



DEPARTMENT OF THE NAVY
NAVAL HEALTH CLINIC
PSC BOX 8023
CHERRY POINT, NORTH CAROLINA 28533-0023

NAVHEALTHCLNCPINST 5100.3P
06F600
5 Feb 2016

NAVAL HEALTH CLINIC CHERRY POINT INSTRUCTION 5100.3P

From: Commanding Officer

Subj: TOBACCO USE AND CESSATION PROGRAM

Ref: (a) SECNAVINST 5100.13E
(b) BUMEDINST 6200.12A
(c) AirStaO 5353.1E

1. Purpose. To promulgate policy for a tobacco free compound at Naval Health Clinic Cherry Point (NHCCP), provide a safe, tobacco-free working and living environment and inform current tobacco users of available tobacco cessation assistance. Compound is defined as any property, residential or non-residential, that is owned, operated, maintained or leased by NHCCP to include all roads, parking lots and sidewalks on NHCCP grounds. This instruction provides policy and program guidance for the tobacco prevention, use and cessation program, consistent with references (a) through (c). For the purpose of this instruction, tobacco is defined as any and all items that contain nicotine. This policy applies to all NHCCP employees, patients, visitors, students, trainees, volunteers, vendors and supplemental staff to include contract employees. This instruction has been rewritten in its entirety.

2. Cancellation. NAVHEALTHCLNCPINST 5100.3N

3. Background. The Surgeon General of the United States has determined tobacco use is the single most preventable cause of illness and death. The Environmental Protection Agency has classified secondhand smoke, or environmental tobacco smoke (ETS), as a "GROUP A" (known human) carcinogen. Tobacco products also adversely impact the health and readiness of our military forces and are an immense burden on the Department of Defense (DoD) health care system.

4. Policy

a. The policy of this Command is to provide staff, patients and visitors an environment that is tobacco free and discourages the use of tobacco products, promotes education about the hazards of tobacco use and encourages and assists tobacco users who wish to quit. The Command policy also provides clear guidelines to those who choose to use tobacco and allow tobacco use off all clinic grounds, thereby ensuring a safe, healthy and unpolluted environment for those who do not use tobacco.

5 Feb 2016

b. References (a) and (b) require written policies that discourage and control the use of tobacco products and directs all Navy Medicine to set the example of a fit force by encouraging tobacco cessation and prohibiting tobacco use while on duty, in the presence of patients or while in uniform. Per reference (b), "Because of the risk of second and third hand smoke, Navy Medicine personnel, while in a duty status, shall demonstrate no visual or olfactory evidence of tobacco products use". Tobacco use is also prohibited when a service member is traveling in support of the Bureau of Medicine and Surgery mission.

c. NHCCP was first established as a tobacco free compound on 1 January 2010, wherein the use of all tobacco products, including smokeless, vapor and electronic cigarettes are prohibited. Tobacco products will not be used in any areas under the control of this command. These areas include the Naval Health Clinic, support buildings, tenant spaces, the Occupational Medicine Clinic, all privately owned vehicles on NHCCP governed property and all federally owned vehicles.

d. A service member's preference for tobacco or non-tobacco use will be considered in the assignment of berthing spaces. Tobacco use will only be allowed in designated tobacco use areas outside the berthing spaces.

e. The Command's tobacco use policy will be included in staff orientation and annual training.

f. The Tobacco Cessation Program is open to all staff and beneficiaries of NHCCP. Tobacco cessation services include cessation counseling and pharmaceuticals, provided free of charge, to DoD Federal employees and beneficiaries. As integral members of our HealthCare team, contract staff members are invited to attend the counseling sessions with the concurrence of their supervisor and approved leave but are not granted access to medications through the clinic.

5. Action

a. All NHCCP staff shall be responsible for compliance with and enforcement of this instruction and shall:

(1) Inform all NHCCP patients and visitors of the NHCCP tobacco free policy;

(2) Assist in the enforcement of the tobacco free policy by utilizing proper military courtesy and the chain of command;

5 Feb 2016

(3) Offer assistance to eligible beneficiaries requesting tobacco cessation information and/or counseling by referring them to the Health Promotion and Wellness Department;

b. The Health Promotions Coordinator/Tobacco Cessation Facilitator shall:

(1) Ensure tobacco cessation classes and/or one-on-one counseling are available and accessible for all staff and beneficiaries;

(2) Serve as a resource and point of contact for medical or dental providers with patients who use tobacco and for tobacco users who wish to quit;

(3) NHCCP tobacco cessation facilitator must report the command's tobacco program metrics semi-annually to the Navy Marine Corps Public Health Center (NMCPHC).

c. All Health Care Providers and/or support staff shall:

(1) Inquire about patients' tobacco use during routine medical and dental examinations, and will record that response in the vital sign section of the patient's electronic medical record, to include smokeless vapor or electronic cigarette use;

(2) Advise tobacco users of the health risks associated with tobacco use, the benefits of stopping use and refer them, if amenable, to the Tobacco Cessation Facilitator or other tobacco cessation resources;

(3) Counsel all pregnant tobacco users on the risks of tobacco to the fetus and services available to obtain assistance to stop tobacco use;

(4) Counsel all parents of the health risks of exposure to environment (second and third hand) smoke to their children's health;

(5) Aggressively promote tobacco cessation opportunities and encourage cessation programs open to all nicotine users.

d. Department Heads shall counsel (verbal and/or written), and when appropriate, discipline employees for failure to comply with the clinic policy. Day-to-day responsibility for implementation and compliance lies with supervisors.

e. Operations Management shall provide and maintain signs to support the NHCCP Tobacco Free Compound policy where applicable.

6. Applicability. This instruction applies to all NHCCP military, federal employees, contractors, patients and visitors. This instruction does not supersede other instructions or regulations where tobacco use is controlled because of fire, explosive, communicable disease or other safety considerations.

6. Records. Records created as a result of this instruction, regardless of media and format, shall be managed per SECNAV M-5210.1 of January 2012.


A. S. NIMMO

Distribution:
List A