachment X; Navy Region Southwest; Patrol Squadron FIVE; Sea Air and Land Team THREE; Subbase New London; USS ENTERPRISE (CVN 65); USS GRIDLEY (DDG 101); USS IWO JIMA (LHD 7); USS NEW YORK (LPD 21); USS PEARL HARBOR (LSD 52); USS RONALD REAGAN (CVN 76); USS WAYNE E. MEYER (DDG 108).

c. Bronze Anchor level winners are: 1st Battalion 1st Marines Battalion Aid Station; 13th Dental Company Marine Corps Air Station Detachment Branch Dental Clinic Yuma; 13th Dental Company Marine Corps Air Station Miramar; 1st Maintenance Battalion Combat Logistics Regiment 15 1st Marine Logistics Group; 1st Marine Regiment 1st Marine Division; 23rd Dental Company 1st Dental Battalion Twentynine Palms; 2d Battalion 11th Marines; 31 Area Branch Health Clinic; 3rd Battalion 4th Marines; 3rd Battalion 5th Marine Regiment 1st Marine Division; 3rd Dental Battalion/U. S. Naval Dental Center Okinawa; 5th Battalion 11th Marines Battalion Aid Station; 5th Marine Regiment 1st Marine Division 62 Area Branch Medical Clinic; 7th Engineer Support Battalion 1st Marine Logistics Group; 7th Marine Regiment; Afloat Training Group Middle Pacific; Air Test and Evaluation Squadron NINE; Air Test and Evaluation Squadron ONE; Aviation Survival Training Center Patuxent River; Aviation Survival Training Center Pensacola; Branch Dental Annex Naval and Anti-Submarine Warfare Command; Branch Dental Annex Naval Mine and Anti-Submarine Warfare Command; Branch Dental Annex Southwest Regional Maintenance Center; Branch Dental Clinic Marine Corps Recruit Depot; Bureau of Medicine and Surgery; Captain James A. Lovell Federal Health Care Center; Carrier Air Wing FIVE; Carrier Airborne Early Warning Squadron ONE ONE FIVE; Carrier Airborne Early Warning Squadron ONE ONE SEVEN; Carrier Airborne Early Warning Squadron ONE ONE SIX; Carrier Airborne Early Warning Squadron ONE ONE THREE; Carrier Airborne Early Warning Squadron ONE ONE TWO; Carrier Airborne Early Warning Squadron ONE TWO FOUR; Center for Security Forces North Island; Center for Security Forces San Diego; Center for Surface Combat Systems Detachment Yokosuka; Combat Logistics Battalion 11; Combat Logistics Battalion 15; Combat Logistics Battalion 7; Combat Logistics Regiment 15; Electronic Attack Squadron 131; Electronic Attack Squadron 135; Electronic Attack Squadron 136; Electronic Attack Squadron 137; Electronic Attack Squadron 139; Electronic Attack Squadron 209; Electronic Attack Squadron ONE FOUR ONE; Electronic Attack Squadron ONE THREE FOUR; Electronic Attack Squadron ONE THREE THREE; Electronic Attack Squadron ONE THREE TWO; Electronic Attack Squadron ONE TWO NINE; Executive Transport Detachment Pacific; Explosive Ordnance Disposal Mobile Unit TWO; Fleet Logistics Support Squadron FIVE EIGHT; Fleet Logistics Support Squadron FIVE NINE; Fleet Logistics Support Squadron THIRTY Detachment FIVE; Fleet Weather Center San Diego; Helicopter Maritime Strike Squadron FOUR SIX; Helicopter Maritime Strike Squadron SEVEN SEVEN; Helicopter Maritime Strike Squadron THREE FIVE; Helicopter Sea Combat Squadron FOUR; Helicopter Sea Combat Squadron TWELVE; Helicopter Sea Combat Squadron TWO ONE; Littoral Combat Ship Crew 102; Littoral Combat

Ship Crew 104; Littoral Combat Ship Crew 109; Littoral Combat Ship Crew 110; Littoral Combat Ship Squadron TWO; Marine Aircraft Group 24; Marine All Weather Fighter Attack Squadron 225; Marine Attack Squadron 311; Marine Fighter Attack Squadron 314; Marine Fighter Attack Training Squadron 101; Marine Heavy Helicopter Squadron 361; Marine Medium Tiltrotor Squadron 161; Marine Medium Tiltrotor Squadron 163; Marine Medium Tiltrotor Squadron 165; Marine Medium Tiltrotor Squadron 166; Marine Wing Support Squadron 274; Mobile Diving Salvage Unit TWO; Naval Aviation Warfighting Development Center; Naval Branch Dental Clinic Naval Base San Diego; Naval Branch Health Clinic China Lake; Naval Branch Health Clinic Chinhae; Naval Branch Health Clinic Crane; Naval Branch Health Clinic Diego Garcia; Naval Branch Health Clinic El Centro; Naval Branch Health Clinic Gulfport; Naval Branch Health Clinic Kearney Mesa; Naval Branch Health Clinic Key West; Naval Branch Health Clinic Marine Corps Air Station Miramar; Naval Branch Health Clinic Meridian; Naval Branch Health Clinic Naval Station San Diego; Naval Branch Health Clinic Panama City; Naval Branch Health Clinic Port Hueneme; Naval Branch Health Clinic San Clemente Island; Naval Branch Health Clinic Yuma; Naval Branch Medical Clinic Evans; Naval Branch Medical Clinic Futenma; Naval Branch Medical Clinic Marine Corps Recruit Depot San Diego; Naval Branch Medical Clinic Naval Training Center San Diego; Naval Diving and Salvage Training Center; Naval Hospital Yokosuka; Naval Medical Center Portsmouth; Naval Medical Research Unit Dayton; Naval Medical Training Institute; Naval Special Warfare Advance Training Command Detachment Fort Story; Naval Special Warfare Group THREE; Naval Technical Training Center Lackland; Naval Undersea Medical Institute; Navy Environmental and Preventive Medicine Unit SEVEN; Navy Environmental and Preventive Medicine Unit SIX; Navy Medicine Professional Development Center; Navy Medicine Training Support Center; Navy Operational Support Center Akron and Expeditionary Medical Facility Great Lakes One Detachment A; Navy Operational Support Center Augusta; Navy Operational Support Center Austin; Navy Operational Support Center Bangor; Navy Operational Support Center Charleston and Operational Health Support Unit Jacksonville Detachment O; Navy Operational Support Center Cheyenne; Navy Operational Support Center Cincinnati; Navy Operational Support Center Columbus GA; Navy Operational Support Center Columbus OH; Navy Operational Support Center Decatur and Expeditionary Medical Facility Great Lakes One Detachment E; Navy Operational Support Center Detroit and Expeditionary Medical Facility Great Lakes One Detachment Z; Navy Operational Support Center Fargo; Navy Operational Support Center Fort Dix and Operational Health Support Unit Portsmouth Detachment W; Navy Operational Support Center Fort Worth; Navy Operational Support Center Greensboro; Navy Operational Support Center Indianapolis; Navy Operational Support Center Long Island; Navy Operational Support Center Los Angeles and Expeditionary Medical Facility Camp Pendleton Detachment F; Navy Operational Support Center Madison; Navy Operational Support Center Manchester; Navy Operational Support Center Miami; Navy Operational Support Center Milwaukee and Expeditionary Medical Facility Great Lakes Detachment Q; Navy Operational Support Center Norfolk and Operational Health Support Unit Portsmouth Detachments R, S and Headquarters; Navy Operational Support Center Orlando and Operational Health Support Unit Jacksonville Detachment E; Navy Operational Support Center Peoria; Navy Operational Support Center Pittsburgh; Navy Operational Support Center Plainville; Navy Operational Support Center Richmond and Operational Health Support Unit Portsmouth Detachment N; Navy Operational Support Center Rock Island and Expeditionary Medical Facility Great Lakes One Detachment K; Navy Operational Support Center Sacramento and Expeditionary Medical Facility Camp Pendleton Detachment I; Navy Operational Support Center Saginaw and Expeditionary Medical Facility Great Lakes One Detachment W; Navy Operational Support Center San Diego; Navy Operational Support Center Toledo and Expeditionary Medical Facility Great Lakes Detachment U; Navy Operational Support Center Waco; Navy Operational Support Center West Palm Beach; Navy Operational Support Center White River Junction; Navy Region Mid -Atlantic Reserve Component Command Great Lakes; Navy Region Mid -Atlantic Reserve Component Command Norfolk; Navy Region Northwest Reserve Component Command; Navy Region Southwest Reserve Component

Command; Patrol Squadron ONE; Patrol Squadron SIXTEEN; Semper Fit Health Promotion Camp Lejeune and New River; Semper Fit Health Promotion Marine Corps Air Ground Combat Center Twentynine Palms; Semper Fit Health Promotion Marine Corps Air Station Iwakuni; Semper Fit Health Promotion Marine Corps Base Hawaii; Strike Fighter Squadron FOUR ONE; Strike Fighter Squadron ONE NINE FIVE; Strike Fighter Squadron ONE NINE TWO; Strike Fighter Squadron ONE ONE FIVE; Strike Fighter Squadron ONE THREE SEVEN; Strike Fighter Squadron ONE ZERO TWO; Strike Fighter Squadron THREE FOUR; Strike Fighter Squadron TWO SEVEN; Surface Combat Systems Center; Surface Warfare Medical Institute; Tactical Air Control Squadron TWELVE; Undersea Rescue Command; USS ARLEIGH BURKE (DDG 51); USS BLUE RIDGE (LCC 19); USS BOXER (LHD 4); USS CARL VINSON (CVN 70); USS CARNEY (DDG 64); USS CARTER HALL (LSD 50); USS COLE (DDG 67); USS CONSTITUTION; USS EMORY S LAND (AS 39); USS FORT MCHENRY (LSD 43); USS GERALD R. FORD (CVN 78); USS GERMANTOWN (LSD 42); USS HARPERS FERRY (LSD 49); USS JOHN C. STENNIS (CVN 74); USS KEARSARGE (LHD 3); USS MAHAN (DDG 72); USS MAKIN ISLAND (LHD 8); USS MASON (DDG 87); USS MITSCHER (DDG 57); USS MOBILE BAY (CG 53); USS MONSOON (PC 4); USS MONTEREY (CG 61); USS NIMITZ (CVN 68); USS OAK HILL (LSD 51); USS PORTER (DDG 78); USS RUSHMORE (LSD 47); USS SAN ANTONIO (LPD 17); USS THE SULLIVANS (DDG 68); USS THUNDERBOLT (PC 12); USS VICKSBURG (CG 69); USS WASP (LHD 1); Walter Reed National Military Medical Center.

4. For additional information contact Mr. Bob MacDonald of the NMCPHC at 757-953-0974, michael.r.macdonald2.civ(AT)mail.mil or visit the Blue H website at: www.med.navy.mil/sites/nmcphc/health-promotion/pages/blue-h.aspx .

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