

22 September 2009

**HPW MTF Tobacco Program Metrics Report:
January - June 2009**

EXECUTIVE SUMMARY FOR NAVY MEDICINE:

1. Tobacco prevention and counseling services for those who use all forms of tobacco products are provided by Military Treatment Facilities (MTFs) Health Promotion and Wellness (HPW) Programs for their respective beneficiaries. OPNAVINST 6110.1H and BUMEDINST 6110.13A delineates current Navy Policy and Health Promotion Tobacco program responsibilities and activities. The U.S. Navy Surgeon General issued a 26 August 2008 Memorandum HPW Tobacco Cessation Program Metrics requiring reporting of MTF data to the Navy and Marine Corps Public Health Center (NMCPHC).

2. Tobacco prevention and cessation is an important component of Navy Medicine's role in encouraging healthy lifestyles, preventing disease and promoting readiness. HPW staff coordinates and provides tobacco services to include primary, secondary, and tertiary prevention with all tobacco product users in the MTF, at worksites and in the community. The HPW Programs are tasked to collect data on prevention, education, and intervention activities. This tobacco information and metrics are reported semi-annually by MTFs to the NMCPHC.

3. For Navy Medicine overall during Jan-June 2009 tobacco cessation availability and metric reporting is summarized in Table 1. At the completion of individual counseling, 55% of participants quit tobacco use, and 40% quit tobacco use after completing group counseling [Table 2]. Six month follow-up and outcome data from the MTFs indicated tobacco quit rates of 27% for participants who had received individual counseling, 20% for group counseling, and 23% for counseling overall.

4. Recommendations:

a. Naval Hospitals strengthen partnerships with Branch Health Clinics to

1) ensure adequate numbers of staff are trained and are functioning as Tobacco Cessation specialists and facilitators,

2) make counseling and pharmacotherapy easily and readily available for all local beneficiaries, and

3) encourage prevention of tobacco use.

b. Regional Medical Commands strengthen MTF accountability and support for HPW Tobacco Programs.

c. Improve HPW MTF follow-up of participants to assess tobacco use status after counseling.

d. NMCPHC will assist MTFs to improve metric quality and data accuracy.

Enclosure (1)

Table 1: Facilities Reporting Tobacco Cessation Program Metrics for Jan-June 2009

NAVMEC REGION	Tobacco Cessation Available	Reported Metrics*
<i>National Capital Area</i>		
NNMC Bethesda	Yes	Yes
NHC Annapolis	Yes	Yes
NHC Patuxent River	Yes	Yes
BHC Washington Navy Yard	Yes	Yes
NHC Quantico	Yes	Yes
BHC Sugar Grove	Yes	No
BHC Willow Grove	Yes	Yes
<i>East</i>		
NMC Portsmouth	Yes	Yes
BHC Little Creek Boone	Yes	Yes
BHC Yorktown	Yes	Yes
BHC Dam Neck	Yes	Yes
BHC Oceana	Yes	Yes
BHC Sewell's Point Dental	Yes	Yes
BHC Norfolk Dental Clinic	Yes	Yes
NHCNE Newport	Yes	Yes
NHCNE Groton	Yes	Yes
NHCNE Brunswick	Yes	Yes
NHCNE Portsmouth	Yes	Yes
NH Beaufort	Yes	Yes
NH Camp Lejeune	Yes	Yes
NHC Cherry Point	Yes	Yes
NHC Charleston	Yes	Yes
NH Corpus Christi	Yes	Yes
BHC Ingleside	Yes	Yes
BHC Kingsville	Yes	Yes
BHC Fort Worth	Yes	Yes
NHC Great Lakes	Yes	Yes
NH Jacksonville	Yes	Yes
BHC Athens	Yes	Yes
BHC Albany	No	No
BHC Key West	Yes	Yes
NBHC Mayport	Yes	Yes
NBHC King's Bay	Yes	Yes
NH Pensacola	Yes	Yes
BHC Meridan	Yes	Yes
BHC New Orleans	Yes	Yes
BHC Millington	No	No
BHC Panama City	Yes	No
NH Guantanamo Bay	Yes	Yes
NH Rota	Yes	Yes
NH Naples	Yes	Yes
NH Sigonella	Yes	Yes
<i>West</i>		
NMC San Diego	Yes	Yes
BHC NTC	Yes	No
BHC 32nd St	No	No
BHC Miramar	No	No
BHC North Island	Yes	Yes
BHC MCRD	No	No
NH Bremerton	Yes	Yes
BHC Everett	Yes	No
NH Camp Pendleton	Yes	Yes
BHC Port Hueneme	No	No
BHC Yuma	No	No
NH Lemoore	Yes	Yes
BHC Fallon	Yes	Yes
NH Oak Harbor	Yes	Yes
NH Okinawa	Yes	No
NHC Pearl Harbor Hawaii	Yes	Yes
NH Twentynine Palms	Yes	Yes
BHC China Lake	Yes	Yes
NH Guam	Yes	Yes
NH Yokosuka	Yes	Yes
BHC Iwakuni	Yes	Yes

*Health Promotion and Wellness tobacco program metrics include data on awareness, educational and prevention activities, training of facilitators, and tobacco counseling information.

Table 2: Tobacco Cessation Counseling Metrics for Jan-June 2009

Individual Counseling for Tobacco Cessation	Medical Region East	Medical Region West	National Capital Area	Total for all Regions
# Beginning Tobacco Counseling	1042	246	194	1482
# Completed Tobacco Counseling	889	211	194	1294
% Completed Tobacco Counseling	85%	86%	100%	87%
# Who Quit Tobacco at End Of Counseling	657	31	132	820
% Who Quit Tobacco at End Of Counseling*	63%	13%	68%	55%
Group Counseling for Tobacco Cessation	Medical Region East	Medical Region West	National Capital Area	Total for all Regions
# Beginning Tobacco Counseling	1022	897	153	2072
# Completed Tobacco Counseling	751	650	144	1545
% Completed Tobacco Counseling	73%	72%	94%	75%
# Who Quit Tobacco at End Of Counseling	425	334	60	819
% Who Quit Tobacco at End Of Counseling*	42%	37%	39%	40%
Six Month Outcome Data	Medical Region East	Medical Region West	National Capital Area	Total for all Regions
% Who Are Tobacco Free at 6 Months after Individual Counseling*	31%	13%	23%	27%
% Who Are Tobacco Free at 6 Months after Group Counseling*	31%	7%	28%	20%
% Who Are Tobacco Free at 6 Months after either Individual or Group Counseling*	31%	11%	25%	23%

*Percentage who quit tobacco based upon number who began counseling.