



DEPARTMENT OF THE NAVY

NAVY MEDICINE EAST
620 JOHN PAUL JONES CIRCLE
PORTSMOUTH, VIRGINIA 23708-2106

NAVMEDEASTINST 5355.1D

M1A

14 Jan 08

NAVMEDEAST INSTRUCTION 5355.1D

Subj: DRUG AND ALCOHOL ABUSE PREVENTION AND CONTROL PROGRAM

Ref: (a) SECNAVINST 5300.28D
(b) Urinalysis Coordinator Handbook of Oct 04
(c) OPNAVINST 5350.4C

1. Purpose. To publish the Drug Abuse Prevention and Control Program as required by references (a) and (b). To establish an aggressive program of education, deterrence, and disposition of substance abusers to the maximum extent permitted by regulations.

2. Cancellation. HLTHCARESUPPONORINST 5355.1C.

3. Background. Alcohol and other drug abuse is costly in terms of time lost and is a severe detriment to morale and esprit de corps. Alcohol and other drug abuse is incompatible with the maintenance of high standards of performance, military discipline, and readiness, and is destructive of Navy Core Values - honor, courage, and commitment. To maintain the creditability and deterrent effect of the program, the appropriate disposition of identified drug and alcohol abusers must be consistent.

4. Applicability. The provisions of this instruction apply to all military and civilian personnel attached to Navy Medicine East (NME).

5. Policy and Accountability. It is the goal of NME to be free of the effects of alcohol and drug abuse. The consumption of alcoholic beverages just prior to or during working hours is strictly prohibited. All personnel are responsible and fully accountable for their personal activities relating to alcohol and drug abuse, and for substandard performance or illegal acts resulting from such activities. To achieve these goals, it is NME's policy that:

a. Drug and Alcohol Program Advisor (DAPA). A DAPA will be appointed in writing to serve as the primary point of contact

14 Jan 08

for command orientation purposes and as advisor to the Chief of Staff on the administration of the command's Drug and Alcohol Abuse Prevention and Control Program. The DAPA will maintain a close working relationship with the Naval Medical Center (NMC) Portsmouth DAPA Coordinator. DAPA services will be provided by NMC Portsmouth per a Memorandum of Understanding.

b. Urinalysis Program Coordinator (UPC). The Urinalysis Program Coordinator (UPC) will be an officer or chief petty officer and appointed in writing. References (b) and (c) will be strictly adhered to during the performance of his/her duties. He/she will serve as the advisor to the Chief of Staff on all matters relating to urinalysis testing including testing methodology, collection, and transportation of samples via U. S. Postal Service.

c. Random Sample. A monthly random sample will be obtained from at least 10 to 20 percent of all military personnel. Once notified, all military personnel chosen must report to the Urinalysis Coordinator on the day of collection with their Armed Forces Identification Card. All military personnel shall undergo a mandatory service-directed urinalysis inspection in conjunction with the overseas screening process. Urinalysis testing will be completed within 30 days of receipt of orders. Orders will not be executed until the urinalysis test results are received and evaluated.

d. Education. All command personnel will be educated about Navy alcohol and other drug abuse policies, programs, resources, and measures to avoid problems associated with alcohol and other drug abuse. Alcohol and other drug education will be part of command indoctrination for new personnel. This command will continually educate, positively motivate, increase awareness, and promote zero tolerance of drug and alcohol abuse.

14 Jan 08

e. General Administrative and Disposition Procedures of Drug and Alcohol Abuse. Any drug abuse or irresponsible use of alcohol by command personnel is viewed as a failure to meet Navy standards. Furthermore, alcohol and other drug abuse is inconsistent with Navy initiatives to promote personal excellence among our members. Disposition of substance abusers will be processed in accordance with procedures set forth in reference (c).


PETER F. O'CONNOR

Distribution: (NAVMEDEASTINST 5215.1)
List A