

Convenience Stores (i.e. Shoppettes) Data Collection / Instruction Guide

These measures are designed to rate the nutrition environment of the convenience stores. The basic principle of these measures is to gather information on the availability of healthier items and promotion of healthy eating.

Preparation:

- a. Before beginning this assessment, inform the Store Manager of your assessment prior to visiting the Convenience Store. Ask when the best time to conduct the assessment (non-peak hours, manager availability to answer questions, etc...).
- b. Read each measure and criterion thoroughly to become familiar with the specific nutrition parameters and food items to be assessed. This assessment covers seven measures (Fruits and Vegetables, Dairy, Beverages, Sweet and Salty Snacks, Frozen and Refrigerated Foods, Grains, and Promotion of Healthy Eating).
- c. **Collect all data (most data should be recorded in the charts) prior to answering numbered questions.**

Availability:

- a. Mark “YES” if listed item is available.
- b. Some Measures require “comparisons” - before recording any information, first look for the preferred healthier item and the comparable regular item of the same brand. If only one is available, look for the first healthier alternate listed to see if a comparison with the same brand is possible.

Pricing:

- a. If price is not available, ask an employee.
- b. Do not use a sale price unless it is the only price posted and write “sale price” in comments.

For each criterion listed:

- a. Mark “YES” if the criteria are true - YES indicates the statement is true and verifiable through direct observation.
- b. Marking “NO” indicates the criteria/component is not available or verifiable.
- c. “NA” (not applicable) will only be used if the criterion does not apply.

Location: _____**Store Manager:** _____ **Phone Number:** _____

PRODUCE – FRESH WHOLE and CONVENIENCE-ADDED FRUITS

Instructions for filling out Chart A

- ✓ Mark if item is available (yes) or out of stock (o/s).
- ✓ Count all the different types of available fruits (i.e. apples, bananas, oranges = 3).
- ✓ Include pre-cut, pre-sliced convenience packaged fresh fruit items. These items will be found in the refrigerated section.
- ✓ Check the “Acceptable Quality” box if more than 50% of the produce item you are rating is found to be of acceptable quality.
 - **Acceptable:** good color, fresh looking, firm, and clean.
 - **Unacceptable:** bruised, old looking, mushy over-ripe, dark sunken spots in irregular patches, cracked or broken surfaces, signs of shriveling, mold or excessive softening.

Chart A: Fruit					
Available		Fresh Fruit Types	Comments	Acceptable Quality	
<input type="radio"/> yes	<input type="radio"/> o/s	Apples (Whole)		<input type="radio"/> yes	<input type="radio"/> no
<input type="radio"/> yes	<input type="radio"/> o/s	Apples (Pre-cut)		<input type="radio"/> yes	<input type="radio"/> no
<input type="radio"/> yes	<input type="radio"/> o/s	Bananas		<input type="radio"/> yes	<input type="radio"/> no
<input type="radio"/> yes	<input type="radio"/> o/s	Oranges		<input type="radio"/> yes	<input type="radio"/> no
<input type="radio"/> yes	<input type="radio"/> o/s	Fresh cut-up mixed fruit		<input type="radio"/> yes	<input type="radio"/> no
<input type="radio"/> yes	<input type="radio"/> o/s	Other		<input type="radio"/> yes	<input type="radio"/> no
<input type="radio"/> yes	<input type="radio"/> o/s	Other		<input type="radio"/> yes	<input type="radio"/> no
<input type="text"/>		Total Number of Available Fresh Fruit	Number of fruit with acceptable quality	<input type="text"/>	
<p>1. List types of convenient packed/single serving canned fruit</p> <p>2. Identify (circle) those packed in water or natural juice.</p>					

PRODUCE – FRESH WHOLE AND CONVENIENCE-ADDED VEGETABLES

Instructions for completing Chart B

- ✓ Mark if item is available (yes) or out of stock (o/s).
- ✓ Count all the different types of available vegetables. Include pre-cut or convenience packed veggies (i.e. baby carrots) or ready-made salads (exclude “salad kits” sold with dressing, croutons, etc...). Write “0” if vegetables are not available or offered.
- ✓ Check the “Acceptable Quality” box if more than 50% of the produce item you are rating is found to be of acceptable quality, using the below criteria.
 - **Acceptable:** good color, fresh looking, firm, and clean.
 - **Unacceptable:** bruised, old looking, mushy over-ripe, dark sunken spots in irregular patches, cracked or broken surfaces, signs of shriveling, mold or excessive softening.

Chart B: Convenience-added (pre-cut or sliced) Vegetables					
Available		Produce Item	Acceptable Quality		Comments
<input type="radio"/> yes	<input type="radio"/> o/s	Bagged lettuce salad or ready-made salad.	<input type="radio"/> yes	<input type="radio"/> no	
<input type="radio"/> yes	<input type="radio"/> o/s	Baby Carrots	<input type="radio"/> yes	<input type="radio"/> no	
<input type="radio"/> yes	<input type="radio"/> o/s	Cut-up Vegetables <i>(Exclude lettuce/salad and baby carrots)</i>	<input type="radio"/> yes	<input type="radio"/> no	
<input type="radio"/> yes	<input type="radio"/> o/s	Other:	<input type="radio"/> yes	<input type="radio"/> no	

DAIRY - MILK

Instructions for filling out Chart C (Dairy – Milk)

- ✓ Mark if low-fat or skim milk is available and annotate available size and cost of listed milk items. If the annotated size is not available (i.e. No quart size, only pint and ½ pint) then cross out size not available and add in the size that is available.
- ✓ **Shelf-space:** Count and record the number of columns of each milk item (pint of skim, quart of skim, etc...) count only columns that have milk, not empty slots where it may need to be restocked. Write “0” if there is none of a particular item.

Chart C: Dairy - Milk				
Milk Item	Size / Price		Shelf-space	Comments
Whole-milk (3.25%)	<input type="radio"/> Quart (32 oz)	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>		
	<input type="radio"/> Pint (12oz)	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>		
Reduced Fat (2%)	<input type="radio"/> Quart	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>		
	<input type="radio"/> Pint (12oz)	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>		
Low-fat Flavored Milk (1%)	<input type="radio"/> Pint (12oz)	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>		<i>Count all varieties.</i>
Low-fat (1%)	<input type="radio"/> Quart	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>		
	<input type="radio"/> Pint (12oz)	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>		
Skim / Fat-free Non-fat	<input type="radio"/> Quart	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>		
	<input type="radio"/> Pint (12oz)	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>		

DAIRY – CHEESE AND YOGURT

Chart D: Cheese			
Item	Available		Comments
Part-skim Mozzarella String Cheese	<input type="radio"/> yes	<input type="radio"/> no	
Reduced-fat Cheese Sticks	<input type="radio"/> yes	<input type="radio"/> no	
Other:	<input type="radio"/> yes	<input type="radio"/> no	

Definition of Healthier option yogurts (6 oz):

- ✓ Low-fat or light (<3 grams fat)
- ✓ Low-sugar (<30 grams)
- ✓ ≥20% daily value (DV) of calcium
- ✓ 10% DV of vitamin D
- ✓ ≥5 grams protein
- ✓ “live and active cultures seal”



The photo of Yoplait yogurt is NOT an endorsement of the product, although it meets all the requirements of a healthier option yogurt.

The label is to demonstrate where to find the nutrition information and the “Live and active cultures seal.”

Chart E: Yogurt							
List Available Yogurt	Non-fat or Low-fat	Low-Sugar	Cultures Seal	20% Calcium	10% vit D	Protein	Comments
	<input type="radio"/> yes						
	<input type="radio"/> yes						
	<input type="radio"/> yes						

BEVERAGES

Instructions:

- ✓ Check nutrition facts to **ensure item meets criteria.**
- ✓ **When counting number of beverage choices (refrigerated “bottled or canned”)**
 - Count each “slot” that contains a beverage
 - Total count will be the number of slots that contain the specified beverage.

Chart F: Beverages		
Item	Count	Comments
How many refrigerated bottled or canned beverage choices (bottles) are available:	<input style="width: 40px; height: 20px; border: 1px solid black;" type="text"/>	<i>Do not count plain, unflavored milk or 100% fruit juice.</i>
How many <u>non-carbonated</u> , <u>no-</u> or <u>low-calorie</u> refrigerated bottled or canned beverages are available? (<i>Count beverages less than 40 calories per serving.</i>)	<input style="width: 40px; height: 20px; border: 1px solid black;" type="text"/>	<i>List types (and annotate how many slots contain this beverage type):</i>
How many energy drinks are available?	<input style="width: 40px; height: 20px; border: 1px solid black;" type="text"/>	<i>List types (and annotate how many slots contain this beverage type):</i>
What is the price of the following items? (<i>Use same size container when possible</i>)	___ oz 100% Fruit Juice \$ <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/> . <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/> <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/>	___ oz Vegetable Juice \$ <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/> . <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/> <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/>
	___ oz Caffeinated Soda \$ <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/> . <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/> <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/>	___ oz Fruit /Veggie Juice \$ <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/> . <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/> <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/>
	___ oz Non-carb / low-cal: \$ <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/> . <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/> <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/>	___ oz Bottled Water \$ <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/> . <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/> <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/>

SWEET AND SALTY SNACKS (Baked Chips)

Instructions:

- ✓ In Chart G (Comments Sections): List all brands and type of available baked, low-fat or reduced-fat chips.
- ✓ Select a same-brand version of both Regular and Baked or Low-fat chip comparison.

Definitions:

- ✓ Fat-free = 0 grams fat per serving
- ✓ Low-fat = ≤3 grams fat per 1 oz serving

Chart G: Baked Chips				
Item	Package Size		Price	Comments
Regular	<input type="radio"/> 1 1/8 oz	<input type="radio"/> 2 1/8 oz	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>	
	<input type="radio"/> 5 1/2 oz	<input type="radio"/> 10 oz		
	<input type="radio"/> Other ____ oz			
Baked or Low-Fat	<input type="radio"/> 1 1/8 oz	<input type="radio"/> 2 1/8 oz	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>	<i>List all available Low-fat Chips:</i> 1. 2. 3. 4. 5.
	<input type="radio"/> 5 1/2 oz	<input type="radio"/> 10 oz		
	<input type="radio"/> Other ____ oz			

SWEET AND SALTY SNACKS (Healthier Snacks)

Instructions: In Chart H: Choose the aisles that contain items such as chips, popcorn, pretzels, trail mix, granola bars etc...

Healthier Snack Definition (must meet all criteria):

- ✓ ≤ 200 calories per serving
- ✓ ≤ 230 mg sodium per serving
- ✓ $\leq 10\%$ total calories from saturated fat (excluding nuts and seeds without added fats or oils)
- ✓ $\leq 35\%$ calories of total weight (excluding fruits or vegetables without added caloric sweeteners)

Chart H: Healthier Snacks		
Item	Count	Comments
How many snacks are available?	<input style="width: 50px; height: 20px; border: 1px solid black;" type="text"/>	<i>Count the <u>total</u> number of snacks available. Count twice if item takes up two spaces on the shelf, etc...).</i>
How many snacks meet the healthier snack definition?	<input style="width: 50px; height: 20px; border: 1px solid black;" type="text"/>	<i>List healthier snacks available (count twice if item takes up two spaces on the shelf, etc...):</i>

FROZEN FOODS AND REFRIGERATED FOODS: Frozen Dinners

Instructions:

- ✓ In Chart I: If possible, choose frozen dinners of the same brand and type. To compare pricing...items MUST be same brand.
- ✓ List the brand and description of comparable frozen dinners (i.e. Stouffers Turkey Dinner).

Healthier Food Definition (must meet all criteria):

- ✓ Reduced-fat (≤ 9 g fat per 8-11 oz package)
- ✓ ≤ 480 mg sodium per serving (many products may not meet this criteria until the food industry catches up to the standards)

Chart I: Frozen Dinners			
How many frozen dinner items are available? (Count all)		<input style="width: 40px; height: 20px; border: 1px solid black; border-bottom: none; border-right: none; border-left: none;" type="text"/> <input style="width: 40px; height: 20px; border: 1px solid black; border-bottom: none; border-right: none; border-left: none;" type="text"/>	
How many frozen dinner items meet the healthier food definition?		<input style="width: 40px; height: 20px; border: 1px solid black; border-bottom: none; border-right: none; border-left: none;" type="text"/> <input style="width: 40px; height: 20px; border: 1px solid black; border-bottom: none; border-right: none; border-left: none;" type="text"/>	
Brand and Description of Frozen Dinner		Available	Price
Regular			\$ <input style="width: 20px; height: 20px; border: 1px solid black; border-bottom: none; border-right: none; border-left: none;" type="text"/> . <input style="width: 20px; height: 20px; border: 1px solid black; border-bottom: none; border-right: none; border-left: none;" type="text"/> <input style="width: 20px; height: 20px; border: 1px solid black; border-bottom: none; border-right: none; border-left: none;" type="text"/> <input style="width: 20px; height: 20px; border: 1px solid black; border-bottom: none; border-right: none; border-left: none;" type="text"/>
Healthier		<input type="radio"/> yes <input type="radio"/> no	\$ <input style="width: 20px; height: 20px; border: 1px solid black; border-bottom: none; border-right: none; border-left: none;" type="text"/> . <input style="width: 20px; height: 20px; border: 1px solid black; border-bottom: none; border-right: none; border-left: none;" type="text"/> <input style="width: 20px; height: 20px; border: 1px solid black; border-bottom: none; border-right: none; border-left: none;" type="text"/> <input style="width: 20px; height: 20px; border: 1px solid black; border-bottom: none; border-right: none; border-left: none;" type="text"/>
Regular			\$ <input style="width: 20px; height: 20px; border: 1px solid black; border-bottom: none; border-right: none; border-left: none;" type="text"/> . <input style="width: 20px; height: 20px; border: 1px solid black; border-bottom: none; border-right: none; border-left: none;" type="text"/> <input style="width: 20px; height: 20px; border: 1px solid black; border-bottom: none; border-right: none; border-left: none;" type="text"/> <input style="width: 20px; height: 20px; border: 1px solid black; border-bottom: none; border-right: none; border-left: none;" type="text"/>
Healthier		<input type="radio"/> yes <input type="radio"/> no	\$ <input style="width: 20px; height: 20px; border: 1px solid black; border-bottom: none; border-right: none; border-left: none;" type="text"/> . <input style="width: 20px; height: 20px; border: 1px solid black; border-bottom: none; border-right: none; border-left: none;" type="text"/> <input style="width: 20px; height: 20px; border: 1px solid black; border-bottom: none; border-right: none; border-left: none;" type="text"/> <input style="width: 20px; height: 20px; border: 1px solid black; border-bottom: none; border-right: none; border-left: none;" type="text"/>

FROZEN FOODS AND REFRIGERATED FOODS: Refrigerated Foods

Instructions:

- ✓ Complete Chart J. Refer to the nutrition facts/label on sandwiches and wraps.
- ✓ If a label does not exist...assume product does not meet healthier food definition.

Healthier Food Definition (must meet all criteria):

- ✓ 100% Whole-grain or whole-wheat bread
- ✓ ≤30% calories from Fat and ≤10% calories from Saturated Fat

Chart J: Pre-prepared Sandwiches and Wraps						
How many pre-prepared sandwiches and/or wraps are available? Count all available.		<input type="text"/>				
How many are healthier versions? (Determine this after completing the below:		<input type="text"/>				
List Available Sandwiches/Wraps	Whole-grain	Low-fat	Healthy Food?		Comments	
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/> yes	<input type="radio"/> no	Labeled as healthy choice? <input type="radio"/> yes <input type="radio"/> no	
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/> yes	<input type="radio"/> no	Labeled as healthy choice? <input type="radio"/> yes <input type="radio"/> no	
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/> yes	<input type="radio"/> no	Labeled as healthy choice? <input type="radio"/> yes <input type="radio"/> no	
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/> yes	<input type="radio"/> no	Labeled as healthy choice? <input type="radio"/> yes <input type="radio"/> no	
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/> yes	<input type="radio"/> no	Labeled as healthy choice? <input type="radio"/> yes <input type="radio"/> no	
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/> yes	<input type="radio"/> no	Labeled as healthy choice? <input type="radio"/> yes <input type="radio"/> no	

Measure # 6-A: GRAINS – SLICED BREAD & OTHER COMMERCIAL BAKED GOODS

Instructions: Complete Chart K: Select the same-brand and size of both Regular and Healthier versions for comparison.

Definitions:



- ✓ Regular: Bread made with refined flour
- ✓ Healthier: 100% whole-wheat and whole-grain bread, 2-3grams Fiber per slice. To determine if whole grain, count only the items with one of these phrases: “100% whole-grain” or “100% whole-wheat” (Exception: Corn tortillas). To verify if an item qualifies, check the ingredient list: if the first item includes “enriched,” it is NOT a whole grain product. The whole-grain symbol must be on the package.

Chart K: Sliced Bread and Other Commercial Baked Goods					
Item	Available	Price			Comments
Sliced bread	Regular				\$ <input type="text"/> . <input type="text"/> <input type="text"/>
	Healthier	<input type="radio"/> yes	<input type="radio"/> o/s	<input type="radio"/> no	\$ <input type="text"/> . <input type="text"/> <input type="text"/>
	White Wheat	<input type="radio"/> yes	<input type="radio"/> o/s	<input type="radio"/> no	\$ <input type="text"/> . <input type="text"/> <input type="text"/>
Buns	Regular				\$ <input type="text"/> . <input type="text"/> <input type="text"/>
	Hamburger or Hot dog	Healthier	<input type="radio"/> yes	<input type="radio"/> o/s	<input type="radio"/> no
Tortillas	Regular				\$ <input type="text"/> . <input type="text"/> <input type="text"/>
	Healthier	<input type="radio"/> yes	<input type="radio"/> o/s	<input type="radio"/> no	\$ <input type="text"/> . <input type="text"/> <input type="text"/>
	Corn	<input type="radio"/> yes	<input type="radio"/> o/s	<input type="radio"/> no	\$ <input type="text"/> . <input type="text"/> <input type="text"/>
Bagels	Regular				\$ <input type="text"/> . <input type="text"/> <input type="text"/>
	Healthier	<input type="radio"/> yes	<input type="radio"/> o/s	<input type="radio"/> no	\$ <input type="text"/> . <input type="text"/> <input type="text"/>
English Muffins	Regular				\$ <input type="text"/> . <input type="text"/> <input type="text"/>
	Healthier	<input type="radio"/> yes	<input type="radio"/> o/s	<input type="radio"/> no	\$ <input type="text"/> . <input type="text"/> <input type="text"/>

Measure # 5-C: GRAINS –BREAKFAST CEREAL

Definition of a Healthier Cereal:

- **Sugar:** <10 grams of Sugar
- **Whole-grain:** ≥16 grams or listed as first ingredient
- **Dietary Fiber:** ≥ 3 grams

Instructions:

- ✓ Mark “yes” if the Healthier version is available and “no” if unavailable.
- ✓ Record the price for both the Healthier and Sugary version of the cereal. Leave blank, if sugary version is not available. Refer to products that are single-serving (individual cups, packets, etc), same size and of the same brand when possible.

Chart L: Grain –Breakfast Cereals					
Breakfast Cereals	Healthier version available		Price Healthier version	Price Sugary version	Comments
Oatmeal	<input type="radio"/> yes	<input type="radio"/> no	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>	<i>Compare with flavored oatmeal</i>
Grits or Cream of Wheat	<input type="radio"/> yes	<input type="radio"/> no	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>	
Plain toasted oats	<input type="radio"/> yes	<input type="radio"/> no	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>	
Bran flakes (with or without raisins)	<input type="radio"/> yes	<input type="radio"/> no	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>	<i>Compare with Frosted Corn Flakes. Keep in mind that Bran Flakes with Raisins will have more sugar.</i>
Shredded wheat	<input type="radio"/> yes	<input type="radio"/> no	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>	<i>Compare with Frosted Shredded Wheat</i>
Other:	<input type="radio"/> yes	<input type="radio"/> no	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>	\$ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>	

PROMOTION OF HEALTHY EATING

Instructions:

- ✓ Document proof of availability in “Comments” section.
- ✓ Ask the store manager about the nutrition education opportunities that are available in the commissary.

CHART M: Promotion of Healthy Eating			
Criteria	Select One		Comments
Does the facility have an in-store identification of healthy option items or a healthy eating program?	<input type="radio"/> yes	<input type="radio"/> no	<i>Describe the program or healthy food identification program.</i>
Is the program marketed appropriately or are the food items correctly identified?	<input type="radio"/> yes	<input type="radio"/> no	<i>Provide examples:</i>
Is the facility free of any advertising or specials that promote overeating or unhealthy eating choices?	<input type="radio"/> yes	<input type="radio"/> no	<i>Provide examples:</i>

m-NEAT Criteria for EXCEL scoring tool

Instructions: Use the data collected in this worksheet to answer below criteria.

Date of Assessment: _____ Start Time: _____ End Time: _____

Location of Facility: _____

Rater: _____ Contact Information: _____

Chart	Criteria	Select One	Comments
A	Q1 How many types of whole fresh fruit and convenience-added (pre-cut or sliced) fresh fruit are available?	<input type="radio"/> ≥ 3 <input type="radio"/> 1-2 <input type="radio"/> NA = no fruit	
	Q2 What percent of available fresh fruit are of acceptable quality? <u>Total Number of “acceptable quality” fresh fruit ÷ Total Number Available x 100%</u>	<input type="radio"/> ≥ 75 percent <input type="radio"/> 50-74 percent <input type="radio"/> 1-49 percent <input type="radio"/> NA = no fruit	
B	Q3 Are vegetables available?	<input type="radio"/> yes <input type="radio"/> no	
	Q4 How many types of fresh vegetables are available?	<input type="radio"/> ≥ 3 <input type="radio"/> 1-2 <input type="radio"/> NA= no veggies	
	Q5 What percent of available vegetables are of acceptable quality? <u>Total Number of “acceptable quality” fresh fruit ÷ Total Number Available x 100%</u>	<input type="radio"/> ≥ 75 percent <input type="radio"/> 50-74 percent <input type="radio"/> 1-49 percent <input type="radio"/> NA = no fruit	
A	Q6 Canned fruit (or conveniently packed, single serving fruit containers) is packed in water or natural juice.	<input type="radio"/> yes <input type="radio"/> no	

C	Q7	Low-fat (1%) or skim (fat-free) milk is available.	<input type="radio"/> yes	<input type="radio"/> no	
	Q8	More than half of milk in stock is low-fat (1%) or skim (fat-free).	<input type="radio"/> yes	<input type="radio"/> no	NA = no low-fat milk
			<input type="radio"/> same	<input type="radio"/> NA	
Q9	Lower fat milk is priced less than whole milk.	<input type="radio"/> yes	<input type="radio"/> no	NA = no low-fat milk	
		<input type="radio"/> same	<input type="radio"/> NA		
D	Q10	Mozzarella string cheese or other reduced-fat cheese is available.	<input type="radio"/> yes	<input type="radio"/> no	
E	Q11	Healthier option yogurt is available.	<input type="radio"/> yes	<input type="radio"/> no	
F	Q12	Non-carbonated, no-calorie, low-calorie beverages are available.	<input type="radio"/> yes	<input type="radio"/> no	
	Q13	At least 50% of available beverages contain less than 40 calories per serving.	<input type="radio"/> yes	<input type="radio"/> no	
	Q14	Non-carbonated, no-calorie or low-calorie beverages are priced lower than sugary beverages.	<input type="radio"/> yes	<input type="radio"/> no	NA = no no/low calorie beverages
			<input type="radio"/> same	<input type="radio"/> NA	
	Q15	Available energy drinks are less than 10% of stock.	<input type="radio"/> yes	<input type="radio"/> no	
	Q16	100% fruit juice and/or vegetable juice are available.	<input type="radio"/> yes	<input type="radio"/> no	
	Q17	Fruit and/or vegetable juice is priced lower than sugary beverages.	<input type="radio"/> yes	<input type="radio"/> no	NA = no fruit/veggie juice
<input type="radio"/> same			<input type="radio"/> NA		
Q18	Plain bottled water is priced lower than all beverages.	<input type="radio"/> yes	<input type="radio"/> no		
		<input type="radio"/> same			
G	Q19	Baked chips are available.	<input type="radio"/> yes	<input type="radio"/> no	
	Q20	More than two varieties of baked or low-fat chips are available.	<input type="radio"/> yes	<input type="radio"/> no	
				<input type="radio"/> NA	
Q21	Baked or low-fat chips are priced lower than regular chips.	<input type="radio"/> yes	<input type="radio"/> no	NA = no baked or low-fat chips	
		<input type="radio"/> same	<input type="radio"/> NA		

H	Q22	Greater than 30 percent (30%) of available snacks are healthier choices. $\frac{\text{Total Number of "healthier choice" snacks}}{\text{Total Number Available}} \times 100\%$	<input type="radio"/> yes	<input type="radio"/> no	
	I	Q23	Reduced-fat (<9grams per 8-11oz serving) frozen dinners are available.	<input type="radio"/> yes	<input type="radio"/> no
I	Q24	Reduced fat-frozen dinners are priced lower than the regular version.	<input type="radio"/> yes <input type="radio"/> same	<input type="radio"/> no <input type="radio"/> NA	NA= no reduced-fat frozen dinners
	J	Q25	Pre-prepared sandwiches or wraps are made with whole-grain bread, lean meats, and low-fat condiments.	<input type="radio"/> yes	
K	Q26	Whole-grain bread is available.	<input type="radio"/> yes	<input type="radio"/> no	
	Q27	More than two varieties of whole-grain bread are available.	<input type="radio"/> yes	<input type="radio"/> no	
	Q28	Whole-grain bread is priced lower than white bread.	<input type="radio"/> yes <input type="radio"/> same	<input type="radio"/> no <input type="radio"/> NA	NA = no whole-grain bread
L	Q29	More than two varieties of a healthier hot or cold cereal are available.	<input type="radio"/> yes	<input type="radio"/> no	
	Q30	Healthier cereal is priced lower than sugar versions.	<input type="radio"/> yes <input type="radio"/> same	<input type="radio"/> no <input type="radio"/> NA	NA = no healthier cereal
M	Q31	There is an in-store identification of healthy options.	<input type="radio"/> yes	<input type="radio"/> no	
	Q32	Available health eating program marketed appropriately.	<input type="radio"/> yes	<input type="radio"/> no	
	Q33	Advertising or specials do not promote overeating or unhealthy choices.	<input type="radio"/> yes	<input type="radio"/> no	