Medical Clearance for Non-Aircrew / Non-Military Personnel to Participate in Naval Aviation Survival Training and Fly in USN/USMC Aircraft

THIS FORM SHALL BE PROVIDED BY THE FLIGHT APPROVING AUTHORITY

TO THE APPLICANT, PLEASE READ CAREFULLY: You are requesting clearance to fly in military aircraft as a nonaircrew observer. Prior to flying, you are required to complete high risk training of the Naval Aviation Survival Training Program (NASTP) which may include altitude, egress, parachute and water survival training based upon what aircraft you are flying. NASTP training requires a high level of fitness and stamina. You will be required to complete training in full flight gear, including helmet, gloves, boots, flight suit, parachute harness and survival vest. Training includes a 25-50 yard surface swim, treading water / drown-proofing for up to 2 minutes each and orally inflating your life preserver. Underwater emergency egress training requires you to swim 15 yards underwater in a flight suit and boots. Additionally, you may receive dynamic hypoxia recognition training in a hypobaric chamber up to simulated altitude of 25,000 feet. Actual flight may be in high performance ejection seat aircraft capable of sustained high g-force maneuvering. To obtain clearance to fly in military aircraft, you are required to obtain a physical examination. Civilian personnel may be required to bear the cost of this examination. Please fill out the medical questionnaire and have your physician fill out the physical examination section of this form. You must then present this completed form to either a FAA AME or Navy Flight Surgeon for endorsement for high risk NASTP training and subsequent flight.

Medical Questionnaire – Do you have or have you ever had:

1. Disease of the eyes, ears, sinuses, seasonal allergies, hayfever, difficulty with clearing your ears, or pain in your ears or sinuses from diving or flying?
2. Chest pain, angina, heart attack, heart disease, heart murmur, palpitations, cardiac catheterizations, pacemaker or other cardio-vascular disease not listed here?
3. Hypertension, stroke, blood clots in legs, swelling in feet, or excessive fatigue with mild exertion?
4. Asthma, wheezing, emphysema, chronic cough, tuberculosis, collapsed lung, or shortness of breath with mild exertion?
5. Disease of the bowel, ulcers, rectal bleeding, chronic abdominal pain, hernia, kidney stone, or painful or frequent urination?
6. Arthritis, joint deformity, chronic back pain, or limitation of use of your back or extremities?
7. Paralysis, weakness of muscles, seizures, epilepsy, migraine or other severe headaches, loss of consciousness, or amnesia?
8. Mania, depression, schizophrenia, suicide attempt, alcoholism, panic attacks, fear of flying, fear of heights, fear of confined spaces?
9. Anemia, diabetes, cancers, arterial gas embolism, bends, surgery, hospitalization, or other chronic medical conditions not listed?
10. Are you currently pregnant?
11. Are you taking any medication? List:
12. Can you jog 15 minutes continuously and can you swim 100 yards without stopping?

Applicant's Name ___________________________ Age _______ Sex _______

Address ___________________________ Phone _______

Signature ___________________________ Date _______
Medical Clearance for Non-Aircrew / Non-Military Personnel to Participate in Naval Aviation Survival Training and Fly in USN/USMC Aircraft

TO THE EXAMINING PHYSICIAN

This person is seeking clearance to fly military aircraft as a non-aircrew observer. He or she will be required to complete high risk Naval Aviation Survival Training Program (NASTP) aviation physiology and water survival training. These training programs are designated as High Risk Training (described on the front of this form) and require a high degree of physical and psychological stamina. Successful completion of these training programs may lead to actual flight in high performance ejection seat aircraft capable of sustained high g-force maneuvering. The purpose of this evaluation is to clear this individual for the required high risk NASTP training as well as actual flight.

Please Complete and Elaborate on all Abnormal Findings and Positive Responses

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<thead>
<tr>
<th>Height</th>
<th>Weight</th>
<th>Temp</th>
<th>Pulse</th>
<th>Resp</th>
<th>B/P</th>
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Corrected Visual Acuity: Right _____________ Left _____________ Hearing (Normal/Abnormal) _____________

HGB or HCT _____________ Urinalysis: Glucose _____________ Protein _____________ Ketone _____________ SP Gravity _____________

EKG (within last 12 months) _____________ Chest XRAY (within last 3 years) _____________

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<tr>
<th>NL</th>
<th>ABN</th>
<th>Elaboration and Comments</th>
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<td>HEENT (include Eustachian tube patency)</td>
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<td>Heart and Vascular</td>
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<td>Mental Status</td>
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I find no contraindication to this person’s participation in required high risk NASTP training as well as actual flight in high performance or other military aircraft.

Examiner’s Signature ____________________________

Date ____________________________ Phone # ____________________________

FAA AME / Navy Flight Surgeon’s Endorsement for Participation in High-Risk NASTP Training/Flight:

Type Aircraft ____________________________ Qualification: PQ NPQ

Signature ____________________________ Date ____________________________

(Note: Scope of examination at the discretion of the FAA AME / Flight Surgeon)
Medical Clearance for Contractor to Participate in Naval Aviation Survival Training and Fly in USN/USMC Aircraft

THIS FORM SHALL BE PROVIDED BY THE FLIGHT APPROVING AUTHORITY

TO THE APPLICANT, PLEASE READ CAREFULLY: You are requesting clearance to fly in military aircraft as a non-military or non-aircrew member. Prior to flying, you are required to complete high risk training of the Naval Aviation Survival Training Program (NASTP) which may include altitude, egress, parachute and water survival training based upon what aircraft you are flying. NASTP training requires a high level of fitness and stamina. You will be required to complete training in full flight gear, including helmet, gloves, boots, flight suit, parachute harness and survival vest. Training includes a 25-50 yard surface swim, treading water / drown-proofing for up to 2 minutes each and orally inflating your life preserver. Underwater emergency egress training requires you to swim 15 yards underwater in a flight suit and boots. Additionally, you may receive dynamic hypoxia recognition training in a hypobaric chamber up to simulated altitude of 25,000 feet. Actual flight may be in high performance ejection seat aircraft capable of sustained high g-force maneuvering. To obtain clearance to fly in military aircraft, you are required to obtain a physical examination. Civilian personnel may be required to bear the cost of this examination. Please fill out the medical questionnaire and have your physician fill out the physical examination section of this form. You must then present this completed form to an FAA AME or other qualified physician for endorsement for high risk NASTP training and subsequent flight.

Medical Questionnaire – Do you have or have you ever had:

☐ 1. Disease of the eyes, ears, sinuses, seasonal allergies, hay fever, difficulty with clearing your ears, or pain in your ears or sinuses from diving or flying?

☐ 2. Chest pain, angina, heart attack, heart disease, heart murmur, palpitations, cardiac catheterizations, pacemaker or other cardio-vascular disease not listed here?

☐ 3. Hypertension, stroke, blood clots in legs, swelling in feet, or excessive fatigue with mild exertion?

☐ 4. Asthma, wheezing, emphysema, chronic cough, tuberculosis, collapsed lung, or shortness of breath with mild exertion?

☐ 5. Disease of the bowel, ulcers, rectal bleeding, chronic abdominal pain, hernia, kidney stone, or painful or frequent urination?

☐ 6. Arthritis, joint deformity, chronic back pain, or limitation of use of your back or extremities?

☐ 7. Paralysis, weakness of muscles, seizures, epilepsy, migraine or other severe headaches, loss of consciousness, or amnesia?

☐ 8. Mania, depression, schizophrenia, suicide attempt, alcoholism, panic attacks, fear of flying, fear of heights, fear of enclosed spaces?

☐ 9. Anemia, diabetes, cancers, arterial gas embolism, bends, surgery, hospitalization, or other chronic medical conditions not listed?

☐ 10. Are you currently pregnant?

☐ 11. Are you taking any medication? List:

☐ 12. Can you jog 15 minutes continuously and can you swim 100 yards without stopping?

Applicant's Name ____________________________ Age _________ Sex _________

Address ____________________________ Phone ____________________________

Signature ____________________________ Date ____________________________
Medical Clearance for Contractor to Participate in High-Risk
Naval Aviation Survival Training

TO THE EXAMINING PHYSICIAN

This person is seeking clearance to fly military aircraft as a civilian contractor. He/she will be required to complete high risk Naval Aviation Survival Training Program (NASTP) aviation physiology and water survival training. This training program is designated as High-Risk Training and requires a high degree of physical and psychological stamina. This training may include altitude, egress, parachute and water survival training based upon what aircraft flown. He/she will be required to complete training in full flight gear, including but not limited to helmet, gloves, boots, flight suit, parachute, harness, g-suit and survival vest. Training includes such elements such as 25-50 yard surface swim, treading water / drown-proofing for up to 2 minutes each and orally inflating a life preserver. Underwater emergency egress training requires swimming 15 yards underwater in flight suit and boots. He/she may receive dynamic hypoxia recognition training in a hypobaric chamber up to simulated altitude of 25,000 feet. Successful completion of NASTP training is required for flight in high performance ejection seat aircraft capable of sustained high g-force maneuvering. The purpose of this evaluation is to clear this individual for the required high-risk NASTP training as well as actual flight. This completed form must be presented along with current a FAA Flight Physical for participation in high-risk NASTP training.

I find no contraindication to this person’s participation in required high risk NASTP training as well as actual flight in high performance or other military aircraft.

Type Aircraft Screened For: __________________________

Examine FAA AME / Physician’s Signature __________________________

Date __________________________ Phone # __________________________

(Note: Scope of examination at the discretion of the FAA AME)