



Navy LARC Training 2014 LARC CHAMPION FACT SHEET

(Version 3 April 2014)

Course Overview: Morning didactic session: all students will learn about the incidence of unplanned pregnancy in the U.S. and DoN, and the benefits and risks of intrauterine devices and the hormonal contraceptive implant. Afternoon hands-on training: eligible students will be trained and certified to place Paragard, Mirena and Skyla IUDs and Nexplanon hormonal implant.

Presenters: Representatives of the Association of Reproductive Health Professionals (ARHP) and Merck & Co.

Target Audience/Eligibility:

- Morning didactic session: the entire Navy Medicine health care team is welcome.
- Afternoon hands-on training: _____

LARC Champions Role:

- POC for this training at your facility;
- Speaker at your local iteration of the training; Introduce the ARHP and Merck speakers; discuss unplanned pregnancy and contraception use in the Navy - slides provided by <mailto:michael.r.macdonald@med.navy.mil> and close the event by thanking guest speakers and fielding student questions.
- Serve as second IUD trainer in support of the ARHP instructor during the hands-on session.
- Champion for post-training LARC-service sustainability.

Schedule:

Auditorium

08:00 Navy Host or local Navy LARC Champion - intro/welcome/admin (5 minutes)

08:05 ARHP - Pre-test (10 minutes)

08:15 ARHP - Introduction (10 minutes)

ARHP - Podium remarks – ARHP Staff

ARHP - Introduction of speakers – Presenter

ARHP - Overview of session format – Presenter

08:25 Navy LARC Champion - Didactic Presentation of Navy upp data (10 minutes)

08:35 ARHP - Didactic Presentation and Q&A (70 minutes)

09:45 Break/room change (15 minutes)

Classroom with tables and chairs

10:00 ARHP - Hands-on Practicum and Q&A (65 minutes)

11:05 ARHP - Wrap-Up/Post-Test (10 minutes)



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11:15 Lunch

12:30 Merck Nexplanon Training (3 hours)

15:30 Navy LARC Champion closing remarks; sustainability issues; QnA (30 minutes)

16:00 Adjourn

Continuing Education Credit: ARHP is accredited for CME, CEU, and Pharmacy credits and awards 3 credit hours for completion of the training. Within 4-weeks of the session ARHP sends out certificates via email. Six weeks following the session, participants are asked to complete a follow-up survey that assesses their actual use of the information presented in the sessions.

About Student Travel: funding for traveling students is the responsibility of their command. This training is exempt from the BUMED conference-approval process.

Registration: A registration / quota request form is available at:

<http://www.med.navy.mil/sites/nmcphc/health-promotion/reproductive-sexual-health/Pages/navylarctraining2014.aspx>

The student completes and emails the form and receives email confirmation. This same webpage includes a roster of confirmed / registered students. Navy LARC POC is: <mailto:michael.r.macdonald@med.navy.mil>.

Latest info online at:

<http://www.med.navy.mil/sites/nmcphc/health-promotion/reproductive-sexual-health/Pages/navylarctraining2014.aspx>