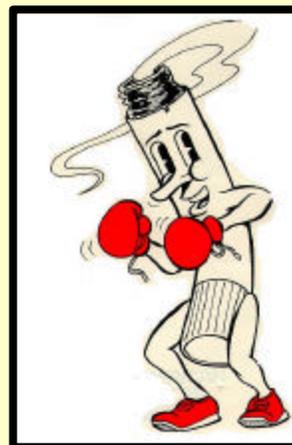


# Heaviness of Smoking\*

**1. At present, how long after waking up do you wait before having your first cigarette (in minutes)?**

**2 How many cigarettes do you smoke per day at present?**



\*From Heatherton, T.F., et al (1989)