

Tobacco Cessation In Primary Care

Assumptions

Patients

Daily appointments per Provider FTE	24
90% Show Rate	22
90% of patients screened for Tobacco Use	20
30% of patients use tobacco	6
100% given 30-second advice by Provider	6
40% are thinking about quitting	3

Brief quit messages may yield 5% quit rate



Corpsmen/Technicians

6 Minutes a Day

- Asks about tobacco use (Vital sign)
- Records tobacco use
- Provides brief message
- Gives self-help materials



Nurses/Educators

15 Minutes a Day

- Assess readiness to quit
- Discuss benefits and barriers
- Assists with quitting plan
- Provides one on one counseling



Providers

3 Minutes a Day

- Assess readiness to quit
- 30-second advice to quit
- Assess for medications
- Refers