ACT

Front Line Supervisors Training

Pre-conference Workshop

Monday
21 May 2012
0800-1200

Town & Country Resort
and Convention Center
San Diego, CA

www.nccosc.navy.mil

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Register Today

Front Line Supervisor Training (FLST) is a 4 hour, facilitated, interactive course intended for mid-level supervisors. It is designed to enhance front line leaders' knowledge and skills so they can better assist their Sailors to navigate both operational and personal stressors common to Navy life.

The training encourages front line leaders to provide an environment where shipmates feel comfortable sharing life's stressors before small issues become more serious. Leaders are also encouraged to take action to help Sailors get any necessary and appropriate assistance.

Attendees will explore perspectives and build skills through:

- Leader discussions
- Role playing in realistic scenarios
- Practical communication and intervention exercises

Participants will practice how to ask the tough questions that address Sailor issues and then discuss practical solutions.