



# PRIMARY CARE SYMPOSIUM 2011

Friday, 20 May 2011, 0700 - 1500  
Building 5 Auditorium  
Naval Medical Center San Diego

“Building the Foundation of Medical Care for the Fleet and Families”

#### Target Audience:

All Physicians, Physician Assistants, Nurse practitioners, and Independent Duty Corpsmen Providing Primary Care Services

#### Goal of the Symposium:

Provide current evidence based review on fundamental primary care topics to aide in providing outstanding care to our fleet and families

[LINK TO COURSE LEARNING OBJECTIVES](#)

#### Registration Information:

Registration is FREE for all attendees.  
Registration Deadline is May 13, 2011.  
All attendees must have a Government ID to gain access to the Naval Medical Center.

[REGISTER FOR THE CONFERENCE](#)

#### CME/CEU Information

CME credits for the course are currently pending approval from command CME

#### Financial Disclosures:

None of the speakers or coordinators of this event have any relevant financial affiliations or conflicts of interest to disclose.

[LINK TO SPEAKER DISCLOSURES](#)

#### Course Director/POC:

Dr. Mark Tschanz -

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Dr. Herman Lyle -

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#### Sponsor:

Department of Internal Medicine

#### Additional Symposium Information:

**ATTIRE:** Military - Uniform of the day;  
Civilian - Business attire.

#### PARKING AT NMCSH HOSPITAL FACILITY:

Participants are encouraged to **Arrive Early** for parking.

[PARKING MAP](#)

#### LODGING ACCOMMODATIONS:

On your own.  
Please visit the [San Diego Convention and Visitors Bureau](#) for a comprehensive overview of lodging and transportation

## SCHEDULE OF EVENTS AND SPEAKERS

### 0700 – 0730: Registration and Coffee Service

### 0730 – 0815: *Conscientious coronaries: preventing atherosclerosis in moderate high risk individuals*

Dr. Christina Adams, Department of Cardiology, Scripps Clinic, San Diego, CA

### 0815 – 0900: *Hypertension in primary care: We have met the enemy...*

LT Mark Tschanz, Department of Medicine, Naval Medical Center San Diego

### 0900 – 0930: Break (coffee and Exhibit Session)

### 0930 – 1015: *Deployment-Relevant Infections: Q fever and Beyond*

LCDR Mark Johnson, Department of Medicine, Division of Infectious Diseases, Naval Medical Center San Diego

### 1015 – 1100: *Adverse Food Reactions*

LCDR Marguerite Lengkeek, Department of Medicine, Division of Allergy and Immunology, Naval Medical Center San Diego

### 1100 – 1200: Lunch (provided to all attendees who have pre-registered)

### 1200 – 1245: *The Initial Approach to the Anemic Patient*

LCDR Heather Tracy, Department of Hematology and Oncology, Naval Medical Center San Diego

### 1245 – 1300: Break (Coffee and Exhibits Session)

### 1300 – 1345: *The Scourge of Melancholy - Addressing the Expanding Role of Primary Care in Treating Depression*

LT Herman Lyle, Department of Medicine, Naval Medical Center San Diego

### 1345 – 1430: *Obesity: Attacking a "Huge" Problem in Limited Office Time*

Dr. Michael Stuparich, Department of Medicine, Naval Medical Center San Diego

### 1430 – 1500: Time for Questions and Exhibit Session

**EXHIBIT SESSIONS:** Throughout the day there will be exhibits set up from our Tobacco Cessation Clinic, Resources through our Health and Wellness Department, Clinical Quality Department, and Fleet and Family Services Representatives.