



NMCPHC HPW TRAINING CALENDAR FY15

Training Event & Location	Date & Training Offered	Target Audience/Process to Request Quota	Point of Contact
Tobacco Cessation Facilitator Training at NMCP	14 May	Any DoN personnel, E-4 and above who are tobacco-free for at least 6 months and are seeking to become a Tobacco Cessation Program Facilitator. Contact Maggie Malson to request quota.	Jacqueline Moran (757) 953-8542
Tobacco Cessation Facilitator Training at NMCP	9 July	Any DoN personnel, E-4 and above who are tobacco-free for at least 6 months and are seeking to become a Tobacco Cessation Program Facilitator. Contact Maggie Malson to request quota.	Jacqueline Moran (757) 953-8542
HP Training at NEPMU5, San Diego, CA	13-15 July- Navy HP & Wellness Course (Mon.- Wed., until 1130) 15 July- CHOW Course (Wed. 1200-1630)	Click here to download the Quota Request Form Navy HP & Wellness Course- must be E-6 or GS equivalent or above. ShipShape Facilitator Training- Attendees must be at least an E-5 or civilian equivalent, be a non-tobacco user and serve as a role model for program participants. Active-duty attendees must be within BCA standards and have scored an excellent or above on the most recent PRT. Attendance at either the NMCPHC CHOW Course or the Mission Nutrition training offered by Navy	Sally Vickers (757) 953-0956



	<p>16 July- ShipShape Program Facilitator Training (Thurs.)</p> <p>17 July- Tobacco Cessation Facilitator Training (Fri.)</p>	<p>Fitness MWR staff are required prerequisite training to attend the ShipShape Facilitator Training, except for dietitians or individuals who can provide evidence of a degree in nutrition.</p> <p>All attendees must commit to facilitating the ShipShape Program at least twice each year.</p> <p>Tobacco Cessation Facilitator Training- Any DoN personnel, E-4 and tobacco-free for at least 6 months prior to attending training.</p>	
<p>HP Deckplate Training at NEPMU2, Norfolk, VA.</p>	<p>3 Aug.- Navy HP Basics Course</p> <p>4 Aug.- CHOW Course</p> <p>5 Aug.- ShipShape Program Facilitator Training</p> <p>6 Aug.- Tobacco Cessation Facilitator Training</p> <p>7 Aug.- Facilitating Healthy Behavior Change</p>	<p>Click here to download the Quota Request Form</p> <p>Tobacco Cessation Facilitator Training- Any DoN personnel , E-4 and tobacco-free for at least 6 months prior to attending training</p> <p>ShipShape Facilitator Training- Attendees must be at least an E-5 or civilian equivalent, be a non-tobacco user and serve as a role model for program participants. Active-duty attendees must be within BCA standards and have scored an excellent or above on the most recent PRT.</p> <p>Attendance at either the NMCPHC CHOW Course or the Mission Nutrition training offered by Navy Fitness MWR staff are required prerequisite training to attend the ShipShape Facilitator Training, except for dietitians or individuals who can provide evidence of a</p>	<p>Sally Vickers (757) 953-0956</p>



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	(1/2 Day)	degree in nutrition. All attendees must commit to facilitating the ShipShape Program at least twice each year.	
Tobacco Cessation Facilitator Training at NMCP	10 Sept.	Any DoN personnel, E-4 and above who are tobacco-free for at least 6 months and are seeking to become a Tobacco Cessation Program Facilitator. Contact Maggie Malson to request quota.	Jacqueline Moran (757) 953-8542
Tobacco Cessation Facilitator Training at NMCP	12 Nov.	Any DoN personnel, E-4 and above who are tobacco-free for at least 6 months and are seeking to become a Tobacco Cessation Program Facilitator. Contact Maggie Malson to request quota.	Jacqueline Moran (757) 953-8542



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