

# Diabetes Symposium

Oct. 21, 2016  
0700-1600

We would like to welcome you to the 6th Annual Diabetes Symposium! Helping patients manage their diabetes can be very challenging in day to day primary care practice. We hope to provide you with some valuable information and tools that will assist you in delivering effective care to your patients with diabetes.

**LCDR James C. Clifford, MC, USN**  
Course Director

**LCDR Debra D. Coffey, MC, USN**

Course Co-Director

**LT Brian D. Tran, MC, USN**

Course Co-Director

**LT Christopher L Snitchler, MC, USN**

Course Co-Director

## **Program Learning Objective:**

Provide current evidence based review to primary care providers, specialty care providers, nurses, health technicians, LVNs and corpsmen on fundamental concepts of diabetes mellitus presentation, diagnosis, management, and prevention of complications.

**Registration:** online registration is available at:

<http://www.med.navy.mil/sites/nmcsd/Pages/Staff/Symposiums/DiabetesSymposium2016.aspx>

## SCHEDULE OF EVENTS

### MORNING SESSION:

**0700-0710: Welcome**

LCDR James Clifford

**0710-0800: Diabetes Standards of Care**

LCDR James Clifford

**0800-0810: Health & Wellness Resources for Pre-Diabetes**

Preston Thrift, RN

**0810-0900: Erectile Dysfunction...Viagra and Beyond**

CAPT Donald Crain

**0900-0915: BREAK**

**0915-1005: Cardiovascular Complications and Risk Reduction**

CDR Bryan Spalding

**1005-1040: Ophthalmologic Complications of Diabetes**

LT Gabriel Valerio

**1040-1050: BREAK**

**1050-1130: Renal Complications of Diabetes**

LCDR Nancy Miller

**1130-1150: Operational Considerations for Active Duty Diabetics**

CAPT Alfred Shwayhat

**1150-1200: Diabetes Mellitus & Active Duty Disposition**

LCDR James Clifford

**1200-1315: LUNCH**

### AFTERNOON SESSION:

**1315-1400: Insulin Titration Lessons from PharmD**

Lisa Tang / Alison Thai Tang

**1400-1445: Medical Nutrition Therapy / Advanced Carb Counting**

Christina Jurek RD CDE

**1445-1500: BREAK**

**1500-1530: Diabetes Self-Management Education (DSME) and Support (DSMS)**

Donna Bautista, RN, CDE

**1530-1550: Diabetic Foot Health**

LT Nhu Do

**1550-1600: Question & Answer**

CAPT Alfred Shwayhat / CDR Thanh Hoang /  
LCDR James Clifford



**Target Audience:** All Primary Care Providers (physicians, physician assistants (PA), nurse practitioners (NP), independent duty corpsmen (IDC) as well as specialty care providers, nurses, health technicians, licensed vocational nurses (LVN), and hospital corpsmen

**Program Sponsor:** Department of Medicine, Division of Endocrinology

**Location:** Naval Medical Center San Diego, Auditorium, Building 5

**Date:** Friday, 21 Oct 2016, 0700-1600

**Fees:** None

**Required:** Government ID badge for access to base

**Attire:** Military—Uniform of the Day; Civilian—Business attire

**Parking at NMCSD Facility:** Participants are encouraged to arrive early for parking

**CME/CEU:** The Naval Medical Center San Diego designates this live activity for a maximum of 7.5 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This course is approved for 7.5 continuing education credits by the Naval Medical Center San Diego, an approved provider of Continuing Nursing Education under the California Board of Registered Nursing Provider.