

This little thing?

Don't want to worry about remembering birth control? This forgettable contraceptive method is 99% reliable.

- >> Once placed under the skin of your arm by your doctor, there's nothing else you need for birth control.
- >> Lasts for up to 3 years.
- >> Have it removed, and you're ready for a baby.
- >> Most women have fewer, lighter periods.
- >> Irregular bleeding is the most common side effect.

Photo source: Bob MacDonald; NMCPHC; May 2013

The hormonal implant does not protect against sexually transmitted infections. Use condoms with the implant if you are concerned about STIs.

Some birth control methods, like the hormonal implant, are much more reliable than others.

Learn more about your birth control options >



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