

Troubleshoot. Imagine what the biggest challenges might be that would prevent you from following your goal plan. What may get in the way? What may tempt you to quit? In the first column below, write at least three challenges that could interrupt your plan. Next, see if you can think of one or two possible solutions for each of those challenges. Write the solutions in the second column. The supplemental materials at the end of this chapter include examples of troubleshooting for two types of action plans.

Goal Troubleshooting	
Challenge 1:	Solution 1:
Challenge 2:	Solution 2:
Challenge 3:	Solution 3: