



## DEPARTMENT OF THE NAVY

NAVAL HEALTH CLINIC NEW ENGLAND  
43 SMITH ROAD  
NEWPORT RI 02841-1002

IN REPLY REFER TO

NHCNEINST 6240.1A  
05  
30 Oct 14

### NAVHLTCLINICNE INSTRUCTION 6240.1A

From: Commanding Officer, Naval Health Clinic New England

Subj: NAVAL HEALTH CLINIC NEW ENGLAND TOBACCO FREE CAMPUS

Ref: (a) BUMEDINST 6200.12A

Encl: (1) Naval Health Clinic New England Newport campus boundaries  
(2) Naval Branch Health Clinic Groton campus boundaries  
(3) Naval Branch Health Clinic Portsmouth campus boundaries

1. Purpose. This instruction establishes guidelines for a tobacco free campus at Naval Health Clinic New England (NHCNE) and its Branch Health Clinics (BHCs) per references (a) and enclosures (1) through (3).

2. Cancellation. NHCNEINST 6240.1.

3. Scope. This policy applies to all NHCNE and BHC staff to include: contract staff, patients, visitors, students, trainees, volunteers, and vendors.

4. Background. The Surgeon General of the United States has determined that smoking and the use of smokeless tobacco are the most preventable causes of illness and death. Medical evidence shows that use of tobacco products adversely impacts the health and readiness of our military and civilian personnel. Tobacco use impairs such critical military skills as night vision and hand/eye coordination. It impairs cardiac-respiratory endurance, exercise tolerance, and stamina. It causes debilitating diseases and increases susceptibility to many others which reduce efficiency, productivity, and dependability, potentially impacting worldwide mobility qualifications of our military members.

#### 5. Responsibilities

a. Department heads, senior enlisted leaders and supervisors are encouraged to:

(1) Ensure compliance with this instruction in their respective work areas. Verbally counsel, and when appropriate, provide written counseling to active duty and staff employees for failure to comply with command policy.

guests to NHCNE campuses. Proper media outlets include but are not limited to: community and base newspapers, command webpages and other forms of advertising available in the community.

6. Policy. It is the policy of the Surgeon General of the Navy that medical department personnel, as healthcare professionals, lead the way in encouraging programs and practices which will eliminate the use of tobacco products. Chief, Bureau of Medicine and Surgery (BUMED) has determined that all BUMED subordinate commands will set the example by establishing and maintaining a tobacco-free environment for patients, visitors, and staff. The policy of this command is to provide staff, patients, and visitors with an environment that is tobacco free and discourages the use of tobacco products while promoting education about the hazards of tobacco use and providing assistance to users who wish to quit.

a. Use of tobacco products of any kind are prohibited in all NHCNE and BHC spaces, parking lots and personal vehicles parked in NHCNE parking lots.

b. Signs reflecting the Navy's tobacco use and the tobacco free policy will be placed at all entrances to NHCNE and BHC spaces.

c. Tobacco cessation classes and adjunctive medications (nicotine patches, gum, bupropion SR, varenicline) will be provided free of charge to all eligible beneficiaries. Tobacco cessation classes, nicotine patches and gum will be provided free of charge to Department of Defense (DoD) civilian employees.

d. Navy medicine active duty personnel are not allowed to smoke or use smokeless tobacco products in uniform.

7. Action. Implement enclosures (1) through (3), which provides guidance on the boundaries of each clinic.

8. Definition. For the purpose of this instruction, campus is defined as any property that is owned, operated, maintained, or leased by NHCNE and its BHCs, to include: roads, parking lots, and sidewalks on clinic grounds.

9. Records Management. Record created as a result of this instruction regardless of media or format shall be managed per SECNAV M-5216.1 of 1 January 2012.

  
M. M. PENNINGTON

Distribution:  
Electronic Only via the NHCNE Intranet

(2) Ensure that all newly reporting personnel are aware of the requirements of this instruction. Inform prospective and new employees of the tobacco free campus policy during the interview and hiring process.

(3) Encourage staff to refrain from smoking and from using smokeless tobacco products.

(4) Encourage and support participation in cessation programs. However, no personnel will be unduly pressured or coerced in any way to participate in a cessation program or reprimed against in any manner for refusing to participate in such a program.

b. NHCNE and BHC staff shall:

(1) Familiarize themselves with the provisions and restrictions of this instruction and adhere to its requirements.

(2) Assist in enforcement of this policy by informing patients and visitors of the tobacco use policy as well as reporting violations to the chain of command.

c. Health Promotion/Wellness Coordinator shall:

(1) Make available, tobacco cessation classes and/or one-to-one counseling for all staff. Serve as a resource and point of contact for providers with patients who use tobacco and wish to quit.

(2) Incorporate appropriate information and guidance concerning this instruction into command orientation and general military training (GMT).

(3) Review this policy annually.

d. Healthcare Providers shall:

(1) Support the intent of this instruction by providing education and reinforcement of the Surgeon General's policy.

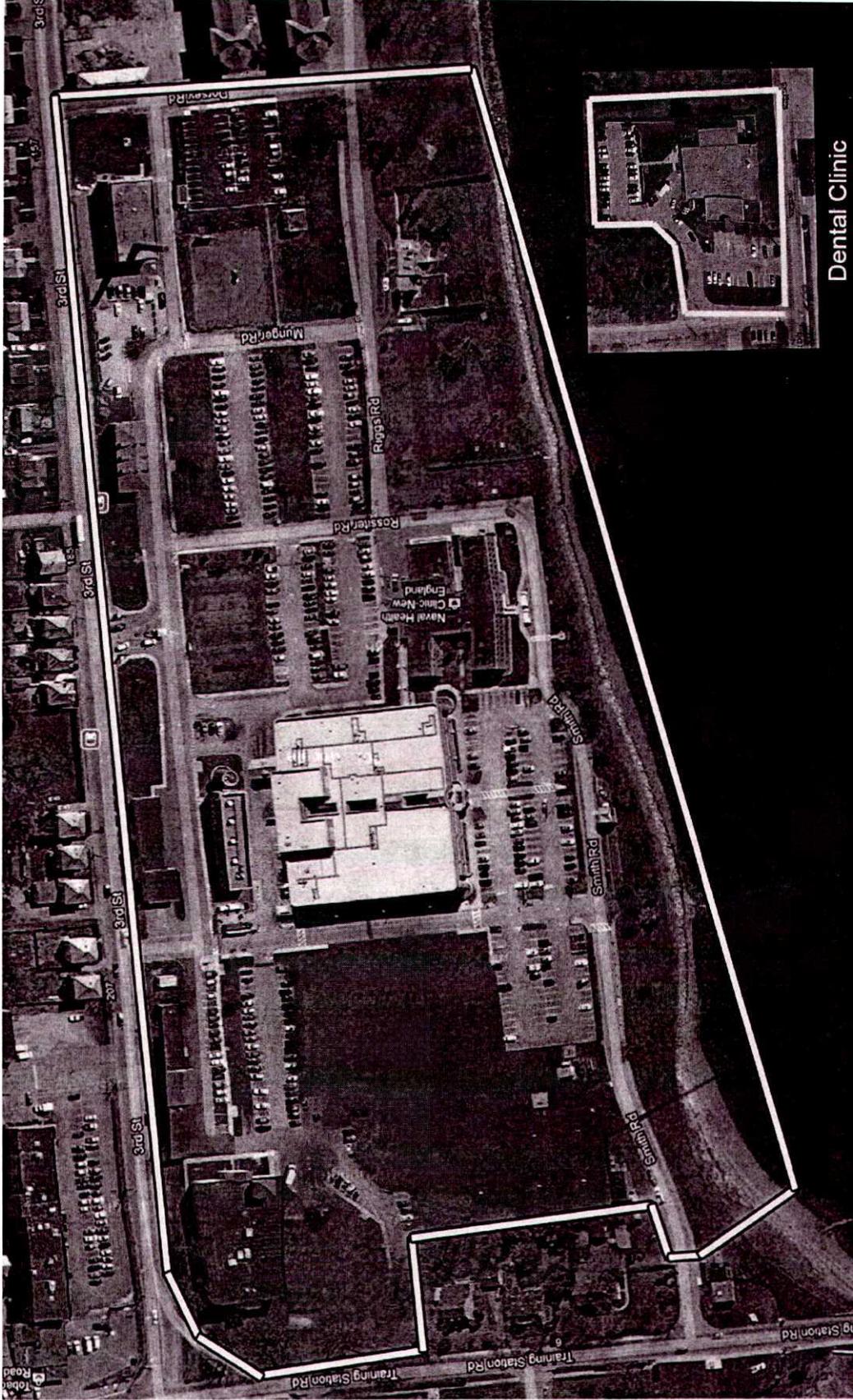
(2) Provide counseling, referrals and prescription support to staff requesting assistance to stop tobacco use.

e. Facilities Management shall provide and maintain signs to support NHCNE's Tobacco Free Campus policy.

f. The Public Affairs Officer shall provide information to proper media outlets regarding the implementation of a tobacco free campus for education of the community, visitors and other

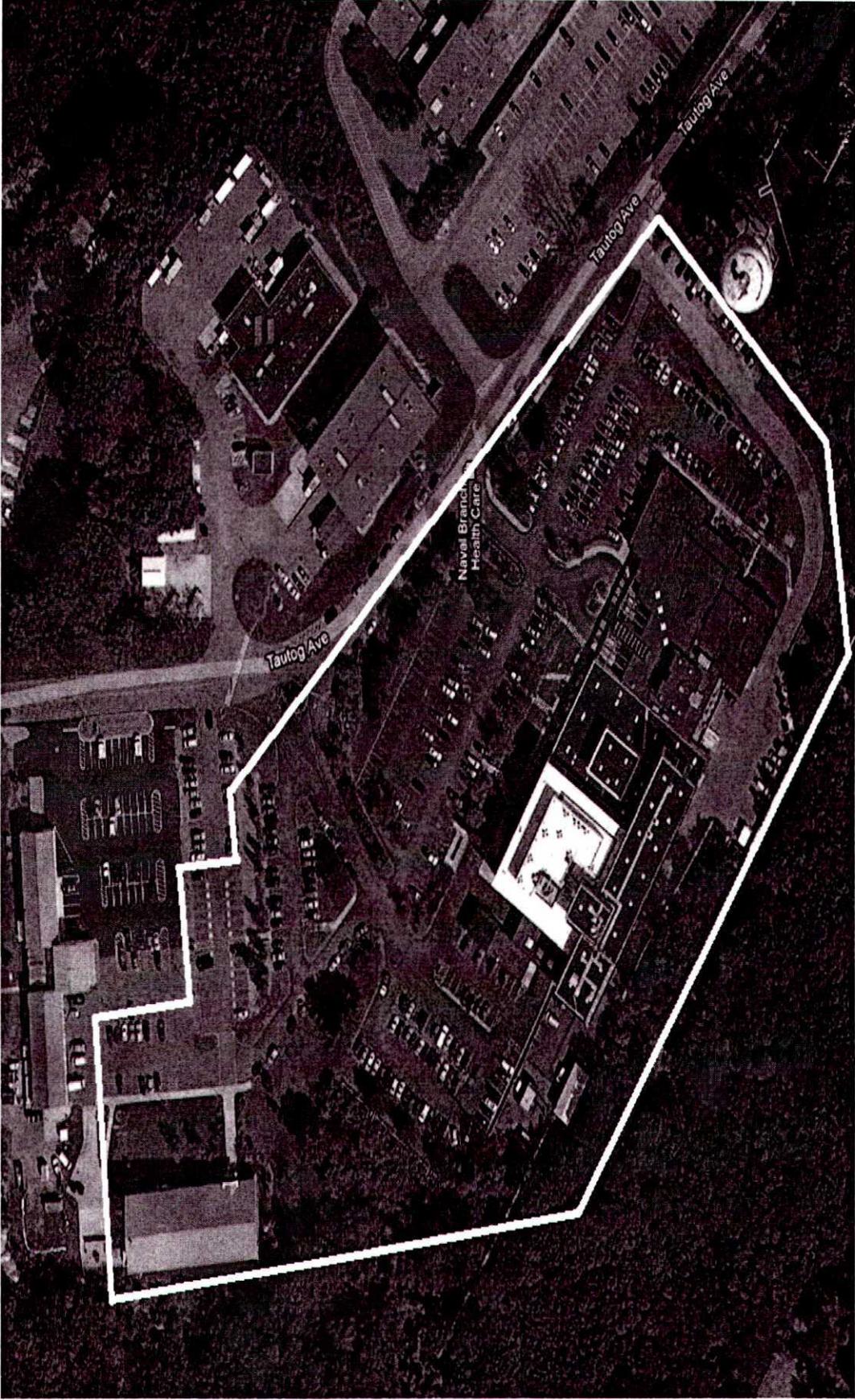
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# NAVAL HEALTH CLINIC NEW ENGLAND NEWPORT CAMPUS BOUNDARIES



NHCNEINST 6240.1A  
30 Oct 14

**NAVAL BRANCH HEALTH CLINIC GROTON CAMPUS BOUNDARIES**



NAVAL BRANCH HEALTH CLINIC PORTSMOUTH CAMPUS BOUNDARIES

