

Medical Surveillance and Certification Exams For Sailors Assigned to Ships

Q. What are some typical medical surveillance and certification exams for sailors assigned to ships?

A. Exams for sailors assigned to ships may include:

- Asbestos
- Health Care Worker
- Noise
- Barber & Beauty Shop Employees
- Explosive Handler
- Food Service Personnel
- Forklift (Material Handling Equipment) Operator
- Welders/Braziers
- Weight Handling Equipment (Cranes)
- Wastewater/Sewage Worker

Q. Where can I go for more information?

A. A good place to start is with your command's industrial hygiene survey and the applicable instructions and publications. A few publications that should be readily available include:

- NMCPHC-TM OM 6260, Medical Surveillance Procedures Manual and Medical Matrix
- OPNAVINST 5100.19E, Navy Safety and Occupational Health Program Manual for Forces Afloat
- NAVSUP Publication 538, Management of Material Handling Equipment (MHE) and Shipboard Mobile Support Equipment (SMSE)
- NAVFAC P-307, Management of Weight Handling Equipment
- NAVSEA OP 5 Volume 1, Ammunition and Explosives Safety Ashore
- NAVMED P-117, Manual of the Medical Department
- NAVMED P-5010, Manual of Naval Preventive Medicine

Q. Who can I contact if I have questions?

A. Always start inside the lifelines. While division leadership and workcenter supervisors have the primary responsibility for ensuring that their personnel are assigned to the appropriate programs, they must work with safety and medical department representatives to achieve a successful safety and occupational health program. Additional resources include your supporting industrial hygiene office and local occupational health clinic. After using your local resources you may contact the Navy and Marine Corps Public Health Center at occmcd@nehc.mar.med.navy.mil or 757-953-0700 for questions about exams. You may also contact the Naval Safety Center at safe-medsurv@navy.mil or 703-695-7233.

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