

Every 4 days...

another sailor gets HIV

...since 1985,
over 4,700
active duty sailors
have been infected
with HIV...



...enough to man
an aircraft carrier

The most common way HIV is spread is through sex.

You can't tell for sure if a person has HIV just by looking or asking.

You can avoid HIV by having no sex, or delaying sex until later in life.

You can avoid HIV by having sex with only one, faithful, HIV-free partner.

You can greatly reduce risk by using a condom every time you have sex.

Protect yourself from HIV. We need you.

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**NAVY AND MARINE CORPS
PUBLIC HEALTH CENTER**

PREVENTION AND PROTECTION START HERE