



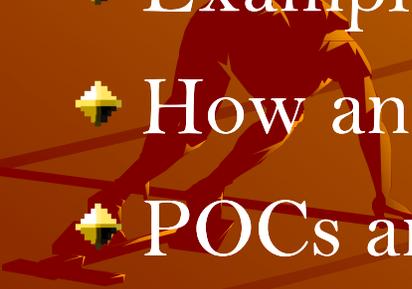
SPRINT



Navy Medicine East
Special Psychiatric Rapid Intervention Team
LCDR Merle B. Martin II, MD, Team Leader

Overview

- ◆ Composition
- ◆ Mission and Services Provided
- ◆ Typical Operating Procedures
- ◆ Examples of Past Missions
- ◆ How and When to Contact Us
- ◆ POCs and Brochures



SPRINT

Is Made Up of...

- ◆ Board Certified Psychiatrists
- ◆ Psychologists
- ◆ Psychiatric Nurses and Nurse Practitioners
- ◆ Licensed Clinical Social Workers
- ◆ Navy Chaplains
- ◆ Navy Neuropsychiatric Technicians
- ◆ Others, including civilian and USPHS personnel assigned to NMCP

Mission



To provide rapid on-call deployment of adequately trained mental health professionals in immediate response to fleet requests following a variety of traumatic events.



SPRINT's Services

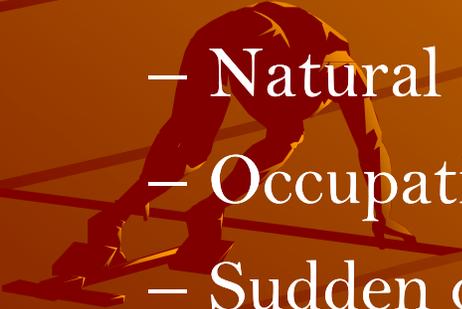
- ◆ Assist in a variety of scenarios in which surviving personnel are reasonably expected to experience strong physiologic and or emotional responses to the associated trauma



SPRINT's Services

✦ Examples:

- Suicide
- Homicide
- Accidental death
- Natural disasters
- Occupational mishaps
- Sudden or unexpected death due to a medical condition



SPRINT's Services

- ◆ Participate in local fleet health fairs
 - Increase awareness of the team's function and services
 - promote suicide awareness and prevention
 - educate military members on mental health resources available to them



How It All Works

- ◆ Formal SPRINT Activation – via message to CNO N931
- ◆ Informal Activation – for local missions, commanding officer requests via our pager
- ◆ Info gathering - Each SPRINT mission is unique and the types of interventions will vary according to the requesting command's OIC and expectations, nature of incident and resources available.

◆ Once the mission has been assessed, members brainstorm to determine the most beneficial plan of action and which interventions to utilize.

How It All Works

- ✦ Once on-site, the SPRINT:
 - Engages in direct consultation with the chain of command
 - Assists local (shipboard, port, or air station) medical, mental health, and chaplain personnel with critical event debriefing
 - Assists in identifying at-risk personnel and facilitating their timely follow-up
 - Provides command and members with resources for follow-up
- ✦ Some interventions may include but are not limited to
 - PFA (Psychological First Aid)
 - TownHall style briefs
 - Informal “walk-about”
 - Individual discussions

How It All Works

- ◆ SPRINT interventions are confidential
 - No documentation
 - Limits of confidentiality discussed up front
 - Main exception is threat to self or others
- ◆ Participation by command members is voluntary!



Previous Missions

✦ Our SPRINT Team is responsible for NAVMEDEAST coverage and has been activated for several important missions both local and abroad.

✦ Some of these missions include:

- Hurricane Ivan and Katrina responses
- Loss of shipmates due to suicide, homicide, or motor vehicle accidents.
- Mass casualties – Virginia Tech shooting
- Safety Stand-downs
- Pre and Post-deployment briefs



Shipboard Missions

- MEMBERS MAY BE REQUIRED TO GO UNDERWAY AND BERTH ONBOARD WITH CREW MEMBERS



OCONUS Missions

- ◆ SIGONELLA MISSION, CONSISTED OF A PSYCHOLOGIST, CHAPLAIN, NURSE AND 2 PSYCH TECHS LASTING APPROX. ONE WEEK IN DURATION



Natural Disasters

- ◆ HURRICANE KATRINA MISSION, RESPONDED WITH 11 MEMBERS WITHIN ONE WEEK AFTER HURRICANE. TEAM REMAINED ON SITE FOR APPROX. ONE MONTH



Non-Local CONUS

- ◆ NAS BRUNSWICK MAINE MISSION, CONSISTED OF 2 PSYCHIATRISTS, CHAPLAIN, NURSE AND 3 PSYCH TECHS LASTING APPROX. ONE WEEK.



Virginia Tech Shooting

- ◆ VIRGINIA TECH MISSION, CONSISTED OF PSYCHIATRIST, PSYCHOLOGIST AND ONE PSYCH TECH FOR APPROX. ONE WEEK.





Questions ?