DEPARTMENT OF THE NAVY
NAVY MEDICINE EAST
620 JOHN PAUL JONES CIRCLE
PORTSMOUTH, VIRGINIA 23708-2106

NAVMEDEASTINST 6200.1D
M1A
2 Jan 08

NAVMEDEAST INSTRUCTION 6200.1D

Subj: SMOKING IN NAVY MEDICINE EAST FACILITIES

Ref: (a) SECNAVINST 5100.13D
(b) BUMEDINST 6110.13
(c) NAVMEDCENPTSVAINST 6280.1E

1. Purpose. To establish guidelines, per references (a) through (c) governing tobacco use within Navy Medicine East (NME) facilities.

2. Cancellation. HLTHCARESUPPONORINST 6200.1C.

3. Background. The Surgeon General of the United States has determined that tobacco use is the single most preventable cause of illness and death. There can be no question that the use of tobacco products decrements the health and readiness of the Navy. Research has consistently shown that the use of tobacco products increases the risk of cancer, heart disease, and other major illnesses. This is the most avoidable public health hazard we face. As members of the Navy Medical Department, it is imperative that we set the example by discontinuing the use of all tobacco products. This is part of our basic obligation to improve and maintain the health of the men and women of the United States Navy and Marine Corps.

4. Policy. Department of the Navy policy, as articulated in references (a) and (b), is aimed at establishing a healthy working environment, discouraging the use of tobacco products, educating personnel about the dangers of tobacco use, and providing encouragement and assistance to smokers who wish to quit. As healthcare professionals, Medical Department personnel must provide leadership in encouraging programs and procedures which will decrease tobacco use. To this end:

a. The use of tobacco products, including all forms of smokeless tobacco, is banned in all NME facilities.

b. As a tenant command on the Naval Medical Center, Portsmouth campus, NME staff members will abide by the designated smoking areas listed in reference (c).

c. Upon request, the DAPA will refer staff members to the appropriate clinicians for medical help to quit smoking.

5. Action. Deputy Chiefs will ensure implementation and routine enforcement of the provisions of paragraph 4.

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Distribution: (NAVMEDEASTINST 5215.1A)
List A