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SUBJ/2015 NAVY SURGEON GENERAL'S BLUE H - HEALTH PROMOTION AND WELLNESS AWARD

RMKS / TYCOMS ARE REQUESTED TO FORWARD THIS MESSAGE TO ALL UNITS UNDER THEIR COGNIZANCE. //

RMKS/1. The Surgeon General of the Navy (SG) proudly announces the winners of the 2015 Blue H - Navy Surgeon General's Health Promotion and Wellness Award, managed by the Navy and Marine Corps Public Health Center (NMCPHC). The Fleet and Marine Corps Command categories recognize excellence in workplace health promotion policies, activities and outcomes. The Medical Treatment Facility category recognizes excellence in clinical primary prevention services, community health promotion, and medical staff health. The Semper Fit version recognizes excellence in Marine Corps community health promotion by Semper Fit Centers. Health topics covered include alcohol abuse prevention, injury prevention, nutrition, physical activity, psychological health, sexual health, tobacco cessation, and weight management. Awards may be earned at three levels: Gold Star, Silver Eagle, and Bronze Anchor. Every organization that applied received at least the Bronze Anchor level award. Commands that achieved a minimum of 50 percent of available points for every topic earned the Silver Eagle level award. Commands that achieved at least 50 percent of available points in every topic, achieved key must-do criteria and also achieved 80 percent of the total available points, earned the Gold Star level award.

2. Primary prevention policies and activities in Navy and Marine Corps workplaces, communities, and medical treatment facilities are critical to maintaining a fit and ready force. Reducing behavioral risk also enhances individual quality of life and reduces long-term health care costs.

3. The SG commends the following 443 commands for a job well done in 2015, and invites all commands to participate in the Blue H in 2016.

a. Gold Star level winners are: 1st Battalion 5th Marines; 3rd Marine Aircraft Wing Marine Aircraft Group 39; Admiral Joel T. Boone Branch Health Clinic; Afloat Training Group Western Pacific; Amphibious Construction Battalion TWO; Assault Craft Unit FOUR; Assault Craft Unit TWO; Aviation Survival Training Center Cherry Point; Aviation Survival Training Center Lemoore; Aviation Survival Training Center Miramar; Aviation Survival Training Center Norfolk; Beachmaster Unit TWO; Carrier Air Wing EIGHT;

Center for Security Forces Gulfport; Center For Security Forces Headquarters; Center for Security Forces Pearl Harbor; Coastal Riverine Group ONE; Coastal Riverine Squadron ELEVEN; Coastal Riverine Squadron FOUR; Commander Navy Reserve Forces Command; Elbert L. Kinser Branch Medical Clinic; Fighter Squadron Composite THIRTEEN; Fighter Squadron Composite TWELVE; Fleet Logistics Support Squadron SIX ONE; Fleet Surgical Team One; Helicopter Maritime Strike FOUR NINE; Helicopter Maritime Strike Squadron FIVE ONE; Helicopter Maritime Strike Squadron FORTY ONE; Littoral Combat Ship Crew 208; Littoral Combat Ship Squadron ONE; Marine Aircraft Group 11; Marine Aircraft Group 13; Marine Aircraft Group 13 Headquarters Squadron; Marine Aircraft Group 16 Headquarters Squadron; Marine Attack Squadron 211; Marine Attack Squadron 214; Marine Aviation Logistics Squadron 11; Marine Fighter Attack Squadron 121; Marine Fighter Attack Squadron 232; Marine Fighter Attack Squadron 323; Marine Medium Tiltrotor Squadron 268; Marine Unmanned Aerial Vehicle Squadron 1; Marine Wing Headquarters Squadron 3; Marine Wing Support Squadron 371; Marine Wing Support Squadron 373; Marine Wing Support Squadron 374; Naval Aerospace Medical Institute; Naval Branch Health Clinic Albany; Naval Branch Health Clinic Bahrain; Naval Branch Health Clinic Bangor; Naval Branch Health Clinic Belle Chasse; Naval Branch Health Clinic Capodichino; Naval Branch Health Clinic Everett; Naval Branch Health Clinic Fort Worth; Naval Branch Health Clinic Groton; Naval Branch Health Clinic Kings Bay; Naval Branch Health Clinic Kingsville; Naval Branch Health Clinic Mayport; Naval Branch Health Clinic Naval Station Norfolk; Naval Branch Health Clinic Naval Support Activity Mid-South; Naval Branch Health Clinic North Island and Branch Dental Annex Naval Amphibious Base Coronado; Naval Branch Health Clinic Oceana; Naval Branch Health Clinic Saratoga Springs; Naval Branch Health Clinic Sasebo; Naval Branch Medical Clinic Camp Hansen; Naval Branch Medical Clinic Camp Schwab; Naval Branch Medical Clinic Robert E. Bush; Naval Health Clinic Atsugi; Naval Health Clinic Charleston; Naval Health Clinic Cherry Point; Naval Health Clinic Corpus Christi; Naval Health Clinic Hawaii; Naval Health Clinic New England Newport; Naval Health Clinic Patuxent River; Naval Health Clinic Quantico; Naval Hospital Beaufort; Naval Hospital Bremerton; Naval Hospital Camp Lejeune; Naval Hospital Guam; Naval Hospital Guantanamo Bay; Naval Hospital Jacksonville and Naval Branch Health Clinic Jacksonville; Naval Hospital Lemoore; Naval Hospital Naples; Naval Hospital Oak Harbor; Naval Hospital Okinawa; Naval Hospital Pensacola; Naval Hospital Rota; Naval Hospital Sigonella; Naval Hospital Twentynine Palms; Naval Hospital Yokosuka; Naval Special Operations Medical Institute; Naval Special Warfare Group THREE Detachment Little Creek; Naval Special Warfare Logistics and Support Unit THREE; Navy and Marine Corps Public Health Center; Navy Cargo Handling Battalion ONE; Navy Environmental and Preventive Medicine Unit FIVE; Navy Environmental and Preventive Medicine Unit TWO; Navy Medicine Operational Training Center; Navy Operational Support Center Alameda; Navy Operational Support Center Bessemer and Operational Health Support Unit Pensacola Detachment G; Navy Operational Support Center Billings and Operational Health Support Unit Bremerton Setachment M; Navy Operational Support Center Buffalo and Operational Health Support Unit Portsmouth Detachment H; Navy Operational Support Center Charlotte; Navy Operational Support Center Columbia SC; Navy Operational Support Center Des Moines; Navy Operational Support Center Earle and Operational Health Support Unit Portsmouth Detachment X; Navy Operational Support Center El Paso; Navy Operational Support Center Everett and Operational Health Support Unit Bremerton Detachment C; Navy Operational Support Center Fort Carson; Navy Operational Support Center Green Bay and Expeditionary Medical Facility Great Lakes Detachment N; Navy Operational Support Center Helena; Navy Operational Support Center Jacksonville; Navy Operational Support Center Kitsap; Navy Operational Support Center Knoxville; Navy Operational Support Center Little Rock; Navy Operational Support Center Louisville; Navy Operational Support Center Memphis; Navy Operational Support Center Minneapolis and Expeditionary Medical Facility Great Lakes One Detachment H; Navy Operational Support Center Morneo Valley; Navy Operational Support Center New London and Operational Health Support Unit Portsmouth Detachment D; Navy Operational Support Center New York City and Operational Health

Support Unit Portsmouth Detachments A and C; Navy Operational Support Center Newport and Operational Health Support Unit Portsmouth Detachment M; Navy Operational Support Center Pearl Harbor; Navy Operational Support Center Pensacola; Navy Operational Support Center Portland and Operational Health Support Unit Bremerton Detachment F; Navy Operational Support Center Puerto Rico; Navy Operational Support Center Raleigh; Navy Operational Support Center Reno and Expeditionary Medical Facility Camp Pendleton Detachment C; Navy Operational Support Center Salt Lake City; Navy Operational Support Center San Antonio; Navy Operational Support Center San Jose; Navy Operational Support Center Schenectady and Operational Health Support Unit Portsmouth Detachment Y; Navy Operational Support Center Spokane; Navy Operational Support Center Springfield MO and Operational Health Support Unit Camp Lejeune Detachment F; Navy Operational Support Center Springfield OR and Operational Health Support Unit Bremerton Detachment G; Navy Operational Support Center Tallahassee and Operational Health Support Unit Jacksonville Detachment J; Navy Operational Support Center Tampa; Navy Operational Support Center Ventura County; Navy Operational Support Center Wilmington; Navy Recruiting Depot Chicago; Navy Region Southeast Reserve Component Command; Officer Training Command Newport; Patrol Squadron FORTY; Puget Sound Naval Shipyard and Intermediate Maintenance Facility Detachment Everett; Semper Fit Health Promotion Marine Corps Air Station Cherry Point; Semper Fit Health Promotion Marine Corps Air Station Beaufort and Marine Corps Recruit Depot Parris Island; Semper Fit Health Promotion Marine Corps Air Station Miramar; Semper Fit Health Promotion Marine Corps Air Station Yuma; Semper Fit Health Promotion Marine Corps Base Camp Pendleton; Semper Fit Health Promotion Marine Corps Base Quantico; Semper Fit Health Promotion Marine Corps Base S.D. Butler; Strike Fighter Squadron ONE ZERO SIX; Strike Fighter Squadron TWO; Underwater Construction Team ONE; USNS MERCY T (AH 19); USS ABRAHAM LINCOLN (CVN 72); USS AMERICA (LHA 6); USS ARLINGTON (LPD 24); USS BATAAN (LHD 5); USS BUNKER HILL (CG 52); USS DWIGHT D EISENHOWER (CVN 69); USS ESSEX (LHD 2); USS GEORGE H W BUSH (CVN 77); USS GEORGE WASHINGTON (CVN 73); USS GRAVELY (DDG 107); USS HARRY S. TRUMAN (CVN 75); USS MESA VERDE (LPD 19); USS NEW ORLEANS (LPD 18); USS NITZE (DDG 94); USS RAMAGE (DDG 61); USS THEODORE ROOSEVELT (CVN 71).

b. Silver Eagle winners are: 1st Dental Battalion Naval Dental Center Camp Pendleton; 2nd Battalion 4th Marines 5th Marine Regiment; 3rd Marine Logistics Group; 5th Battalion 11th Marines Battalion Aid Station; Bureau of Naval Personnel – Military Community Management; Carrier Air Wing TWO; Coastal Riverine Squadron THREE; DeWert Branch Health Clinic Bridgeport; Explosive Ordnance Disposal Mobile Unit ELEVEN; Field Medical Training Battalion East; Fleet Weather Center Norfolk; Littoral Combat Ship Crew 103; Littoral Combat Ship Crew 108; Littoral Combat Ship Crew 201; Littoral Combat Ship Crew 209; Marine Aerial Refueler Transport Squadron 352; Marine Air Control Group 38; Marine Aviation Logistics Squadron 13; Marine Aviation Logistics Squadron 16; Marine Heavy Helicopter Squadron 462; Marine Heavy Helicopter Squadron 465; Marine Heavy Helicopter Squadron 466; Marine Medium Tiltrotor Squadron 363; Naval Branch Health Annex Fuji; Naval Branch Health Clinic Iwakuni; Naval Branch Health Clinic Portsmouth NH; Naval Branch Health Clinic Whiting Field; Naval Health Clinic Annapolis; Naval Hospital Camp Pendleton; Navy Operational Support Center Albuquerque; Navy Operational Support Center Atlanta; Navy Operational Support Center Avoca and Expeditionary Medical Facility Bethesda Detachment O; Navy Operational Support Center Battle Creek and Expeditionary Medical Facility Great Lakes Detachment J; Navy Operational Support Center Boise and Operational Health Support Unit Bremerton Detachment I; Navy Operational Support Center Chicago and Expeditionary Medical Facility Great Lakes Detachments G and L; Navy Operational Support Center Denver and Operational Health Support Unit Bremerton Detachment O; Navy Operational Support Center Erie; Navy Operational Support Center Greenville and Operational Health Support Unit Jacksonville Detachment Q; Navy Operational Support Center Kansas City; Navy Operational Support

Center Lemoore; Navy Operational Support Center Meridian and Operational Health Support Unit Pensacola Detachment F; Navy Operational Support Center Nashville; Navy Operational Support Center New Castle and Expeditionary Medical Facility Bethesda Detachment V; Navy Operational Support Center New Orleans; Navy Operational Support Center North Island; Navy Operational Support Center Omaha; Navy Operational Support Center Quincy and Operational Health Support Unit Portsmouth Detachment V; Navy Operational Support Center Roanoke and Operational Health Support Unit Portsmouth Detachment E; Navy Operational Support Center Rochester; Navy Operational Support Center Shreveport and Occupational Health Support Unit Pensacola Detachment D; Navy Operational Support Center Sioux Falls; Navy Operational Support Center St. Louis and Operational Health Support Unit Camp Lejeune Detachment E; Navy Operational Support Center Syracuse and Operational Health Support Unit Portsmouth Detachment I; Navy Operational Support Center Tucson; Navy Operational Support Center Tulsa; Navy Operational Support Center Whidbey Island; Navy Operational Support Center Wichita; Navy Operational Support Center Youngstown and Expeditionary Medical Facility Great Lakes Detachment X; Navy Region Southwest; Patrol Squadron FIVE; Sea Air and Land Team THREE; Subbase New London; USS ENTERPRISE (CVN 65); USS GRIDLEY (DDG 101); USS IWO JIMA (LHD 7); USS NEW YORK (LPD 21); USS PEARL HARBOR (LSD 52); USS RONALD REAGAN (CVN 76); USS WAYNE E. MEYER (DDG 108).

c. Bronze Anchor level winners are: 1st Battalion 1st Marines Battalion Aid Station; 13th Dental Company Marine Corps Air Station Detachment Branch Dental Clinic Yuma; 13th Dental Company Marine Corps Air Station Miramar; 1st Maintenance Battalion Combat Logistics Regiment 15 1st Marine Logistics Group; 1st Marine Regiment 1st Marine Division; 23rd Dental Company 1st Dental Battalion Twentynine Palms; 2d Battalion 11th Marines; 31 Area Branch Health Clinic; 3rd Battalion 4th Marines; 3rd Battalion 5th Marine Regiment 1st Marine Division; 3rd Dental Battalion/U. S. Naval Dental Center Okinawa; 5th Battalion 11th Marines Battalion Aid Station; 5th Marine Regiment 1st Marine Division 62 Area Branch Medical Clinic; 7th Engineer Support Battalion 1st Marine Logistics Group; 7th Marine Regiment; Afloat Training Group Middle Pacific; Air Test and Evaluation Squadron NINE; Air Test and Evaluation Squadron ONE; Aviation Survival Training Center Patuxent River; Aviation Survival Training Center Pensacola; Branch Dental Annex Naval and Anti-Submarine Warfare Command; Branch Dental Annex Naval Mine and Anti-Submarine Warfare Command; Branch Dental Annex Southwest Regional Maintenance Center; Branch Dental Clinic Marine Corps Recruit Depot; Bureau of Medicine and Surgery; Captain James A. Lovell Federal Health Care Center; Carrier Air Wing FIVE; Carrier Airborne Early Warning Squadron ONE ONE FIVE; Carrier Airborne Early Warning Squadron ONE ONE SEVEN; Carrier Airborne Early Warning Squadron ONE ONE SIX; Carrier Airborne Early Warning Squadron ONE ONE THREE; Carrier Airborne Early Warning Squadron ONE ONE TWO; Carrier Airborne Early Warning Squadron ONE TWO FOUR; Center for Security Forces North Island; Center for Security Forces San Diego; Center for Surface Combat Systems Detachment Yokosuka; Combat Logistics Battalion 11; Combat Logistics Battalion 15; Combat Logistics Battalion 7; Combat Logistics Regiment 15; Electronic Attack Squadron 131; Electronic Attack Squadron 135; Electronic Attack Squadron 136; Electronic Attack Squadron 137; Electronic Attack Squadron 139; Electronic Attack Squadron 209; Electronic Attack Squadron ONE FOUR ONE; Electronic Attack Squadron ONE THREE FOUR; Electronic Attack Squadron ONE THREE THREE; Electronic Attack Squadron ONE THREE TWO; Electronic Attack Squadron ONE TWO NINE; Executive Transport Detachment Pacific; Explosive Ordnance Disposal Mobile Unit TWO; Fleet Logistics Support Squadron FIVE EIGHT; Fleet Logistics Support Squadron FIVE NINE; Fleet Logistics Support Squadron THIRTY Detachment FIVE; Fleet Weather Center San Diego; Helicopter Maritime Strike Squadron FOUR SIX; Helicopter Maritime Strike Squadron SEVEN SEVEN; Helicopter Maritime Strike Squadron THREE FIVE; Helicopter Sea Combat Squadron FOUR; Helicopter Sea Combat Squadron TWELVE; Helicopter Sea Combat Squadron TWO ONE; Littoral Combat Ship Crew 102; Littoral Combat

Ship Crew 104; Littoral Combat Ship Crew 109; Littoral Combat Ship Crew 110; Littoral Combat Ship Squadron TWO; Marine Aircraft Group 24; Marine All Weather Fighter Attack Squadron 225; Marine Attack Squadron 311; Marine Fighter Attack Squadron 314; Marine Fighter Attack Training Squadron 101; Marine Heavy Helicopter Squadron 361; Marine Medium Tiltrotor Squadron 161; Marine Medium Tiltrotor Squadron 163; Marine Medium Tiltrotor Squadron 165; Marine Medium Tiltrotor Squadron 166; Marine Wing Support Squadron 274; Mobile Diving Salvage Unit TWO; Naval Aviation Warfighting Development Center; Naval Branch Dental Clinic Naval Base San Diego; Naval Branch Health Clinic China Lake; Naval Branch Health Clinic Chinhae; Naval Branch Health Clinic Crane; Naval Branch Health Clinic Diego Garcia; Naval Branch Health Clinic El Centro; Naval Branch Health Clinic Gulfport; Naval Branch Health Clinic Kearney Mesa; Naval Branch Health Clinic Key West; Naval Branch Health Clinic Marine Corps Air Station Miramar; Naval Branch Health Clinic Meridian; Naval Branch Health Clinic Naval Station San Diego; Naval Branch Health Clinic Panama City; Naval Branch Health Clinic Port Hueneme; Naval Branch Health Clinic San Clemente Island; Naval Branch Health Clinic Yuma; Naval Branch Medical Clinic Evans; Naval Branch Medical Clinic Futenma; Naval Branch Medical Clinic Marine Corps Recruit Depot San Diego; Naval Branch Medical Clinic Naval Training Center San Diego; Naval Diving and Salvage Training Center; Naval Hospital Yokosuka; Naval Medical Center Portsmouth; Naval Medical Research Unit Dayton; Naval Medical Training Institute; Naval Special Warfare Advance Training Command Detachment Fort Story; Naval Special Warfare Group THREE; Naval Technical Training Center Lackland; Naval Undersea Medical Institute; Navy Environmental and Preventive Medicine Unit SEVEN; Navy Environmental and Preventive Medicine Unit SIX; Navy Medicine Professional Development Center; Navy Medicine Training Support Center; Navy Operational Support Center Akron and Expeditionary Medical Facility Great Lakes One Detachment A; Navy Operational Support Center Augusta; Navy Operational Support Center Austin; Navy Operational Support Center Bangor; Navy Operational Support Center Charleston and Operational Health Support Unit Jacksonville Detachment O; Navy Operational Support Center Cheyenne; Navy Operational Support Center Cincinnati; Navy Operational Support Center Columbus GA; Navy Operational Support Center Columbus OH; Navy Operational Support Center Decatur and Expeditionary Medical Facility Great Lakes One Detachment E; Navy Operational Support Center Detroit and Expeditionary Medical Facility Great Lakes One Detachment Z; Navy Operational Support Center Fargo; Navy Operational Support Center Fort Dix and Operational Health Support Unit Portsmouth Detachment W; Navy Operational Support Center Fort Worth; Navy Operational Support Center Greensboro; Navy Operational Support Center Indianapolis; Navy Operational Support Center Long Island; Navy Operational Support Center Los Angeles and Expeditionary Medical Facility Camp Pendleton Detachment F; Navy Operational Support Center Madison; Navy Operational Support Center Manchester; Navy Operational Support Center Miami; Navy Operational Support Center Milwaukee and Expeditionary Medical Facility Great Lakes Detachment Q; Navy Operational Support Center Norfolk and Operational Health Support Unit Portsmouth Detachments R, S and Headquarters; Navy Operational Support Center Orlando and Operational Health Support Unit Jacksonville Detachment E; Navy Operational Support Center Peoria; Navy Operational Support Center Pittsburgh; Navy Operational Support Center Plainville; Navy Operational Support Center Richmond and Operational Health Support Unit Portsmouth Detachment N; Navy Operational Support Center Rock Island and Expeditionary Medical Facility Great Lakes One Detachment K; Navy Operational Support Center Sacramento and Expeditionary Medical Facility Camp Pendleton Detachment I; Navy Operational Support Center Saginaw and Expeditionary Medical Facility Great Lakes One Detachment W; Navy Operational Support Center San Diego; Navy Operational Support Center Toledo and Expeditionary Medical Facility Great Lakes Detachment U; Navy Operational Support Center Waco; Navy Operational Support Center West Palm Beach; Navy Operational Support Center White River Junction; Navy Region Mid -Atlantic Reserve Component Command Great Lakes; Navy Region Mid -Atlantic Reserve Component Command Norfolk; Navy Region Northwest Reserve Component Command; Navy Region Southwest Reserve Component

Command; Patrol Squadron ONE; Patrol Squadron SIXTEEN; Semper Fit Health Promotion Camp Lejeune and New River; Semper Fit Health Promotion Marine Corps Air Ground Combat Center Twentynine Palms; Semper Fit Health Promotion Marine Corps Air Station Iwakuni; Semper Fit Health Promotion Marine Corps Base Hawaii; Strike Fighter Squadron FOUR ONE; Strike Fighter Squadron ONE NINE FIVE; Strike Fighter Squadron ONE NINE TWO; Strike Fighter Squadron ONE ONE FIVE; Strike Fighter Squadron ONE THREE SEVEN; Strike Fighter Squadron ONE ZERO TWO; Strike Fighter Squadron THREE FOUR; Strike Fighter Squadron TWO SEVEN; Surface Combat Systems Center; Surface Warfare Medical Institute; Tactical Air Control Squadron TWELVE; Undersea Rescue Command; USS ARLEIGH BURKE (DDG 51); USS BLUE RIDGE (LCC 19); USS BOXER (LHD 4); USS CARL VINSON (CVN 70); USS CARNEY (DDG 64); USS CARTER HALL (LSD 50); USS COLE (DDG 67); USS CONSTITUTION; USS EMORY S LAND (AS 39); USS FORT MCHENRY (LSD 43); USS GERALD R. FORD (CVN 78); USS GERMANTOWN (LSD 42); USS HARPERS FERRY (LSD 49); USS JOHN C. STENNIS (CVN 74); USS KEARSARGE (LHD 3); USS MAHAN (DDG 72); USS MAKIN ISLAND (LHD 8); USS MASON (DDG 87); USS MITSCHER (DDG 57); USS MOBILE BAY (CG 53); USS MONSOON (PC 4); USS MONTEREY (CG 61); USS NIMITZ (CVN 68); USS OAK HILL (LSD 51); USS PORTER (DDG 78); USS RUSHMORE (LSD 47); USS SAN ANTONIO (LPD 17); USS THE SULLIVANS (DDG 68); USS THUNDERBOLT (PC 12); USS VICKSBURG (CG 69); USS WASP (LHD 1); Walter Reed National Military Medical Center.

4. For additional information contact Mr. Bob MacDonald of the NMCPHC at 757-953-0974, michael.r.macdonald2.civ(AT)mail.mil or visit the Blue H website at: www.med.navy.mil/sites/nmcphc/health-promotion/pages/blue-h.aspx .

5. Released by VADM C. FORREST FAISON III. //

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2. Primary prevention policies and activities in Department of the Navy workplaces, communities, and medical treatment facilities are critical to maintaining a fit and ready force. Reducing behavioral risk also enhances individual quality of life and reduces long-term health care costs.

3. The Navy Surgeon General commends the following 342 commands for a job well done in 2014, and invites all commands to participate in the Blue H in 2015.

a. Gold Star level winners are:

3d Marine Logistics Group; 3d Medical Battalion; Afloat Training Group Western Pacific; Assault Craft Unit TWO; Aviation Survival Training Center Cherry Point; Aviation Survival Training Center Miramar; Aviation Survival Training Center Pensacola; Aviation Survival Training Center Whidbey Island; Beachmaster Unit TWO; Carrier Air Wing EIGHT; Center for Security Forces Gulfport; Center for Security Forces Headquarters; Coastal Riverine Squadron FOUR; Commander Navy Reserve Forces Command; Dewert Branch Health Clinic; Electronic Attack Squadron ONE TWENTY NINE; Explosive Ordnance Disposal Expeditionary Support Unit TWO; Fighter Squadron Composite THIRTEEN; Fleet Logistics

Support Squadron FIVE ONE; Fleet Surgical Team ONE; Naval Branch Health Clinic Bahrain; Naval Branch Health Clinic Bangor; Naval Branch Health Clinic Belle Chasse; Naval Branch Health Clinic Capodichino; Naval Branch Health Clinic Everett; Naval Branch Health Clinic Fort Worth; Naval Branch Health Clinic Groton; Naval Branch Health Clinic Kingsville; Naval Branch Health Clinic Norfolk; Naval Branch Health Clinic NSA Mid South; Naval Branch Health Clinic Sasebo; Naval Branch Health Clinic Washington Navy Yard; Naval Branch Medical Clinic Camp Hansen; Naval Branch Medical Clinic Camp Kinser; Naval Branch Medical Clinic Camp Schwab; Naval Health Clinic Charleston; Naval Health Clinic Cherry Point; Naval Health Clinic Corpus Christi; Naval Health Clinic Hawaii; Naval Health Clinic New England Newport; Naval Health Clinic Quantico; Naval Hospital Beaufort; Naval Hospital Bremerton and Branch Health Clinic Puget Sound Naval Shipyard; Naval Hospital Camp Lejeune; Naval Hospital Guam; Naval Hospital Guantanamo Bay; Naval Hospital Jacksonville and Naval Branch Health Clinic Jacksonville; Naval Hospital Lemoore; Naval Hospital Naples; Naval Hospital Oak Harbor; Naval Hospital Okinawa; Naval Hospital Pensacola; Naval Hospital Rota; Naval Hospital Sigonella; Naval Hospital Twentynine Palms; Naval Medical Center Portsmouth; Naval Medical Center San Diego; Naval Special Operations Medical Institute; Naval Special Warfare Group THREE Detachment Little Creek; Naval Special Warfare Logistics and Support Unit THREE; Naval Strike and Air Warfare Center; Navy Aerospace Medical Institute; Navy and Marine Corps Public Health Center; Navy Environmental and Preventive Medicine Unit FIVE; Navy Environmental and Preventive Medicine Unit TWO; Navy Expeditionary Medical Training Institute; Navy Mobilization Processing Site Norfolk; Navy Operational Support Center Alameda and Expeditionary Medical Facility Camp Pendleton Detachment; Navy Operational Support Center Albuquerque and Expeditionary Medical Facility Dallas Detachment A; Navy Operational Support Center Anchorage and Operational Health Support Unit Bremerton Detachment A; Navy Operational Support Center Bessemer; Navy Operational Support Center Buffalo Operational Health Support Unit Portsmouth Detachment H; Navy Operational Support Center Charleston and Operational Health Support Unit Jacksonville Detachment O; Navy Operational Support Center Charlotte; Navy Operational Support Center Chattanooga and Operational Health Support Unit Camp Lejeune Detachment L; Navy Operational Support Center Columbia; Navy Operational Support Center Fort Carson and Operational Health Support Unit Bremerton Detachment P; Navy Operational Support Center Green Bay and Expeditionary Medical Facility Detachment 1 Great Lake; Navy Operational Support Center Jacksonville and OHSU HQ Jacksonville and OHSU Jacksonville Detachments N, R and P; Navy Operational Support Center Las Vegas; Navy Operational Support Center Lemoore and Operational Health Support Unit San Diego Detachment C; Navy Operational Support Center Los Angeles and Operational Health Support Unit Camp Pendleton Detachment F; Navy Operational Support Center Louisville and Operational Health Support Unit Camp Lejeune Detachment I; Navy Operational Support Center Madison and Expeditionary Medical Facility Great Lakes One Detachment O; Navy Operational Support Center Meridian and Operational Health Support Unit Pensacola Detachment F; Navy Operational Support Center Minneapolis and Expeditionary Medical Facility Great Lakes Detachment H; Navy Operational Support Center Moreno Valley and Expeditionary Medical Facility Camp Pendleton Detachment D; Navy Operational Support Center New Orleans and Operational Health Support Unit Pensacola Detachment C; Navy Operational Support Center Omaha; Navy Operational Support Center Orlando and Operational Health Support Unit Jacksonville Detachment E; Navy Operational Support Center Pearl Harbor and Operational Health Support Unit San Diego Detachment D; Navy Operational Support Center Pensacola and Operational Health Support Unit Pensacola Detachment H; Navy Operational Support Center Phoenix and Operational Health Support Unit San Diego Detachment B; Navy Operational Support Center Portland and Operational Health Support Unit Bremerton Detachment F; Navy Operational Support Center Reno and Operational Health Support Unit Camp Pendleton Detachment C; Navy Operational Support Center Salt Lake City; Navy Operational Support Center San Diego, OHSU San Diego, OHSU CP; Navy Operational Support Center Schenectady and Operational Health Support Unit Portsmouth Detachment

Y; Navy Operational Support Center Spokane; Navy Operational Support Center Springfield and Operational Support Center Bremerton Detachment G; Navy Operational Support Center Tallahassee and Operational Health Support Unit Jacksonville Detachment J; Navy Operational Support Center Ventura County; Navy Operational Support Center Waco; Navy Operational Support Center Washington; Navy Operational Support Center West Palm Beach and Operational Health Support Unit Jacksonville Detachment G; Navy Operational Support Center Whidbey Island; Navy Operational Support Center Wilmington and Operational Health Support Unit Camp Lejeune Detachment N; Navy Recruiting District Chicago; Navy Region Southeast Reserve Component Command; Navy Undersea Medical Institute; Patrol Squadron SIX NINE; Puget Sound Naval Shipyard and Intermediate Maintenance Facility Detachment Everett; Robert E. Bush Branch Medical Clinic; Semper Fit Marine Corps Air Station Beaufort and Marine Corps Recruit Depot Parris Island; Semper Fit Marine Corps Air Station Cherry Point; Semper Fit Marine Corps Air Station Mirimar; Semper Fit Marine Corps Base Quantico; Semper Fit Marine Corps Base Smedley D. Butler; Semper Fit Marine Corps Air Station Yuma; Surface Warfare Medical Institute; Tactical Air Control Squadron TWELVE; USS ABRAHAM LINCOLN (CVN 72); USS AMERICA (LHA 6); USS BATAAN (LHD 5); USS DWIGHT D. EISENHOWER (CVN 69); USS ESSEX (LHD 2); USS GEORGE WASHINGTON (CVN 73); USS GRAVELY (DDG 107); USS HARRY S. TRUMAN (CVN 75); USS MONTEREY (CG 61); USS NEW ORLEANS (LPD 18); USS NORMANDY (CG 60); USS PELELIU (LHA 5); USS RAMAGE (DDG 61); USS SIMPSON (FFG 56); USS TAYLOR (FFG 50); USS THEODORE ROOSEVELT (CVN 71); USS WASP (LHD 1).

b. Silver Eagle winners are:

1st Medical Battalion; Air Test and Evaluation Squadron ONE; Amphibious Construction Battalion TWO; Bureau of Naval Personnel Military Community Management BUPERS 3; Carrier Airborne Early Warning Squadron ONE TWO FOUR; Center for Security Forces North Island; Destroyer Squadron 50; Electronic Attack Squadron ONE THREE ONE; Executive Transport Detachment; Explosive Ordnance Disposal Mobile Unit ELEVEN; Fleet Logistics Support Squadron SIX ONE; Helicopter Anti-Submarine Squadron Light FOUR NINE; Helicopter Maritime Strike Squadron SEVEN SEVEN; Helicopter Sea Combat Squadron TWO SIX; Littoral Combat Ship Squadron 1; Marine Aviation Logistics Squadron 11; Marine Medium Tiltrotor Squadron 268; Marine Unmanned Aerial Vehicle Squadron 1; Marine Wing Support Squadron 374 Battalion Aid Station; Naval Branch Health Clinic Kings Bay; Naval Branch Health Clinic Mayport; Naval Branch Health Clinic Whiting Field; Naval Submarine Base New London; Navy Environmental and Preventive Medicine Unit SIX; Navy Operational Support Center Atlanta; Navy Operational Support Center Billings; Navy Operational Support Center Boise and Operational Health Support Unit Bremerton Detachment I; Navy operational Support Center Chicago; Navy Operational Support Center Corpus Christi; Navy Operational Support Center Denver and Operational Health Support Unit Bremerton Detachment O; Navy Operational Support Center Earle and Operational Health Support Unit Portsmouth Detachment X; Navy Operational Support Center El Paso; Navy Operational Support Center Everett and Operational Health Support Unit Bremerton Detachment C; Navy Operational Support Center Fargo; Navy Operational Support Center Greenville and Operational Health Support Unit Jacksonville Detachment Q; Navy Operational Support Center Knoxville and Operational Health Support Unit Camp Lejeune Detachment K; Navy Operational Support Center Memphis; Navy Operational Support Center Miami and Operational Health Support Unit Jacksonville Detachment D; Navy Operational Support Center New York City and Operational Health Support Unit Portsmouth Detachment A; Navy Operational Support Center Plainville; Navy Operational Support Center Richmond and Operational Health Support Unit Portsmouth Detachment N; Navy Operational Support Center Roanoke and Operational Health Support Unit Portsmouth Detachment E; Navy Operational Support Center Saginaw; Navy Operational Support Center San Jose and Operational Health Support Center Camp Pendleton Detachment G; Navy Operational Support Center Shreveport; Navy Operational Support Center Syracuse

and Operational Health Support Unit Portsmouth Detachment I; Navy Operational Support Center Tampa; Navy Region Mid Atlantic Reserve Component Command Norfolk; Patrol Squadron FIVE; Patrol Squadron FORTY; Strike Fighter Squadron ONE ZERO SIX; USS ANTIETAM (CG 54); USS ENTERPRISE (CVN 65); USS MESA VERDE (LPD 19); USS MOBILE BAY (CG 53); USS NEW YORK (LPD 21).

c. Bronze Anchor level winners are:

1st Battalion 4th Marines Battalion Aid Station; 1st Dental Battalion and Naval Dental Center Camp Pendleton; 1st Light Armored Reconnaissance Battalion 1st Marine Division; 1ST Maintenance Battalion, Combat Logistics Regiment 15, 1st Marine Logistics Group; 1st Regimental Aid Station; 1st Supply Battalion; 2d Battalion 11th Marines Battalion Aid Station; 3d Battalion 3d Marines; 5th Battalion 11th Marines Battalion Aid Station; 5th Marine Regiment 1st Marine Division; 7th Engineer Support Battalion; Afloat Training Group Middle Pacific; Air Test and Evaluation Squadron THREE ONE; Assault Craft Unit FOUR; Carrier Airborne Early Warning Squadron ONE ONE THREE; Carrier Airborne Early Warning Squadron ONE ONE TWO; Center for Security Forces San Diego; Coastal Riverine Group ONE; Coastal Riverine Group TWO Detachment Bahrain; Coastal Riverine Squadron THREE; Combat Logistics Battalion 7; Combat Logistics Regiment 1; Combat Logistics Regiment 15; Electronic Attack Squadron ONE FOUR TWO; Electronic Attack Squadron ONE FOUR ZERO; Electronic Attack Squadron ONE THREE SIX; Electronic Attack Squadron TWO ZERO NINE; Field Medical Training Battalion East; Fleet Weather Center Norfolk; Headquarters Battalion 1st Marine Division I Marine Expeditionary Force; Headquarters Battery 11th Marine Regiment 1st Marine Division Battalion Aid Station; Headquarters Regiment 1st Marine Logistics Group; Helicopter Maritime Strike Squadron FIVE ONE; Helicopter Maritime Strike Squadron FOUR ONE; Helicopter Maritime Strike Squadron FOUR SIX; Helicopter Sea Combat Squadron TWO; Littoral Combat Ship Crew 103; Lovell Federal Health Care Center; Marine Aerial Refueler Transport Squadron 352; Marine Air Control Group 38; Marine Aircraft Group 11; Marine Aircraft Group 11 Headquarters Squadron; Marine Aircraft Group 13 3d Marine Aircraft Wing; Marine Aircraft Group 16 Headquarters Squadron; Marine Aircraft Group 24; Marine Aircraft Group 39; Marine All Weather Fighter Attack Squadron 225; Marine Corps Security Force Regiment; Marine Fighter Attack Squadron 232; Marine Fighter Attack Squadron 314; Marine Fighter Attack Squadron 323; Marine Heavy Helicopter Squadron 361; Marine Heavy Helicopter Squadron 462; Marine Heavy Helicopter Squadron 466; Marine Medium Tiltrotor Squadron 161; Marine Medium Tiltrotor Squadron 165; Marine Medium Tiltrotor Squadron 166; Marine Wing Headquarters Squadron 3; Marine Wing Support Squadron 373; Naval Branch Health Clinic Albany Georgia; Naval Branch Health Clinic Atsugi; Naval Branch Health Clinic China Lake; Naval Branch Health Clinic Diego Garcia; Naval Branch Health Clinic Earle; Naval Branch Health Clinic Iwakuni; Naval Branch Health Clinic Key West; Naval Branch Health Clinic Marine Corps Recruit Depot San Diego; Naval Branch Health Clinic Meridian; Naval Branch Health Clinic Miramar; Naval Branch Health Clinic Naval Station San Diego; Naval Branch Health Clinic North Island and Branch and Dental Annex; Naval Branch Health Clinic Oceana; Naval Branch Health Clinic Port Hueneme; Naval Branch Health Clinic Portsmouth; Naval Branch Health Clinic Saratoga Springs; Naval Branch Health Clinic Yuma; Naval Branch Medical Clinic Boone; Naval Branch Medical Clinic El Centro; Naval Branch Medical Clinic Kearny Mesa; Naval Health Clinic Annapolis; Naval Health Clinic Patuxent River; Naval Hospital Camp Pendleton; Naval Hospital Yokosuka; Naval Observatory; Navy Medicine Operational Training Command; Navy Operational Support Center Augusta; Navy Operational Support Center Battle Creek; Navy Operational Support Center Cheyenne; Navy Operational Support Center Cincinnati; Navy Operational Support Center Columbus Georgia; Navy Operational Support Center Columbus Ohio; Navy Operational Support Center Detroit; Navy Operational Support Center Ebensburg; Navy Operational Support Center Eire; Navy Operational Support Center Fort Dix and Operational Health Support Health Unit Portsmouth Detachment W; Navy Operational Support Center Fort Worth; Navy Operational Support Center Harlingen; Navy Operational Support Center Helena; Navy Operational Support Center

Houston; Navy Operational Support Center Kansas City; Navy Operational Support Center Kitsap and Operational Health Support Unit NH Bremerton Detachment D; Navy Operational Support Center Little Rock; Navy Operational Support Center Manchester; Navy Operational Support Center Nashville and Operational Health Support Unit Camp Lejeune Detachment J; Navy Operational Support Center New Castle and Expeditionary Medical Facility Bethesda Detachment V; Navy Operational Support Center New London and Operational Health Support Unit Portsmouth Detachment D; Navy Operational Support Center Newport and Operational Health Support Unit Portsmouth Detachment M; Navy Operational Support Center Norfolk and Operational Health Support Unit Portsmouth Headquarters and Detachments R and S; Navy Operational Support Center North Island; Navy Operational Support Center Puerto Rico and Operational Health Support Unit Jacksonville Detachment K; Navy Operational Support Center Quincy and Operational Health Support Unit Portsmouth Detachment V; Navy Operational Support Center Rochester; Navy Operational Support Center Sacramento and Expeditionary Medical Facility Camp Pendleton Detachment I; Navy Operational Support Center San Antonio; Navy Operational Support Center Sioux Falls; Navy Operational Support Center St. Louis; Navy Operational Support Center Tucson; Navy Operational Support Center White River Junction; Navy Operational Support Center Wichita; Navy Region Mid Atlantic Reserve Component Command Great Lakes; Navy Region Southwest; SEAL Team THREE; Semper Fit Marine Corps Air Ground Combat Center Twentynine Palms; Semper Fit Marine Corps Base Hawaii; Special Reconnaissance Team TWO; Surface Combat Systems Center; USS BULKELEY (DDG 84); USS BUNKERHILL (CG 52); USS CARL VINSON (CVN 70); USS CARTER HALL (LSD 50); USS COLE (DDG 67); USS CONSTITUTION; USS EMORY S. LAND (AS 39); USS GEORGE W. BUSH (CVN 77); USS GERMANTOWN (LSD 42); USS HARPERS FERRY (LSD 49); USS IWO JIMA (LHD 7); USS JOHN C. STENNIS (CVN 74); USS KEARSARGE (LHD 3); USS MAKIN ISLAND (LHD 8); USS NIMITZ (CVN 68); USS RONALD REAGAN (CVN 76); USS RUSHMORE (LSD 47); USS SAMUEL B. ROBERTS (FFG 58); USS SAN ANTONIO (LPD 17); USS TORTUGA (LSD 46); USS ZEPHYR (PC 8).

4. For additional information contact Mr. Bob MacDonald at michael.r.macdonald2.civ@mail.mil or visit the Blue H website at: www.med.navy.mil/sites/nmcphc/health-promotion/pages/blue-h.aspx.

5. Released by VADM M. L. Nathan, MC, USN, Surgeon General of the Navy. //

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2014 NAVY SURGEON GENERAL'S BLUE H HEALTH PROMOTION AND WELLNESS AWAR

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SUBJ/2013 NAVY SURGEON GENERAL'S BLUE H HEALTH PROMOTION AND WELLNESS RMKS / TYCOMS ARE REQUESTED TO FORWARD THIS MESSAGE TO ALL UNITS UNDER THEIR COGNIZANCE. // RMKS/

1. The Navy Surgeon General proudly announces the winners of the 2013 Blue H - Navy Surgeon General's Health Promotion and Wellness Award, managed by the Navy and Marine Corps Public Health Center (NMCPHC). The Fleet category recognizes excellence in workplace health promotion policies, activities and outcomes. The Medical Treatment Facility category recognizes excellence in clinical primary prevention services, community health promotion, and medical staff health. The Semper Fit version recognizes excellence in Marine Corps community health promotion by Semper Fit Centers.

Health topics covered include alcohol abuse prevention, injury prevention, nutrition, physical activity, psychological health, sexual health, tobacco cessation, and weight management. Awards may be earned at three levels:

Gold Star, Silver Eagle, and Bronze Anchor. Every organization that applied received at least the Bronze Anchor level award. Commands that achieved a minimum of 50 percent of available points for every topic earned the Silver Eagle level award. Commands that achieved at least 50 percent of available points in every topic, achieved key must-do criteria and also achieved 80 percent of the total available points, earned the Gold Star level award.

2. Primary prevention policies and activities in Department of the Navy workplaces, communities, and medical treatment facilities are critical to maintaining a fit and ready force. Reducing behavioral risk also enhances individual quality of life and reduces long-term health care costs.

3. The Navy Surgeon General commends the following 281 commands for a job well done, and invites all commands to participate in the Blue H in 2014:

a. Gold Star level winners are:

Afloat Training Group Middle Pacific; Afloat Training Group Western Pacific; Assault Craft Unit Four; Assault Craft Unit Two; Aviation Survival Training Center Cherry Point; Aviation Survival Training Center Jacksonville; Aviation Survival Training Center Lemoore; Aviation Survival Training Center Pensacola; Aviation Survival Training Center Whidbey Island; Beachmaster Unit TWO; Carrier Air Wing EIGHT; Carrier Airborne Early Warning Squadron ONE ONE THREE; Center for Security Forces Detachment Chesapeake; Center for Security Forces Detachment North Island; Center for Security Forces Detachment Pearl Harbor; Center for Security Forces Learning Site Gulfport; Coastal Riverine Squadron FOUR; Detachment Company C 1st Battalion 23d Marines 4th Marine Division; Explosive Ordnance Disposal Expeditionary Support Unit TWO; Fighter Squadron Composite THIRTEEN; Fleet Logistics Support Squadron FIVE NINE; Fleet Surgical Team ONE; Military Sealift Command Ship Support Unit Singapore; Naval Aerospace Medical Institute; Naval Air Facility Washington and Expeditionary Medical Facility Bethesda Detachments P and Y; Naval Branch Health Clinic Bahrain; Naval Branch Health Clinic Belle Chasse; Naval Branch Health Clinic Bridgeport; Naval Branch Health Clinic China Lake; Naval Branch Health Clinic Everett; Naval Branch Health Clinic Groton; Naval Branch Health Clinic Meridian; Naval Branch Health Clinic Sasebo; Naval Branch Health Clinic Washington Navy Yard; Naval Expeditionary Medical Training Institute; Naval Health Clinic Cherry Point; Naval Health Clinic Corpus Christi; Naval Health Clinic Hawaii; Naval Health Clinic Quantico; Naval Hospital Beaufort and Naval Branch Medical Clinic Parris Island and Naval Branch Medical Clinic Marine Corps Air Station; Naval Hospital Bremerton and Branch Health Clinic Puget Sound Naval Shipyard; Naval Hospital Camp Lejeune; Naval Hospital Guam; Naval Hospital Jacksonville and Naval Branch Health Clinic Jacksonville; Naval Hospital Lemoore; Naval Hospital Naples; Naval Hospital Oak Harbor; Naval Hospital Okinawa; Naval Hospital Pensacola; Naval Hospital Rota; Naval Hospital Sigonella; Naval Hospital Twentynine Palms; Naval Hospital Yokosuka; Naval Special Warfare Group ELEVEN; Naval Special Warfare Group THREE Detachment Little Creek; Naval Survival Training Institute; Naval Undersea Medical Institute Groton; Navy and Marine Corps Public Health Center; Navy Environmental and Preventive Medicine Unit TWO; Navy Environmental and Preventive Medicine Unit FIVE; Navy Expeditionary Medical Unit Landstuhl; Navy Operational Support Center Alameda and Operational Health Support Unit Camp Pendleton Detachment H; Navy Operational Support Center Everett and Operational Health Support Unit Bremerton Detachment C; Navy Operational Support Center Fort Carson and Operational Health Support Unit Bremerton Detachment P and I; Navy Operational Support Center Green Bay and Expeditionary Medical Force Great Lakes ONE Detachment N; Navy Operational Support Center Greensboro; Navy Operational Support Center Greenville and Operational Health Support Unit Jacksonville Detachment Q; Navy Operational Support Center Harrisburg; Navy Operational Support Center Jacksonville and Operational Health Support Unit Jacksonville Detachments N, R and P; Navy Operational Support Center Kitsap and Operational Health Support Unit Bremerton Detachment D; Navy Operational Support Center Las Vegas; Navy Operational Support Center Los Angeles; Navy Operational Support Center Louisville and Operational Health Support Unit Camp Lejeune Detachment I; Navy Operational Support Center Memphis; Navy Operational Support Center Meridian; Navy Operational Support Center Minneapolis and Expeditionary Medical Force Great Lakes Detachment H; Navy Operational Support Center New Orleans; Navy Operational Support Center Newport and Operational Health Support Unit Portsmouth

Detachment M; Navy Operational Support Center Norfolk and Operational Health Support Unit Portsmouth Detachments R and S; Navy Operational Support Center Pearl Harbor and Operational Health Support Unit San Diego Detachment D; Navy Operational Support Center Phoenix and Operational Health Support Unit San Diego Detachment B; Navy Operational Support Center Puerto Rico; Navy Operational Support Center Roanoke and Operational Health Support Unit Portsmouth Detachment E; Navy Operational Support Center Salt Lake City and Operational Health Support Unit Bremerton Detachment K; Navy Operational Support Center San Antonio; Navy Operational Support Center Schenectady and Operational Health Support Unit Portsmouth Detachment Y; Navy Operational Support Center Shreveport; Navy Operational Support Center St Louis; Navy Operational Support Center Syracuse; Navy Operational Support Center Ventura County; Navy Operational Support Center Waco; Navy Operational Support Center West Palm Beach and Operational Health Support Unit Jacksonville Detachment G; Navy Operational Support Center Whidbey Island; Navy Region Southeast Reserve Component Command; Navy Reserve Forces Command; Navy Technical Training Center Lackland; Officer Training Command Newport; Patrol Squadron FOUR; Patrol Squadron SIX NINE; Semper Fit Marine Corps Air Station Beaufort and Marine Corps Recruit Depot Parris Island; Semper Fit Marine Corps Air Station Cherry Point; Semper Fit Marine Corps Air Station Iwakuni; Semper Fit Marine Corps Air Station Miramar; Semper Fit Marine Corps Air Station Yuma; Semper Fit Marine Corps Base Smedley D. Butler; Surface Warfare Medical Institute; USS ABRAHAM LINCOLN (CVN 72); USS BATAAN (LHD 5); USS DENVER (LPD 9); USS DWIGHT D EISENHOWER (CVN 69); USS ESSEX (LHD 2); USS GEORGE WASHINGTON (CVN 73); USS HARRY S TRUMAN (CVN 75); USS NEW ORLEANS (LPD 18); USS PELELIU (LHA 5); USS RAMAGE (DDG 61); USS SOMERSET (LPD 25); USS THUNDERBOLT (PC 12).

b. Silver Eagle winners are:

Executive Transport Detachment Pacific; Helicopter Sea Combat Squadron TWO; Naval Branch Health Clinic Bangor; Naval Branch Health Clinic Capodichino; Naval Branch Health Clinic Fort Worth; Naval Branch Health Clinic Key West; Naval Branch Health Clinic Kings Bay; Naval Branch Health Clinic Mayport; Naval Branch Health Clinic Norfolk; Naval Branch Medical Clinic Camp Schwab; Naval Health Clinic Annapolis; Naval Health Clinic Patuxent River; Navy Operational Support Center Augusta; Navy Operational Support Center Charlotte; Navy Operational Support Center Chicago; Navy Operational Support Center Corpus Christi; Navy Operational Support Center Earle and Operational Health Support Unit Portsmouth Detachment X; Navy Operational Support Center El Paso; Navy Operational Support Center Erie; Navy Operational Support Center Fargo and Operational Health Support Unit Bremerton Detachment Q; Navy Operational Support Center Fort Worth; Navy Operational Support Center Guam and Operational Health Support Unit San Diego Detachment K; Navy Operational Support Center Portland and Operational Health Support Unit Bremerton Detachment F; Navy Operational Support Center Quincy; Navy Operational Support Center Richmond and Operational Health Support Unit Naval Medical Center Portsmouth Detachment N; Navy Operational Support Center San Diego and Operational Health Support Unit San Diego, Operational Health Support Unit Camp Pendleton Headquarters and Operational Health Support Unit Camp Pendleton Detachment J; Navy Operational Support Center San Jose and Operational Health Support Unit Camp Pendleton Detachment G; Navy Operational Support Center Spokane; Navy Operational Support Center White River Junction; Precommissioning Unit America (LHA 6); Puget Sound Naval Shipyard Intermediate Maintenance Facility Detachment Everett;

Semper Fit Marine Corps Base Hawaii; Semper Fit Marine Corps Base Quantico; Special Boat Team TWENTY; USS ANTIETAM (CG 54); USS CONSTITUTION; USS GEORGE H. W. BUSH (CVN 77); USS GERMANTOWN (LSD 42); USS GRAVELY (DDG 107); USS HUE CITY (CG 66); USS NEW YORK (LPD 21); USS NORMANDY (CG 60); USS PORTER (DDG 78); USS RONALD REAGAN (CVN 76); USS SIMPSON (FFG 56); USS THE SULLIVANS (DDG 68).

c. Bronze Anchor level winners are:

1st Medical Battalion; 3d Battalion 3d Marines; 3d Marine Logistics Group; Air Test and Evaluation Squadron ONE; Air Test and Evaluation Squadron THREE ONE; Aviation Survival Training Center Miramar; Center for Security Forces Detachment San Diego; Coastal Riverine Squadron EIGHT; Combat Logistics Battalion 23; Command Training Air Wing SIX; Electronic Attack Squadron ONE THREE ONE; Electronic Attack Squadron ONE TWO NINE; Fleet Logistics Support Squadron SIX ONE; Helicopter Antisubmarine Squadron Light FOUR NINE; Helicopter Maritime Strike Squadron FOUR ONE; Helicopter Maritime Strike Squadron FIVE ONE; Helicopter Maritime Strike Squadron SEVEN SEVEN; Helicopter Maritime Strike Squadron THREE SEVEN; Helicopter Sea Combat Squadron TWO THREE; Littoral Combat Ship Squadron ONE; Marine Aircraft Group TWO FOUR; Lovell Federal Health Care Center; Military Sealift Command Norfolk; Naval Branch Health Clinic Chinhae; Naval Branch Health Clinic Diego Garcia; Naval Branch Health Clinic Iwakuni; Naval Branch Health Clinic Kingsville; Naval Branch Health Clinic NSA Midsouth; Naval Branch Health Clinic Portsmouth; Naval Branch Health Clinic Saratoga Springs; Naval Branch Health Clinic Whiting Field; Naval Branch Health Clinic Yuma; Naval Branch Medical Clinic Camp Hansen; Naval Branch Medical Clinic Camp Kinser; Naval Branch Medical Clinic Robert E. Bush Camp Courtney; Naval Health Clinic Charleston; Naval Health Clinic New England; Naval Medical Center Portsmouth; Naval Medical Center San Diego; Naval Special Warfare Logistics and Support Unit THREE; Navy Operational Support Center Amarillo; Navy Operational Support Center Anchorage and Operational Health Support Unit Bremerton Detachment A; Navy Operational Support Center Atlanta; Navy Operational Support Center Austin; Navy Operational Support Center Avoca; Navy Operational Support Center Bangor; Navy Operational Support Center Bessemer; Navy Operational Support Center Billings and Operational Health Support Unit Bremerton Detachment M; Navy Operational Support Center Boise; Navy Operational Support Center Buffalo; Navy Operational Support Center Charleston; Navy Operational Support Center Chattanooga; Navy Operational Support Center Cheyenne and Operational Health Support Unit Bremerton Detachment N; Navy Operational Support Center Columbia; Navy Operational Support Center Columbus; Navy Operational Support Center Des Moines; Navy Operational Support Center Ebensburg; Navy Operational Support Center Fort Dix and Operational Health Support Unit Portsmouth Detachment W; Navy Operational Support Center Gulfport; Navy Operational Support Center Harlingen; Navy Operational Support Center Houston; Navy Operational Support Center Kansas City; Navy Operational Support Center Knoxville and Operational Health Support Unit Camp Lejeune Detachment K; Navy Operational Support Center Lemoore and Operational Health Support Unit San Diego Detachment C; Navy Operational Support Center Long Island; Navy Operational Support Center Miami and Operational Health Support Unit Jacksonville Detachment D; Navy Operational Support Center Moreno Valley; Navy Operational Support Center Nashville and Operational Health Support Unit Camp Lejeune Detachment J; Navy Operational Support Center New London and Operational Health Support Unit Portsmouth Detachment D; Navy Operational Support Center New York

City and Operational Health Support Unit Naval Medical Center Portsmouth Detachment A; Navy Operational Support Center North Island; Navy Operational Support Center Orlando and Operational Health Support Unit Jacksonville Detachment E; Navy Operational Support Center Pensacola and Operational Health Support Unit Pensacola Detachment H; Navy Operational Support Center Pittsburgh; Navy Operational Support Center Reno and Operational Health Support Unit Camp Pendleton Detachment C; Navy Operational Support Center Rochester; Navy Operational Support Center Sacramento and Operational Health Support Unit Camp Pendleton Detachment I; Navy Operational Support Center Springfield; Navy Operational Support Center Tallahassee; Navy Operational Support Center Tampa; Navy Operational Support Center Tucson and Operational Health Support Unit Bremerton Detachment G; Navy Operational Support Center Tulsa and Expeditionary Medical Force Dallas ONE Detachment P; Navy Operational Support Center Wilmington Delaware; Navy Operational Support Center Wilmington North Carolina; Navy Recruiting District Chicago; Navy Region Mid-Atlantic Reserve Component Command; Navy Region Midwest Reserve Component Command; Patrol Squadron FORTY; Semper Fit Marine Corps Air Ground Combat Center Twentynine Palms; Semper Fit Marine Corps Base Camp Pendleton; Surface Combat Systems Center Wallops Island; USS BAINBRIDGE (DDG 96); USS BOXER (LHD 4); USS BULKELEY (DDG 84); USS BUNKER HILL (CG 52); USS CARL VINSON (CVN 70); USS CARTER HALL (LSD 50); USS ENTERPRISE (CVN 65); USS HARPERS FERRY (LSD 49); USS IWO JIMA (LHD 7); USS JOHN C STENNIS (CVN 74); USS KEARSARGE (LHD 3); USS MAKIN ISLAND (LHD 8); USS MESA VERDE (LPD 19); USS NIMITZ (CVN 68); USS OAKHILL (LSD 51); USS SAMUEL B. ROBERTS (FFG 58); USS SAN ANTONIO (LPD 17); USS TAYLOR (FFG 50); USS THEODORE ROOSEVELT (CVN 71); USS WASP (LHD 1); USS WAYNE E. MEYER (DDG 108); Weapons Co 3rd Battalion, 25th Marine Regiment, 4th Marine Division.

4. For additional information contact Mr. Bob MacDonald at michael.r.macdonald@med.navy.mil or visit the Blue H website at: www.med.Navy.mil/sites/nmcphc/health-promotion/pages/blue-h.aspx

5. Released by VADM M. L. Nathan, MC, USN, Surgeon General of the Navy. // BT #0001

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2013 NAVY SURGEON GENERAL'S BLUE H HEALTH PROMOTION AND WELLNESS </DmdsSubject>

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PASS TO ALL AFLOAT AND ASHORE ACTIVITIES, AND UNITS/MEDICAL COMMANDS
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SUBJ/ 2012 NAVY SURGEON GENERAL'S BLUE H HEALTH PROMOTION AND WELLNESS AWARD
WINNERS.//

REF/A/DOC/CNO WASHINGTON DC/15MAR2007//

REF/B/DOC//BUMED WASHINGTON DC/14JAN2008//

NARR/REF A, OPNAVINST 6100.2 AND REF B, BUMEDINST 6110.13A, PERTAIN TO HEALTH
PROMOTION PROGRAM.//

POC/MR. BOB MACDONALD/PROGRAM MANAGER/NMCPHC/LOC: PORTSMOUTH VA/TEL:

COM 757-953-0974/TELFAX: 0705/TEL: DSN 377/EMAIL:

MICHAEL.R.MACDONALD@MED.NAVY.MIL//

RMKS/1. THE NAVY SURGEON GENERAL PROUDLY ANNOUNCES THE WINNERS OF THE 2012 BLUE H - NAVY SURGEON GENERAL'S HEALTH PROMOTION AND WELLNESS AWARD, MANAGED BY THE NAVY AND MARINE CORPS PUBLIC HEALTH CENTER (NMCPHC). THE FLEETCATEGORY RECOGNIZES EXCELLENCE IN WORKPLACE HEALTH PROMOTION POLICIES, ACTIVITIES AND OUTCOMES. THE MEDICAL TREATMENT FACILITY CATEGORY RECOGNIZES EXCELLENCE IN CLINICAL PRIMARY PREVENTION SERVICES, COMMUNITY HEALTH PROMOTION, AND MEDICAL STAFF HEALTH. SEMPER FIT VERSION RECOGNIZES EXCELLENCE IN MARINE CORPS COMMUNITY HEALTH PROMOTION BY SEMPER FIT CENTERS. HEALTH TOPICS COVERED INCLUDE ALCOHOL ABUSE PREVENTION, INJURY PREVENTION, NUTRITION, PHYSICAL ACTIVITY, PSYCHOLOGICAL HEALTH, SEXUAL HEALTH, TOBACCO CESSATION AND WEIGHT MANAGEMENT. AWARDS MAY BE EARNED AT THREE LEVELS: GOLD STAR, SILVER EAGLE, AND BRONZE ANCHOR. EVERY ORGANIZATION THAT APPLIED RECEIVED AT LEAST THE BRONZE ANCHOR LEVEL AWARD. COMMANDS THAT ACHIEVED A MINIMUM OF 50 PERCENT OF AVAILABLE POINTS FOR EVERY TOPIC EARNED THE SILVER EAGLE LEVEL AWARD. COMMANDS THAT ACHIEVED AT LEAST 50 PERCENT OF AVAILABLE POINTS IN EVERY TOPIC, ACHIEVED KEY MUST-DO CRITERIA AND ACHIEVED 80 PERCENT OF THE TOTAL AVAILABLE POINTS EARNED THE GOLD STAR LEVEL AWARD.

2. PRIMARY PREVENTION POLICIES AND ACTIVITIES IN DEPARTMENT OF THE NAVY WORKPLACES, COMMUNITIES AND MEDICAL TREATMENT FACILITIES ARE CRITICAL TO PAGE 04 RUEOMFL1756 UNCLAS MAINTAINING A FIT AND READY FORCE. REDUCING BEHAVIORAL RISK ALSO ENHANCES INDIVIDUAL QUALITY OF LIFE AND REDUCES LONG-TERM HEALTH CARE COSTS.

3. THE NAVY SURGEON GENERAL COMMENDS THE FOLLOWING 271 COMMANDS FOR A JOB WELL DONE, AND INVITES ALL COMMANDS TO PARTICIPATE IN THE BLUE H IN 2013:

A. GOLD STAR LEVEL WINNERS ARE:

1ST MEDICAL BATTALION
AFLOAT TRAINING GROUP MIDDLE PACIFIC
AFLOAT TRAINING GROUP WESTERN PACIFIC
ASSAULT CRAFT UNIT FOUR
ASSAULT CRAFT UNIT TWO TRAINING
AVIATION SURVIVAL CENTER CHERRY POINT
AVIATION SURVIVAL TRAINING CENTER JACKSONVILLE
AVIATION SURVIVAL TRAINING CENTER LEMOORE
AVIATION SURVIVAL TRAINING CENTER NORFOLK
AVIATION SURVIVAL TRAINING CENTER PATUXENT RIVER
AVIATION SURVIVAL TRAINING CENTER WHIDBEY ISLAND
BEACHMASTER UNIT ONE
BEACHMASTER UNIT TWO
CARRIER AIR WING EIGHT
CARRIER AIRBORNE EARLY WARNING SQUADRON ONE ONE SIX
CARRIER AIRBORNE EARLY WARNING SQUADRON ONE ONE THREE
CENTER FOR SECURITY FORCES
CENTER FOR SECURITY FORCES DETACHMENT CHESAPEAKE
CENTER FOR SECURITY FORCES DETACHMENT NORTH ISLAND
CENTER FOR SECURITY FORCES LEARNING CENTER CAMP LEJEUNE
CENTER FOR SECURITY FORCES LEARNING CENTER GULFPORT
CENTER FOR SECURITY FORCES LEARNING CENTER MAYPORT
COASTAL RIVERINE SQUADRON FOUR
COMMANDER, NAVY RESERVES FORCES
COMMAND DAVID R. RAY HEALTH CENTER
ELECTRONIC ATTACK SQUADRON ONE THREE ONE
EXPLOSIVE ORDNANCE DISPOSAL MOBILE UNIT TWELVE DETACHMENT NEWPORT
FIGHTER SQUADRON COMPOSITE TWELVE
FLEET LOGISTICS SUPPORT SQUADRON FIVE NINE
FLEET LOGISTICS SUPPORT SQUADRON FIVE ONE
FLEET SURGICAL TEAM ONE
FLEET SURVEY TEAM
FLEET WEATHER CENTER SAN DIEGO
HELICOPTER MARITIME STRIKE SQUADRON SEVEN SEVEN
HUMAN RESOURCES SERVICE CENTER NORTHWEST
MILITARY SEALIFY COMMAND SPECIAL SERVICE UNIT SINGAPORE
NAVAL AIR FACILITY WASHINGTON AND OPERATIONAL HEALTH SUPPORT UNIT
BETHESDA HEADQUARTERS
NAVAL BRANCH HEALTH CLINIC BAHRAIN
NAVAL BRANCH HEALTH CLINIC BELLE CHASSE
NAVAL BRANCH HEALTH CLINIC BRIDGEPORT
NAVAL BRANCH HEALTH CLINIC CHINA LAKE
NAVAL BRANCH HEALTH CLINIC IWAKUNI
NAVAL BRANCH HEALTH CLINIC KINGSVILLE
NAVAL HEALTH CLINIC CHERRY POINT
NAVAL HEALTH CLINIC CORPUS CHRISTI
NAVAL HEALTH CLINIC QUANTICO
NAVAL HOSPITAL BEAUFORT
NAVAL HOSPITAL BREMERTON
NAVAL HOSPITAL CAMP LEJEUNE

NAVAL HOSPITAL GUAM
NAVAL HOSPITAL NAPLES
NAVAL HOSPITAL OAK HARBOR
NAVAL HOSPITAL OKINAWA
NAVAL HOSPITAL PENSACOLA
NAVAL HOSPITAL ROTA
NAVAL HOSPITAL TWENTYNINE PALMS
NAVAL HOSPITAL YOKOSUKA
NAVAL SPECIAL OPERATIONS MEDICAL INSTITUTE
NAVY AND MARINE CORPS PUBLIC HEALTH CENTER
NAVY ENVIRONMENTAL AND PREVENTIVE MEDICINE UNIT FIVE
NAVY ENVIRONMENTAL AND PREVENTIVE MEDICINE UNIT TWO
NAVY MEDICINE OPERATIONAL TRAINING CENTER
NAVY MEDICINE OPERATIONAL TRAINING CENTER DETACHMENT
NAVAL EXPEDITIONARY MEDICAL TRAINING INSTITUTE
NAVY MEDICINE OPERATIONAL TRAINING CENTER DETACHMENT
NAVAL SURVIVAL TRAINING INSTITUTE
NAVY OPERATIONAL SUPPORT CENTER ALBUQUERQUE
NAVY OPERATIONAL SUPPORT CENTER BOISE
NAVY OPERATIONAL SUPPORT CENTER CHARLOTTE
NAVY OPERATIONAL SUPPORT CENTER CHATTANOOGA AND OPERATIONAL HEALTH SUPPORT UNIT
CAMP LEJEUNE DETACHMENT L
NAVY OPERATIONAL SUPPORT CENTER COLUMBUS GEORGIA
NAVY OPERATIONAL SUPPORT CENTER COLUMBUS OHIO
NAVY OPERATIONAL SUPPORT CENTER DENVER AND OPERATIONAL HEALTH SUPPORT UNIT
BREMERTON DETACHMENT O
NAVY OPERATIONAL SUPPORT CENTER EARLE;
NAVY OPERATIONAL SUPPORT CENTER EVERETT
NAVY OPERATIONAL SUPPORT CENTER GREEN BAY
NAVY OPERATIONAL SUPPORT CENTER GREENSBORO
NAVY OPERATIONAL SUPPORT CENTER HARRISBURG
NAVY OPERATIONAL SUPPORT CENTER JACKSONVILLE
NAVY OPERATIONAL SUPPORT CENTER KNOXVILLE
NAVY OPERATIONAL SUPPORT CENTER LAS VEGAS
NAVY OPERATIONAL SUPPORT CENTER LITTLE ROCK
NAVY OPERATIONAL SUPPORT CENTER LOS ANGELES
NAVY OPERATIONAL SUPPORT CENTER LOUISVILLE AND OPERATIONAL HEALTH
SUPPORT UNITCAMP LEJEUNE DETACHMENT I
NAVY OPERATIONAL SUPPORT CENTER MEMPHIS
NAVY OPERATIONAL SUPPORT CENTER MERIDIAN
NAVY OPERATIONAL SUPPORT CENTER NEW YORK CITY
NAVY OPERATIONAL SUPPORT CENTER NEWPORT
NAVY OPERATIONAL SUPPORT CENTER NORFOLK
NAVY OPERATIONAL SUPPORT CENTER ORLANDO AND OPERATIONAL HEALTH
SUPPORT UNIT JACKSONVILLE DETACHMENT E
NAVY OPERATIONAL SUPPORT CENTER PEARL HARBOR
NAVY OPERATIONAL SUPPORT CENTER PLAINVILLE
NAVY OPERATIONAL SUPPORT CENTER PORTLAND
NAVY OPERATIONAL SUPPORT CENTER SALT LAKE CITY AND OPERATIONAL HEALTH SUPPORT
UNIT BREMERTON DETACHMENT K
NAVY OPERATIONAL SUPPORT CENTER SAN ANTONIO
NAVY OPERATIONAL SUPPORT CENTER ST LOUIS

NAVY OPERATIONAL SUPPORT CENTER VENTURA COUNTY
NAVY OPERATIONAL SUPPORT CENTER WACO
NAVY OPERATIONAL SUPPORT CENTER WEST PALM BEACH AND OPERATIONAL
HEALTH SUPPORT UNIT JACKSONVILLE DETACHMENT G
NAVY OPERATIONAL SUPPORT CENTER WHIDBEY ISLAND;
NAVY OPERATIONAL SUPPORT CENTER YOUNGSTOWN
NAVY REGION SOUTH EAST RESERVE COMPONENT COMMAND
PATROL COASTAL CREW BRAVO
PATROL SQUADRON FOUR
SEMPER FIT MARINE CORPS AIR STATION BEAUFORT MARINE CORPS RECRUIT DEPOT PARRIS
ISLAND
SEMPER FIT MARINE CORPS AIR STATION CHERRY POINT
SEMPER FIT MARINE CORPS AIR STATION MIRAMAR
SEMPER FIT MARINE CORPS AIR STATION YUMA
SEMPER FIT MARINE CORPS BASE CAMP PENDLETON
SEMPER FIT MARINE CORPS BASE HAWAII
SEMPER FIT MARINE CORPS BASE QUANTICO
SEMPER FIT MARINE CORPS BASE CAMP BUTLER
STRIKE FIGHTER SQUADRON THREE FOUR
SURFACE COMBAT SYSTEMS CENTER
SURFACE WARFARE MEDICAL INSTITUTE
SURFACE WARFARE OFFICER SCHOOL COMMAND
USS BATAAN LHD 5
USS CARL VINSON CVN 70
USS COMSTOCK LSD 45
USS CONSTITUTION
USS DEFENDER MCM 2
USS DWIGHT D. EISENHOWER CVN 69
USS ENTERPRISE CVN 65
USS GEORGE H. W. BUSH CVN 77
USS GERMANTOWN LSD 42
USS HARRY S. TRUMAN CVN 75
USS HUE CITY CG 66
USS IWO JIMA LHD 7
USS JOHN C. STENNIS CVN 74
USS MAKIN ISLAND LHD 8
USS MITSCHER DDG 57
USS NEW ORLEANS LPD 18
USS NIMITZ CVN 68
USS OAK HILL LSD 51
USS PELELIU LHA 5
USS WAYNE E. MEYER DDG 108

B. SILVER EAGLE WINNERS ARE:

AIR TEST AND EVALUATION SQUADRON ONE
AVIATION SURVIVAL TRAINING CENTER MIRAMAR
AVIATION SURVIVAL TRAINING CENTER PENSACOLA
CARRIER AIRBORNE EARLY WARNING SQUADRON ONE ONE SEVEN
EXECUTIVE TRANSPORT DETACHMENT PACIFIC
FLEET LOGISTICS SUPPORT SQUADRON FIVE FIVE
FLEET LOGISTICS SUPPORT SQUADRON SIX FOUR
HELICOPTER ANTI SUBMARINE SQUADRON LIGHT FOUR NINE

HELICOPTER MARITIME STRIKE SQUADRON FOUR ONE
HELICOPTER MARITIME STRIKE WING U.S. ATLANTIC FLEET RESCUE SWIMMER
SCHOOL
HELICOPTER SEA COMBAT SQUADRON THREE
HELICOPTER SEA COMBAT SQUADRON TWO THREE
MILITARY SEALIFT COMMAND NORFOLK
NAVAL BRANCH HEALTH CLINIC BANGOR
NAVAL BRANCH HEALTH CLINIC FORT WORTH
NAVAL BRANCH HEALTH CLINIC KEY WEST
NAVAL BRANCH HEALTH CLINIC KINGS BAY
NAVAL BRANCH HEALTH CLINIC MAYPORT
NAVAL BRANCH HEALTH CLINIC MERIDIAN
NAVAL BRANCH HEALTH CLINIC WASHINGTON NAVY YARD
NAVAL HEALTH CLINIC ANNAPOLIS
NAVAL HOSPITAL JACKSONVILLE AND NAVAL BRANCH HEALTH CLINIC JACKSONVILLE
NAVAL HOSPITAL LEMOORE
NAVAL HOSPITAL SIGONELLA
NAVAL OCEANOGRAPHIC OFFICE
NAVAL SPECIAL WARFARE GROUP THREE DETACHMENT LITTLE CREEK
NAVAL TECHNICAL TRAINING CENTER LACKLAND
NAVY AND MARINE OPERATIONAL SUPPORT CENTER MILWAUKEE
NAVY AND MARINE OPERATIONAL SUPPORT CENTER TULSA AND EMF ONE DALLAS
DETACHMENT P
NAVY MEDICINE OPERATIONAL TRAINING CENTER DETACHMENT
NAVAL AEROSPACE MEDICAL INSTITUTE
NAVY MEDICINE OPERATIONAL TRAINING CENTER DETACHMENT
NAVAL UNDERSEA MEDICAL INSTITUTE
NAVY OPERATIONAL HEALTH SUPPORT UNIT PORTSMOUTH DETACHMENT M NEWPORT
NAVY OPERATIONAL SUPPORT CENTER ALAMEDA
NAVY OPERATIONAL SUPPORT CENTER AMARILLO
NAVY OPERATIONAL SUPPORT CENTER ANCHORAGE
NAVY OPERATIONAL SUPPORT CENTER ATLANTA
NAVY OPERATIONAL SUPPORT CENTER AUSTIN
NAVY OPERATIONAL SUPPORT CENTER AVOCA
NAVY OPERATIONAL SUPPORT CENTER BANGOR
NAVY OPERATIONAL SUPPORT CENTER CHARLESTON
NAVY OPERATIONAL SUPPORT CENTER CINCINNATI
NAVY OPERATIONAL SUPPORT CENTER CORPUS CHRISTI
NAVY OPERATIONAL SUPPORT CENTER EL PASO
NAVY OPERATIONAL SUPPORT CENTER ERIE
NAVY OPERATIONAL SUPPORT CENTER FORT CARSON
NAVY OPERATIONAL SUPPORT CENTER FORT DIX
NAVY OPERATIONAL SUPPORT CENTER FORT WORTH
NAVY OPERATIONAL SUPPORT CENTER GREENVILLE
NAVY OPERATIONAL SUPPORT CENTER KITSAP
NAVY OPERATIONAL SUPPORT CENTER LEHIGH VALLEY
NAVY OPERATIONAL SUPPORT CENTER MADISON
NAVY OPERATIONAL SUPPORT CENTER MANCHESTER
NAVY OPERATIONAL SUPPORT CENTER MORENO VALLEY
NAVY OPERATIONAL SUPPORT CENTER NORTH ISLAND
NAVY OPERATIONAL SUPPORT CENTER PENSACOLA
NAVY OPERATIONAL SUPPORT CENTER QUINCY

NAVY OPERATIONAL SUPPORT CENTER RALEIGH
NAVY OPERATIONAL SUPPORT CENTER RICHMOND
NAVY OPERATIONAL SUPPORT CENTER ROANOKE
NAVY OPERATIONAL SUPPORT CENTER ROCHESTER
NAVY OPERATIONAL SUPPORT CENTER SAN JOSE
NAVY OPERATIONAL SUPPORT CENTER SCHENECTADY AND OPERATIONAL HEALTH SUPPORT UNIT
PORTSMOUTH DETACHMENT Y
NAVY OPERATIONAL SUPPORT CENTER SPRINGFIELD AND OPERATIONAL HEALTH SUPPORT UNIT
CAMP LEJEUNE DETACHMENT F QQQQ
NAVY OPERATIONAL SUPPORT CENTER TAMPA
NAVY OPERATIONAL SUPPORT CENTER TUCSON
NAVY OPERATIONAL SUPPORT CENTER WHITE RIVER JUNCTION
NAVY OPERATIONAL SUPPORT CENTER WILMINGTON NORTH CAROLINA
NAVY REGION MIDWEST RESERVE COMPONENT COMMAND
PATROL SQUADRON FOUR SIX
PATROL SQUADRON NINE
PATROL SQUADRON SIX NINE
PRECOMMISSIONING UNIT SOMERSET
USS ABRAHAM LINCOLN CVN 72
USS BONHOMME RICHARD LHD 6
USS BOXER LHD 4
USS CARTER HALL LSD 50
USS ESSEX LHD 2
USS GARY FFG 51
USS GEORGE WASHINGTON CVN 73
USS HARPERS FERRY LSD 49
USS KEARSARGE LHD 3
USS MASON DDG 87
USS NEW YORK LPD 21
USS NORMANDY CG 60
USS PEARL HARBOR LSD 52
USS RONALD REAGAN CVN 76
USS SAMUEL B ROBERTS FFG 58
USS SIMPSON FFG 56
USS WASP LHD 1

C. BRONZE ANCHOR LEVEL WINNERS ARE:

AIR TEST AND EVALUATION SQUADRON THREE ONE
COMMANDER U.S. NAVAL FORCES SOUTHERN COMMAND
FIGHTER SQUADRON COMPOSITE THIRTEEN
HELICOPTER SEA COMBAT SQUADRON EIGHT FOUR
LOVELL FEDERAL HEALTH CARE CENTER
MARINE AIRCRAFT GROUP 24
NAVAL BRANCH HEALTH CLINIC ALBANY
NAVAL BRANCH HEALTH CLINIC DIEGO GARCIA
NAVAL BRANCH HEALTH CLINIC GROTON
NAVAL BRANCH HEALTH CLINIC NAVAL SUPPORT ACTIVITY MIDSOUTH
NAVAL BRANCH HEALTH CLINIC NORFOLK
NAVAL BRANCH HEALTH CLINIC PORTSMOUTH
NAVAL BRANCH HEALTH CLINIC SARATOGA SPRINGS
NAVAL BRANCH HEALTH CLINIC SASEBO
NAVAL HEALTH CLINIC CHARLESTON

NAVAL HEALTH CLINIC HAWAII
NAVAL HEALTH CLINIC NEW ENGLAND NEWPORT
NAVAL HEALTH CLINIC PATUXENT RIVER
NAVAL MEDICAL CENTER SAN DIEGO
NAVY INFORMATION OPERATIONS DETACHMENT DIGBY
NAVY OPERATIONAL SUPPORT CENTER AKRON
NAVY OPERATIONAL SUPPORT CENTER AUGUSTA
NAVY OPERATIONAL SUPPORT CENTER BALTIMORE
NAVY OPERATIONAL SUPPORT CENTER BESSEMER
NAVY OPERATIONAL SUPPORT CENTER BUFFALO
NAVY OPERATIONAL SUPPORT CENTER CHEYENNE
NAVY OPERATIONAL SUPPORT CENTER CHICAGO
NAVY OPERATIONAL SUPPORT CENTER EBENSBURG
NAVY OPERATIONAL SUPPORT CENTER FARGO
NAVY OPERATIONAL SUPPORT CENTER GUAM
NAVY OPERATIONAL SUPPORT CENTER HARLINGEN
NAVY OPERATIONAL SUPPORT CENTER LEMOORE
NAVY OPERATIONAL SUPPORT CENTER MIAMI
NAVY OPERATIONAL SUPPORT CENTER NEW LONDON;
NAVY OPERATIONAL SUPPORT CENTER NEW ORLEANS
NAVY OPERATIONAL SUPPORT CENTER PUERTO RICO
NAVY OPERATIONAL SUPPORT CENTER RENO
NAVY OPERATIONAL SUPPORT CENTER SACRAMENTO
NAVY OPERATIONAL SUPPORT CENTER SAGINAW
NAVY OPERATIONAL SUPPORT CENTER SAN DIEGO
NAVY OPERATIONAL SUPPORT CENTER SPOKANE OPERATIONAL HEALTH SUPPORT UNIT BREMERTON
DETACHMENT E
NAVY OPERATIONAL SUPPORT CENTER SYRACUSE
NAVY OPERATIONAL SUPPORT CENTER TALLAHASSEE
NAVY OPERATIONAL SUPPORT CENTER WILMINGTON DELAWARE
NAVY REGION MIDATLANTIC RESERVE COMPONENT COMMAND;
PUGET SOUND NAVAL SHIPYARD AND INTERMEDIATE MAINTENANCE FACILITY, DETACHMENT
EVERETT
SEMPER FIT MCAGCC TWENTYNINE PALMS
USS SAN ANTONIO LPD 17

4. FOR ADDITIONAL INFORMATION CONTACT MR. BOB MACDONALD AT
MICHAEL.R.MACDONALD@MED.NAVY.MIL OR VISIT THE BLUE H WEBSITE AT:
WWW.MED.NAVY.MIL/SITES/NMCPHC/HEALTH-PROMOTION/PAGES/BLUE-H.ASPX

5. RELEASED BY VADM M. L. NATHAN, MC, USN, SURGEON GENERAL OF THE NAVY.//
BT
#1756
NNNN

Subject: 2011 NAVY SURGEON GENERAL'S BLUE H HEALTH PROMOTION AND WELLNESS AWARD WINNERS

Originator: /C=US/O=U.S.

GOVERNMENT/OU=DOD/OU=NAVY/OU=ORGANIZATIONS(UC)/L=DISTRICT OF COLUMBIA/L=WASHINGTON/OU=BUMED WASHINGTON DC(UC)

DTG: 031747Z May 12

Precedence: PRIORITY

DAC: General

To: /C=US/O=U.S. GOVERNMENT/OU=DOD/OU=AUTODIN PLAS/OU=AIG 6-AZ/OU=AIG 7783

cc: /C=US/O=U.S. GOVERNMENT/OU=DOD/OU=NAVY/OU=ORGANIZATIONS(UC)/L=DISTRICT OF COLUMBIA/L=WASHINGTON/OU=BUMED WASHINGTON DC(UC)

/C=US/O=U.S. GOVERNMENT/OU=DOD/OU=USMC/OU=ORGANIZATIONS/L=HQMC WASHINGTON DC/OU=CMC WASHINGTON DC(UC)

/C=US/O=U.S. GOVERNMENT/OU=DOD/OU=NAVY/OU=ORGANIZATIONS(UC)/L=DISTRICT OF COLUMBIA/L=WASHINGTON/OU=CNO WASHINGTON DC(UC)

UNCLASSIFIED//

//N06100//

PASS TO ALL AFLOAT AND ASHORE ACTIVITIES, AND UNITS/MEDICAL COMMANDS

GENADMIN/BUMED WASHINGTON DC/M3F/APR//

SUBJ/ 2011 NAVY SURGEON GENERAL'S BLUE H HEALTH PROMOTION AND WELLNESS AWARD WINNERS.//

REF/A/DOC/CNO WASHINGTON DC/15MAR2007//

REF/B/DOC//BUMED WASHINGTON DC/14JAN2008//

NARR/REF A, OPNAVINST 6100.2, AND REF B, BUMEDINST 6110.13A, PERTAIN TO HEALTH PROMOTION PROGRAM.//

POC/MR. BOB MACDONALD/PROGRAM MANAGER/NMCPHC/LOC: PORTSMOUTH VA/TEL: COM

757-953-0974/TELFAX: 0705/TEL: DSN 377/EMAIL:

MICHAEL.R.MACDONALD@MED.NAVY.MIL//

RMKS/1. THE NAVY SURGEON GENERAL PROUDLY ANNOUNCES THE WINNERS OF THE 2011 BLUE H - NAVY SURGEON GENERAL'S HEALTH PROMOTION AND WELLNESS AWARD, MANAGED BY THE NAVY AND MARINE CORPS PUBLIC HEALTH CENTER (NMCPHC). THE FLEET CATEGORY RECOGNIZES EXCELLENCE IN WORKPLACE HEALTH PROMOTION POLICIES, ACTIVITIES AND OUTCOMES. THE MEDICAL TREATMENT FACILITY CATEGORY RECOGNIZES EXCELLENCE IN CLINICAL PRIMARY PREVENTION SERVICES, COMMUNITY HEALTH PROMOTION AND MEDICAL STAFF HEALTH. THE SEMPER FIT VERSION RECOGNIZES EXCELLENCE IN MARINE CORPS COMMUNITY HEALTH PROMOTION BY SEMPER FIT CENTERS. HEALTH TOPICS COVERED INCLUDE ALCOHOL ABUSE PREVENTION, INJURY PREVENTION, NUTRITION, PHYSICAL ACTIVITY, PSYCHOLOGICAL HEALTH, SEXUAL HEALTH, TOBACCO CESSATION AND WEIGHT MANAGEMENT. AWARDS MAY BE EARNED AT THREE LEVELS: GOLD STAR, SILVER EAGLE, AND BRONZE ANCHOR. EVERY ORGANIZATION THAT APPLIED RECEIVED AT LEAST THE BRONZE ANCHOR LEVEL AWARD. COMMANDS THAT ACHIEVED A MINIMUM OF 50 PERCENT OF AVAILABLE POINTS FOR EVERY TOPIC EARNED THE SILVER EAGLE LEVEL AWARD. COMMANDS THAT ACHIEVED AT LEAST 50 PERCENT OF AVAILABLE POINTS IN EVERY TOPIC, ACHIEVED KEY MUST-DO CRITERIA AND ACHIEVED 80 PERCENT OF THE TOTAL AVAILABLE POINTS EARNED THE GOLD STAR LEVEL AWARD.

2. PRIMARY PREVENTION POLICIES AND ACTIVITIES IN DEPARTMENT OF THE NAVY WORKPLACES, COMMUNITIES AND MEDICAL TREATMENT FACILITIES ARE CRITICAL TO MAINTAINING A FIT AND READY FORCE. REDUCING BEHAVIORAL RISK ALSO ENHANCES INDIVIDUAL QUALITY OF LIFE AND REDUCES LONG-TERM HEALTH CARE COSTS.

3. THE NAVY SURGEON GENERAL COMMENDS THE FOLLOWING 243 COMMANDS FOR A JOB WELL DONE, AND INVITES ALL COMMANDS TO PARTICIPATE IN THE BLUE H IN 2012:

A. GOLD STAR LEVEL WINNERS ARE: 1ST MEDICAL BATTALION; AFLOAT TRAINING GROUP MIDDLE PACIFIC; AFLOAT TRAINING GROUP WESTERN PACIFIC ASSAULT CRAFT UNIT FOUR; AVIATION SURVIVAL TRAINING CENTER CHERRY POINT; AVIATION SURVIVAL TRAINING CENTER LEMOORE; AVIATION SURVIVAL TRAINING CENTER NORFOLK; AVIATION SURVIVAL TRAINING CENTER PATUXENT RIVER; BEACHMASTER UNIT TWO; CARRIER AIR WING EIGHT (CVW-8) ; CARRIER AIRBORNE EARLY WARNING SQUADRON ONE SIX ONE; CENTER FOR SECURITY FORCES CHESAPEAKE; CENTER FOR SECURITY FORCES GULFPORT; CENTER FOR SECURITY FORCES HEADQUARTERS; CENTER FOR SECURITY FORCES MAYPORT; CENTER FOR SECURITY FORCES NORTH ISLAND; CENTER FOR SECURITY FORCES PEARL HARBOR; COMMANDER, NAVAL RESERVE FORCES COMMAND; ELECTRONIC ATTACK SQUADRON ONE-THREE-ONE (VAQ-131); FLEET LOGISTICS SUPPORT SQUADRON FIVE-NINE; FLEET LOGISTICS SUPPORT SQUADRON FIVE-ONE; FLEET LOGISTICS SUPPORT SQUADRON FOUR-SIX; FLEET LOGISTICS SUPPORT SQUADRON SIX-FOUR; FLEET WEATHER CENTER SAN DIEGO; MILITARY SEALIFT COMMAND SHIP SUPPORT UNIT SINGAPORE; NAVAL AEROSPACE MEDICAL INSTITUTE; NAVAL BRANCH HEALTH CLINIC BRIDGEPORT; NAVAL BRANCH HEALTH CLINIC CHINA LAKE; NAVAL BRANCH HEALTH CLINIC GROTON; NAVAL BRANCH HEALTH CLINIC IWAKUNI; NAVAL BRANCH HEALTH CLINIC KINGSVILLE; NAVAL BRANCH HEALTH CLINIC MERIDIAN; NAVAL HEALTH CLINIC CHERRY POINT; NAVAL HEALTH CLINIC CORPUS CHRISTI; NAVAL HEALTH CLINIC HAWAII; NAVAL HEALTH CLINIC NEW ENGLAND NEWPORT; NAVAL HEALTH CLINIC QUANTICO; NAVAL HOSPITAL BEAUFORT; NAVAL HOSPITAL BREMERTON; NAVAL HOSPITAL GUAM; NAVAL HOSPITAL OAK HARBOR; NAVAL HOSPITAL PENSACOLA; NAVAL HOSPITAL ROTA SPAIN; NAVAL HOSPITAL TWENTYNINE PALMS; NAVAL HOSPITAL YOKOSUKA; NAVAL SURVIVAL TRAINING INSTITUTE HEADQUARTERS; NAVY ENVIRONMENTAL AND PREVENTIVE MEDICINE UNIT FIVE; NAVY ENVIRONMENTAL AND PREVENTIVE MEDICINE UNIT TWO; NAVY MEDICINE OPERATIONAL TRAINING CENTER HEADQUARTERS; NAVY OPERATIONAL SUPPORT CENTER ALAMEDA AND OPERATIONAL HEALTH SUPPORT UNIT DETACHMENT H; NAVY OPERATIONAL SUPPORT CENTER ALBUQUERQUE; NAVY OPERATIONAL SUPPORT CENTER ATLANTA; NAVY OPERATIONAL SUPPORT CENTER BALTIMORE; NAVY OPERATIONAL SUPPORT CENTER BOISE; NAVY OPERATIONAL SUPPORT CENTER CHARLESTON; NAVY OPERATIONAL SUPPORT CENTER CHARLOTTE; NAVY OPERATIONAL SUPPORT CENTER CHATTANOOGA; NAVY OPERATIONAL SUPPORT CENTER CHEYENNE; NAVY OPERATIONAL SUPPORT CENTER CINCINNATI; NAVY OPERATIONAL SUPPORT CENTER COLUMBUS; NAVY OPERATIONAL SUPPORT CENTER CORPUS CHRISTI; NAVY OPERATIONAL SUPPORT CENTER EVERETT; NAVY OPERATIONAL SUPPORT CENTER FARGO; NAVY OPERATIONAL SUPPORT CENTER GREEN BAY; NAVY OPERATIONAL SUPPORT CENTER HARRISBURG; NAVY OPERATIONAL SUPPORT CENTER HELENA; NAVY OPERATIONAL SUPPORT CENTER JACKSONVILLE AND OPERATIONAL HEALTH SUPPORT UNIT JACKSONVILLE DETACHMENTS N, P AND R; NAVY OPERATIONAL SUPPORT CENTER LAS VEGAS; NAVY OPERATIONAL SUPPORT CENTER LOS ANGELES; NAVY OPERATIONAL SUPPORT CENTER LOUISVILLE; NAVY OPERATIONAL SUPPORT CENTER MINNEAPOLIS; NAVY OPERATIONAL SUPPORT CENTER NASHVILLE; NAVY OPERATIONAL SUPPORT CENTER NEW YORK CITY AND OHSU PTS DETACHMENT A; NAVY OPERATIONAL SUPPORT CENTER NORFOLK; NAVY OPERATIONAL SUPPORT CENTER PENSACOLA AND OPERATIONAL HEALTH SUPPORT UNIT PENSACOLA; NAVY OPERATIONAL SUPPORT CENTER PHOENIX; NAVY OPERATIONAL SUPPORT CENTER PORT HUENEME; NAVY OPERATIONAL SUPPORT CENTER PORTLAND; NAVY OPERATIONAL SUPPORT CENTER PUERTO RICO; NAVY OPERATIONAL SUPPORT CENTER ROCHESTER; NAVY OPERATIONAL SUPPORT CENTER ROCK ISLAND; NAVY OPERATIONAL SUPPORT CENTER SPOKANE AND OPERATIONAL HEALTH SUPPORT UNIT BREMERTON DETACHMENT E; NAVY OPERATIONAL SUPPORT CENTER TALLAHASSEE; NAVY OPERATIONAL SUPPORT CENTER TAMPA; NAVY OPERATIONAL SUPPORT CENTER WACO; NAVY OPERATIONAL SUPPORT CENTER WEST PALM BEACH; NAVY OPERATIONAL SUPPORT CENTER WHIDBEY ISLAND; NAVY OPERATIONAL SUPPORT CENTER

YOUNGSTOWN; RIVERINE SQUADRON ONE; SEMPER FIT CENTER MARINE CORPS AIR STATION CHERRY POINT; SEMPER FIT CENTER MARINE CORPS AIR STATION YUMA; SEMPER FIT CENTER MARINE CORPS BASE CAMP PENDLETON; SEMPER FIT CENTER MARINE CORPS BASE HAWAII; SEMPER FIT CENTER MARINE CORPS BASE QUANTICO; SEMPER FIT CENTER MARINE CORPS INSTALLATION PACIFIC (MCB S.D. BUTLER), OKINAWA, JAPAN; SEMPER FIT MARINE CORPS AIR STATION BEAUFORT AND MARINE CORPS RECRUIT DEPOT PARRIS ISLAND; SEMPER FIT MARINE CORPS AIR STATION MIRAMAR; SEMPER FIT MARINE FORCES RESERVE (MARFORRES); STRIKE FIGHT SQUADRON ONE FIVE ONE; STRIKE FIGHT SQUADRON THREE-FOUR; SURFACE WARFARE MEDICAL INSTITUTE; SURFACE WARFARE OFFICERS SCHOOL COMMAND; USS ABRAHAM LINCOLN (CVN 72); USS CARL VINSON (CVN 70); USS DWIGHT D. EISENHOWER (CVN 69); USS HARRY S. TRUMAN (CVN75); USS MASON (DDG87); USS NEW ORLEANS (LPD 18); USS PELELIU (LHA 5); USS SAN ANTONIO (LPD-17); USS THACH (FFG 43); AND USS WINSTON S. CHURCHILL (DDG 81).

B. SILVER EAGLE WINNERS ARE: 1/23 BATTALION DETACHMENT COMPANY C 4TH MARINE DIVISION; AFLOAT TRAINING GROUP SAN DIEGO; ASSAULT CRAFT UNIT TWO; AVIATION SURVIVAL TRAINING CENTER WHIDBEY ISLAND; BEACHMASTER UNIT ONE, CONSTRUCTION BATTALION MAINTENANCE UNIT 202; FLEET LOGISTICS SUPPORT SQUADRON FIVE FIVE; LOVELL FEDERAL HEALTH CARE CENTER; MILITARY SEALIFT FLEET SUPPORT COMMAND; NAVAL AIR FACILITY WASHINGTON; NAVAL BRANCH HEALTH CLINIC ALBANY; NAVAL BRANCH HEALTH CLINIC BAHRAIN; NAVAL BRANCH HEALTH CLINIC BANGOR; NAVAL BRANCH HEALTH CLINIC EVERETT; NAVAL BRANCH HEALTH CLINIC KEY WEST; NAVAL BRANCH HEALTH CLINIC KINGS BAY; NAVAL BRANCH HEALTH CLINIC MAYPORT; NAVAL BRANCH HEALTH CLINIC PUGET SOUND NAVAL SHIPYARD; NAVAL BRANCH HEALTH CLINIC WASHINGTON NAVY YARD; NAVAL HEALTH CLINIC PATUXENT RIVER; NAVAL HOSPITAL JACKSONVILLE AND NAVAL BRANCH HEALTH CLINIC JACKSONVILLE; NAVAL HOSPITAL OKINAWA; NAVAL HOSPITAL SIGONELLA; NAVAL SPECIAL OPERATIONS MEDICAL INSTITUTE; NAVY AND MARINE CORPS PUBLIC HEALTH CENTER; NAVY OPERATIONAL SUPPORT CENTER AMARILLO; NAVY OPERATIONAL SUPPORT CENTER ANCHORAGE; NAVY OPERATIONAL SUPPORT CENTER AUSTIN; NAVY OPERATIONAL SUPPORT CENTER BANGOR; NAVY OPERATIONAL SUPPORT CENTER BESSEMER; NAVY OPERATIONAL SUPPORT CENTER FORT DIX; NAVY OPERATIONAL SUPPORT CENTER HOUSTON; NAVY OPERATIONAL SUPPORT CENTER LONG ISLAND; NAVY OPERATIONAL SUPPORT CENTER MADISON; NAVY OPERATIONAL SUPPORT CENTER MANCHESTER; NAVY OPERATIONAL SUPPORT CENTER MEMPHIS; NAVY OPERATIONAL SUPPORT CENTER MERIDIAN; NAVY OPERATIONAL SUPPORT CENTER MIAMI; NAVY OPERATIONAL SUPPORT CENTER OMAHA; NAVY OPERATIONAL SUPPORT CENTER PLAINVILLE; NAVY OPERATIONAL SUPPORT CENTER QUINCY; NAVY OPERATIONAL SUPPORT CENTER RICHMOND; NAVY OPERATIONAL SUPPORT CENTER WHITE RIVER JUNCTION; NAVY OPERATIONAL SUPPORT CENTER WILMINGTON; NAVY REGION MIDWEST RESERVE COMPONENT COMMAND; PATROL COASTAL CREW INDIA PATROL SQUADRON FORTY (VP-40); PATROL SQUADRON FOUR-SIX (VP-46); SEMPER FIT MARINE CORPS LOGISTICS BASE ALBANY; SURFACE COMBAT SYSTEMS CENTER WALLOPS ISLAND; USS BOXER (LHD 4); USS CARTER HALL (LSD 50); USS CONSTITUTION; USS ENTERPRISE (CVN 65); USS GEORGE H. W. BUSH (CVN 77); USS GREEN BAY (LPD-20); USS KEARSARGE (LHD 3); USS MAKIN ISLAND (LHD 8); USS NICHOLAS (FFG 47); USS NIMITZ (CVN 68); USS ROBERT G. BRADLEY (FFG 49); AND USS WASP (LHD 1).

C. BRONZE ANCHOR LEVEL WINNERS ARE: ADMIRAL JOEL T. BOONE BRANCH HEALTH CLINIC; AIR TEST AND EVALUATION SQUADRON ONE; AVIATION SURVIVAL TRAINING CENTER JACKSONVILLE; AVIATION SURVIVAL TRAINING CENTER MIRAMAR; AVIATION SURVIVAL TRAINING CENTER PENSACOLA; CENTER FOR SECURITY FORCES CAMP LEJUENE; CENTER FOR SECURITY FORCES SAN DIEGO; EXECUTIVE TRANSPORT DETACHMENT PACIFIC; FLEET LOGISTICS SUPPORT SQUADRON FIVE FOUR; FLEET LOGISTICS SUPPORT SQUADRON FIVE-TWO; HELICOPTER MARITIME STRIKE SUPPORT SQUADRON SEVEN SEVEN; HELICOPTER SEA COMBAT

SQUADRON THREE; NAVAL BRANCH HEALTH CLINIC BELLE CHASSE; NAVAL BRANCH HEALTH CLINIC FORT WORTH; NAVAL BRANCH HEALTH CLINIC, NAVAL SUPPORT ACTIVITY MID SOUTH; NAVAL BRANCH HEALTH CLINIC SARATOGA; NAVAL DENTAL CLINIC NORFOLK; NAVAL HEALTH CLINIC CHARLESTON; NAVAL HOSPITAL CAMP LEJEUNE; NAVAL HOSPITAL LEMOORE; NAVAL HOSPITAL NAPLES; NAVY MEDICINE OPERATIONAL TRAINING CENTER DETACHMENT, NAVAL UNDERSEA MEDICAL INSTITUTE, GROTON; NAVAL EXPEDITIONARY MEDICAL TRAINING INSTITUTE; NAVY OPERATIONAL SUPPORT CENTER AUGUSTA; NAVY OPERATIONAL SUPPORT CENTER AVOCA; NAVY OPERATIONAL SUPPORT CENTER BATTLE CREEK; NAVY OPERATIONAL SUPPORT CENTER BILLINGS; NAVY OPERATIONAL SUPPORT CENTER EARLE; NAVY OPERATIONAL SUPPORT CENTER ERIE; NAVY OPERATIONAL SUPPORT CENTER FORT CARSON; NAVY OPERATIONAL SUPPORT CENTER GREENVILLE; NAVY OPERATIONAL SUPPORT CENTER GUAM; NAVY OPERATIONAL SUPPORT CENTER HARLINGEN; NAVY OPERATIONAL SUPPORT CENTER KNOXVILLE; NAVY OPERATIONAL SUPPORT CENTER LEHIGH VALLEY; NAVY OPERATIONAL SUPPORT CENTER LEMOORE; NAVY OPERATIONAL SUPPORT CENTER NEW LONDON; NAVY OPERATIONAL SUPPORT CENTER NEW ORLEANS AND OPERATIONAL HEALTH SUPPORT UNIT PENSACOLA DETACHMENT C; NAVY OPERATIONAL SUPPORT CENTER NEWPORT; NAVY OPERATIONAL SUPPORT CENTER ORLANDO; NAVY OPERATIONAL SUPPORT CENTER PEARL HARBOR; NAVY OPERATIONAL SUPPORT CENTER POINT MUGU; NAVY OPERATIONAL SUPPORT CENTER RALEIGH; NAVY OPERATIONAL SUPPORT CENTER RENO; NAVY OPERATIONAL SUPPORT CENTER ROANOKE; NAVY OPERATIONAL SUPPORT CENTER SALT LAKE CITY; NAVY OPERATIONAL SUPPORT CENTER SAN ANTONIO; NAVY OPERATIONAL SUPPORT CENTER SAN DIEGO; NAVY OPERATIONAL SUPPORT CENTER SAN JOSE AND OPERATIONAL HEALTH SUPPORT UNIT CAMP PENDLETON DETACHMENT G; NAVY OPERATIONAL SUPPORT CENTER SCHENECTADY; NAVY OPERATIONAL SUPPORT CENTER SHREVEPORT; NAVY OPERATIONAL SUPPORT CENTER SPRINGFIELD; NAVY OPERATIONAL SUPPORT CENTER SYRACUSE; NAVY OPERATIONAL SUPPORT CENTER TUCSON; NAVY REGION MID-ATLANTIC RESERVE COMPONENT COMMAND; NAVY REGION SOUTHEAST RESERVE COMPONENT COMMAND; NAVY REGION NORTHWEST; NAVY TECHNICAL TRAINING CENTER LACKLAND; PATROL SQUADRON FOUR (VP 4); PUGET SOUND NAVAL SHIPYARD AND INTERMEDIATE MAINTENANCE FACILITY; SEMPER FIT MARINE CORPS AIR STATION IWAKUNI; SEMPER FIT MCAGCC TWENTYNINE PALMS; STRIKE FIGHT SQUADRON TWO; USS BENFOLD (DDG 65); USS BONHOMME RICHARD (LHD 6); USS COMSTOCK (LSD 45); USS GEORGE WASHINGTON (CVN 73); USS HOWARD (DDG 83); AND USS IWO JIMA (LHD 7).

4. FOR ADDITIONAL INFORMATION CONTACT MR. BOB MACDONALD AT MICHAEL.R.MACDONALD@MED.NAVY.MIL OR VISIT THE BLUE H WEBSITE AT: WWW.NMCPHC.MED.NAVY.MIL/HEALTHY_LIVING/RESOURCES_PRODUCTS/WELLNESS_AWARD/HPWELLNESS_AWARD.ASPX.

5. RELEASED BY VADM M. L. NATHAN, MC, USN, SURGEON GENERAL OF THE NAVY.//

From: DOD, NAVY, ORGANIZATIONS(UC), BUMED WASHINGTON DC(UC)
[\[mailto:AMHSADMIN_PTC@misc.pentagon.mil\]](mailto:AMHSADMIN_PTC@misc.pentagon.mil)
Sent: Thursday, May 12, 2011 3:11 PM
To: M09B172-MSGs
Subject: 2010 NAVY SURGEON GENERAL'S BLUE H HEALTH PROMOTION AND WELLNESS AWARDS

***** UNCLASSIFIED// *****

Subject: 2010 NAVY SURGEON GENERAL'S BLUE H HEALTH PROMOTION AND WELLNESS AWARDS

Originator: /C=US/O=U.S.

GOVERNMENT/OU=DOD/OU=NAVY/OU=ORGANIZATIONS(UC)/L=DISTRICT OF COLUMBIA/L=WASHINGTON/OU=BUMED WASHINGTON DC(UC)

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PASS TO ALL AFLOAT AND ASHORE ACTIVITIES, AND UNITS MSGID/MEDICAL COMMANDS

GENADMIN/BUMED WASHINGTON DC/M3F//

SUBJ/ 2010 NAVY SURGEON GENERAL'S BLUE H HEALTH PROMOTION AND WELLNESS AWARDS//

REF/A/DOC/CNO WASHINGTON DC/15MAR2007//

REF/B/DOC//BUMED WASHINGTON DC/14JAN2008//

NARR/REF A, OPNAVINST 6100.2, AND REF B, BUMEDINST 6110.13A, PERTAIN TO HEALTH PROMOTION PROGRAM.//

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RMKS/1. THE NAVY SURGEON GENERAL PROUDLY ANNOUNCES WINNERS OF THE 2010 BLUE H - NAVY SURGEON GENERAL'S HEALTH PROMOTION AND WELLNESS AWARD, MANAGED BY THE NAVY AND MARINE CORPS PUBLIC HEALTH CENTER (NMCPHC). THE FLEET CATEGORY RECOGNIZES EXCELLENCE IN WORKPLACE HEALTH PROMOTION POLICIES, ACTIVITIES AND OUTCOMES. THE MEDICAL TREATMENT FACILITY CATEGORY RECOGNIZES EXCELLENCE IN CLINICAL PRIMARY PREVENTION SERVICES, COMMUNITY HEALTH PROMOTION AND MEDICAL STAFF HEALTH. THE SEMPER FIT VERSION RECOGNIZES EXCELLENCE IN MARINE CORPS COMMUNITY HEALTH PROMOTION BY SEMPER FIT CENTERS. HEALTH TOPICS COVERED INCLUDE ALCOHOL ABUSE PREVENTION, INJURY PREVENTION, NUTRITION, PHYSICAL ACTIVITY, PSYCHOLOGICAL HEALTH, SEXUAL HEALTH, TOBACCO CESSATION AND WEIGHT MANAGEMENT. AWARDS MAY BE EARNED AT THREE LEVELS: GOLD STAR, SILVER EAGLE, AND BRONZE ANCHOR. EVERY ORGANIZATION THAT APPLIED RECEIVED AT LEAST THE BRONZE ANCHOR LEVEL AWARD. COMMANDS THAT ACHIEVED A MINIMUM OF 50 PERCENT OF AVAILABLE POINTS FOR EVERY TOPIC EARNED THE SILVER EAGLE LEVEL AWARD. COMMANDS THAT ACHIEVED AT LEAST 50 PERCENT OF AVAILABLE POINTS IN EVERY TOPIC, ACHIEVED KEY MUST-DO CRITERIA AND ACHIEVED 80 PERCENT OF THE TOTAL

AVAILABLE POINTS EARNED THE GOLD STAR LEVEL AWARD.

2. PRIMARY PREVENTION POLICIES AND ACTIVITIES IN DEPARTMENT OF THE NAVY WORKPLACES, COMMUNITIES AND MEDICAL TREATMENT FACILITIES ARE CRITICAL TO MAINTAINING A FIT AND READY FORCE. REDUCING BEHAVIORAL RISK ALSO ENHANCES INDIVIDUAL QUALITY OF LIFE AND REDUCES LONG-TERM HEALTH CARE COSTS.

3. THE NAVY SURGEON GENERAL COMMENDS THE FOLLOWING 235 COMMANDS FOR A JOB WELL DONE, AND INVITES ALL COMMANDS TO PARTICIPATE IN THE BLUE H IN 2011:

A. GOLD STAR LEVEL WINNERS ARE: AFLOAT TRAINING GROUP MIDDLE PACIFIC; AFLOAT TRAINING GROUP WESTERN PACIFIC; AVIATION SURVIVAL TRAINING CENTER LEMOORE; AVIATION SURVIVAL TRAINING CENTER NORFOLK; BEACHMASTER UNIT TWO; CENTER FOR SECURITY FORCES HEADQUARTERS; CENTER FOR SECURITY FORCES LEARNING SITE CHESAPEAKE; CENTER FOR SECURITY FORCES LEARNING SITE GULFPORT; CENTER FOR SECURITY FORCES LEARNING SITE MAYPORT; CENTER FOR SECURITY FORCES LEARNING SITE SAN DIEGO; ELECTRONIC ATTACK SQUADRON ONE FOUR TWO; FLEET LOGISTICS SUPPORT SQUADRON FIVE NINE; FLEET LOGISTICS SUPPORT SQUADRON SIX FOUR; FLEET WEATHER CENTER SAN DIEGO; MARITIME EXPEDITIONARY SECURITY SQUADRON FIVE; MILITARY SEALIFT FLEET SUPPORT COMMAND; NAVAL BRANCH HEALTH CLINIC BAHRAIN; NATIONAL NAVAL MEDICAL CENTER BETHESDA; NAVAL BRANCH HEALTH CLINIC GROTON; NAVAL BRANCH HEALTH CLINIC KINGSVILLE; NAVAL BRANCH HEALTH CLINIC MAYPORT; NAVAL BRANCH HEALTH CLINIC PORTSMOUTH NH; NAVAL BRANCH HEALTH CLINIC SUGAR GROVE; NAVAL HEALTH CLINIC ANNAPOLIS; NAVAL HEALTH CLINIC CHARLESTON; NAVAL HEALTH CLINIC CORPUS CHRISTI; NAVAL HEALTH CLINIC HAWAII; NAVAL HEALTH CLINIC QUANTICO; NAVAL HOSPITAL BEAUFORT; NAVAL HOSPITAL BREMERTON; NAVAL HOSPITAL CAMP LEJEUNE AND ITS BRANCH CLINICS: MCAS NEW RIVER, HADNOT POINT, CAMP JOHNSON, CAMP GEIGER, HM3 WAYNE CARON CLINICS, NAVAL HOSPITAL JACKSONVILLE AND NAVAL BRANCH HEALTH CLINIC JACKSONVILLE; NAVAL HOSPITAL OAK HARBOR; NAVAL HOSPITAL PENSACOLA; NAVAL HOSPITAL SIGONELLA; NAVAL MEDICAL CENTER SAN DIEGO; NAVAL OPERATIONAL MEDICINE INSTITUTE AVIATION SURVIVAL TRAINING CENTER DETACHMENT CHERRY POINT; NAVAL OPERATIONAL MEDICINE INSTITUTE AVIATION SURVIVAL TRAINING CENTER DETACHMENT PATUXENT RIVER; NAVAL OPERATIONAL MEDICINE INSTITUTE DETACHMENT - NAVAL UNDERSEA MEDICAL INSTITUTE GROTON; NAVAL OPERATIONAL MEDICINE INSTITUTE HEADQUARTERS; NAVAL SURVIVAL TRAINING INSTITUTE HEADQUARTERS; NAVY AND MARINE CORPS PUBLIC HEALTH CENTER; NAVY ENVIRONMENTAL AND PREVENTIVE MEDICINE UNIT TWO; NAVY OPERATIONAL HEALTH SUPPORT UNIT CAMP PENDLETON DETACHMENT J; NAVY OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT C; NAVY OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT N SAN ANTONIO; NAVY OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT U SIOUX FALLS; NAVY OPERATIONAL HEALTH SUPPORT UNIT JACKSONVILLE DETACHMENT A; NAVY OPERATIONAL HEALTH SUPPORT UNIT JACKSONVILLE DETACHMENT E; NAVY OPERATIONAL HEALTH SUPPORT UNIT NATIONAL NAVAL MEDICAL CENTER BETHESDA DETACHMENT HEADQUARTERS; NAVY OPERATIONAL HEALTH SUPPORT UNIT NAVAL HOSPITAL JACKSONVILLE HEADQUARTERS; NAVY OPERATIONAL HEALTH SUPPORT UNIT NAVAL HOSPITAL PENSACOLA HEADQUARTERS; NAVY OPERATIONAL SUPPORT CENTER ALAMEDA AND OPERATIONAL HEALTH SUPPORT UNIT CAMP PENDLETON DETACHMENT H; NAVY OPERATIONAL SUPPORT CENTER ANCHORAGE; NAVY OPERATIONAL SUPPORT CENTER ATLANTA; NAVY OPERATIONAL SUPPORT CENTER BOISE AND OPERATIONAL HEALTH SUPPORT UNIT BREMERTON DETACHMENT I; NAVY OPERATIONAL SUPPORT CENTER CHEYENNE; NAVY OPERATIONAL SUPPORT CENTER COLUMBIA; NAVY OPERATIONAL SUPPORT CENTER COLUMBUS OHIO; NAVY OPERATIONAL

SUPPORT CENTER CORPUS CHRISTI; NAVY OPERATIONAL SUPPORT CENTER DECATUR; NAVY OPERATIONAL SUPPORT CENTER EBENSBURG AND NAVY OPERATIONAL HEALTH SUPPORT UNIT BETHESDA DETACHMENT M; NAVY OPERATIONAL SUPPORT CENTER FARGO; NAVY OPERATIONAL SUPPORT CENTER GREEN BAY; NAVY OPERATIONAL SUPPORT CENTER HARRISBURG; NAVY OPERATIONAL SUPPORT CENTER JACKSONVILLE AND NAVY OPERATIONAL HEALTH SUPPORT UNIT DETACHMENTS P, N AND R; NAVY OPERATIONAL SUPPORT CENTER KNOXVILLE; NAVY OPERATIONAL SUPPORT CENTER MEMPHIS; NAVY OPERATIONAL SUPPORT CENTER MINNEAPOLIS; NAVY OPERATIONAL SUPPORT CENTER NASHVILLE; NAVY OPERATIONAL SUPPORT CENTER NEWPORT (FULLTIME STAFF); NAVY OPERATIONAL SUPPORT CENTER NORFOLK; NAVY OPERATIONAL SUPPORT CENTER ROCK ISLAND; NAVY OPERATIONAL SUPPORT CENTER SPOKANE AND OPERATIONAL HEALTH SUPPORT UNIT BREMERTON DETACHMENT E; NAVY OPERATIONAL SUPPORT CENTER TAMPA AND NAVY OPERATIONAL HEALTH SUPPORT UNIT DETACHMENTS H AND I; NAVY OPERATIONAL SUPPORT CENTER WACO; NAVY OPERATIONAL SUPPORT CENTER WEST PALM BEACH AND NAVY OPERATIONAL HEALTH SUPPORT UNIT JACKSONVILLE DETACHMENT G; NAVY OPERATIONAL SUPPORT CENTER WICHITA AND NAVY OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT V; NAVY REGION MIDWEST RESERVE COMPONENT COMMAND; NAVY RESERVE FORCE COMMAND; NAVY RESERVE NAVY MEDICAL SUPPORT COMMAND; PATROL SQUADRON FORTY (VP-40); PATROL SQUADRON FOUR SIX; PATROL SQUADRON ONE; SURFACE WARFARE MEDICINE INSTITUTE SAN DIEGO; SEMPER FIT CENTER MARINE CORPS AIR STATION CHERRY POINT; SEMPER FIT CENTER MARINE CORPS AIR STATION MIRAMAR; SEMPER FIT CENTER MARINE CORPS BASE CAMP PENDLETON; SEMPER FIT CENTER MARINE CORPS BASE HAWAII; SEMPER FIT CENTER MARINE CORPS BASE QUANTICO; SEMPER FIT CENTER MARINE CORPS BASE SMEDLEY D. BUTLER; U. S. NAVAL HOSPITAL ROTA; U.S. NAVAL HOSPITAL GUAM; U.S. NAVAL HOSPITAL NAPLES; USS ABRAHAM LINCOLN (CVN 72); USS BENFOLD (DDG 65); USS BONHOMME RICHARD (LHD 6); USS CARL VINSON (CVN 70); USS CONSTITUTION; USS DOYLE (FFG 39); USS DWIGHT D. EISENHOWER (CVN 69); USS HALYBURTON (FFG 40); USS HARRY S. TRUMAN (CVN 75); USS IWO JIMA (LHD 7); USS MASON (DDG 87); USS PELELIU (LHA 5); USS WASP (LHD 1); AND USS WINSTON S. CHURCHILL (DDG 81).

B. SILVER EAGLE WINNERS ARE: AIR TEST AND EVALUATION SQUADRON 23; ASSAULT CRAFT UNIT TWO; AVIATION SURVIVAL TRAINING CENTER MIRAMAR; ELECTRONIC ATTACK SQUADRON ONE THREE ONE; NAVAL BRANCH HEALTH CLINIC MERIDIAN; NAVAL DENTAL CLINIC NORFOLK; NAVAL HEALTH CLINIC CHERRY POINT; NAVAL HEALTH CLINIC NEW ENGLAND NEWPORT; NAVAL HEALTH CLINIC PATUXENT RIVER; NAVY OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT G - EL PASO; NAVY OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT T HARLINGEN; NAVY OPERATIONAL HEALTH SUPPORT UNIT JACKSONVILLE DETACHMENT C; NAVY OPERATIONAL HEALTH SUPPORT UNIT JACKSONVILLE DETACHMENT D; NAVY OPERATIONAL SUPPORT CENTER BALTIMORE; NAVY OPERATIONAL SUPPORT CENTER COLUMBUS GEORGIA; NAVY OPERATIONAL SUPPORT CENTER EVERETT AND NAVY OPERATIONAL HEALTH SUPPORT UNIT BREMERTON DETACHMENT C; NAVY OPERATIONAL SUPPORT CENTER HOUSTON; NAVY OPERATIONAL SUPPORT CENTER LITTLE ROCK; NAVY OPERATIONAL SUPPORT CENTER MADISON; NAVY OPERATIONAL SUPPORT CENTER NEW YORK CITY; NAVY OPERATIONAL SUPPORT CENTER WHIDBEY ISLAND; STRIKE FIGHTER SQUADRON THREE FOUR; SURFACE COMBAT SYSTEMS CENTER; U.S. NAVAL HOSPITAL GUANTANAMO BAY; USS CARTER HALL (LSD 50); USS COMSTOCK (LSD 45).

C. BRONZE ANCHOR LEVEL WINNERS ARE: 1ST MEDICAL BATTALION; AFLOAT TRAINING GROUP SAN DIEGO; AIR TEST AND EVALUATION SQUADRON ONE (VX-1); ASSAULT CRAFT UNIT FOUR; AVIATION SURVIVAL TRAINING CENTER WHIDBEY ISLAND; BATTALION LANDING TEAM 1ST BATTALION 4TH MARINES; CARRIER AIRBORNE EARLY WARNING SQUADRON ONE ONE SIX; CONSTRUCTION BATTALION MAINTENANCE UNIT 202; EXECUTIVE TRANSPORT DETACHMENT PACIFIC; FLEET LOGISTICS SUPPORT SQUADRON FIVE FIVE;

FLEET LOGISTICS SUPPORT SQUADRON FIVE ONE; FLEET LOGISTICS SUPPORT SQUADRON FIVE TWO; FLEET SURVEY TEAM; HELICOPTER MARITIME STRIKE SQUADRON SEVEN SEVEN; HELICOPTER SEA COMBAT SQUADRON EIGHT FOUR; MILITARY SEALIFT FLEET SUPPORT COMMAND SHIP SUPPORT UNIT SINGAPORE; NAVAL AIR SYSTEMS COMMAND LOGISTICS AND INDUSTRIAL OPERATIONS (AIR 6.0); NAVAL BRANCH CLINIC BRIDGEPORT; NAVAL BRANCH CLINIC CHINA LAKE; NAVAL BRANCH HEALTH CLINIC ALBANY GEORGIA; NAVAL BRANCH HEALTH CLINIC KEY WEST; NAVAL BRANCH HEALTH CLINIC KINGS BAY; NAVAL BRANCH HEALTH CLINIC SARATOGA SPRINGS; NAVAL EXPEDITIONARY MEDICAL TRAINING INSTITUTE; NAVAL HOSPITAL TWENTYNINE PALMS; NAVAL OCEANOGRAPHIC OFFICE; NAVAL SUPPORT ACTIVITY BAHRAIN; NAVY ENVIRONMENTAL AND PREVENTIVE MEDICINE UNIT FIVE; NAVY OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT - ALBUQUERQUE; NAVY OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT L; NAVY OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT S - OMAHA; NAVY OPERATIONAL HEALTH SUPPORT UNIT JACKSONVILLE DETACHMENT B; NAVY OPERATIONAL HEALTH SUPPORT UNIT JACKSONVILLE DETACHMENT J - TALLAHASSEE; NAVY OPERATIONAL HEALTH SUPPORT UNIT JACKSONVILLE DETACHMENT L; NAVY OPERATIONAL HEALTH SUPPORT UNIT JACKSONVILLE DETACHMENT M; NAVY OPERATIONAL HEALTH SUPPORT UNIT NAVAL HOSPITAL CAMP PENDLETON DETACHMENT F LOS ANGELES; NAVY OPERATIONAL HEALTH SUPPORT UNIT PORTSMOUTH DETACHMENTS P & R; NAVY OPERATIONAL SUPPORT CENTER AMARILLO AND NAVY OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT B; NAVY OPERATIONAL SUPPORT CENTER BANGOR; NAVY OPERATIONAL SUPPORT CENTER BATTLE CREEK; NAVY OPERATIONAL SUPPORT CENTER BILLINGS; NAVY OPERATIONAL SUPPORT CENTER BUFFALO; NAVY OPERATIONAL SUPPORT CENTER CHARLESTON; NAVY OPERATIONAL SUPPORT CENTER CHATTANOOGA; NAVY OPERATIONAL SUPPORT CENTER DES MOINES AND OPERATIONAL HEALTH SUPPORT UNIT DALLAS, DETACHMENTS D AND H; NAVY OPERATIONAL SUPPORT CENTER ELEANOR; NAVY OPERATIONAL SUPPORT CENTER FT WORTH AND NAVY OPERATIONAL HEALTH SUPPORT UNIT DETACHMENT F; NAVY OPERATIONAL SUPPORT CENTER GRAND RAPIDS; NAVY OPERATIONAL SUPPORT CENTER GREENVILLE; NAVY OPERATIONAL SUPPORT CENTER HELENA; NAVY OPERATIONAL SUPPORT CENTER KANSAS CITY AND NAVY OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT O; NAVY OPERATIONAL SUPPORT CENTER KITSAP AND NAVY OPERATIONAL HEALTH SUPPORT UNIT BREMERTON DETACHMENT D AND NAVY OPERATIONAL HEALTH SUPPORT UNIT BREMERTON HEADQUARTERS; NAVY OPERATIONAL SUPPORT CENTER LANSING; NAVY OPERATIONAL SUPPORT CENTER LAS VEGAS AND NAVY OPERATIONAL HEALTH SUPPORT UNIT DETACHMENT B; NAVY OPERATIONAL SUPPORT CENTER LOUISVILLE; NAVY OPERATIONAL SUPPORT CENTER NEW LONDON; NAVY OPERATIONAL SUPPORT CENTER ORLANDO; NAVY OPERATIONAL SUPPORT CENTER PLAINVILLE; NAVY OPERATIONAL SUPPORT CENTER PORTLAND; NAVY OPERATIONAL SUPPORT CENTER PUERTO RICO AND NAVY OPERATIONAL HEALTH SUPPORT UNIT JACKSONVILLE DETACHMENT K; NAVY OPERATIONAL SUPPORT CENTER QUINCY; NAVY OPERATIONAL SUPPORT CENTER RICHMOND; NAVY OPERATIONAL SUPPORT CENTER ROANOKE; NAVY OPERATIONAL SUPPORT CENTER ROCHESTER; NAVY OPERATIONAL SUPPORT CENTER SALT LAKE CITY; NAVY OPERATIONAL SUPPORT CENTER SAN JOSE; NAVY OPERATIONAL SUPPORT CENTER SAN DIEGO; NAVY OPERATIONAL SUPPORT CENTER SHREVEPORT AND NAVY OPERATIONAL HEALTH SUPPORT UNIT PENSACOLA DETACHMENT D; NAVY OPERATIONAL SUPPORT CENTER SPRINGFIELD OREGON; NAVY OPERATIONAL SUPPORT CENTER SYRACUSE; NAVY OPERATIONAL SUPPORT CENTER TULSA; NAVY OPERATIONAL SUPPORT CENTER WHITE RIVER JUNCTION; NAVY OPERATIONAL SUPPORT CENTER WILMINGTON; NAVY OPERATIONAL SUPPORT CENTER YOUNGSTOWN; NAVY REGION MID-ATLANTIC RESERVE COMPONENT COMMAND; NAVY REGION SOUTHEAST RESERVE COMPONENT COMMAND; SEMPER FIT CENTER
MARINE CORPS AIR STATION IWAKUNI; SEMPER FIT CENTER MARINE CORPS AIR STATION YUMA; STRIKE FIGHTER SQUADRON ONE FIVE ONE; STRIKE FIGHTER SQUADRON ONE THREE SEVEN; STRIKE FIGHTER SQUADRON TWO; TACTICAL AIR CONTROL SQUADRON

TWELVE; U.S. NAVAL HOSPITAL YOKOSUKA; USS BOXER (LHD 4); USS ENTERPRISE (CVN-65); USS GEORGE WASHINGTON (CVN 73); USS GREEN BAY (LPD 20); USS JOHN C. STENNIS (CVN 74); USS KEARSARGE (LHD 3); USS NEW ORLEANS (LPD 18); USS NIMITZ (CVN 68); USS OAK HILL (LSD 51); USS ROBERT G. BRADLEY (FFG 49); USS SIMPSON (FFG 56).

4. FOR ADDITIONAL INFORMATION CONTACT MR. BOB MACDONALD AT MICHAEL.R.MACDONALD@MED.NAVY.MIL OR VISIT THE BLUE H WEBSITE AT WWW.NMCPHC.MED.NAVY.MIL/HEALTHY_LIVING/RESOURCES_PRODUCTS/WELLNESS_AWARD/HPW/ELLNESS_AWARD.ASPX .

4. RELEASED BY VADM A. M. ROBINSON, JR., SURGEON GENERAL OF THE NAVY.

FM BUMED WASHINGTON DC
TO AIG 7783
INFO CNO WASHINGTON DC//N0931//
CMC WASHINGTON DC//HS//MRS//
BUMED WASHINGTON DC//00/09/M3B3//
BT

*Ann. Robinson, Jr.
12 May 2010*

UNCLAS //N06100//
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RMKS/1. THE NAVY SURGEON GENERAL PROUDLY ANNOUNCES WINNERS OF THE 2009 BLUE H - NAVY SURGEON GENERAL'S HEALTH PROMOTION AND WELLNESS AWARD, MANAGED BY THE NAVY AND MARINE CORPS PUBLIC HEALTH CENTER (NMCPHC). THE FLEET CATEGORY RECOGNIZES EXCELLENCE IN WORKPLACE HEALTH PROMOTION POLICIES, ACTIVITIES AND OUTCOMES. THE MEDICAL TREATMENT FACILITY CATEGORY RECOGNIZES EXCELLENCE IN CLINICAL PRIMARY PREVENTION SERVICES, COMMUNITY HEALTH PROMOTION AND MEDICAL STAFF HEALTH. THE SEMPER FIT VERSION RECOGNIZES EXCELLENCE IN MARINE CORPS COMMUNITY HEALTH PROMOTION BY SEMPER FIT CENTERS. AWARDS MAY BE EARNED AT THREE LEVELS: GOLD STAR, SILVER EAGLE, AND BRONZE ANCHOR. EVERY ORGANIZATION THAT SUBMITS A REPORT WILL RECEIVE AT LEAST A BRONZE ANCHOR LEVEL AWARD. COMMANDS MUST ACHIEVE A MINIMUM OF 50 PERCENT OF AVAILABLE POINTS FOR EVERY TOPIC AND CATEGORY TO EARN THE SILVER EAGLE LEVEL AWARD. COMMANDS THAT ACHIEVE 50 PERCENT OF AVAILABLE POINTS IN EVERY TOPIC AND CATEGORY PLUS ACHIEVE 80 PERCENT OF THE TOTAL AVAILABLE POINTS EARN THE GOLD STAR LEVEL AWARD.

2. THE NAVY SURGEON GENERAL COMMENDS THE FOLLOWING COMMANDS FOR A JOB WELL DONE, AND INVITES ALL COMMANDS TO PARTICIPATE IN 2010:

A. GOLD STAR LEVEL WINNERS ARE: AFLOAT TRAINING GROUP PACIFIC NORTHWEST; AFLOAT TRAINING GROUP WESTERN PACIFIC; BEACHMASTER UNIT TWO; BRANCH HEALTH CLINIC BRIDGEPORT; BRANCH HEALTH CLINIC CHINA LAKE; BRANCH HEALTH CLINIC SUGAR GROVE; BRANCH HEALTH CLINIC WASHINGTON NAVY YARD; COMMANDER, NAVY RESERVE FORCES COMMAND; MARITIME EXPEDITIONARY SECURITY SQUADRON FIVE; MARINE CORPS COMMUNITY SERVICE SEMPER FIT CAMP LEJEUNE; MARINE CORPS COMMUNITY

SERVICE SEMPER FIT HEALTH PROMOTION CENTER CAMP PENDLETON; MARINE CORPS COMMUNITY SERVICE SEMPER FIT MARINE CORPS AIR GROUND COMBAT CENTER TWENTYNINE PALMS; MARINE CORPS COMMUNITY SERVICE SEMPER FIT MARINE CORPS AIR STATION CHERRY POINT; MARINE CORPS COMMUNITY SERVICE SEMPER FIT MARINE CORPS AIR STATION MIRAMAR; MARINE CORPS COMMUNITY SERVICE SEMPER FIT MARINE CORPS BASE HAWAII; MARINE CORPS COMMUNITY SERVICE SEMPER FIT QUANTICO; NATIONAL NAVAL MEDICAL CENTER BETHESDA; NAVAL HEALTH CARE NEW ENGLAND WITH NAVAL BRANCH HEALTH CLINICS GROTON, PORTSMOUTH, SARATOGA SPRINGS, BRUNSWICK AND AMBULATORY CARE CLINIC NEWPORT; NAVAL HEALTH CLINIC CORPUS CHRISTI; NAVAL HEALTH CLINIC HAWAII; NAVAL HEALTH CLINIC PATUXENT RIVER; NAVAL HEALTH CLINIC QUANTICO; NAVAL HOSPITAL BEAUFORT; NAVAL HOSPITAL BREMERTON; NAVAL HOSPITAL CAMP LEJEUNE WITH BRANCH MEDICAL CLINICS CAMP GEIGER, CAMP JOHNSON, HADNOT POINT, HM3 WAYNE CARON, AND MARINE CORPS AIR STATION BRANCH CLINIC NEW RIVER; NAVAL HOSPITAL OAK HARBOR; NAVAL HOSPITAL PENSACOLA; US NAVAL HOSPITAL ROTA; NAVAL HOSPITAL TWENTYNINE PALMS; NAVAL MEDICAL CENTER PORTSMOUTH, WITH BRANCH HEALTH CLINICS SEWELLS POINT, OCEANA, DAM NECK, BOONE, NORTHWEST, CHESAPEAKE, VIRGINIA BEACH, NEWPORT NEWS SHIPYARD, AND YORKTOWN; NAVAL MEDICAL CENTER SAN DIEGO; NAVAL RESERVE FORCES COMMAND; NAVAL SCHOOL OF HEALTH SCIENCES PORTSMOUTH; NAVAL SCHOOL OF HEALTH SCIENCES SAN DIEGO; NAVY AND MARINE CORPS PUBLIC HEALTH CENTER; NAVY ENVIRONMENTAL AND PREVENTIVE MEDICINE UNIT TWO; NAVY OPERATIONAL SUPPORT CENTER ALAMEDA; NAVY OPERATIONAL SUPPORT CENTER AMARILLO; NAVY OPERATIONAL SUPPORT CENTER AND NAVAL HOSPITAL BREMERTON DETACHMENT K - SALT LAKE CITY; NAVY OPERATIONAL SUPPORT CENTER AND NAVAL HOSPITAL BREMERTON DETACHMENT O – DENVER; NAVY OPERATIONAL SUPPORT CENTER AND NAVAL HOSPITAL BREMERTON DETACHMENT R - SIOUX FALLS; NAVY OPERATIONAL SUPPORT CENTER BOISE AND OPERATIONAL HEALTH SUPPORT UNIT BREMERTON DETACHMENT I; NAVY OPERATIONAL SUPPORT CENTER CHEYENNE; NAVY OPERATIONAL SUPPORT CENTER COLUMBUS, OH; NAVY OPERATIONAL SUPPORT CENTER DECATUR; NAVY OPERATIONAL SUPPORT CENTER EBENSBURG; NAVY OPERATIONAL SUPPORT CENTER EVERETT AND NAVAL HOSPITAL BREMERTON DETACHMENT C; NAVY OPERATIONAL SUPPORT CENTER FARGO AND OPERATIONAL HEALTH SUPPORT UNIT BREMERTON DETACHMENT Q; NAVY OPERATIONAL SUPPORT CENTER KNOXVILLE; NAVY OPERATIONAL SUPPORT CENTER MINNEAPOLIS; NAVY OPERATIONAL SUPPORT CENTER PORTLAND AND OPERATIONAL HEALTH SUPPORT UNIT BREMERTON DETACHMENT F; NAVY OPERATIONAL SUPPORT CENTER ROCHESTER; NAVY OPERATIONAL SUPPORT CENTER SPOKANE AND NAVAL HOSPITAL BREMERTON DETACHMENT E; NAVY OPERATIONAL SUPPORT CENTER ST LOUIS; NAVY OPERATIONAL SUPPORT CENTER WHIDBEY ISLAND; NAVY REGION MID-ATLANTIC RESERVE COMPONENT COMMAND; NAVY RESERVE NAVY MEDICAL SUPPORT COMMAND; OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT L OKLAHOMA CITY; OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT N SAN ANTONIO; OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT U SIOUX FALLS; OPERATIONAL

HEALTH SUPPORT UNIT DALLAS DETACHMENT V WICHITA; OPERATIONAL HEALTH SUPPORT UNIT JACKSONVILLE DETACHMENT P; OPERATIONAL HEALTH SUPPORT UNIT NATIONAL NAVAL MEDICAL CENTER HEADQUARTERS; OPERATIONAL HEALTH SUPPORT UNIT NATIONAL NAVAL MEDICAL CENTER, BETHESDA DETACHMENT P; PATROL SQUADRON FOUR SIX; PATROL SQUADRON ONE; TACTICAL AIR CONTROL SQUADRON TWELVE; US NAVAL HOSPITAL SIGONELLA; USS ABRAHAM LINCOLN (CVN 72); USS BENFOLD (DDG 65); USS BONHOMME RICHARD (LHD 6); USS CARTER HALL (LSD 50); USS DOYLE (FFG 39); USS DWIGHT D. EISENHOWER (CVN 69); USS HARRY S. TRUMAN (CVN 75); USS JOHN C. STENNIS (CVN 74); USS MCFAUL (DDG 74); USS MOUNT WHITNEY (LCC/JCC 20); USS OAK HILL (LSD 51); AND USS SIMPSON (FFG 56).

B. SILVER EAGLE WINNERS ARE: AIR TEST & EVALUATION SQUADRON 23; CONSTRUCTION BATTALION MAINTENANCE UNIT 202, DETACHMENT KINGS BAY; ELECTRONIC ATTACK SQUADRON VAQ-142; NAVAL BRANCH HEALTH CLINIC KINGSVILLE; NAVAL BRANCH HEALTH CLINIC MAYPORT; NAVAL DENTAL CLINIC NORFOLK; NAVAL HEALTH CLINIC CHARLESTON; NAVAL HOSPITAL GUANTANAMO BAY; NAVY OPERATIONAL SUPPORT CENTER CORPUS CHRISTI; NAVY OPERATIONAL SUPPORT CENTER HELENA; NAVY OPERATIONAL SUPPORT CENTER SAN DIEGO; US NAVAL HOSPITAL GUAM; USS HOPPER (DDG 70); AND USS RONALD REAGAN (CVN 76).

C. BRONZE ANCHOR LEVEL WINNERS ARE: 1ST MEDICAL BATTALION; AFLOAT TRAINING GROUP MIDDLE PACIFIC; ASSAULT CRAFT UNIT 4; CONSTRUCTION BATTALION MAINTENANCE UNIT 202; ELECTRONIC ATTACK SQUADRON VAQ-134; FLEET LOGISTICS SUPPORT SQUADRON FIVE FIVE; MARINE CORPS COMMUNITY SERVICE SEMPER FIT BEAUFORT; MILITARY SEALIFT FLEET SUPPORT COMMAND; NAVAL HOSPITAL JACKSONVILLE INCLUDING NAVAL BRANCH HEALTH CLINIC JACKSONVILLE; NAVAL HOSPITAL LEMOORE; NAVY ENVIRONMENTAL AND PREVENTIVE MEDICINE UNIT FIVE; NAVY OPERATIONAL MEDICINE INSTITUTE; NAVY OPERATIONAL SUPPORT CENTER BILLINGS; NAVY OPERATIONAL SUPPORT CENTER COLUMBUS, GA; NAVY OPERATIONAL SUPPORT CENTER FORT RICHARDSON AND NAVAL HOSPITAL BREMERTON DETACHMENT A; NAVY OPERATIONAL SUPPORT CENTER MEMPHIS; NAVY OPERATIONAL SUPPORT CENTER NASHVILLE; NAVY OPERATIONAL SUPPORT CENTER NEW LONDON; NAVY OPERATIONAL SUPPORT CENTER NORFOLK; NAVY OPERATIONAL SUPPORT CENTER ROCK ISLAND; NAVY OPERATIONAL SUPPORT CENTER TAMPA AND OPERATIONAL HEALTH SUPPORT UNIT JACKSONVILLE DETACHMENT I; NAVY REGION SOUTHEAST RESERVE COMPONENT COMMAND; OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT A, ALBUQUERQUE; OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT C, AUSTIN; OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT F, FT WORTH; OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT G, EL PASO; OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT J, HOUSTON; OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT O, KANSAS CITY; OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT P, TULSA; OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT Q, WACO; OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT S, OMAHA;

OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENT T, HARLINGEN; OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENTS D & H, DES MOINES; OPERATIONAL HEALTH SUPPORT UNIT DALLAS DETACHMENTS E; OPERATIONAL HEALTH SUPPORT UNIT DALLAS HEADQUARTERS; OPERATIONAL HEALTH SUPPORT UNIT PORTSMOUTH DETACHMENT R; OPERATIONAL HEALTH SUPPORT UNIT SAN DIEGO; OPERATIONAL HEALTH SUPPORT UNIT, NAVAL HOSPITAL JACKSONVILLE; US NAVAL ACADEMY; USS BOXER (LHD 4); USS GEORGE WASHINGTON (CVN 73); USS HALYBURTON (FFG-40); USS NEW ORLEANS (LPD 18); USS NIMITZ (CVN 68); USS PELELIU (LHA-5); AND USS WINSTON S. CHURCHILL (DDG 81).

3. FOR ADDITIONAL INFORMATION CONTACT MR. BOB MACDONALD AT MICHAEL.R.MACDONALD@MED.NAVY.MIL OR VISIT THE AWARD WEBSITE AT WWW.NMCPHC.MED.NAVY.MIL/HEALTHY_LIVING/RESOURCES_PRODUCTS/WELLNESS_AWARD/HPWELLNESS_AWARD.ASPX.

4. RELEASED BY VADM A. M. ROBINSON, JR., SURGEON GENERAL OF THE NAVY.

UNCLASSIFIED//

Subject: 2008 BLUE H - NAVY SURGEON GENERAL*S HEALTH PROMOTION AND WELLN

Originator: DNMFISBDQ001

DTG: 041418Z May 09 Precedence: PRIORITY DAC: General

To: AL 7783(UC)

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PAAUZYVW RUCOMCA1923 1241413-UUUU--RHMFIUU.

ZNR UUUUU

P 041418Z MAY 09 PSN 430697K29

FM BUMED WASHINGTON DC

TO AIG 7783

INFO ZEN/CNO WASHINGTON DC

ZEN/BUMED WASHINGTON DC

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SUBJ: 2008 BLUE H - NAVY SURGEON GENERAL*S HEALTH PROMOTION AND WELLN

ESS AWARD

UNCLASSIFIED//

FM BUMED WASHINGTON DC//M09B1//

TO AIG 7783

INFO CNO WASHINGTON DC//N0931//

CMC WASHINGTON DC/HS//MRS//

BUMED WASHINGTON DC//00/09/M3B3//

UNCLAS //N06100//

PAGE 2 RUCOMFC8436 UNCLAS

PASS TO ALL AFLOAT AND ASHORE ACTIVITIES/UNITS MSGID/MEDICAL

COMMANDS/GENADMIN/BUMED WASHINGTON DC/M3F//

SUBJ/ 2008 BLUE H - NAVY SURGEON GENERAL?S HEALTH PROMOTION AND

WELLNESS AWARD//

REF/A/DOC/OPNAVINST 6100.2A/15MAR2007//

REF/B/DOC//BUMEDINST 6110.13A/14JAN2008//

NARR/REFS A AND B PERTAIN TO HEALTH PROMOTION PROGRAM

POC/MR. BOB MACDONALD/PROGRAM MANAGER/NMCPHC/LOC: PORTSMOUTH VA/TEL:

COM 757-953-0974/TELFAX: 0688/TEL: DSN 377/EMAIL:MICHAEL.R.MACDONALD

@MED.NAVY.MIL//

RMKS/1. THE NAVY SURGEON GENERAL PROUDLY ANNOUNCES WINNERS OF THE

2008 BLUE H - NAVY SURGEON GENERAL?S HEALTH PROMOTION AND WELLNESS

AWARD, MANAGED BY THE NAVY AND MARINE CORPS PUBLIC HEALTH CENTER.

THE FLEET VERSION RECOGNIZES EXCELLENCE IN WORKPLACE HEALTH

PROMOTION POLICIES, ACTIVITIES AND OUTCOMES. THE MEDICAL VERSION

RECOGNIZES EXCELLENCE IN CLINICAL PRIMARY PREVENTION SERVICES,

COMMUNITY HEALTH PROMOTION AND MEDICAL STAFF HEALTH. THE SEMPER FIT

VERSION RECOGNIZES EXCELLENCE IN COMMUNITY HEALTH PROMOTION BY

SEMPER FIT CENTERS. AWARDS MAY BE EARNED AT THREE LEVELS: GOLD

STAR, SILVER EAGLE, AND BRONZE ANCHOR.

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2. THE NAVY SURGEON GENERAL COMMENDS THE FOLLOWING COMMANDS FOR A

JOB WELL DONE, AND INVITES ALL COMMANDS TO PARTICIPATE IN 2009:

A. GOLD STAR WINNERS ARE: SEMPER FIT CENTER MCB QUANTICO; SEMPER

FIT CENTER MCAS CHERRY POINT; AFLOAT TRAINING GROUP MIDDLE PACIFIC;

AFLOAT TRAINING GROUP PACIFIC NORTHWEST; AFLOAT TRAINING GROUP

WESTERN PACIFIC; ASSAULT CRAFT UNIT FIVE; COMMANDER, NAVY RESERVE

FORCES COMMAND; FLEET SURVEY TEAM; NAVY MEDICINE SUPPORT COMMAND;

NAVAL SCHOOL OF HEALTH SCIENCES SAN DIEGO; NAVY AND MARINE CORPS

PUBLIC HEALTH CENTER; NAVY ENVIRONMENTAL AND PREVENTIVE MEDICINE

UNIT NO 2; NAVY OPERATIONAL SUPPORT CENTER ALAMEDA; OPERATIONAL

HEALTH SUPPORT UNIT BREMERTON DET Q; OPERATIONAL HEALTH SUPPORT UNIT

BREMERTON AND NAVY OPERATIONAL SUPPORT CENTER SPOKANE DET E;

OPERATIONAL HEALTH SUPPORT UNIT NATIONAL NAVAL MEDICAL CENTER

BETHESDA; NAVY OPERATIONAL SUPPORT CENTER EVERETT AND OPERATIONAL

HEALTH SUPPORT UNIT BREMERTON DET C; NAVY OPERATIONAL SUPPORT CENTER

FORT CARSON AND OPERATIONAL HEALTH SUPPORT UNIT BREMERTON DET P;

TACRON TWENTY TWO; TRAINING SUPPORT CENTER GREAT LAKES; USS BENFOLD

(DDG 65); USS CARL VINSON (CVN 70); USS COMSTOCK (LSD 45); USS DWIGHT D. EISENHOWER (CVN 69); USS FREEDOM (LCS 1 BLUE); USS GEORGE WASHINGTON (CVN 73); USS JOHN C. STENNIS (CVN 74); USS NIMITZ (CVN PAGE 4 RUCOMFC8436 UNCLAS 68); USS PEARL HARBOR (LSD 52); USS PRINCETON (CG 59); BRANCH HEALTH CLINIC WASHINGTON NAVY YARD; NATIONAL NAVAL MEDICAL CENTER BETHESDA; NAVAL BRANCH CLINIC INGLESIDE; NAVAL BRANCH HEALTH CLINIC SUGAR GROVE; NAVAL HEALTH CLINIC CORPUS CHRISTI; NAVAL HEALTH CLINIC HAWAII; NAVAL HEALTH CLINIC NEW ENGLAND WITH NAVAL BRANCH HEALTH CLINIC GROTON, NAVAL BRANCH HEALTH CLINIC BRUNSWICK, NAVAL BRANCH HEALTH CLINIC PORTSMOUTH, AND NAVAL BRANCH HEALTH CLINIC SARATOGA SPRINGS; NAVAL HEALTH CLINIC QUANTICO; NAVAL HOSPITAL BEAUFORT; NAVAL HOSPITAL BREMERTON; NAVAL HOSPITAL CAMP LEJEUNE WITH BRANCH MEDICAL CLINIC CAMP GEIGER, BRANCH MEDICAL CLINIC CAMP JOHNSON, BRANCH MEDICAL CLINIC CARON CLINIC, BRANCH MEDICAL CLINIC HADNOT POINT, AND BRANCH MEDICAL CLINIC MCAS NEW RIVER; NAVAL HOSPITAL LEMOORE; NAVAL HOSPITAL OAK HARBOR; NAVAL HOSPITAL PENSACOLA; NAVAL HOSPITAL ROTA; NAVAL MEDICAL CENTER SAN DIEGO; AND US NAVAL HOSPITAL NAPLES.

B. SILVER EAGLE WINNERS ARE: TACTICAL AIR CONTROL SQUADRON TWELVE; USS BOXER (LHD 4); USS RONANLD REAGAN (CVN 76); NAVAL BRANCH HEALTH CLINIC KINGSVILLE; NAVAL DENTAL CLINIC NORFOLK; NAVAL HEALTH CLINIC CHARLESTON; AND NAVAL HEALTH CLINIC PATUXENT RIVER.

C. BRONZE ANCHOR WINNERS ARE: SEMPER FIT CENTER MCB HAWAII; PAGE 5 RUCOMFC8436 UNCLAS SEMPER FIT CENTER MCAS MIRAMAR; SEMPER FIT CENTER MCAGCC TWENTYNINE PALMS; HELICOPTER MARITIME STRIKE WEAPONS SCHOOL PACIFIC; NAVAL CONSTRUCTION BATTALION MAINTENANCE UNIT TWO ZERO TWO; NAVY MARINE CORPS RESERVE CENTER BOISE AND OPERATIONAL HEALTH SUPPORT UNIT BREMERTON DET I; NAVY MARINE CORPS RESERVE CENTER DENVER AND OPERATIONAL HEALTH SUPPORT UNIT BREMERTON DET O; NAVY MARINE CORPS RESERVE CENTER SALT LAKE AND OPERATIONAL HEALTH SUPPORT UNIT BREMERTON DET K; NAVY OPERATIONAL SUPPORT CENTER BANGOR AND OPERATIONAL HEALTH SUPPORT UNIT DET HQ; NAVY OPERATIONAL SUPPORT CENTER BILLINGS AND OPERATIONAL HEALTH SUPPORT UNIT BREMERTON DET M; NAVY OPERATIONAL SUPPORT CENTER CHEYENNE AND OPERATIONAL HEALTH SUPPORT UNIT BREMERTON DET N; NAVY OPERATIONAL SUPPORT CENTER EUGENE AND OPERATIONAL HEALTH SUPPORT UNIT BREMERTON DET G; NAVY OPERATIONAL SUPPORT CENTER HELENA AND OPERATIONAL HEALTH SUPPORT UNIT BREMERTON DET L; NAVY OPERATIONAL SUPPORT CENTER SIOUX FALLS AND OPERATIONAL HEALTH SUPPORT UNIT BREMERTON DET R; NMCOSC PORTLAND AND OPERATIONAL HEALTH SUPPORT UNIT BREMERTON DET F; NAVY OPERATIONAL SUPPORT CENTER NASHVILLE; NAVY OPERATIONAL SUPPORT CENTER NORFOLK; NAVY OPERATIONAL SUPPORT CENTER QUINCY; NAVY OPERATIONAL SUPPORT CENTER ROCHESTER; NAVY OPERATIONAL SUPPORT

PAGE 6 RUCOMFC8436 UNCLAS CENTER WICHITA; NAVY OPERATIONAL SUPPORT CENTER WILMINGTON; PATROL SQUADRON THIRTY; USS CARTER HALL (LSD 50); USS ENTERPRISE (CVN 65); USS HOPPER (DDG 70); USS SIMPSON (FFG 56); NAVAL BRANCH HEALTH CLINIC MAYPORT; NAVAL HOSPITAL OKINAWA; NAVAL HOSPITAL TWENTYNINE PALMS WITH NAVAL HEALTH CLINIC CHINA LAKE AND NAVAL HEALTH CLINIC BRIDGEPORT; NAVAL MEDICAL CENTER PORTSMOUTH WITH BRANCH HEALTH CLINIC SEWELL'S POINT, BRANCH HEALTH CLINIC OCEANA, BRANCH HEALTH CLINIC DAM NECK, BRANCH HEALTH CLINIC BOONE AND BRANCH HEALTH CLINIC NORTHWEST; AND US NAVAL HOSPITAL GUAM.

3. FOR ADDITIONAL INFORMATION CONTACT MR. BOB MACDONALD AT NMCPHC OR VISIT THE BLUE H WEBSITE AT WWW-NMCPHC/HP/AWARDS/INDEX.HTM.

4. RELEASED BY VADM A. M. ROBINSON, JR., SURGEON GENERAL OF THE NAVY.

BT
#1923

NNNN

From: DAADMINISTRATOR@PTSC.PENTAGON.MIL
[mailto:DAADMINISTRATOR@PTSC.PENTAGON.MIL] On Behalf Of BUMED WASHINGTON DC
Posted At: Wednesday, May 14, 2008 8:38 AM Posted To: COMEBACKS COPIES BUMED
ONLY
Conversation: 2007 HEALTH PROMOTION AND WELLNESS AWARDS
Subject: 2007 HEALTH PROMOTION AND WELLNESS AWARDS

UNCLASSIFIED//

PRECEDENCE TO: PRIORITY DTG: 141237Z MAY 08
PRECEDENCE CC: PRIORITY
TYPE: DMS SIGNED/ENCRYPTED
FROM PLA: BUMED WASHINGTON DC
FROM D/N: C:US,O:U.S. Government,OU:DoD,OU:NAVY,OU:ORGANIZATIONS(uc),
L:DISTRICT OF COLUMBIA,L:WASHINGTON,OU:BUMED WASHINGTON
DC(uc)
SUBJECT: 2007 HEALTH PROMOTION AND WELLNESS AWARDS
TEXT:
UNCLASSIFIED//

FM BUMED WASHINGTON DC//M09B1//
TO AIG 7783
INFO CNO WASHINGTON DC//N0931//
CMC WASHINGTON DC/HS//MRS//
BUMED WASHINGTON DC//00/09/M3B3//
UNCLAS //N06100//

PASS TO ALL AFLOAT AND ASHORE ACTIVITIES/UNITS MSGID/MEDICAL
COMMANDS/GENADMIN/BUMED WASHINGTON DC/M3F// SUBJ/ 2007 HEALTH PROMOTION AND
WELLNESS AWARDS// REF/A/DOC/OPNAVINST 6100.2A/15MAR2007//
REF/B/DOC//BUMEDINST 6110.13A/14JAN2008// NARR/REFS A AND B PERTAIN TO
HEALTH PROMOTION PROGRAM POC/MR. BOB MACDONALD/PROGRAM
MANAGER/NMCPHC/LOC:
PORTSMOUTH VA
/TEL: COM 757-953-0974/TELFAX: 0668/TEL: DSN 377
/EMAIL:MICHAEL.R.MACDONALD@MED.NAVY.MIL//
RMKS/1. THE NAVY SURGEON GENERAL PROUDLY ANNOUNCES WINNERS OF THE 2007
HEALTH PROMOTION AND WELLNESS AWARD, SPONSORED BY THE NAVY AND MARINE CORPS
PUBLIC HEALTH CENTER. THE FLEET VERSION RECOGNIZES EXCELLENCE IN WORKPLACE
HEALTH PROMOTION POLICIES, ACTIVITIES AND OUTCOMES. THE MEDICAL VERSION
RECOGNIZES EXCELLENCE IN CLINICAL PRIMARY PREVENTION SERVICES, COMMUNITY
HEALTH PROMOTION AND MEDICAL STAFF HEALTH.
2. THE NAVY SURGEON GENERAL COMMENDS THE FOLLOWING COMMANDS FOR A JOB WELL
DONE, AND INVITES ALL COMMANDS TO PARTICIPATE IN 2008:
A. GOLD STAR LEVEL WINNERS ARE:
AFLOAT TRAINING GROUP WESTERN PACIFIC
BRANCH HEALTH CLINIC INGLESIDE
BRANCH HEALTH CLINIC KINGSVILLE
BRANCH HEALTH CLINIC MAYPORT
BRANCH HEALTH CLINIC SUGAR GROVE
BRANCH HEALTH CLINIC WASHINGTON NAVY YARD BRANCH HEALTH CLINIC FT WORTH
CNATT DET ATSUGI COMACCLOGWING FLEET SURVEY TEAM STENNIS SPACE CENTER
MARINE CORPS COMMUNITY SERVICES CAMP BUTLER OKINAWA
NATIONAL NAVAL MEDICAL CENTER BETHESDA
NAVAL BRANCH HEALTH CLINIC PORTSMOUTH, NH
USS GEORGE WASHINGTON

NAVAL DENTAL CLINIC NORFOLK
NAVAL HEALTH CLINIC CHARLESTON
NAVAL HEALTH CLINIC HAWAII
NAVAL HEALTH CLINIC NEW ENGLAND
NAVAL HEALTH CLINIC PATUXENT RIVER
NAVAL HEALTH CLINIC QUANTICO
NAVAL HOSPITAL BREMERTON
NAVAL HOSPITAL CAMP LEJEUNE IN PARTNERSHIP WITH BMC CAMP GEIGER, BMC CAMP
JOHNSON, BMC CARON CLINIC, BMC HADNOT POINT, BMC MCAS NEW RIVER NAVAL
HOSPITAL CORPUS CHRISTI NAVAL HOSPITAL LEMOORE NAVAL HOSPITAL OAK HARBOR
NAVAL HOSPITAL ROTA NAVAL HOSPITAL SIGONELLA NAVAL HOSPITAL YOKOSUKA NAVAL
MEDICAL CENTER PORTSMOUTH IN PARTNERSHIP WITH BHC OCEANA, BHC DAM NECK, BHC
SEWELL'S POINT, BHC SHIPYARD-PORTSMOUTH, BOONE CLINIC/LITTLE CREEK NAVAL
MEDICAL CENTER SAN DIEGO NAVAL SCHOOL OF HEALTH SCIENCES PORTSMOUTH NAVY AND
MARINE CORPS PUBLIC HEALTH CENTER NAVY OPERATIONAL SUPPORT CENTER FARGO
NAVY
OPERATIONAL SUPPORT CENTER WILMINGTON NAVY OPERATIONAL SUPPORT COMMAND
ALAMEDA NAVY OPERATIONAL SUPPORT COMMAND KNOXVILLE NBHC GROTON NHCNE BHC
BRUNSWICK USS BATAAN (LHD 5) USS HOPPER (DDG 70) USS JUNEAU (LPD 10) USS
KEARSARGE (LHD 3) USS KITTY HAWK (CV 63) USS TARAWA (LHA 1) B. BRONZE ANCHOR
LEVEL WINNERS ARE:
MID-ATLANTIC REGIONAL MAINTENANCE CENTER U.S. NAVAL HOSPITAL GUAM NAVAL
HOSPITAL TWENTY NINE PALMS, WITH BRANCH CLINIC CHINA LAKE AND BRANCH CLINIC
BRIDGEPORT NAVAL MOBILE CONSTRUCTION BATTALION 11 NAVY ENVIRONMENTAL AND
PREVENTIVE MEDICINE UNIT NO. 2 USS CARL VINSON (CVN 70) USS CARTER HALL (LSD
50) USS ENTERPRISE (CVN 65) USS FORT MCHENRY (LSD 43) USS JOHN C STENNIS
(CVN 74) USS NIMITZ (CVN 68) USS RONALD REAGAN (CVN 76) 3. FOR ADDITIONAL
INFORMATION CONTACT MR. BOB MACDONALD AT NMCPHC OR VISIT THE NMCPHC HPW
AWARD WEBSITE AT WWW-NMCPHC/HP/AWARDS/INDEX.HTM.
4. RELEASED BY VADM A. M. ROBINSON, JR., SURGEON GENERAL OF THE NAVY.

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ORIGINAL TO RECIPIENTS:

C:US,O:U.S. GOVERNMENT,OU:DOD,OU:AUTODIN PLAS,OU:AIG 6-AZ,OU:AIG 7783
[AIG 7783]

ORIGINAL CC RECIPIENTS:

C:US,O:U.S. GOVERNMENT,OU:DOD,OU:NAVY,OU:ORGANIZATIONS(UC),
L:DISTRICT OF COLUMBIA,L:WASHINGTON,OU:CNO WASHINGTON DC(UC)
[CNO WASHINGTON DC]

C:US,O:U.S. GOVERNMENT,OU:DOD,OU:USMC,OU:ORGANIZATIONS,L:HQMC
WASHINGTON DC,OU:CMC WASHINGTON DC(UC)
[CMC WASHINGTON DC]

C:US,O:U.S. GOVERNMENT,OU:DOD,OU:NAVY,OU:ORGANIZATIONS(UC),
L:DISTRICT OF COLUMBIA,L:WASHINGTON,OU:BUMED WASHINGTON DC(UC)
[BUMED WASHINGTON DC]

C:US,O:U.S. GOVERNMENT,OU:DOD,OU:NAVY,OU:ORGANIZATIONS(UC),
L:DISTRICT OF COLUMBIA,L:WASHINGTON,OU:BUMED WASHINGTON DC(UC)
[BUMED WASHINGTON DC]

PROFILED DISSEMINEEES:

CNONT(S) @ DA ACC COMPONENTS(UC) @ WASHINGTON DC @ CONUS @ ORGANIZATIONS
@

ARMY (TO) DMSFORMAY14@PTSC.PENTAGON.MIL (CC) DMSFORMAY@PTSC.PENTAGON.MIL
(CC) NAVY-HQ-NAVSTAT@NAVY.MIL (CC) M09B172-MSG@MED.NAVY.MIL (CC)
M09BB13.MSG@MED.NAVY.MIL (CC) NAVY-HQ-BUMEDN93@NAVY.MIL (CC)
NAVY-HQ-CHINFON09C@NAVY.MIL (CC) NAVY-HQ-CN09N2MESSAGES@NAVY.MIL (CC)
NAVY-HQ-M09B@NAVY.MIL (CC) NAVY-HQ-N00EMESSAGES@NAVY.MIL (CC)
NAVY-HQ-N00JMESSAGES@AJCC.NAVY.MIL (CC) NAVY-HQ-N00JMESSAGES@NAVY.MIL (CC)

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NAVY-HQ-N6MESSAGES@NAVY.MIL (CC) NAVY-HQ-N74ACTION@NAVY.MIL (CC)
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NAVY-HQ-N931ACT@NAVY.MIL (CC) NAVY-HQ-N931INFO@NAVY.MIL (CC)
NAVY-HQ-SSASWACTION@NAVY.MIL (CC) NAVY-HQ-SSASWINFO@NAVY.MIL (CC)
NAVY-HQ-SSMESSAGES@AJCC.NAVY.MIL (CC) NAVY-HQ-SSMESSAGES@NAVY.MIL (CC) DA
ID: 1466730

MTSID: c=US;a=DMS;p=GOV+DMS+NIPR;l=AVTAYZ36-080514123728Z-90976

SIGNED BY: C:US,O:U.S. Government,OU:DoD,OU:NAVY,
OU:ORGANIZATIONS(uc),L:DISTRICT OF COLUMBIA,
L:WASHINGTON,OU:BUMED WASHINGTON DC(uc) *** VALIDATED

ENCRYPTED BY: C:US,O:U.S. Government,OU:DoD,OU:NAVY,
OU:ORGANIZATIONS(uc),L:DISTRICT OF COLUMBIA,
L:WASHINGTON,OU:BUMED WASHINGTON DC(uc) ***
VALIDATED ***

MESSAGE TYPE: OTHERORG

UNCLASSIFIED//