

DIABETES SYMPOSIUM

Friday, 30 August 2013

0700–1600

Naval Medical Center San Diego
Auditorium, Building 5

We would like to welcome you to the Third Annual Diabetes Symposium. Helping patients manage their diabetes can be very challenging in day to day primary care practice. We hope to provide you with some valuable information and tools that will assist you in delivering effective care to your patients with diabetes.

CAPT Alan B. Douglass, MC, USN
LT Todd Wentz NC, USN
Course Directors

Program Learning Objective:

Provide current evidence based review to primary care providers, specialty care providers, nurses, health technicians, LVNs and corpsmen on fundamental concepts of diabetes mellitus presentation, diagnosis, management and prevention of complications.

Registration:

Online registration is available at
http://www.med.navy.mil/sites/nmcsd/Staff/Pages/diabetessymposium2013_info.aspx

SCHEDULE OF EVENTS

MORNING SESSION: Overview and Diabetes Complications

0700–0710: Welcome and Overview of Diabetes

CAPT Alan Douglass

0710-0750: Diabetes in the Adolescent

CDR Katherine Yates

0750-0830: Diabetes in Pregnancy and Gestational Diabetes

LCDR Whitney You

0830-0910: Cardiovascular Complications and Risk Reduction

CDR Bryan Spalding

0910-0920: BREAK

0920-1000: Ophthalmologic Complications

CDR Sayjal Patel

1000-1040: Renal Complications

CAPT John Hammes

1040-1120: Diabetic Food Complications

LCDR Sophia Deben

1120-1200: Diabetic Neuropathies

Dr. Joel Apides

1200-1300: LUNCH

AFTERNOON SESSION: Management of Diabetes

1300-1400: Pharmaceutical Agents for Diabetes Management

Eng/Lin

1400-1440: Medical Nutrition Therapy

Eva Brzezinski MS RD
Christina Jurek RD CDE

1440-1450: BREAK

1450-1550: Putting It All Together

CAPT Alfred Shwayhat

1550-1600: Question and Answer

CAPT Alan Douglass/CAPT Alfred Shwayhat



Target Audience: All Primary Care Providers (physicians, physician assistants (PA), nurse practitioners (NP), independent duty corpsmen (IDC) as well as specialty care providers, nurses, health technicians, licensed vocational nurses (LVN), and hospital corpsmen

Program Sponsor: Department of Medicine, Division of Endocrinology

Location: Naval Medical Center San Diego, Auditorium, Building 5

Date: Friday, 30 August 2013, 0700-1600

Fees: None

Required: Government ID badge for access to base

Attire: Military—Uniform of the Day; Civilian—Business attire

Parking at NMCSD Facility: Participants are encouraged to arrive early for parking

CME/CEU: The Naval Medical Center San Diego designates this live activity for a maximum of 7.5 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This course is approved for 7.5 continuing education credits by the Naval Medical Center San Diego, an approved provider of Continuing Nursing Education under the California Board of Registered Nursing Provider #00916.