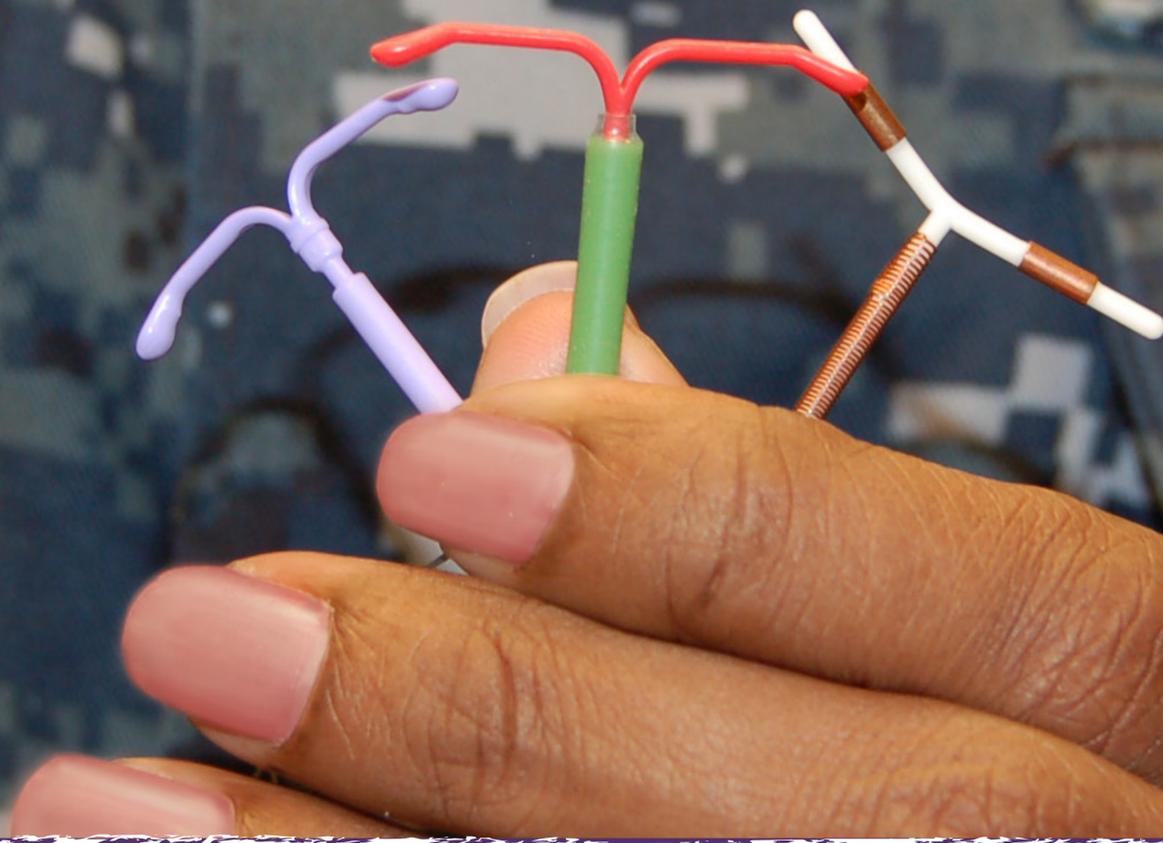


Hormones or no Hormones? You Decide

- >> IUDs are very reliable as birth control - over 99%
- >> Quickly placed.
- >> Very Safe.
- >> Nothing to remember.
- >> Work for 3, 5 or 12 years.
- >> Quick removal and you're ready to have a baby.
- >> OK for women who have never had a baby and for those who have.

The IUD does not protect against sexually transmitted infections.
Use condoms with the IUD if you are concerned about STIs.

Photo source: Bob MacDonald; NMCPHC; May 2013



Some birth control methods,
like intrauterine devices (IUDs),
are much more reliable than others.

Learn more about your birth control options >



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