

NSTI Welcome Aboard Package



NSTI is NOMI's largest detachment and provides the greatest training numbers. NSTI has responsibility for the 8 Aviation Survival Training Centers (ASTCs) located at various sites along each coast (the NSTI Det consists of 9 UICs). The majority of students attend classes that are less than one week in duration.

BUMED (Aviation Medicine) is the NASTP Training Agent as specifically assigned by CNO. Additionally, by CNO direction, NOMI/NSTI is the course curriculum model manager (CCMM) for NASTP curricula and NSTI is the only authorized DoD provider of NASTP training. In a Memo dtd July 14th 1997 CNO directed that 8 fully capable ASTCs be established and determined the locations. Training focuses on 'hands on' scenario-based dynamic evolutions as directed by CNO. Curriculum approval authority (per OPNAVINST 3710.7T) is Commander Naval Air Forces.

Across the 8 ASTCs and HQ element NSTI has 288 billets total - 36 officer billets (currently all Aerospace Physiologists), 202 enlisted billets (primarily Corpsman (HM- 8406/8409 – Aviation Physiology Technicians); Parachute Riggers (PRs); Divers (NDs) and Aircrew (AWs); 40 civilian billets (device maintainers, instructor/divers, curriculum specialist and support personnel; and 10 contractors (1 'on loan' from NOMI N8 to work numerous computer items with trainers, 9 civilian positions are part of COMS (funded directly by BUMED) for maintenance of trainers at ASTCs Norfolk, Cherry Point, and Jax).

The \$35 million worth of NASTP training devices are supported by NAVAIR PMA-205 (a NSTI billet is ADDU to PMA-205). Funds for purchasing and maintenance of training devices provided through Naval Air Warfare Center – Training Systems Division, Orlando (NAWC-TSD). Claimancy 18 funds required for personnel, facilities (including MILCONS), dive systems, training equipment (e.g., flight gear used), travel, OPTAR, etc.

Purpose

To assist the joint warfighter in winning the fight by providing safe, effective, and relevant human performance and survival training.

8 CONUS locations – Aviation Survival Training Centers (ASTCs)

Pensacola, FL
Norfolk, VA
Patuxent River, MD
Cherry Point, NC
Jacksonville, FL
Lemoore, CA
Miramar, CA
Whidbey Island, WA

Naval Aviation Survival Training Program (NASTP)

21 different CNO approved curricula tailored to aircraft, mission, and associated flight equipment.

COURSES and LENGTH:

- | | |
|--|------------|
| • Aircrew Refresher Training (Four year re-qualification interval) | 2 days |
| • Aircrew Initial Training (required prior to flight) | 3 -5 days |
| • Non-aircrew Training – e.g. selected passengers, VIPs | 1 - 2 days |
| • Non Aircraft Specific Training – e.g. helo dunker, VBSS | 1 day |
| • G-Tolerance Improvement Training System (high G Centrifuge) | 1 day |
| • Aerospace Physiology Technician Course (NEC HM-8409) | 5 weeks |
| • Naval Aviation Water Survival Instructor (NAWSTI- NEC 9504) | 2 weeks |
| • Navy Lifeguard | 1 week |
| • Aerospace Physiologist Internship Program | 20 months |
| • HM-8409 Internship Program | 12 months |

TOTAL STUDENTS ANNUALLY: 22,447

NSTI Officer in Charge

CAPT Jeffrey M. Andrews, MSC, USN



Jeff Andrews is originally from Emmaus, PA. He attended Muhlenberg College where he received a Bachelor of Science degree in Biology and earned football all conference and scholar athlete honors. In 1987, he graduated with honors from the United States Sports Academy with a Masters in Sports Medicine. He then enrolled at Philadelphia College of Pharmacy and Science and worked in a fellowship program with the University of Pennsylvania.

Commissioned an Ensign in the United States Navy on 13 July 1988, he reported to Officer Indoctrination School, Newport, Rhode Island. Ensign Andrews then reported to the Naval Aerospace Medical Institute, Pensacola, Florida where he received his wings and was designated a Naval Aerospace Physiologist in April 1989.

He was transferred to the Aviation Physiology Training Unit, Corpus Christi, TX, where he served as the Assistant Department Head and Training Officer until April 1991.

Lieutenant Andrews was then ordered to the Naval Postgraduate School, Monterey, CA, to receive training and designation as an Aviation Safety Officer.

From July 1991 to September 1994, Lieutenant Andrews served as the Aeromedical Safety Officer for the night attack AV-8B squadrons of Marine Aircraft Group 13, Marine Corps Air Station Yuma, AZ. From October 1994 to May 1998, he was assigned to Presidential Helicopter Squadron One (HMX-1) in Quantico, VA where he was the Aircrew Systems/Human Factors Operational Test Director, Aeromedical Safety Officer, and White House Liaison Officer. Lieutenant Commander Andrews then proceeded to the 2nd Marine Aircraft Wing Headquarters, Cherry Point, NC to serve as the Aeromedical Safety Officer.

From October 2000 to May 2005, he reported to the Naval Survival Training Institute (NSTI), Pensacola, FL and served as the Head, Aviation Physiology Training Department, Director of Operations, and Deputy Director NSTI.

Commander Andrews reported to Naval Air Warfare Center Training Systems Division, Orlando, FL in June 2005 and served as the Deputy Director for Aviation and Training Systems Manager for Aviation Survival Training and earned Level III certification in Program Management. Captain Andrews reported back to NSTI in July 2008 where he currently serves as the Assistant Officer in Charge.

Captain Andrews has been awarded the Meritorious Service Medal (two awards), Navy and Marine Corps Commendation Medal (four), Presidential Service Badge, Joint Meritorious Unit Award, Meritorious Unit Commendation, Fleet Marine Force Ribbon, and National Defense Service Medal (two). Professionally, he received the Medical Service Corps Award for outstanding scholastic achievement, naval leadership, professional excellence, and flight aptitude, and the Sonny Carter Memorial Award for most significant contribution towards improving health, safety, and welfare of operational forces.

Reporting Aboard

During normal working hours (0730-1600), report with your orders and records to NSTI Headquarters (850-452-2424) located at 55 Radford Blvd, Suite 211 in the Uniform of the Day. After normal working hours, on a weekend or holiday, report to the Naval Air Station Pensacola Quarterdeck (850-452-3100, then press "0", building 624).

NSTI Sponsor Coordinator: 850-452-2424

Other numbers:

- Quarterdeck: 850-452-3100
- USO
 - At Pensacola Regional Airport: 850-433-2475
 - On NAS Pensacola: 850-455-8280

NSTI Address: NSTI, 55 Radford Blvd, Suite 211, Pensacola, FL 32508

Driving Directions

(we recommend using online map tools to determine your route)

From I-10

1. Head toward Exit 7A on I-10 - 3.0 mi
2. Take Exit 7A for Pine Forest Rd/FL-297 S toward Pensacola N.A.S. - 0.2 mi
3. Turn right at FL-297 S/Pine Forest Rd - 3.4 mi
4. Turn left at Florida 10A E/US-90 E - 3.5 mi
5. Exit onto FL-295 S/New Warrington Spur toward Pensacola NAS
6. Continue to follow FL-295 S - 4.1 mi
7. Continue onto Duncan Rd - 1.6 mi
8. Turn left at Radford Blvd.
9. 55 Radford Blvd will be on the right - 0.5 mi

From Pensacola Regional Airport

1. Follow the exit road around the airport to 12th Avenue & Airport Blvd.
2. Turn left on N 12th Ave - 1.5 mi
3. Continue onto E Fairfield Dr - 3.6 mi
4. Slight left at New Warrington Spur - 1.2 mi
5. Continue onto New Warrington Rd - 1.7 mi
6. Continue onto FL-295 S/N Navy Blvd - 1.7 mi
7. Continue onto Duncan Rd - 1.6 mi
8. Turn left at Radford Blvd.
9. 55 Radford Blvd will be on the right - 0.5 mi

Lodging & Food

- **Navy Lodge:**
 - NAS Pensacola: 850-456-8676
 - Worldwide Reservations: 800-628-9466
- **Bachelor Officer Quarters:** 850-555-1234
- **Bachelor Enlisted Quarters:**
 - Front Desk/Reservations: 850-452-7076/7077
 - FAX, Admin: 850-452-7784

Galleys

- Building 601: 850-452-2766
- NATTC: 850-452-7050

Utilities & Services

- AT&T Telephone (Residential Service): 800-464-7928
- Gulf Power Company: 800-969-3111 or 850-225-5797
- Escambia County Utilities Authority (ECUA): 850-476-0480
 - Garbage, Sewer & Water Services
- Department of Motor Vehicles (DMV): 800-777-0133
- Escambia County Area Transit (ECAT): 850-595-3228

Cable Television

- COX: 866-463-5958 or 850-478-0200
- Mediacom: 800-239-8411
- Bright House Networks: 866-876-1872

NAS Pensacola Lending Locker: 850-452-5990 (Fleet and Family Support Center)

NAS Pensacola Base Directory: 850-452-0111

Medical Information

- Tricare (South Region): 800-444-5445
- Naval Hospital Pensacola
 - Quarterdeck/Information: 850-505-6601
 - Appointments: 850-505-7171

Child Development

- Children's Services Center: 850-595-5915 or www.childrensservicescenter.org
- Child Development Center: 850-452-2211
- Youth Center: 850-452-2417
- YMCA Child Care Resource: 800-481-2151 or www.militaryonesource.com

School Information

- Escambia County School District: 850-432-6121 or www.escambia.k12.fl.us
- SchoolQuest: www.militarychild.org/military-parent/schoolquest
 - Military Child Education Coalition (MECC) SchoolQuest is designed for military families and is a safe, secure online resource. It is organized so that you can access information that the MCEC has gathered to help you make decisions on future schools for your children.

Basic Travel Entitlements

Pay and Allowances for travel is based on an individual meeting specific eligibility criterion. Check with your disbursing office to determine your specific entitlements.

Advanced Pay and Allowance

Advanced pay can be drawn up to 60 days prior to your move. No more than three months of advance pay can be drawn and must be approved by your Commanding Officer. The advance is normally repaid in equal installments over 12 months. In certain cases, repayment can be spread over 24 months. If an advance for rental housing is needed, an advance housing allowance may be issued by the disbursing officer. You must have already rented housing and must provide a copy of the rental agreement to document the housing costs.

Dislocation Allowance (DLA)

Active Duty personnel are entitled to a Dislocation Allowance to offset some of the costs of closing one home and setting up another. These costs include rent deposits, utility hookups, etc. DLA can be drawn up to 10-days in advance.

DLA is not available to service members who:

- are without family members and are assigned to unaccompanied government quarters.
- are transferred to a new duty station or to the same geographical location.
- on separation or retirement orders.

Per Diem Allowance

Refer to the Per Diem Rates chart for exact amounts.

Along with the DLA, food and lodging costs are reimbursed when making a Permanent Change of Station (PCS) move. The allowance is paid at a daily rate for you and your family members. Auto travel is at the rate of 350 miles per day (not to exceed the official authorized distance) and is used to determine how many days per diem will be paid.

Note that per diem may be drawn in advance. The Per Diem Allowance for:

- Service members is \$99 per day, plus \$74.25 per day for their spouse and each family member at least 12 years or older and \$49.50 for family members under age 12.
- Spouses who travel separately, receive \$99 per day (the per diem for other family members traveling separately is \$74.25 or \$49.50, depending on their age).

Note: These are not official rates.

Mileage in Lieu of Transportation (MALT)

- 15 cents/mile
 - Service Member (alone)
 - Family Member (alone)
- 17 cents/mile
 - Service Member + 1 Family Member
 - 2 Family Members
- 19 cents/mile
 - Service Member + 2 Family Members
- 20 cents/mile
 - Service Member + 3 or more Family Members
 - 3 or more Family Members

These rates also apply to a second car, when use is authorized. Approval for usage of three Privately Owned Vehicles (POV) is required in advance.

Temporary Lodging Expense (TLE)

TLE is for PCS transfers within the United States. Access FAQs and answers about TLE. TLE provides service members up to \$180 per day (for ten days) to offset temporary housing costs incurred locally, before departing for an old duty station or after reporting to a new duty station. Personnel going overseas are entitled to TLE for five days. The actual TLE is figured by a complex formula and is different in each area. You must check into your command upon arrival in order to be eligible. TLE cannot be drawn in advance.

Basic Allowance for Housing (BAH)

Basic Allowance for Housing rates are set by the Per Diem, Travel and Transportation Allowance Committee.

Again, Welcome Aboard!!!!!!