



When:

Register by 28 February 2014
The challenge will run from 2-29 March 2014

To Register:

Visit the Crews Into Shape Quick Start Checklist for Crew Leaders page: <http://www.med.navy.mil/sites/nmcphc/health-promotion/Pages/hp-crew-leaders.aspx>. Complete the top portion of your Crew Worksheet and email it to Dawn.Whiting.CTR@med.navy.mil.

For More Information:

Scan the QR code:



Or click on the link to visit the Crews Into Shape webpage: <http://www.med.navy.mil/sites/nmcphc/health-promotion/Pages/crews-into-shape.aspx>.

It's time to get Crewsin'!



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