



*10<sup>th</sup> Annual Women's Health Symposium*

**NAVAL MEDICAL CENTER SAN DIEGO**

**Auditorium, Building 5-1, Friday, 04 December 2009**

**SPEAKERS BIOGRAPHIES (By Order of Program Appearance)**

**Ken Fujioka, MD**

Ken Fujioka, MD is director of the Nutrition and Metabolic Research Center and a member of the Division of Diabetes and Endocrinology at the Scripps Clinic - Del Mar in San Diego, Calif. He is board certified in both internal medicine and clinical nutrition and has extensive experience in the treatment of weight management and nutritional disorders.

A native of southern California, Dr. Fujioka earned his medical degree from the University of Hawaii School of Medicine, in Honolulu, where he also completed his internship and residency training in internal medicine. His postgraduate training continued at the University of Southern California Medical Center, in Los Angeles, where he served a two-year fellowship in diabetes and clinical nutrition.

Dr. Fujioka has authored or co-authored more than 40 scientific papers and abstracts and he has completed more than 75 clinical trials in the field of obesity and other related diseases including diabetes, hypercholesterolemia, and hypertension. In 1997, he authored a comprehensive analysis of the appropriate treatment of the obese patient for the state of California, and he served as an expert witness for the Medical Board of California on the appropriate use of weight loss agents in the treatment of the obese patient. Dr. Fujioka also has addressed the Joint Steering Committee for Public Policy on Capital Hill regarding obesity and nutritional supplements. Currently, he is a reviewer for The Journal of the American Medical Association (JAMA) Obesity Research, and Diabetes Care.

**Disclosures (within last 3 years):** Research grants and Consulting Agreement with Amylin, Merck, and Sanofi. Research grants only with Orexigen, Enteromedics, Roche, Nastech, Pfizer, Arena, and Obecure. Consulting Agreement only with Novanordisk.

**Andrea Ogden, RD**

Andrea Ogden is a Registered Dietitian and Continuing Education Coordinator for the San Diego Division of the American Dietetic Association (ADA). At Scripps Center for Integrative Medicine, Andrea counsels patients regarding heart disease, pain management, diabetes, food allergies, cancer prevention and weight loss. In addition to her role with Scripps, Andrea is the Nutrition Consultant for the San Diego Cardiac Center and Restaurant Membership & Marketing Coordinator for the national website, HealthyDiningFinder.com. Andrea Ogden is San Diego's nominee for ADA Recognized Young Dietitian of the Year.

**Disclosures:** Andrea has no affiliation or financial interest/relationships with any corporate organizations that may be mentioned in this CME/CNE offering.

**Michelle Applegarth, MS, CGC**

Michelle Applegarth is a Board Certified Genetic Counselor at Naval Medical Center San Diego (NMCS D). She previously served 6 years of active duty in the United States Air Force at Ellsworth Air Force Base, South Dakota and Yokota Air Base, Japan. Michelle is a recipient of the Air Force Commendation Medal. She earned a bachelor's degree in Psychology at Central Washington University and received her Master's degree in Genetic Counseling with Distinction, at California State University Northridge. Michelle is a member of the American Society of Human Genetics and a diplomat of the American Board of Genetic Counseling. She has been at NMCS D since July 2007, and currently provides genetic risk assessment for prenatal and oncology patients.

**Disclosures:** Michelle has no affiliation or financial interest/relationships with any corporate organizations that may be mentioned in this CME/CNE offering.

**Nimfa Teneza-Mora, LCDR, MC, USN**

Nimfa C. Teneza-Mora, MD, MPH is a staff physician in the Internal Medicine Department at the Naval Medical Center San Diego. She is board certified Infectious Diseases and Internal Medicine. She received her Bachelor of Science degree in Aerospace Engineering from the University of Maryland in 1988. She worked as a staff engineer for the Naval Center for Space Technology, Naval Research Laboratory from 1988-1993. She earned her Medical Degree from Eastern Virginia Medical School in 1997. She completed her internship in Internal Medicine at Naval Medical Center Portsmouth. After internship, she served as Senior Medical Officer at Branch Medical Clinic Yorktown, where she was a primary care provider for active duty personnel at Naval Weapons Station Yorktown from 1998-2001. Dr. Teneza-Mora completed her residency in Internal Medicine at the National Naval Medical Center Bethesda and her fellowship in Infectious Diseases at the Naval Medical Center San Diego. She received a Master's Degree in Public Health from San Diego State University.

Dr. Teneza-Mora recently returned from deployment in Camp Arifjan Kuwait where she served as a general internist providing inpatient and outpatient care to American troops in support of Operation Enduring Freedom.

**Disclosures:** LCDR Teneza-Mora has no affiliation or financial interest/relationships with any corporate organizations that may be mentioned in this CME/CNE offering.

**Jessica Shank, LT, MC, USN**

LT Shank is a fourth year resident in Obstetrics & Gynecology at the Naval Medical Center San Diego. She currently serves as one of two Administrative Chief Residents in the OB/GYN department. She was awarded a deferment by the United States Navy to do a fellowship in Gynecologic Oncology and will be attending fellowship in Gynecologic Oncology in July of 2010. LT Shank was recently awarded an ACOG scholarship to attend the Armed Forces District Conference in Honolulu, HI where she presented an original research oral presentation. LT Shank's case report entitled "Recurrent Postpartum Anaphylaxis with Breastfeeding" was recently published in The Obstetrics & Gynecology Green Journal's special case reports edition in August 2009. LT Shank attended Tulane University School of Medicine prior to coming to San Diego for residency.

**Disclosures:** Dr. Shank has no affiliation or financial interest/relationships with any corporate organizations that may be mentioned in this CME/CNE offering.

**Kimberly Livingston Maino, CDR, MC, USN**

Dr. (Commander) Kimberly Livingston Maino is a college accredited Mohs Micrographic surgeon specializing in skin cancer surgery and General Dermatologist in the Navy. She graduated from the United States Naval Academy in 1991. While at the Naval Academy, she became a qualified military parachutist. She completed her medical doctorate at the Medical University of South Carolina under the Navy Health Professions Scholarship Program. Internship in General Surgery was completed in 1996 at Portsmouth Naval Hospital. She trained as a Navy Flight Surgeon and was stationed with HMH-362, Marine Corps helicopter squadron, in Hawaii. Her last tour as a flight surgeon was at the Naval Air Facility at Andrews Air Force Base. She completed her Dermatology residency at the National Capital Consortium (combined National Naval Medical Center Bethesda and Walter Reed Army Medical Center) and became board certified in 2003. She stayed on as a General Dermatologist and as Assistant Residency Program Director at National Naval Medical Center, Bethesda MD. She was then selected and completed a Mohs Micrographic Surgery Fellowship at University of Colorado in 2007. Since completing fellowship, she is a practicing Mohs surgeon at the Naval Medical Center in San Diego. She is currently the Procedural Dermatology Division Head and Assistant Chairman of the Department of Dermatology.

**Disclosures:** Dr. Maino has no affiliation or financial interest/relationships with any corporate organizations that may be mentioned in this CME/CNE offering.

**Kathryn Sciarretta, LT, MC, USN**

Kathryn Sciarretta, M.D. is a chief resident in the Orthopedics Department at the Naval Medical Center, San Diego. She graduated from Georgetown University in 2001 cum laude with a Bachelor's of Science in Biology. She was a Howard Hughes Scholar in Biology and a member of the Sigma Xi Science Honor Society. Dr. Sciarretta's medical degree was obtained at New York University School of Medicine. While a medical student she received both the Milton B. Rosenbluth Foundation grant for international research in Nepal as well as the Herman Goldman Foundation grant for international study in India. She graduated from the School of Medicine 2005 an Alpha Omega Alpha Honor Society member. She received the Glover C. Arnold Award for Excellence in Surgery. Dr. Sciarretta completed her internship in the General Surgery Department at Naval Medical Center, San Diego. She will be completing her Orthopedic Residency here in June 2010. She is a recipient of the Orthopedic Trauma Association (OTA) resident award for excellence in teaching.

**Disclosures:** Dr. Sciarretta has no affiliation or financial interest/relationships with any corporate organizations that may be mentioned in this CME/CNE offering.

**Eimaneh Mostofian, LT, MC, USN**

Lieutenant Eimaneh Mostofian is currently on staff at the Department of Obstetrics & Gynecology at the Naval Hospital Camp Pendleton. She received her Bachelor's Degree in Physiology from the University of California, Davis and received her Medical Degree from Dartmouth Medical School. LT Mostofian joined the Navy through the Health Professions Scholarship Program and completed her residency in Obstetrics and Gynecology at the Naval

Medical Center, San Diego. Shortly after graduation, LT Mostofian deployed on her first operational tour with Bravo Surgical Company, 1st Medical BN, 1st Marine Logistics Group in support of Operation Iraqi Freedom to Al Taqqadum, Iraq from August 2008 - March 2009. There she served as an Obstetrician and Gynecologist as well as an assistant General Surgeon with the Forward Resuscitative Surgical System. She participated in joint activities with the U.S. Army 345th Combat Support Hospital in Mosul. During her deployment, LT Mostofian earned the Fleet Marine Forces Qualified Officer Qualifications **Disclosures:** LT Mostofian has no affiliation or financial interest/relationships with any corporate organizations that may be mentioned in this CME/CNE offering.

### **Robert Behrmann, MAJ, MC, USA**

Robert Behrmann, D.O., is a board certified staff Obstetrician and Gynecologist at Naval Medical Center, San Diego since August, 2009. He completed his undergraduate education April, 1997 at Brigham Young University in Provo, UT. Major Behrmann received a commission in the United States Army through the Health Profession Scholarship Program. In June, 2001 he went on to receive the degree of Doctor of Osteopathic Medicine at Lake Erie College of Osteopathic Medicine located in Erie, PA. After completion of medical school he completed a four year residency in the specialty of Obstetrics and Gynecology at Madigan Army Medical Center located in Tacoma, WA. He spent his first year out of residency overseas as a staff Obstetrician and Gynecologist at Yokota Air Force Base, Japan. Upon returning to the United States in August, 2006, he was a staff at Ft. Sill, OK until August, 2009. During this time period he had an opportunity to serve a 15 month deployment with Operation Iraqi Freedom. He returned in December, 2008 where he served as the Squadron Surgeon for the 3d Squadron, 3d Armored Cavalry Regiment. He was in charge of 1200 soldiers with a line unit and had a few opportunities to engage in women's healthcare. Upon completion of his deployment he was awarded the Bronze Star for participation in the successful campaign of his line unit. Dr. Behrmann is a proud husband and father of three children.

**Disclosures:** Major Behrmann has no affiliation or financial interest/relationships with any corporate organizations that may be mentioned in this CME/CNE offering.

### **Jason Heaton, CDR, MC, USN**

Jason Heaton, MD is a board certified Obstetrician and Gynecologist at the Naval Medical Center San Diego since 2007. He completed his undergraduate training at DePauw University in Greencastle, Indiana. He attended Indiana University School of Medicine. He completed his residency in Obstetrics and Gynecology at Portsmouth Naval Medical Center. He then served as staff OB/GYN at the National Naval Medical Center in Bethesda, Maryland.

Dr. Heaton recently returned from deployment at Camp Arifjan, Kuwait where he served as the sole OB/GYN to the troops in Kuwait in support of Operation Enduring Freedom.

Clinical interests include management of menopausal symptoms, abnormal uterine bleeding, and resident education.

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**Lisa Roybal, CDR (ret), NC, USN**

Lisa Roybal is a Women's Health Nurse Practitioner. She retired from the United States Navy in 2004. She was commissioned immediately after receiving her Bachelor of Science in Nursing from Loretto Heights College, Denver Colorado in 1984. During her 20 years of service she was assigned to 8 duty stations and had 12 appointed jobs. One of the highlights of her career was serving aboard the USNS Comfort during Desert Shield. Lisa has dedicated over sixteen years of her career to women's health care. In 1998 she received a Master of Science in Nursing from Pacific Lutheran University as a Women's Health Nurse Practitioner. Her first duty station after graduating as a nurse practitioner was Recruit Training Command Great Lakes Illinois followed by Naval Medical Center San Diego California. Lisa has an extensive background in all aspects of women's health care. Currently she is the Women Veterans Program Manager for VA Loma Linda Healthcare System. She is dedicated to serving the women veteran population as a program manager and provider.

Lisa's family are veterans: father served 31 years in the US Navy ; mother served 2 years in the US Marine Corps; and brother 9 years in US Army. In addition she has two daughters Vanessa 21 yrs old and Sarah 18yrs old.

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