



DEPARTMENT OF THE NAVY
NAVAL HEALTH CLINIC CORPUS CHRISTI
10651 E STREET
CORPUS CHRISTI TX 78419-5130

NHCCCINST 6200.2P
06F601
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NHCCC INSTRUCTION 6200.2P

From: Commanding Officer, Naval Health Clinic Corpus Christi

Subj: TOBACCO USE IN NAVAL HEALTH CLINIC CORPUS CHRISTI

Ref: (a) SECNAVINST 5100.13E
(b) BUMEDINST 6200.12A
(c) NAVMED Policy 09-009
(d) NAVPERS 1566I, U.S. Navy Uniform Regulations, Chapter One, Enforcement

Encl: (1) Tobacco Use Warning Sign

1. Purpose. To establish a tobacco free environment policy that is focused on the control and reduction of tobacco use within Naval Health Clinic Corpus Christi (NHCCC), per references (a) through (d).
2. Cancellation. NHCCCINST 6200.2N
3. Applicability. Provisions of this instruction are applicable to all staff within NHCCC. The Naval Branch Health Clinics (NBHCs) shall develop local policies and procedures to ensure compliance wherever applicable. These policies and procedures will be in alignment with those of NHCCC and references (a) through (d).
4. Scope. The Tobacco Prevention Program is applicable to all persons while in NHCCC.
5. Background. The Surgeon General of the United States has determined that tobacco use is the single largest cause of preventable premature mortality in the United States among adults. The Environmental Protection Agency has stated that Environmental Tobacco Smoke (ETS) is classified as a known human-lung carcinogen, which poses a greater public health risk than air pollutants from all industrial emissions combined. Additionally, smokeless tobacco residue (from spitting into containers, waste baskets or the ground) presents an unsanitary condition to those nearby. Medical evidence overwhelmingly reveals that the use of all tobacco products adversely impacts on the health and readiness of our forces. It is the policy of the Surgeon General of the Navy that Navy Medicine should establish prevention programs, procedures and policies that serve to discourage all tobacco use and to promote a healthy lifestyle. As detailed in reference (c), tobacco use is the leading cause of respiratory and cardiac disease. It impairs healing, diminishes human and occupational performance, and contributes to lost work days. The associated health costs for the treatment of tobacco-related diseases are exorbitant and the impact on deployment readiness compromises the Navy mission.

6. Policy. It is the policy of NHCCC to provide our patients, visitors and staff with an environment that discourages the use of all tobacco products, promotes education about the hazards of tobacco use, and assists tobacco users who wish to quit. It has been determined that the use of tobacco products adversely impacts the health and readiness status of our military forces. Use of tobacco products, including all forms of smokeless tobacco, including but not limited to chewing tobacco and dip is strictly prohibited. Additionally, electronic nicotine delivery devices not approved by the Federal Drug Administration are also prohibited. Implementation of this policy is as follows:

a. General. The use of tobacco products, including all forms of smokeless tobacco and electronic delivery devices, are banned at all Bureau of Medicine and Surgery facilities. There will be a "No Tobacco Use" of any type policy in all buildings of NHCCC. Personnel who are tobacco users, including smokeless tobacco, will use only the designated area, regardless of weather conditions. Designation of a tobacco use area is established not to promote tobacco use, but rather to provide a location where others are not exposed to ETS and residue. Per reference (a), the tobacco use area shall display a tobacco use warning and availability of tobacco cessation programs sign (enclosure 1). Tobacco users will be held accountable for maintaining the cleanliness of the designated area. They will ensure that all trash and tobacco products are disposed of in trash receptacles or butt kits and that they are emptied regularly.

b. Patients and Visitors. Visitors and patients are prohibited from tobacco use at any time while in or around the NHCCC building. Entrance signs indicating "Tobacco Free Facility" will be prominently displayed. Signs and butt kits will be placed at the entrances and exits of all parking lots.

c. Military and Civilian Personnel. Per reference (a) in accordance with the Surgeon General of the Navy, uniformed and civilian personnel within Navy Medicine are prohibited from using tobacco products while in the presence of patients or while in their working environment. Because of the risk of second-and third-hand smoke, Navy Medicine personnel, while on duty status, shall demonstrate no visual or olfactory evidence of tobacco product use. The Surgeon General's instruction applies to members performing official duties even when uniform standards are relaxed to meet the mission (e.g., scrubs).

7. Responsibilities

a. Medical and Dental Health Care Providers will

(1) Inquire about each patient's tobacco use during routine physical, dental examination and regular clinic visit and advise each user of the health risks associated with tobacco use, the benefits of stopping and where to obtain assistance in quitting.

(2) Advise all pregnant tobacco users of the health risks to the fetus and where to obtain assistance to quit tobacco use.

b. Directors, Department Heads and Supervisors. Responsible for the enforcement of the tobacco use policy.

c. NHCCC Staff and Head, Staff Education and Training Department. Because of the example the clinic sets in encouraging good healthy lifestyles and preventing disease, all staff members are encouraged to educate beneficiaries and the public on the dangers of tobacco use and the desirability of quitting. Tobacco Cessation classes will be held on a regular basis for beneficiaries and staff members at no cost. New staff members are to be informed of the tobacco use policy during their orientation. Include tobacco cessation topics during command orientation and/or GMT training sessions.

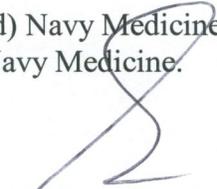
d. Materiel Management Department. Responsible for the signs required by this instruction and will ensure they are prepared, posted and maintained as appropriate.

e. NHCCC Military and Civilian Personnel. Required to abide by the policy guidelines set forth in this instruction.

(1) Any use of tobacco must occur on personal time and outside the command.

(2) Failure to observe the mandatory provisions of this instruction by military members is a violation of article 92, Uniform Code of Military Justice (UCMJ) and is subject to judicial and administrative sanctions. Violations of this instruction by DoD civilian employees and contractors may result in adverse administrative action.

(3) As directed in references (a) through (d) Navy Medicine personnel shall not use tobacco products while in uniform when representing Navy Medicine.



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Distribution:

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Tobacco Use Warning Sign

Tobacco use is the single largest cause of preventable premature deaths in the United States among adults. Quitting will help "YOU" live a longer and healthier life.

You can quit no matter how many times you have tried in the past. The Naval Health Clinic offers the following services to assist you in the quitting process:

1. Monthly Tobacco Cessation Course
2. Telephone Helping Quit Lines
3. Web Based Quit Assistance Programs.

For additional information, talk with your medical provider, visit and or call the Wellness Center at 961-3914.

**DO NOT REMOVE
POSTING OF THIS IS MANDATED BY SECNAV INSTRUCTION 5100.13E**

Enclosure (1)