NAVY MEDICINE
World Class Care...Anytime, Anywhere

HEALTH CARE CONSUMER'S COUNCIL

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Enrollment Update

- Pediatrics open for newborns, siblings of enrolled children, and staff members
- Adolescent clinic open
- TRICARE Plus Program open to patients 65 years and older
- Patients may also choose to enroll to a TRICARE network provider

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Service Availability

- **Clinical Specialties that are expanding services:**
  - Obstetrics
  - Neurology

- **Clinics with full access, encouraging referrals:**
  - Urology
  - Cardiology
  - Breast Health
  - Dermatology
  - General Surgery

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Appointment Cancellations

Over 600 Cancellations thus far…

NMCSD - Naval Medical Center San Diego :: Contact - Windows Internet Explorer

http://www.nmcsd.med.navy.mil/form_view.cfm?slctform=15

Naval Medical Center San Diego

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Home » Contact NMCSD

Patient Services
Visitor Info
Command Info
News & Events
Staff/Network
Operational Support Office

Cancel an Appointment

Please do not use this form to discuss private medical information.
Please contact your healthcare provider to discuss your individual health.

Your Contact Information

*Name: Required
Email: Required
Phone: Required
Daytime phone (123) 456-7890

Appointment Information

Last 4 SSN: Required
Clinic: Required
Date: June 3 Required
Time: Required

Send

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Operating Room Spotlight:
Integrated Operating Rooms

- 12 New Integrated Operating Rooms Recently Completed
- 10,124 Surgical Procedures Performed in 2008
- 1223 Arthroscopic/Laparoscopic Procedures Performed in 2008

CDR Jeffrey Budge, NC, USN

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Robotics Spotlight

- **da Vinci Surgical System**
- **Robotic Assisted Laparoscopic Surgery**
- **Currently the only robot within the Navy Health Care System**
- **First case on October 9, 2008**
- **21 operations performed (Urology and Gynecology)**
  - 17 prostatectomies
  - 3 kidney reconstructions
  - 1 hysterectomy

OR Nurse Ron Boyd, CDR Brian Auge (Urology Chairman) and LCDR James L'Esperance (Head of Robotics DSS)

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NAVAL MEDICAL CENTER SAN DIEGO

Facilities Renovation Spotlight:
Mental Health

- Opened 4 November 2008
- Improved environment: safety and aesthetics
- Bed capacity increased
- Recognized as the "new benchmark for all Armed Services facilities" based on design and safety elements

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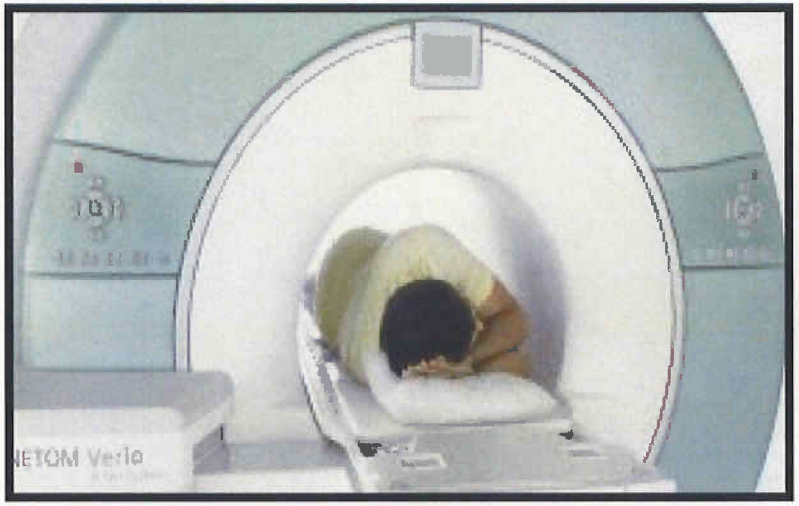
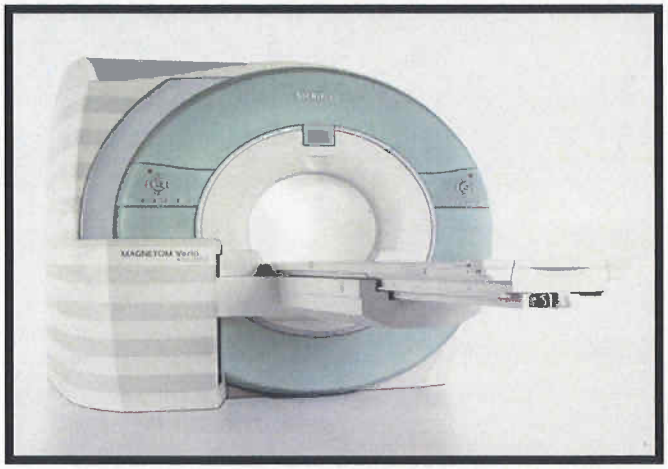
MRI Upgrade:

Siemens 3 Tesla Magnet

- State of the art imaging technology provides physicians with more powerful diagnostic data
- Faster imaging capability with improved resolution
- Facilitates image guided interventions
- Accommodates patients up to 550 lbs as well as those with special needs or mobility issues
- Less claustrophobia





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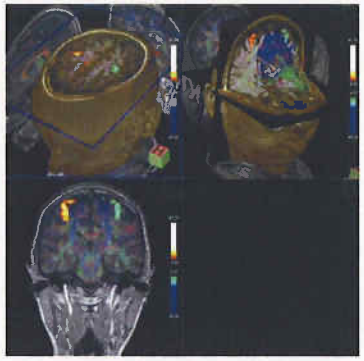
Neuro Card software combines anatomical and functional data in a single 3D set

T2* cartilage mapping software detects subtle pathologies with confidence and helps determine the best course of treatment at an early stage



Performs non-contrast enhanced perfusion imaging and evaluates cerebral blood flow, brain function and physiology

State of the art software cardiac exams with unmatched speed and resolution

Whole CNS in total acquisition time of 12 min without coil or patient repositioning

Seamless whole-body examination with Surface coil quality in a total acquisition time of 13 min.

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Taking Care of Yourself Spotlight:
Tobacco Cessation Program

Health and Wellness Department
Bldg 26-1

- Two Thursdays per month
- Open to all Tri-Care beneficiaries
- Consists of behavioral modification and pharmaceutical intervention through a multi-team approach.
- Provides continuous monitoring and support to ensure continuity of care and high success rates
- POC: HM2 (FMF) Figueroa & Joy Smith at (619) 532-6576

Cardiology Clinic
Walk in Tobacco Cessation
Bldg 3-3

- Wednesdays 1600-1700
- Open to all TRICARE beneficiaries
- Medication assistance is provided
- Patients are counseled on select topics and scheduled with their HCP to ensure the best course of pharmaceutical therapy
- POC: LCDR Seidensticker & LCDR Stafford at (619) 532-7400