



NMCPHC HPW TRAINING CALENDAR FY16

Training Event & Location	Date & Training Offered	Target Audience/Process to Request Quota	Point of Contact
Tobacco Cessation Facilitator Training at Naval Dental Clinic Norfolk	2015: 12 Nov.	Any DoN personnel, E-4 and above who are tobacco-free for at least 6 months and are seeking to become a Tobacco Cessation Program Facilitator. Contact POC to request quota.	Jacqueline Moran (757) 953-8542
Tobacco Cessation Facilitator Training at Naval Dental Clinic Norfolk	2016: 26 Jan.	Any DoN personnel, E-4 and above who are tobacco-free for at least 6 months and are seeking to become a Tobacco Cessation Program Facilitator. Contact POC to request quota.	Jacqueline Moran (757) 953-8542
HP at the Deckplates Training at NEPMU5, San Diego, CA	22 Feb. - Navy HP Basics Course, Level II 23 Feb.- CHOW Course 24 Feb.- ShipShape Program Facilitator Training 25 Feb.- Tobacco Cessation Facilitator Training 26 Feb.- Coaching for Healthy Behavior Change (1/2	Click here to obtain Quota Request Form For Tobacco Cessation Facilitator Training- Any DoN personnel, E-4 and tobacco-free for at least 6 months prior to attending training. ShipShape Facilitator Training- Attendees must be at least an E-5 or civilian equivalent, be a non-tobacco user and serve as a role model for program participants. Active-duty attendees must be within BCA standards and have scored a satisfactory or above on the most recent PRT. Attendance at either the NMCPHC CHOW Course or the Mission Nutrition training offered by Navy Fitness MWR staff are required prerequisite training to attend the ShipShape Facilitator Training except for dietitians or individuals who can provide evidence of a degree in nutrition.	Anthony Barkley (757) 953-3146



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	Day)	All attendees must commit to facilitating the ShipShape Program at least twice a year.	
HP Training at NEPMU2, Norfolk, VA	<p>7-9 March- Navy HP & Wellness Course (2 ½ days)</p> <p>9 March- CHOW Course (half-day)</p> <p>10 March- ShipShape Program Facilitator Training</p> <p>11 March- Tobacco Facilitator Training</p>	<p>Click here to obtain Quota Request Form</p> <p>Navy HP & Wellness Course- must be E-6 or GS equivalent or above.</p> <p>ShipShape Facilitator Training- Attendees must be at least an E-5 or civilian equivalent, be a non-tobacco user and serve as a role model for program participants. Active-duty attendees must be within BCA standards and have scored a satisfactory or above on the recent PRT.</p> <p>Attendance at either the NMCPHC CHOW Course or the Mission Nutrition training offered by Navy Fitness MWR staff are required prerequisite training to attend the ShipShape Facilitator Training, except for dietitians or individuals who can provide evidence of a degree in nutrition. All attendees must commit to facilitating the ShipShape Program at least twice each year.</p> <p>Tobacco Cessation Facilitator Training- Any DoN personnel, E-4 and tobacco-free for at least 6 months prior to attending training.</p>	Anthony Barkley (757) 953-3146
Tobacco Cessation Facilitator Training at Naval Dental Clinic Norfolk	17 May	Any DoN personnel, E-4 and above who are tobacco-free for at least 6 months and are seeking to become a Tobacco Cessation Program Facilitator. Contact POC to request quota.	Jacqueline Moran (757) 953-8542
Tobacco Cessation Facilitator Training at Naval Dental Clinic Norfolk	12 July	Any DoN personnel, E-4 and above who are tobacco-free for at least 6 months and are seeking to become a Tobacco Cessation Program Facilitator. Contact POC to request quota.	Jacqueline Moran (757) 953-8542
HP Training at NEPMU5, San Diego, CA	25 JUL 16	Regional Facilitator Training Minimum of one year experience managing program(s) to be certified and recommended by Command to serve as a Regional Trainer	Anthony Barkley (757) 953-3146



	12 AUG 16	<p>Must view Patient-Centered Prevention Counseling Overview https://www.milsuite.mil/video/12150 and complete MWR Mission Nutrition or Navy Nutrition Basics on NKO or have a degree in nutrition.</p> <p>Tobacco Cessation Facilitator Training Military E-4 and above, civilian any grade and tobacco-free for at least 6 months prior. Must view Patient-Centered Prevention Counseling Overview https://www.milsuite.mil/video/12150</p>	
Tobacco Cessation Facilitator Training at Naval Dental Clinic Norfolk	13 Sept.	Any DoN personnel, E-4 and above who are tobacco-free for at least 6 months and are seeking to become a Tobacco Cessation Program Facilitator. Contact POC to request quota.	Jacqueline Moran (757) 953-8542
Tobacco Cessation Facilitator Training at Naval Dental Clinic Norfolk	8 Nov. 2016	Any DoN personnel, E-4 and above who are tobacco-free for at least 6 months and are seeking to become a Tobacco Cessation Program Facilitator. Contact POC to request quota.	Jacqueline Moran (757) 953-8542