



Hospice Care

How can it help me or my family?

What is Hospice Care?

Hospice care is care that is provided by specially trained members of a multidisciplinary team of professionals who work with family members and patients to provide compassionate care during the end of their life. End of life care may be a few days or 6 months. Hospice care groups provide care when a cure is not possible. They provide additional psychological and physical support to reduce symptoms. They help to alleviate pain and anxiety. Hospice care may take place in a skilled nursing facility, in the hospital, or while at home. They will work to provide seamless support during transfers to different care locations for those patients that need different levels of care.

How can it help me or my family?

For many patients at the end of their life, we as family members want to contribute to their care, but often don't know how. We want to ensure dignity, respect, and comfort as much as possible. This is where hospice care comes in. They work to support OUR GOALS for our family members. For patients at the end of their life, who are Medicare or Medi-cal eligible, Medicare or Medi-cal may cover all the costs of hospice care that may include doctors, nurses, social workers and other staff. A six-month certification by the physician is required to meet requirements.

Services Provided

When making inquiries regarding specific providers of hospice care you may want to ask about which of these services that they offer. Many hospice care groups may offer grief/bereavement care for family members for a year after their loved one's death.

- Hospice Nursing
- Licensed Clinical Social Workers
- Care Coordination
- Pharmacy
- Medical Equipment
- 24 hour phone consultation
- Home health aids
- After hours emergency visits
- Spiritual Support/Chaplains



Resources

For additional Hospice care resources located in San Diego County, please check below for more information. If you have any questions, please contact your doctor, nurse, Case Manager, or Social Worker. For questions please contact Ms. Debbie Williams, LCSW at 619-532-7364.

Fallbrook Hospice	9444 Balboa Ave. Suite 290 San Diego, 92123 858-565-2499 FAX 858-565-2548	Light Bridge Hospice	5280 Carroll Canyon Rd., Ste. 310 San Diego, CA 92121 858-458-2992 Contact@lightbridgehospice.com
Hospice by the Sea	312 S. Cedros Ave., Ste. 250 Solana Beach, CA 92075 858-794-0195 1-800-451-6016	San Diego Hospice and Palliative Care	4311 Third Ave. San Diego, CA 92103 619-688-1600
Hospice of the North Coast	5441 Avenida Encinas, Suite A Carlsbad, CA 92008 760-431-4100	Sharp Hospice Care	8881 Fletcher Pkwy., Ste. 336 La Mesa, CA 91942 619-667-1900
Hospice of Imperial Valley	300 South Imperial Avenue, Suite 5 El Centro, CA 92243 760-352-8905	The Elizabeth Hospice	150 W. Crest St. Escondido, CA 92025 760-737-2050 or 1-800-797-2050
Horizon Hospice	13053 Poway Road, Suite A Poway, CA 92064 858-748-3030	Tri-City Medical Center Hospice	4002 Vista Way Oceanside, CA 92056 760-940-5801
Kaiser Permanente	4647 Zion Ave. San Diego, CA 92120 619-641-4100	Vitas Healthcare Organization	9655 Granite Ridge, Ste. 300 San Diego, CA 92123 858-499-8901

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