

Primary Care Symposium Objectives and Disclosures: Department of Internal Medicine, Naval Medical Center San Diego

Proteinuria

Dr. Shagun Chopra, Department of Internal Medicine, Division of Nephrology, Naval Medical Center San Diego

Dr. Chopra has no relevant financial relationships.

Objectives:

- 1) Define proteinuria
- 2) Identify appropriate evaluation of proteinuria
- 3) Understand indications for referral

Prediabetes: What is it, and what should we do about it?

CAPT Amir Harari, Department of Internal Medicine, Division of Endocrinology, Naval Medical Center San Diego

Dr. Harari has no relevant financial relationships.

Objectives:

- 1) Identify pre-diabetes
- 2) Understand medical implications of pre-diabetes.
- 3) Understand rationale and different modalities of treatment

Chest Pain Evaluation – An Office Approach

LCDR Bryan Spalding, Department of Cardiology, Naval Medical Center San Diego

Dr. Spalding has no relevant financial relationships.

Objectives:

- 1) Identify red flags in the chest pain evaluation
- 2) Develop a diagnostic algorithm for the chest pain evaluation
- 3) Identify criteria and urgency for referral to cardiology

Tobacco Cessation: Changing Habits, Changing Lives

CDR Daniel Seidensticker, Department of Cardiology, Naval Medical Center San Diego

Dr. Seidensticker has no relevant financial relationships.

Objectives:

- 1) Review medical therapies available for cessation assistance
- 2) Recognize the barriers to success in tobacco cessation
- 3) Learn effective clinical techniques for tobacco cessation

Lipid Disorders: Beyond the Statins

LCDR Anthony Keller, Department of Cardiology, Naval Medical Center San Diego

Dr. Keller has no relevant financial relationships.

Objectives:

- 1) Describe targeted therapies for specific dyslipidemia syndromes
- 2) Identify the evidence-basis for targeted therapy and targets
- 3) Review the common treatment-limiting side effects of lipid lowering medications

Infectious Diseases - common clinical scenarios with a common sense approach.

Dr. Edith Lederman, Department of Internal Medicine, Division of Infectious Disease,
Naval Medical Center San Diego

Dr. Lederman has no relevant financial relationships.

Objectives:

- 1) Identify trends in drug resistance and appropriate modifications to antibiotic choices
- 2) Describe the utility and application of common diagnostic and microbiologic assays
- 3) Identify clinical and historical clues which warrant closer observation and more aggressive management

Top Ten Common Skin Problems with Management Strategies

LCDR Wiley Smith, Department of Dermatology, Naval Medical Center San Diego

Dr. Smith has no relevant financial relationships.

Objectives:

- 1) Describe dermatologic conditions frequently encountered in the Primary Care office
- 2) Utilize appropriate first line treatments for common skin conditions
- 3) Identify criteria for referral to dermatology

Taking the Medical Home on the Road

CDR Daniel Maher, Director of Medical Services, Naval Medical Center San Diego

Dr. Maher has no relevant financial relationships.

Objectives:

- 1) Identify the 6 principles of the Patient-Centered Medical Home
- 2) Recognize the key practice components of a Patient-Centered Medical Home
- 3) Recognize the skill sets needed for physician leaders in the Patient-Centered Medical Home