

NMCS D

Naval Medical Center San Diego



A Tradition of Care

Located on Florida Drive, adjacent to Balboa Park, Naval Medical Center San Diego (NMCS D) is the most technologically advanced Navy medical treatment facility. Nicknamed, Balboa, the Pride of Navy Medicine, the hospital has played a vital role in the history of San Diego for more than 80 years. From the original tent dispensary established in 1917, to the high-tech, ultra modern facility of the 1990s, the mission has remained constant to provide the finest medical care in a family-centered care environment to the operational forces, their families, and to those who served their country in the past.



SIMPLY THE BEST

Ashore and Abroad



There are almost half a million people in San Diego County eligible to receive care at the Naval Medical Center. This care is provided by a military and civilian staff of more than 6,000. To augment that staff and to expand the scope of services available to its patient population, Naval Medical Center San Diego has taken the lead in introducing many innovative partnership and resource sharing programs with civilian providers.

Naval Medical Center San Diego is first and foremost a military command. The center has five medical mobilization teams including the hospital ship USNS Mercy whose personnel are drawn from the hospital staff. These teams deploy to the Western

Pacific and Southeast Asia at various times during the year. It

is the center's mission

to insure Sailors and Marines onboard those ships have access to quality medical care, if needed.

Throughout its proud history, Naval Medical Center San Diego has established itself as a leader in the field of medicine. That reputation for excellence continues today as the staff propels NMCS D into the 21st century.

Research & Teaching

A leader in the medical field, the hospital is also a major teaching and research center.

As Navy medicine's most active teaching hospital, graduate medical education programs are conducted in anesthesiology, dermatology, emergency medicine, general surgery, internal medicine, obstetrics-gynecology, ophthalmology, otolaryngology, orthopedics, pathology, pediatrics, psychiatry, psychology, radiology, urology, general practice dentistry, oral and maxillofacial surgery, nurse anesthesia, and hospital pharmacy.

Fellowships are offered in adolescent medicine, cardiology, critical care, computerized tomography and imaging, dermatopathology, gastroenterology, hematology- oncology, infectious disease,

nephrology, and pulmonary disease.

Naval Medical Center San Diego is affiliated with the University of California San Diego, Children's Hospital and Health Center, Scripps Clinic and Research Foundation, La Jolla and many prestigious institutions throughout the United States where Navy trainees perform rotations as integral parts of their residency of fellowship programs.

Naval Medical Center San Diego operates a network of clinics located at area military installations. Through these clinics, ambulatory care is provided to the active duty population. Nine other clinics are located throughout San Diego and are available to our family members and retirees.

Reporting Aboard

If you need a ride from the San Diego Lindbergh Field Airport to Naval Medical Center San Diego, go to the USO counter in the west terminal. They can arrange a ride from the airport to the hospital for you at a minimal cost.

USO:

(619) 296-3192 - Open from 9am to 11pm

Command Sponsor Coordinator:

(619) 532-9239

Quarterdeck:

(619) 532-6400

Military HRO:

(619) 532-6500

Civilian HRO:

(619) 532-9396

Command Address

**34800 Bob Wilson Drive
San Diego, CA 92134-5000**

Military Personnel

Upon arrival, report to the Officer-of-the-Day (OOD) and have your orders endorsed. Then proceed to Human Resource Management Department's (HRMD) Receipt, Transfer, and Leave section to start your reporting aboard process. If you report to OOD after normal working hours, then report to HRMD next working day at 0700. HRMD is located in Bldg 2, Ground Level, in the Director For Resources area. Additionally, it is co-located with the PSD Balboa.

NMCSD Mission

OUR MISSION

- Prepare to deploy in support of operational forces
- Deliver quality health services
- Shape the future of military medicine through education, training and research

OUR VISION

Be the nations premier Military Medical Center, providing world-class care; anytime, anywhere!

GUIDING PRINCIPLES

We believe:

Staff are our most important resource.

Patients are our focus.

Success is judged by those we serve.

- Service, professionalism, respect, teamwork, safety and compassion are valued.
- Building a healthy force, preventing casualties, and casualty care are the cornerstones of our practice.
- Quality healthcare is centered on families and communities.
- Structured and disciplined resource decisions lead to sound business practices.
- Communication, coordination, and cooperation are critical to our success.
- Continuous improvement is essential to quality healthcare and patient safety.



Commander

CAPT José A. Acosta

Medical Corps / Naval Medical Center San Diego
United States Navy

A native of Norfolk, Virginia, CAPT Acosta graduated from Washington University in St. Louis with a Bachelor of Arts degree in biology. He completed medical school at Ponce School of Medicine in Ponce, Puerto Rico, in 1985 and residency training in General Surgery at the University of New Mexico. CAPT Acosta began reserve naval service in 1989 and active service in 1991.

He served as staff surgeon on Fleet Surgical Team 5 (FST 5) and was deployed onboard the USS Tripoli (LPH-10) during West-Pac 92-93, serving as a sole surgeon during the initial period of Operation Restore Hope in Somalia. CAPT Acosta served as attending physician in the General Surgery department at Naval Medical Center San Diego (NMCS D). He was selected for full time out service training (FTOS) fellowship in trauma and critical care, which he completed at the University of California at San Diego in 1996. He was then transferred to US Naval Hospital Keflavik, Iceland, where he served from 1996 to 1997 as the department head for the Surgery Service. He served as the Director of the Medical and Surgical Intensive Care Unit (NNMC) and Director of Surgical Services on board the USNS Comfort (T-AH-20). Captain Acosta transferred to the US Naval Reserve in 1998.

In May of 2004 he was recalled to active duty and served as Senior Medical Officer for the 325th Forward Surgical Team (US Army) in Kandahar, Afghanistan, until March 2005. He received orders to the 4th Medical Battalion 4th Marine Logistics Group, where he served as staff surgeon. He deployed to Expeditionary Medical Facility

in Kuwait from January to August 2007. In August of 2008 he was selected as Director of Surgical Services at the Naval Medical Center in San Diego. In June 2010 he transferred to Tripler Army Medical Center and assumed the position of Deputy Commander Clinical Services until June 2012. From August of 2012 to March of 2014 CAPT Acosta served as Commanding Officer/Deputy Director at the CAPT James A. Lovell Federal Health Care Center (JALFHCC), the first integrated medical facility between the Department of Veterans Affairs and the Department of Defense. He was selected to serve as the Acting Director/Commanding Officer from April 2014 to September 2014 at the JALFHCC.

CAPT Acosta is board-certified by the American Board of Surgery and Surgical Critical Care. He completed his Masters in Business Administration in 2008 from Regis University in Denver, Colorado. During his academic career he has authored over 40 peer reviewed medical articles and book chapters. He is the recipient of two Legion of Merit, two Meritorious Service Medals, two Navy Commendation Medals, the Army Commendation Medal, Department of Veterans Affairs Commendation and the Navy Achievement Medal in addition to unit, service, and campaign awards. He has also achieved designation as a Surface Warfare Medical Department Officer. He is a Fellow of the American College of Surgeons (FACS) and a Fellow of the American College of Healthcare Executives (FACHE).



Executive Officer

CAPT Cynthia A. Kuhner

Nurse Corps / Naval Medical Center San Diego
United States Navy

CAPT Kuhner has been serving as the Director, Primary Care and Branch Health Clinics at the Naval Medical Center, Portsmouth, Virginia, since August, 2012. Leading one of the largest Directorates in Navy Medicine, she oversees the clinical and administrative operations for nine geographically-distinct clinics, managing a staff of nearly 1,500 military, civilian and contract employees, while meeting the primary care needs for over 110,000 beneficiaries in the Tidewater multi-service market.

Kuehner is a former “Army Brat”, who has lived all over the world in a lifelong affiliation with the Uniformed Services. She earned her Bachelor of Science Degree in Nursing in 1991 from the University of Hawaii at Manoa. Upon graduation, she was commissioned an Ensign in the United States Navy as one of the first graduates of the Navy’s Baccalaureate Degree Completion Program. She attended Officer Indoctrination School in Pensacola, Florida and began her Navy career as a staff nurse on the Pediatrics ward at Naval Medical Center, San Diego, California.

In her 23-year career, Kuehner has held numerous clinical, operational, and leadership positions at Naval Medical Center, San Diego, Branch Medical Clinic Sasebo, Japan, Naval Hospital Corpus Christi, Tx., Naval Hospital Guantanamo Bay, Cuba, and Naval Hospital Bremerton. Following her first overseas assignment, she was selected to attend graduate school and was the first Naval Officer to attend the Uniformed Services University of the Healthcare Sciences, Bethesda, Maryland, in the Family Nurse Practitioner Program. She earned a Master of Science Degree in Nursing in 2001

and has served in Family Medicine Clinics providing expert primary and urgent care services to thousands of eligible beneficiaries in a variety of clinics and trans-cultural care settings. An expert in her clinical field, Kuehner served as the Surgeon General-appointed Family Nurse Practitioner Specialty Leader from 2007-2011.

Kuehner has served in leadership roles during two operational deployments in volatile combat zones supporting both Operation Iraqi Freedom and Operation Enduring Freedom. She was the Senior Nurse of Bravo Surgical Company in Fallujah, Iraq from February to September, 2004, providing combat casualty care at the busiest Level II facility in theater. Most recently, she served as the Senior Medical Officer, and ultimately as the Executive Officer, of the Provincial Reconstruction Team, Khost Afghanistan at Forward Operating Base Chapman, from February to November, 2010. As the Provincial Partner for Health Sector Development, she worked with Afghan Government Officials, U.S. Departments, and Non-Government Organizations in Khost Province to bolster health services and support reconstruction efforts in direct support of the counterinsurgency strategy in Afghanistan.

Kuehner’s personal decorations include the Meritorious Service Medal (three awards), Navy and Marine Corps Commendation Medal (three awards), Navy and Marine Corps Achievement Medal (three awards), Combat Action Ribbon, Operation Enduring Freedom Campaign Medal, Operation Iraqi Freedom Campaign Medal, the Army Combat Action Badge, and various service awards.



Command Master Chief (FMF)

Kelly Ann McNulty

Naval Medical Center San Diego
United States Navy

Command Master Chief McNulty is a native of Stratford, New Jersey, and began her Naval service in 1989. She completed basic training at Recruit Training Command, Orlando, Florida and transferred to Great Lakes, IL to attend and graduate from Hospital Corps "A" School.

Command Master Chief McNulty reported to Naval Hospital, Millington, TN for her first tour of duty. Her shore and overseas tours include: U.S. Naval Hospital, Rota, Spain; Naval Medical Center Portsmouth, VA; U.S. Naval Hospital Roosevelt Roads, PR; U.S. Naval Academy, Annapolis, MD; and Naval Hospital Corps School, Great Lakes, IL.

Command Master Chief McNulty's sea duty assignments include: 2d Medical Battalion, 2d Force Service Support Group, Camp Lejeune, NC; 2d Dental Battalion, 2d Marine Logistics Group, Camp Lejeune, NC, and 2d Marine Aircraft Wing, Cherry Point, NC.

She has served as the Command Master Chief, Naval Hospital Corps School, Great Lakes, IL, 2d Marine Logistics Group (FGE), Camp Lejeune, NC, 2d Marine Expeditionary Brigade, II Marine Expeditionary Force (Forward), and 2d Marine Aircraft Wing, Cherry Point, NC.

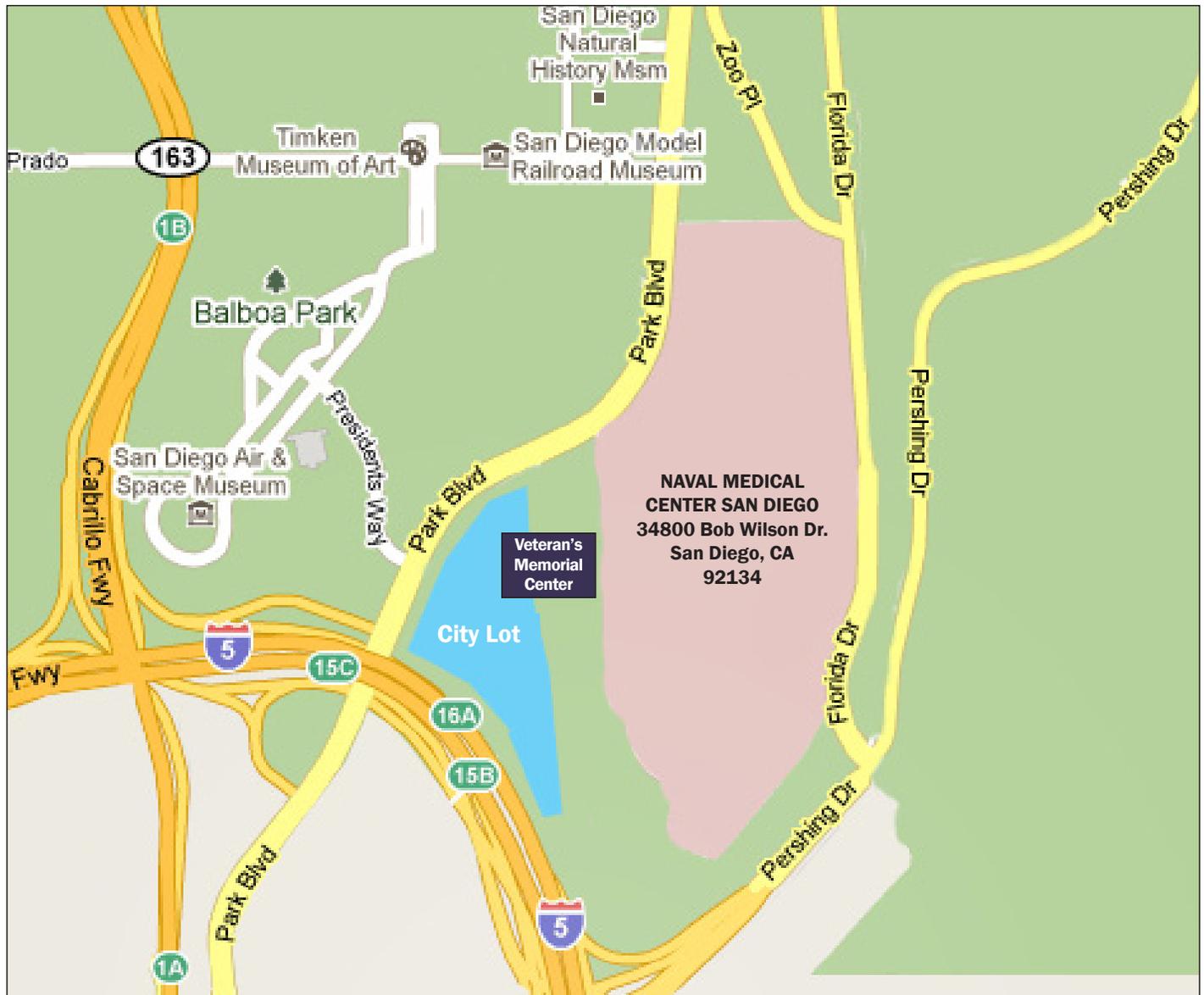
She's participated in numerous exercises and operations to include deployments with USNS MERCY (TAH-19) in support of Desert Shield/Desert Storm; Combat Service Support Detachment-27,

Norway (Exercise Battle Griffin 2003); 2d Marine Logistics Group in support of Operation Iraqi Freedom, Iraq; Exercise Bold Alligator 2011 and 2012 aboard the USS WASP and USS BATAAN, and as Command Master Chief, II Marine Expeditionary Force (Forward), in support of Operation Enduring Freedom.

Command Master Chief McNulty is Enlisted Fleet Marine Force Warfare Specialist qualified and a graduate of the U.S. Navy Senior Enlisted Academy and Command Master Chief/Chief of the Boat Leadership Course. She received her Associate in Arts Degree at Campbell University, and Bachelor of Science Degree from Southern New Hampshire University.

Command Master Chief McNulty personal awards include the Meritorious Service Medal, Navy and Marine Corps Commendation Medal (four awards), Navy and Marine Corps Achievement Medal (three awards), Navy Good Conduct Medal (eight awards), Outstanding Volunteer Service Medal, and various unit and service awards.

Driving Directions and Map to NMCS D Hospital Facility



FROM I-5, NORTH OR SOUTH

1. Take the Pershing Drive exit.
2. You will end up on Pershing Drive.
3. Follow Pershing Drive to Florida Drive, the first stoplight.
4. Turn left onto Florida Drive .
5. Turn left onto Bob Wilson Drive, the first light, entering NMCS D.

FROM HIGHWAY 163

1. Go south on Highway 163.
2. Take Park Blvd. exit.
3. Turn left on Park Blvd.
4. Turn right at Zoo Place.
5. Turn right on Florida Drive at foot of hill.
6. Turn right onto Bob Wilson Drive, the first light, entering NMCS D.

FROM HIGHWAY 94

1. Go west on Highway 94 to the end of the highway.
2. Highway 94 becomes F Street.
3. Continue on F Street to 16th Street (the first light).
4. Turn right on 16th Street.
5. Follow 16th Street to C Street.
6. Turn right onto C Street and continue to 19th Street.
7. Turn left onto 19th Street.
8. Follow 19th Street. Continue to Pershing Drive.
9. Continue on Pershing Drive.
10. Follow Pershing Drive to Florida Drive, the first stoplight.
11. Turn left onto Florida Drive .
12. Turn left onto Bob Wilson Drive, the first light, entering NMCS D.

TO USE PUBLIC PARKING

City Lot parking (400/800 lots) is near the Veterans Memorial Center Bldg, where you can take the free tram to the hospital. Do not turn onto Bob Wilson Drive. Instead:

1. Go past Bob Wilson Drive.
2. Turn left on Zoo Place.
3. Turn left at top of hill onto Park Blvd.
4. At the third stop light, turn left on President's Way.
5. Park in either the 400 (upper) or 800 (lower) lot.
6. The tram station is in under the arbor between the two lots.

Lodging & Food

NAVY LODGES

Worldwide Reservations: (800) 628-9466

Naval Base San Diego: (619) 234-6142

Naval Base Coronado: (619) 435-0191

Miramar Inn: (858) 271-7111

BACHELOR OFFICERS QUARTERS

Naval Base San Diego: (619) 556-8672

Naval Base Coronado: (619) 545-7545

NAB Coronado: (619) 437-3860

Naval Base Point Loma: (619) 553-9381

BACHELOR ENLISTED QUARTERS

Naval Base San Diego: (619) 556-8672

Naval Base Coronado: (619) 545-9551

NAB Coronado: (619) 437-3860

Naval Base Point Loma: (619) 553-9381

GALLEY

Naval Base San Diego: (619) 556-7039

Naval Base Coronado: (619) 545-7512

NAB Coronado: (619) 437-2044

Naval Base Point Loma: (619) 553-7544

San Diego Utilities & Services

SBC (Telephone): (800) 310-2355

San Diego Gas & Electric: (800) 411-7343

Otay Water: (619) 670-2241

Pacific Waste Service

- San Diego (619) 561-7080
- Alpine (619) 561-7080
- South Bay (619) 561-7080

COX Cable: (800) 234-6660

Time Warner Cable: (858) 695-3220

Department of Motor Vehicles (DMV): (800) 777-0133

San Diego Transit: (619) 233-3004

Lending Lockers:

Naval Base San Diego (619) 556-7404

Naval Base Coronado (619) 545-6071

Medical Information

- Tricare Service Center: (800) 242-6788
- Chula Vista, 644 Naples St, (619) 585-5555
- San Diego, 808 Balboa Ave, (858) 569-6664
- Naval Base Coronado, (619) 545-4319
- NAB (Active Duty), 619-437-3050
- Naval Training Center (NTC), (619) 524-4947
- Naval Station (Active Duty), (619) 556-8101
- Naval Medical Center, San Diego, (619) 532-6400; Appointments (619) 532-8225

Child Development

CHILD CARE RESOURCE REFERRAL FOR THE SOUTHWEST REGION

Phone: (619) 556-8491

Toll Free: (877) 235-6002

E-mail: ccrr@mwrsw.com

Navy Family Homecare Program: (619) 556-7391

Navy Child and Youth Programs

YMCA Child Care Resource

Phone: (800) 481-2151

Website: <http://www.militaryonesource.com>

School Information

SD County Office of Education (858) 292-3500

Borrego Springs (760) 767-5357

Carlsbad (760) 331-5000

Chula Vista (619) 425-9600

Coronado Unified (619) 522-8918 / 8900

Oceanside (760) 757-2560

Poway (858) 748-0010

Ramona (760) 787-2000

San Diego Unified (619) 725-8000

San Marcos (760) 744-4776

Sweetwater (619) 691-5555

Vista (760) 726-2170

MILITARY CHILD EDUCATION COALITION'S (MCEC) SCHOOLQUEST

SchoolQuest is designed for military families and is a safe, secure online resource. It is organized so that you can access information that the MCEC has gathered to help you make decisions on future schools for your children.