



Only 4 of 10

female sailors
who became pregnant
while in the Navy...

...say their last pregnancy was
planned.

Got a plan?

Photo via US Navy contract



...some birth control methods
are **much** more reliable than others

Learn more

about your birth control options

<http://www.med.navy.mil/sites/nmcphc/health-promotion/reproductive-sexual-health/Pages/larc.aspx>

*Among surveyed enlisted female sailors. Navy Personnel Research, Studies, and Technology. 2012 Pregnancy and Parenthood Survey. September 2013

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