

HIV

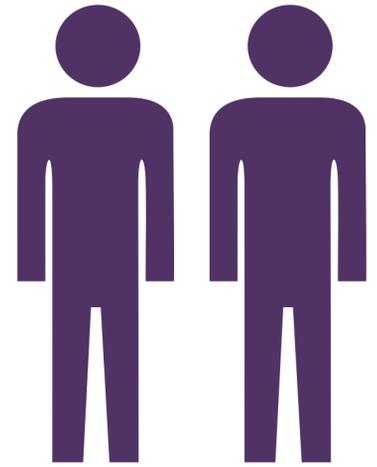
...Sailors and Marines should know...

HIV happens...

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...every 4 days,
another active duty
Sailor or Marine
is diagnosed with HIV.

...to women:
in the U.S., about 1 of 5 people
that got HIV last year is a
woman.



...to men.
Men who have unprotected sex
with men are at highest risk
of getting HIV.
Men who have unprotected sex
with women can also get HIV.

But it doesn't have to....

Rx

HIV medicine
can greatly reduce your
risk of getting HIV.
You can take one pill each
day - it's called PrEP.
- or -
You can take HIV pills
after an exposure - **BUT**
you must start within
72 hrs - it's called PEP.

Ask your military doc if
PrEP or PEP
are right for you.

Condoms used correctly
and every time
greatly reduce your risk.



Just pulling out,
or just asking your partner if
they have HIV
are **NOT** safe strategies.



Ask for an HIV test every year
if you are
a man who has sex with men,
or if you have
sex without a condom
with casual partners.

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Learn More



**NAVY AND MARINE CORPS
PUBLIC HEALTH CENTER**

PREVENTION AND PROTECTION START HERE