



DEPARTMENT OF THE NAVY
NAVAL HEALTH CLINIC
PSC BOX 8023
CHERRY POINT, NORTH CAROLINA 28533-0023

NAVHEALTHCLNCPINST 5100.3N
06F600
4 Mar 2014

NAVAL HEALTH CLINIC CHERRY POINT INSTRUCTION 5100.3N

From: Commanding Officer

Subj: TOBACCO USE AND CESSATION PROGRAM

Ref: (a) SECNAVINST 5100.13E
(b) SECNAV Memo of 2 Mar 12
(c) NAVHEALTHCLNCPNOTICE 5330
(d) BUMEDINST 6200.12A
(e) BUMEDINST 5100.15A
(f) BUMED 5100 Ser M3/5 AT-26180 of 17 Jun 09
(g) AirStaO 5353.1E
(h) Negotiated Agreement Between International Association of Machinists and Aerospace Workers, Local 2296

1. Purpose. To promulgate policy for the use of tobacco products in and around areas controlled by Naval Health Clinic Cherry Point (NHCCP), and to inform current tobacco users of available tobacco cessation assistance.

2. Cancellation. NAVHEALTHCLNCPINST 5100.3M

3. Background. The Surgeon General of the United States has determined that tobacco use is the single most preventable cause of illness and death. The Environmental Protection Agency has classified secondhand smoke, or environmental tobacco smoke (ETS), as a "Group A" (known human) carcinogen. References (a) and (b) establish the Department of the Navy (DON) policy on the use of tobacco products and assigns responsibility to the Navy Medical Department for setting a healthy example and providing encouragement and assistance to members who want to stop using tobacco products. References (d) and (e) establish the Bureau of Medicine and Surgery (BUMED) as a tobacco free compound and provides guidance governing tobacco use in the DoD. The goals of the program are to provide a safe, tobacco-free working and living environment and inform current tobacco users about available cessation assistance.

4. Policy

a. Tobacco products will not be used in any areas under the control of the command. These areas include the main Naval Health Clinic, support buildings, tenant spaces and the Occupational Medicine Clinic, Building 3907.

b. Reference (c) announced the establishment of a tobacco-free compound on 1 January 2010, wherein the use of all tobacco products including smokeless tobacco and electronic cigarettes are prohibited. The compound includes buildings, common spaces, parking lots and personal vehicles parked or in use on the compound. Tobacco users will be required to exit NHCCP grounds to use any form of tobacco. Per references (a) through (g), time spent for tobacco use shall occur only during approved break periods designated by supervisors based on staffing, personnel policy and the union contract. Per reference (a), military personnel are prohibited from using tobacco products while in the presence of patients or while in uniform. Compliance with this directive will be strictly enforced, and policy violations will be subject to standard disciplinary actions, per the Uniformed Code of Military Justice and civilian disciplinary guidelines.

c. A service member's preference for tobacco or non-tobacco use will be considered in the assignment of berthing spaces. Tobacco use is prohibited in berthing spaces. Tobacco use will only be allowed in designated tobacco use areas.

d. The Wellness Department offers a Tobacco Cessation Program designed to help staff and patients quit using tobacco. Information on the program is available on the NHCCP External Website or from the Tobacco Cessation Facilitator located at NHCCP.

5. Action

a. All staff members will adhere to and assist in the enforcement of this policy. This action includes informing patients and visitors of the command's policy and encouraging personnel to use the Tobacco Cessation Program.

b. Medical and dental health care providers will:

(1) Inquire about patient's tobacco use during routine physical and dental examinations and advise users of the health risks associated with tobacco use, the benefits of stopping use and services available to obtain assistance to stop use.

(2) Advise all pregnant tobacco users of the health risks to the fetus and services available to obtain assistance to stop tobacco use.

(3) Document tobacco use during each visit and provide tobacco users encouragement and professional assistance to stop using tobacco products. Staff will also aggressively promote tobacco cessation opportunities and encourage cessation programs, open to both smokers and users of smokeless tobacco. These classes are offered monthly or on a one on one basis via the Wellness Department located in the Medical Home Port Clinic.

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Patients may contact the Wellness Department at 466-0277 for tobacco cessation information.

(4) Promote participation in tobacco cessation classes to increase the efficacy of staying tobacco free. Tobacco cessation medication shall be made available to all active duty personnel as medical condition permits, through a medical provider.

6. Records. Records created as a result of this instruction, regardless of media and format, shall be managed per SECNAV M-5210.1 of January 2012.



J. F. FERGUSON

Distribution:
List A

NAVHEALTHCLNCPNOTE 5100
09F100
29 Dec 2009

NAVAL HEALTH CLINIC CHERRY POINT NOTICE 5330

From: Commanding Officer

Subj: TOBACCO-FREE COMPOUND

Ref: (a) NAVMED 09-009
(b) SECNAVINST 5100.13E

Encl: (1) NHCCP Compound Photograph

1. Purpose. To announce that NHCCP will officially be a tobacco-free compound beginning, Friday, 01 January 2010.
2. Observance. In order to promote a clean, healthy, and safe environment this Command will implement a tobacco-free policy for all personnel while on the Clinic compound. This policy will apply to all active duty service members, civilians, contractors, visitors, and beneficiaries.
3. Discussion. This policy is being announced in advance in order to give tobacco users time to facilitate a smooth transition to a tobacco-free environment. Those staff members who use tobacco products and would like to quit are invited to participate in the clinic cessation programs. Smoking cessation classes are currently being offered to all civilian employees who wish to attend, and this privilege will be extended until 30 June 2010.
4. Action. The use of all tobacco products including smokeless tobacco will be prohibited on the compound of NHCCP. The compound includes buildings, common spaces, parking lots, and personal vehicles while parked or in use on the compound. Please see enclosure (1) outlining the perimeter of NHCCP's compound. Tobacco users will be required to exit NHCCP grounds during a designated break or lunch period to use any form of tobacco. Compliance with these guidelines will be strictly enforced, and policy violations will be subject to standard disciplinary action.

/s/
W. J. LEONARD
Acting

Distribution: (NAVHEALTHCLNCPNOTE 5100)
List A