

NMC San Diego Hematology-Oncology Division

Cancer Care Multi-Disciplinary Team

Medical Oncologists
Surgical
Radiation
Oncology Social Worker
Cancer Counselor
Oncology Certified Nurses
Oncology Case Management
Infusion Nurse Specialists
Pain Management Services
Clinical Research Coordinator
Clinical Pharmacists
Oncology Nutrition Services
Pastoral Care
Administrative Personnel

Our Mission

We strive to provide the highest level of patient and family-focused, multidisciplinary care that ensures the best possible quality of life before, during and after treatment.

Our Vision

To provide comprehensive cancer care that addresses the physical, psychosocial and spiritual needs of the cancer patient and their families within an environment conducive to healing.

Cancer 101

Have you just been diagnosed with cancer?

This class is designed to help you and your family understand your cancer care.

To enroll, call: 619-532-7300



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Designed by: IMD/D3

Inside:

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Career Counseling
Oncology Nutrition Services
Oncology Nursing
Pastoral Care

Oncology Social Work

Oncology Social Workers provide support services to people affected by cancer. They teach patients to understand how to use resources to help themselves. These services are designed to assist patients and families through planning and coordination of care.

- * Information regarding the difference between TRICARE, Medicare, and HMO/PPO insurance coverage.
- * Advance Directives, including Durable Medical Power of Attorney, Power of Attorney for finances, and wills.
- * Servicemember's Group Life Insurance (SGLI) and Veteran's Group Life Insurance (VGLI) related to cancer diagnosis.
- * State of CA Disability Insurance, Social Security Disability and private disability insurance.
- * American Cancer Society programs for newly diagnosed cancer patients and their families.
- * Community-based resources for transportation, meals and housing.
- * Exceptional Family Member Program for newly diagnosed cancer patients.
- * Resources for hair loss due to chemotherapy or radiation treatments.

Career Counseling

Cancer counseling is an additional service for you. It may help to improve your response to surgery, radiation and cancer drug therapies.

- * Cancer counseling provides:
 - Learning survivor tools
 - Stress reduction
 - Guided imagery
 - Assertiveness training
 - Support group activities
 - Individual, couple and/or family sessions
 - Grief therapy

Oncology Nursing

Our exceptional oncology nurses have comprehensive training in the care of patients with cancer. The nursing staff will provide information of the following topics:

- What RN Case Management can do for you.
- How to manage side effects from treatments.
- What are other types of care for cancer.
- How to obtain information on Clinical Trials.
- How to manage your symptoms (Palliative Care).

Oncology Nutrition Services

Cancer patients may have special dietary needs. Dietitians help patients get good nutrition during their treatment. This is important when food may not be appealing and the desire to eat may decline. Early nutrition intervention may help you during therapies related to your cancer treatment. If you have questions/concerns regarding your nutritional status, it is recommended to be seen by a Registered Dietitian (RD) before:

- You lose weight.
- You have a loss of appetite.
- You become at risk for other diseases.
- You experience other symptoms as part of your diagnosis.

Pastoral Care

An oncology chaplain offers spiritual and emotional support to our patients and their families. Our chaplains are on call for emergencies and make visits to patients all over the hospital. Chaplains help patients work through: faith, family issues, forgiveness and hope.