



Winter, 2013



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BLUE H APPLICATION



1. For your 2013 Blue H application, please Use the 18 December version of the Fleet Worksheet at: <http://www.med.navy.mil/sites/nmcphc/Documents/health-promotion-wellness/general-tools-and-programs/blue-h-worksheet-fleet-2013.xlsx>

You can see the date on the top of each page. During this November and December, as more and more Blue H applicants started using this spreadsheet, some calculation errors surfaced. All these have been corrected. Thanks for your understanding and for all you do.

2. How to apply for your 2013 Blue H: As you can see on the top of the Blue H homepage at: <http://www.med.navy.mil/sites/nmcphc/health-promotion/Pages/blue-h.aspx>

Send an email to the Blue H Project Manager with these attachments:

- your completed Blue H worksheet (in Excel format)
- your signed/scanned CO Letter
- your HRA "CO Report"
- For GOLD STAR applications: Medical: submit the name of all HPW full time staff members and HP Training Certificates appropriate for their military rank/civilian grade. Fleet: submit name of HP Coordinator and HP Training Certificate for Navy HP Basics Course, Level I or Navy HP & Wellness Course Certificate.
- We are hopeful we will have a web-tool into which we will ask you to ALSO enter your application data/scores, but are still awaiting approval to use it. Stay tuned to the Blue H newsletter for any late-breaking update!

GENERATING COMMANDING OFFICER REPORTS



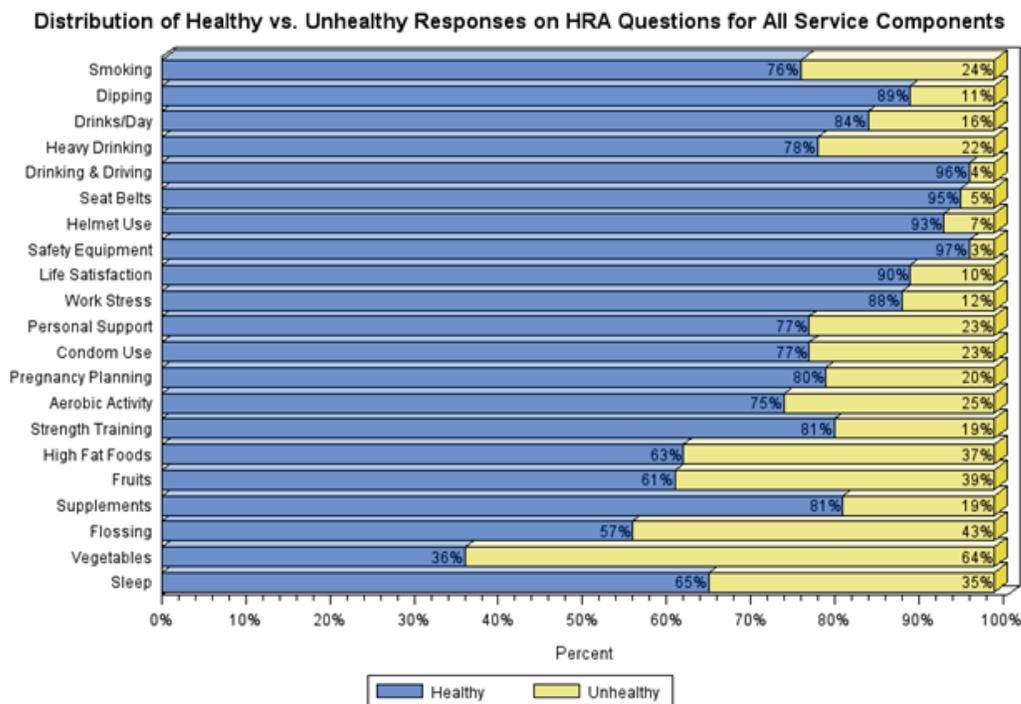
HRA Administrators can prepare group reports for Commanding Officers at any time during the year, but should be done at least annually at the end of the year. If the administrator has provided oversight and guidance for more than one military command, then he or she should prepare individual reports for all commanding officers of the supported commands so they will have the data to support future education and training.

When multiple commands within the same chain of command are serviced by a single HRA Administrator, that administrator can also prepare a consolidated report for the senior echelon commanding officer simply by pressing the <control> key and selecting multiple commands listed in the pick-list.

Reserve Component (RC) HRA Administrators can produce Commanding Officer Reports in one of two ways. First, in the same fashion as described above, they can log on to the HRA Administrator homepage (<https://nmcpeh-web2.med.navy.mil/pls/newhra/CORPTLOGIN>) using their designated UIC and email and selecting the icon “Create Commanding Officer Report, enter a RUC, command name, and date range, and then select the reserve command from the dropdown list. They may also use Ctrl-click option to select multiple commands to be included in a consolidated report.

Alternately, RC Administrators can log on to <https://nmcpeh-web2.med.navy.mil/pls/newhra/corpt> and simply enter the NRA number of the appropriate NOSC or Region. A NOSC Commanding Officer Report will include all assigned detachments as well as the full-time staff.

HOW WILL YOUR COMMAND COMPARE WITH THE 2012 RESULTS?



SHIPS UTILIZING THE HRA CD

Those ships that have been using the HRA CD during 2013 must download their data and email an Excel file to NMCPHC at the end of December so their data can be uploaded to the HRA server and added to the rest of the Navy data. A consolidated annual analysis and report will be prepared in the first quarter of CY 2014 and posted on the HRA website. Each CD contains a Data Store file that automatically saved the data. The ReadMe file describes this simple process.