



Tuesday, May 22 - Pre-Conference Workshops

- 0800-1030** Regional Training Coordinators (RTC) Roundtable – *Town and Country Room*
- 0800-1200** Frontline Supervisors Course for Suicide Prevention Coordinators - *Pacific Salons 6 & 7*
- 0800-1600** Navy OSC Leader - *California Room*
- 0800-1600** Stress Research Meeting – *San Diego Room*
- 0800-1600** Assessment and Treatment of Sleep Disturbance in Military Members – *Pacific Salon 3*
- 0800-1600** Utilizing Prevention Strategies to Manage Operational Stress – *Pacific Salon 1 & 2*
- 0800-1630** OSCAR Team Training – *Golden West Room*
- 1300-1500** OSCAR Master Trainer Workshop – *Town and Country Room*
- 1300-1700** Food Service Nutrition Seminar – *Pacific Salon 4 & 5*
- 1500-1700** Marine Leader’s Track Speaker Workshop – *Town and Country Room*

Wednesday Morning - May 23, 2012 - Conference Day 1

Plenary Session – Grand Hall

- 0800-0815** Opening Ceremony and Invocation
Third Marine Aircraft Wing Band; NMCS D Color Guard, LCDR Paul Tremblay, CHC, USN
- 0815-0825** Welcome
CAPT Scott L. Johnston, MSC, USN
Opening Remarks
RADM Elizabeth S. Niemyer, NC, USN
- 0825-0845** Senior Officer remarks
TBD
- 0845-0930** Joint Service Panel: COSC/OSC Initiatives
Navy - LT Lisseth C. Calvo; MC - MGySgt Adam Muncy; CG - BMCM John Dunn, USCG; Major Joseph Kelly, NC, USAF; Major James Bolton, USA
- 0930–1000** Network Break

Wednesday Afternoon – May 23, 2012 - Conference Day 1

Breakout Sessions

Navy Track - May 23

*** Rooms individually assigned.**

- 1000-1050** PR Summit for COs/XOs/CMCs and Program Assistants - "The Importance of Building Resilient Commands" – **Grand Hall**
CAPT Kurt Scott, USNR; Leanne Braddock, MA; Dorice Favorite
- 1050-1100** **Speaker Transition**



- 1100-1150** PR Summit for COs/XOs/CMCs - "Resilience Team Approach" – **Grand Hall**
CAPT Kurt Scott, USNR; Leanne Braddock, MA; Dorice Favorite, Daryl Charles
 PR Summits for Command Program Assistants - Program Updates – **Pacific Salon 3**
N135 Program Managers - Dorice Favorite, Bill Moore, Daryl Charles
- 1150-1250** **Lunch**
- 1250-1340** PR Summit for COs/XOs/CMCs - Program Updates – **Grand Hall**
N135 Program Managers - Dorice Favorite, Bill Moore, Daryl Charles
 PR Summit for Command Program Assistants - "Resilience Team Approach" – **Pacific Salon 3**
Leanne Braddock, Dorice Favorite
- 1340-1350** **Speaker Transition**
- 1350-1440** Command Stress Assessment – **Grand Hall**
Leanne Braddock, Paul Rosenfeld PhD
- N135 NADAP Program Manager – **Pacific Salon 3**
Dorice Favorite
- N135 Physical Readiness Program Manager – **Pacific Salon 6 & 7**
Mr. Bill Moore
- N135 Suicide Prevention Program – **Pacific Salon 4 & 5**
Mr. Steve Holton
- 1440-1510** **Network Break**
- 1510-1600** Navy Expeditionary Combat Command: How Navy Operational Stress Control
 Leader
 (NAVOSC Lead) Training Worked for Us – **Grand Hall**
CAPT Lori Laraway, NC, USN
- N135 NADAP Program Manager – **Pacific Salon 3**
Dorice Favorite
- N135 Physical Readiness Program Manager – **Pacific Salon 6 & 7**
Mr. Bill Moore
- N135 Suicide Prevention Program – **Pacific Salon 4 & 5**
Mr. Steve Holton
- 1600-1610** **Speaker Transition**
- 1610-1700** Navy Stress Smart Phone Apps – **Grand Hall**
Zannette Uriell, MA



Marine Track – May 23

Town and Country Room

- 1000-1050** Marine Total Fitness Panel
BGen Robert Hedelund, USMC facilitating (Dr. Kieta Franklin, LCDR Paul Tremblay, CHC, USN; Ms. Ann Crittenden, CDR Steven Parks, NC, USN; Ms. Cathy Ficadenti)
- 1050-1100** **Speaker Transition**
- 1100-1135** Behavioral Health Integration
Dr. Keita Franklin
- 1135-1150** TECOM implementation
CDR Steven Parks, NC, USN
- 1150-1250** **Lunch**
- 1250-1340** OSCAR Master Trainer Recognition
BGen Robert Hedelund, USMC; LtCol Curtis Strader, USMC
- 1340-1350** **Speaker Transition**
- 1350-1440** OSCAR Master Trainer Panel
Maj David Cheek, USMC
- 1440-1510** **Network Break**
- 1510-1600** OSCAR Extenders and the Chaplain
LCDR Paul Tremblay, CHC, USN
- 1600-1610** **Speaker Transition**
- 1610-1700** COSC Unit Panel
LtCol Terry Johnson, USMC (CO, 1/5)

Research Clinical A Track – May 23

San Diego Room

- 1000-1050** Validation of Navy/ Marine Corps Doctrine pertaining to Categories of Combat Events
Brett Litz, PhD
- 1050-1100** **Speaker Transition**
- 1100-1150** Occupational Model of PTSD
Amy Adler, PhD
- 1150-1250** **Lunch**
- 1250-1340** Resilience and Prevention: Retrospective Studies
Colanda Cato, PhD
- 1340-1350** **Speaker Transition**
- 1350-1440** Suicide Trends and Predictors of Suicide in the Military
Cynthia Thomsen, PhD and Christine Glasheen, PhD
- 1440-1510** **Network Break**



- 1510-1600** The Effect of Killing on PTSD Symptom Development in Vietnam Vets and Current Army Medics
Barbara Pitts, PhD
- 1600-1610** **Speaker Transition**
- 1610-1700** Bath Salts
LT George H. Loeffner, MC, USN

Research Clinical B Track – May 23

California Room

- 1000-1050** Risk and Protective Factors for Post-Deployment Aggression
Eric Elbogen PhD
- 1050-1100** **Speaker Transition**
- 1100-1150** Predicting PTSD, TBI and Major Depression among Marines in a Military Treatment Facilities
Jean Slosek, MS
- 1150-1250** **Lunch**
- 1250-1340** Depression and Pain: Independent and Additive Relationships to Anger Expression
Marcus Taylor, PhD
- 1340-1350** **Speaker Transition**
- 1350-1440** Psychological and Organizational Resilience: Applications to the Military
Stephanie Booth Kewley, PhD
- 1440-1510** **Network Break**
- 1510-1600** The Effectiveness of Residential Care for Combat Related PTSD in an Active Duty Military Population
LCDR Paul Sargent, MC, USN
- 1600-1610** **Speaker Transition**
- 1610-1700** After Deployment Activation and Problem-Solving Therapy (ADAPT): A Primary-Based Psychotherapy for OEF/OIF/OND Veterans with PTSD and Comorbid Conditions
Matthew Jacupcak, PhD

Family Track – May 23

Golden West Room

- 1000-1050** Child Developmental Changes and the Effect of Deployment Panel
Ms. Dorinda Williams, Dr. Patricia Lester, Dr. Krystal White, Ms. Julia Yeary, LCSW
- 1050-1100** **Speaker Transition**
- 1100-1150** (cont.) Child Developmental Changes and the Effect of Deployment Panel
Ms. Dorinda Williams, Dr. Patricia Lester, Dr. Krystal White, Ms. Julia Yeary
- 1150-1250** **Lunch**



- 1250-1340** Equine Assisted Psychotherapy – A Growing Treatment Modality
Ms. Lynn D. Thomas, LCSW
- 1340-1350** **Speaker Transition**
- 1350-1440** Building Resilience in Military Affiliated Children and Teens
Dr. Kenneth Ginsburg, MD
- 1440-1510** **Network Break**
- 1510-1600** (cont.) Building Resilience in Military Affiliated Children and Teens
Dr. Kenneth Ginsburg, MD
- 1600-1610** **Speaker Transition**
- 1610-1700** (cont.) Building Resilience in Military Affiliated Children and Teens
Dr. Kenneth Ginsburg, MD

Additional Track – May 23

Pacific Salon 1 & 2

- 1000-1150** Mobile Care Team
CDR Alan Nordholm, MSC, PhD ;LCDR Katie Shobe, MSC, PhD; LCDR Marlo Narro, MSC; LCDR Justin Campbell, MSC, PhD; HM3 Elisha Greasham
- 1250-1700** Combat and Operational Stress First Aid (COSFA)
CDR Jean Fisak, NC, USN; CAPT Richard J. Westphal, NC, USN (Retired), Ph.D., Registered Nurse

Thursday Morning – May 24, 2012 – Conference Day 2

Breakout Sessions

Navy Track – May 24

Grand Hall

- 0800-0850** Fatigue and Stress
Dr. Nita Shattuck, PhD
- 0850-0900** **Speaker Transition**
- 0900-0950** What's In Your Seabag?
Katie Suich
- 0950-1020** **Network Break**
- 1020-1110** Panel: How OSC is Working in the Fleet
Daryl Charles, Moderator
- 1110-1120** **Speaker Transition**
- 1120-1210** Organizational Resilience
Edward Powley, PhD
- 1210-1310** **Lunch**
- 1310-1400** TBD
- 1400-1410** **Speaker Transition**
- 1410-1450** The Health Behavior Needs of the Wounded, Ill and Injured



Sharon Thompson, MPH; Lateef Khursheed, MS, CHES

1450-1520 Network Break

Marine Track – May 24

Town and Country Room

- 0800-0820** OSCAR Overview
LtCol Curtis Strader, USMC
- 0820-0825** **Speaker Transition**
- 0825-0850** Transitioning from OSCAR Psychology and Psychiatry to OSCAR Team
LT Yaron Rabinowitz, USN/LT Russell Balmer, USN
- 0850-0900** **Speaker Transition**
- 0900-0950** Marine Resiliency Study
Dewleen Baker, MD
- 0950-1020** **Network Break**
- 1020-1110** Programs Addressing Psychological Health for Servicemembers and their Families
Christine Vaughan
- 1110-1120** **Speaker Transition**
- 1120-1210** Mitigation of Combat Stress: Clues from Research
Jerry Larson, PhD/ Stephanie Booth Kewley, PhD
- 1210-1310** **Lunch**
- 1310-1400** TBI 101: PME For Marine Corps Leaders
CAPT David A. Tarantino, MC, USN
- 1400-1410** **Speaker Transition**
- 1410-1450** COSC Leader Panel
LtCol Curtis Strader, USMC to facilitate panel. Members: SgtMaj Peter Siaw, USMC, and SgtMaj John Ploskonka, USMC
- 1450-1520** **Network Break**

Research Clinical A Track – May 24

San Diego Room

- 0800-0850** Redeployment Restoration: A New Approach to Re-Deployed Marines
LT Amy Canuso, MC, USN
- 0850-0900** **Speaker Transition**
- 0900-0950** Virtual Reality Goes To War: New Technology for Addressing the Wounds of War
Albert Skip Rizzo, PhD
- 0950-1020** **Network Break**
- 1020-1110** Differences in Symptom Presentation for Service Members Seeking Mental Healthcare: Preliminary Results from the Psychological Health Pathways Program
Jennifer Webb Murphy, PhD, CAPT Scott Johnston, MSC, USN; Liz Vishnyak, MA
- 1110-1120** **Speaker Transition**
- 1120-1210** The Predictive Validity of the Post-Deployment Health Assessment/Post-Deployment Health Reassessment
Diane Williams, PhD



- 1210-1310** **Lunch**
- 1310-1400** Take Care: A Biblical Basis for the Importance of Self Care
CDR Robin Lewis, MSC, USN
- 1400-1410** **Speaker Transition**
- 1410-1450** Defense Automated NeuroBehavioral Assessment - A Deployable Assessment for Concussion and Combat Distress
James L. Spira, PhD
- 1450-1520** **Network Break**

Research Clinical B Track – May 24

California Room

- 0800-0850** Application of Acceptance and Commitment Therapy (ACT) in the Integration of Chaplain and Mental Health Care Services
William Cantrell
- 0850-0900** **Speaker Transition**
- 0900-0950** Meditation and Mindfulness for Stress
Susan Lindau, MSW and Jill Borman, PhD, RN
- 0950-1020** **Network Break**
- 1020-1110** The Role of Modern Learning Theory in Understanding Resilience to Trauma
Jeffrey Cook, PhD
- 1110-1120** **Speaker Transition**
- 1120-1210** Small Unit Operational Stress Tool
Geoffrey Patrissi, PhD, USAF Ret.
- 1210-1310** **Lunch**
- 1310-1400** The Problem of Therapeutic Alliance When Treating Combat-Related PTSD
CDR Russell Carr, MC, USN
- 1400-1410** **Speaker Transition**
- 1410-1450** Relieving Operational Stress and Promoting Peak Performance
Major Michael Villanueva, MSC, USA
- 1450-1520** **Network Break**

Family Track – May 24

Golden West Room

- 0800-0850** Military Spouse Panel
TBD
- 0850-0900** **Speaker Transition**
- 0900-0950** Navigating Stress in Difficult Times – “When You Have No Time”
Ms. Kathie Hightower and Ms. Holly Scherer
- 0950-1020** **Network Break**
- 1020-1110** (cont.) Navigating Stress in Difficult Times – “When You Have No Time”
Ms. Kathie Hightower and Ms. Holly Scherer
- 1110-1120** **Speaker Transition**



- 1120-1210** The Storied Leadership of Military Spouses
Ms. Denise Thompson
- 1210-1310** **Lunch**
- 1310-1400** Family Matters: Examining Mental Healthcare Utilization Among Navy Beneficiaries
Ms. Laura E. Straw, MPH
- 1400-1410** **Speaker Transition**
- 1410-1450** Thriving Not Just Surviving in the Military Lifestyle
Ms. Molly Gross
- 1450-1520** **Network Break**

Additional Track– May 24

Pacific Salon 1 & 2

- 0800-1200** Combat and Operational Stress First Aid (COSFA)
CDR Jean Fisak, NC, USN; CAPT Richard J. Westphal, NC, USN (Retired), Ph.D., Registered Nurse
- 1210-1310** **Lunch**
- 1310-1450** International Panel:
CAPT Mohammad Fertout, Queen Alexandra's Royal Army Nursing Corps, BN (hons), RN (MH), Cert Mgmt, Cert Health Prom
CAPT Neil Greenberg, SURGEON CAPT - Royal Navy, BSc BM MMedSc FHEA MEWI DOccMed MFFLM MD FRCPsych
1stLt Cornelis Kooiman, Royal Netherlands Marine Corps, Peer Support Group
Capt Wim-Paul Lange, Royal Netherlands Marine Corps, Peer Support Group
CDR Anna Reiff-Kranenburg, Royal Netherlands Navy, Head of Staff Personnel Care
Medecin-chef (Colonel) Christian Leonce, French LNO to the U.S. Army Surgeon General.
- 1450-1520** **Network Break**

Thursday Afternoon - May 24, 2012 - Conference Day 2

Plenary Session – Grand Hall

- 1520–1540** Critical Role of Small Unit Leaders
SgtMaj C.A. Adams
- 1540-1610** Program Updates
HQMC – Ms. Patricia Powell; Navy OSC - CAPT Kurt Scott, USNR; NCCOSC – CAPT Scott L. Johnston, MSC, USN



- 1610-1700** Track Leader Wrap Up & Overview of Track Trends
CAPT Scott L. Johnston, MSC, USN; CAPT Kurt Scott, USNR; LtCol Curtis Strader, USMC; Dr. David Mather; Dr. Robert McLay; Kirsten Woodward, MSW
- 1700-1710** Closing Remarks
CAPT Scott L. Johnston, MSC, USN
RADM Elizabeth S. Niemyer, NC, USN
Benediction
LCDR Paul Tremblay, CHC, USN