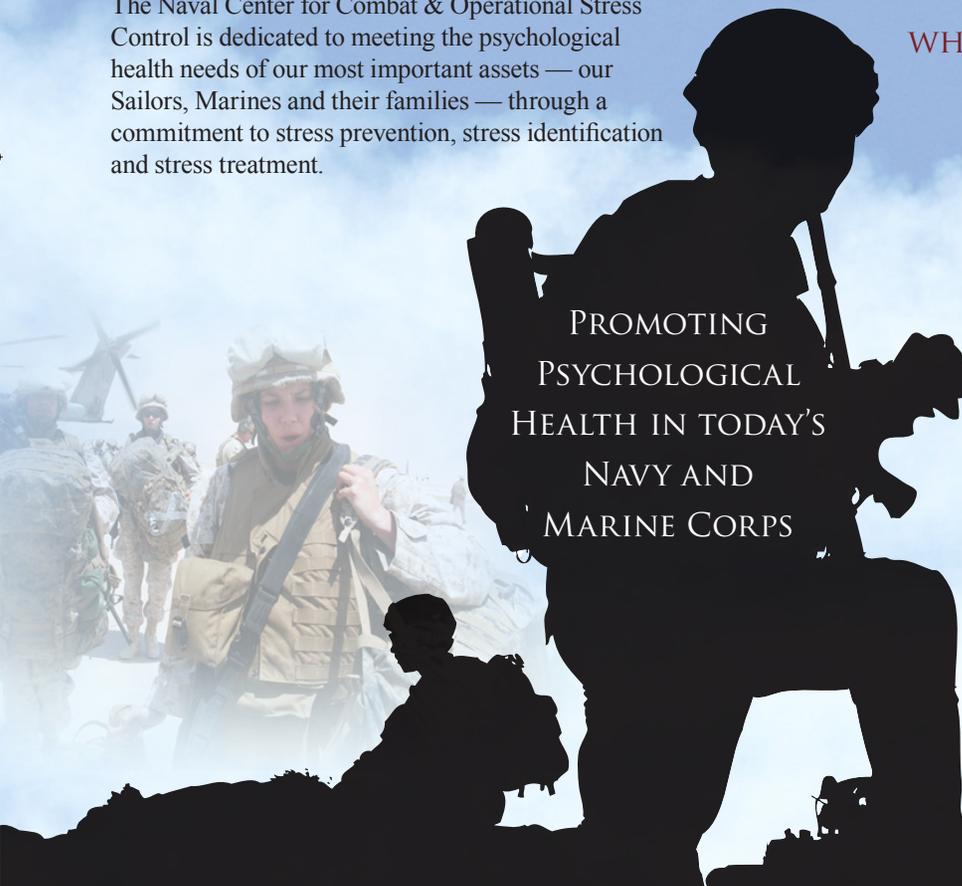


The 21st century Navy and Marine Corps are charged with protecting the vital interests of the United States in an increasingly unpredictable world.

## NAVAL CENTER FOR COMBAT & OPERATIONAL STRESS CONTROL

Sailors and Marines face new challenges that carry new levels of operational stress — combat deployments, peacekeeping and humanitarian missions, disaster relief and homeland security. The stress translates to military families, too, as they adapt to their service member's new role.

The Naval Center for Combat & Operational Stress Control is dedicated to meeting the psychological health needs of our most important assets — our Sailors, Marines and their families — through a commitment to stress prevention, stress identification and stress treatment.



PROMOTING  
PSYCHOLOGICAL  
HEALTH IN TODAY'S  
NAVY AND  
MARINE CORPS

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### WHAT NCCOSC PROVIDES

- Psychological Health Pathways (PHP), standardized clinical programs that promote coordinated, evidence-based, high-quality health care
- Evidence-based curricula and training programs for Navy mental health providers, line leaders and warriors at all levels
- Stress-identification materials and resilience-building information for different communities within the Navy and Marine Corps

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COMBAT & OPERATIONAL STRESS CONTROL

- Science-based evidence to aid in the accurate diagnosis and administration of effective treatments for military-related stress disorders
- Support to military and civilian clinicians who lack the time, experience or funding to explore new methods of care and to aid in the analysis, writing and publishing of results
- Combat Neurotrauma Registry (CNR), an electronic database to improve tracking of wounded warriors treated at military hospitals and clinics
- A website and newsletter to expand awareness of psychological health issues and provide easy-to-understand information
- Outreach to organizations and caregivers supporting military families
- An annual conference, sponsored by the Navy and the Marine Corps, on the most important issues involved in combat and operational stress



*Please note:*

*NCCOSC does not provide patient treatment or offer medical advice. Individuals are encouraged to contact their healthcare providers for medical information or services.*

## THE NCCOSC VISION

- Improve the diagnosis and treatment of post-traumatic stress disorder (PTSD) and other stress injuries
- Use sound medical knowledge to assist providers, caregivers and line leaders to identify and address psychological health issues
- Incorporate the needs of the unique communities within the Navy and Marine Corps to most effectively present information
- Increase the ability of leaders at all levels to make informed psychological health decisions
- Assist research efforts in Navy medicine in the many aspects of psychological health issues

NCCOSC operates as a program under the Navy Bureau of Medicine and Surgery (BUMED) and is located at Naval Medical Center San Diego. It works in close collaboration with the Navy's line-owned and line-led Operational Stress Control (OSC) program, and is an active participant in developing a Navy-wide program that is consistent with the mandates of the Department of Defense for matters related to the health of service members.



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NAVY BUREAU OF MEDICINE AND SURGERY

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and the right thing to do*

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