



## *11th Annual Women's Health Symposium*

### **PROGRAM OBJECTIVE:**

*To provide Yearly Update of Pertinent Medical Topics in Women's Health for the Healthcare Providers of Military Beneficiaries.*

**By the end of the presentations, the participant will know the following:**

### **LECTURE OBJECTIVES:**

1. **Adult Obesity and the Metabolic Syndrome Begin in the Womb**
  - a. **Speaker: Dr. Thomas Moore**
    - i. What is Metabolic Syndrome
    - ii. How pregnancy relates to obesity later in life
    - iii. How are obesity and metabolic syndrome related
2. **Endometrial Cancer: Update and Relationship to Obesity and Heart Disease**
  - a. **Speaker: Dr. Michael McHale**
    - i. What are risk factors for endometrial cancer
    - ii. Identify sensitivity and specificity of biopsies
    - iii. Role of primary care and referral to ob/gyn
3. **Poly Cystic Ovarian Syndrome**
  - a. **Speaker: Dr. Maureen Farrell**
    - i. Understand PCOS
    - ii. How to manage PCOS in primary care setting
    - iii. Be aware of relationship of PCOS to metabolic syndrome
4. **Diabetes in a Woman's Lifetime**
  - a. **Speaker: Dr. Alan Douglass**
    - i. Understand difference between type 1 diabetes and type 2
    - ii. Management strategies for the diabetic through many life stages
    - iii. Up to date information on criteria for early diagnosis
5. **Sexual Assault: Special Considerations in the Military and for Primary Care Providers**
  - a. **Speaker: CDR Nannette Brown**
    - i. Understand what to offer assault victim long after assault in primary care
    - ii. Learn processes in place for managing sexual assault
    - iii. Learn special considerations for the military and sexual assault
6. **PTSD in women**
  - a. **Speaker: Dr. Carolyn Allard**
    - i. Understanding PTSD in women
    - ii. Learning the physical effects of PTSD and medical manifestation
    - iii. How to manage women with PTSD in conjunction with mental health providers



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### **7. Integrative Medicine and Heart Disease**

#### **a. Speaker: Dr. Erminia Guarneri**

- i. Understanding risk factors for cardiovascular disease in women
- ii. Understanding the science behind the mind-body connection
- iii. Understanding integrative medicine and approach to disease prevention and management

### **8. Operational Medicine in Forward Deployment: USS Mercy and EMF Afghanistan**

#### **a. Speakers: Dr. Debra Arsenault, Dr. Grainger Lanneau, Dr. Michael Cackovic**

- i. Understand the medical resources and support available in forward deployed military settings
- ii. Be familiar with operational medicine and case experiences in the theatre
- iii. To know the factors that limit conventional medical practices in deployment