



DEPARTMENT OF THE NAVY  
BUREAU OF MEDICINE AND SURGERY  
7700 ARLINGTON BOULEVARD  
FALLS CHURCH, VA 22042

IN REPLY REFER TO  
6300  
Ser M3/14UM30132  
SEP 12 2014

MEMORANDUM FOR COMMANDER, NAVY MEDICINE EAST  
COMMANDER, NAVY MEDICINE WEST  
COMMANDER, UNITED STATES FLEET FORCES COMMAND  
MEDICAL OFFICER TO THE UNITED STATES MARINE CORPS

Subj: NAVY MEDICINE CONTRACEPTION TRAINING

1. The Navy Bureau of Medicine and Surgery (BUMED) will sponsor a one-day training event for select members of the Navy healthcare team at multiple CONUS locations from October 2014 through March 2015. I strongly encourage attendance by healthcare providers who deliver primary care services to women. This includes physicians, physician assistants, flight surgeons, general medical officers, medical homeport clinicians, as well as support team members including independent duty corpsmen, nurses, and health educators. The training will increase clinical knowledge and awareness, and provide state-of-the-art family planning counseling and Long Acting Reversible Contraception (LARC) skills.
2. Access to family planning services is an integral component of primary healthcare for women, men, and families. Among contraceptive options, LARC, in the form of IUDs and subdermal hormonal implants, has been demonstrated to be a highly effective, safe, and cost effective option for most women. However, use of these devices across the Navy Medicine enterprise is inconsistent due to the shortfall of trained and certified primary care providers and insufficiently informed healthcare support team members.
3. This training event is supported by the non-profit Association of Reproductive Healthcare Professionals and Merck Pharmaceuticals Education Division. Eligible participants who complete the training will receive hands-on training for the placement of three intrauterine devices (IUDs), certification to place the subdermal hormonal implant, and three (3) CME hours. The training locations target high fleet concentration areas, providing an accessible training opportunity for fleet and MTF-based providers. Training location details will be posted on the Navy and Marine Corps Public Health Center Sexual Health and Reproductive Program website: <http://www.med.navy.mil/sites/nmcphc/health-promotion/reproductive-sexual-health/Pages/navylarctraining2014.aspx>. Please take full advantage of this unique and valuable training opportunity.
4. Should you have any additional questions, my point of contact is CDR Eva Domotorffy, NC, USN, available at (703) 681-9265, or via email at [eva.domotorffy@med.navy.mil](mailto:eva.domotorffy@med.navy.mil).

A handwritten signature in black ink, appearing to read "K. J. IVERSON".

K. J. IVERSON  
Deputy Chief, Medical Operations