

NUMI Welcome Aboard Package



NUMI is located in Groton, CT. NUMI provides training and expertise in Radiation Health and Undersea Medicine. We fall under NOMI operationally, but Naval Nuclear Propulsion Program provides training content and oversight authority. BUMED M3/B42 serves as the liaison.

This detachment is 28 members strong. There are 8 officers, 16 enlisted, and 4 civilian positions authorized.

The Submarine IDC program is the longest and most comprehensive course we teach. There are 3 courses a year. Each course begins with 16 weeks of Radiation Health instruction which continues as a program for the entire year. Then we teach Anatomy & Physiology and Medicine topics. Prior to graduation, students spend 10 weeks rotating in clinics to solidify their skills. 1 or 2 international students usually attend each class; they are excluded from the Radiation Health topics.

Undersea Medical Officer training is held twice a year. The first 6 weeks are primarily physical preparation for dive school. Pull-ups continue to be the major disqualifier from dive training. NDSTC conducts this training in Panama City, FL. After 9 weeks of fun, the candidates return to Groton for Radiation Health and Operational Medicine instruction. Assignments for these medical officers range from submarine support, to Marine recon or SEAL support, to diving or research billets.

Radiation Health Officers and Technicians also train here in preparation for assuming roles on ships or in hospitals. They are taught to manage the Radiation Health Program.

Several times a year, we also conduct a Radiation Health Indoctrination course to train providers on the technical points of the Radiation Health Exam. These providers often come from shipyards or locations that do a lot of physical exams.

In summary, NUMI is the sole provider of education for Radiation Health and Undersea Medicine, in support of the Naval Nuclear Propulsion Program life.

Purpose

Provides training and technical support in Undersea Medicine and Radiation Health.

COURSES and LENGTH

- Sub Force Independent Duty Corpsman
"C" School (NEC-8402) 58 weeks
- Undersea Medical Officer Candidate Course (UMOC) 23 weeks
- Radiation Health Officer Course (RHO) 5 weeks
- Radiation Health Indoctrination Course (RHI) 1 weeks
- Radiation Health Technician "C" School
(NEC-8407) 10 weeks
- Independent Duty Corpsman Refresher Training (REFTRA) 5 weeks
- Surface to Submarine IDC Conversion Course 22 weeks
- Emergency Medical Assistance Team (EMAT) Training 4 days

TOTAL STUDENTS ANNUALLY: 130

NUMI Officer in Charge

CDR Brett V. Sortor, MC, USN



CDR Brett V. Sortor, originally from New Jersey, graduated from the US Military Academy in 1985 with a Bachelor of Science, concentrating in Aerospace Engineering. He served as a light infantry officer for five years.

During a short break in military service from 1990-1993, he worked for Michelin Tire Corporation as an Industrial Engineer. In 1997, he earned his Medical Doctorate from the Medical University of South Carolina, and immediately entered a Family Practice internship at Naval Hospital Jacksonville in Florida.

CDR Sortor reported for the Undersea Medical Officer course in 1998. After graduation, he returned to beautiful Charleston, where he ran the Undersea Medicine Clinic serving the Nuclear Power Training Unit and Explosive Ordnance Disposal Mobile Unit 12. In 2000, he returned to Jacksonville to complete his residency in Family Practice.

His first tour as a family practitioner was in Cherry Point, North Carolina, from 2003-2005. CDR Sortor was tasked to leave early to take an operational billet, forward-deployed on the amphibious assault ship USS Essex (LHD 2), where he served as the Senior Medical Officer. After a fast-paced two years in the Pacific, he was sent to Naval Branch Health Clinic Meridian in Mississippi, where he again served as the Senior Medical Officer until June 2009.

CDR Sortor is board certified in Family Medicine. He is a member of the American Academy of Family Physicians, the Undersea & Hyperbaric Medical Society, and the Wilderness Medicine Society.

His personal awards include the Meritorious Service Medal, Joint Commendation Medal, Navy Commendation Medal, Army Commendation Medal, Navy Achievement Medal, and Army Achievement Medal. CDR Sortor is a designated Submarine Medical Officer, Surface Warfare Medical Officer, and Undersea/Diving Medical Officer.

Reporting Aboard

During normal working hours (0730-1630), report with your orders and records to Building 159.

Command Sponsor Coordinator: 860-694-2876 Nadine.russell@med.navy.mil or Ashley.russell@med.navy.mil

Other numbers:

- Command Chaplain (Building 164): 860-694-3232
- Ombudsman Office (Building 83): 860-694-2230

Command Address: NUMI, Building 159, Trout Ave, Groton, CT 06340

Driving Directions

(we recommend using online map tools to determine your route)

- SUBASE is easily accessible from Interstate 95 and is within an hour's drive from the major airports: Bradley International Airport in Hartford, Conn., and T.F. Green Airport in Providence, R.I.
- The base is within a 15 minute drive from bus and train stations found in New London.
- To arrive from the local airport, GROTON/NEW LONDON AIRPORT, turn left on Tower Ave to High Rock Rd. Turn right and go approximately 1/4 mile to Poquonnock Rd. Turn right and go another 1/2 mile to Long Hill Rd. Turn left on Long Hill Road (Long Hill Road becomes Route 12) and drive approximately 5 miles to Crystal Lake Road. Turn left onto Crystal Lake Road and follow for a 1/4 mile to the main gate.
- To arrive from T.F. Green Airport in Providence, RI, follow signs from the airport to Interstate 95. Take I-95 south to CT. Take exit 86 off of I-95. At the bottom of the ramp, turn right onto Route 12 and drive 2-3 miles. At the fifth stop light on Route 12, turn left (Crystal Lake Road). Follow this road to the end and to the main gate.
- To arrive from Bradley International Airport in Hartford, CT, take Interstate 91 south into Hartford. At exit 32, you will be taking Interstate 84 east. (I-84 Eastbound is a left hand exit. USE CAUTION!) Proceed on I-84E to Route 2 south. Take Route 2 south to I-395. Take I-395 south to exit 78 (Route 32). Follow Route 32 south into New London to I-95. Take I-95 north across the Gold Star Bridge to exit 86 (a left lane exit). Turn right onto Route 12 at the bottom of the ramp and proceed north 2-3 miles. At the fifth stop light on Route 12 take a left onto Crystal Lake Road. Follow this road to the end and to the main gate.
- FROM THE NORTH (IF DRIVING FROM, ME, MA, NH, VT) If driving a route that will take you through Boston, your best bet is to follow I-95 south into Connecticut. Once in Connecticut, you will be looking for Exit 86. At the bottom of the exit turn right (Route 12) and follow 2-3 miles. Turn left at the fifth stop light on Route 12 (Crystal Lake Road). Follow this road to the end. It will lead you directly to the main gate.
- FROM THE SOUTH (IF DRIVING FROM, NY, NJ, MD, VA, ETC.) If driving a route that will take you through New York City, the most common route is to take I-95 north into Connecticut. This will involve crossing the George Washington Bridge and using the Cross Bronx Expressway. Use caution if you are not used to driving in a big busy city. Try to avoid rush hour if possible, for obvious reasons. Follow I-95 north to exit 86 in Connecticut. Take this exit and make a right at the bottom of the ramp onto Route 12. Follow Route 12 for 2-3 miles and make a left (at the fifth stoplight) onto Crystal Lake Road. Follow this road to the end. It will lead you to the main gate.

Lodging & Food

- **Navy Lodge:**
 - Worldwide Reservations: 800-628-9466
- **Bachelor Quarters:** 860-694-3416

Galley

- Building 446: 860-694-3999
- Galley Menu Line (After 9am): 860-694-2917

Household Goods (Lending Locker): 860-694-4650/3504

Subbase New London Directory: 860-694-3011

Medical Information

- Tricare (North Region): 877-874-2273
- Naval Branch Health Clinic
 - Quarterdeck/Information: 860-694-6545

Child Development

- Youth Center (Off Base): 860-694-4702
- YMCA Child Care Resource: 800-481-2151 or www.militaryonesource.com

School Information

- SchoolQuest: www.militarychild.org/military-parent/schoolquest
 - Military Child Education Coalition (MECC) SchoolQuest is designed for military families and is a safe, secure online resource. It is organized so that you can access information that the MCEC has gathered to help you make decisions on future schools for your children.

Basic Travel Entitlements

Pay and Allowances for travel is based on an individual meeting specific eligibility criterion. Check with your disbursing office to determine your specific entitlements.

Advanced Pay and Allowance

Advanced pay can be drawn up to 60 days prior to your move. No more than three months of advance pay can be drawn and must be approved by your Commanding Officer. The advance is normally repaid in equal installments over 12 months. In certain cases, repayment can be spread over 24 months. If an advance for rental housing is needed, an advance housing allowance may be issued by the disbursing officer. You must have already rented housing and must provide a copy of the rental agreement to document the housing costs.

Dislocation Allowance (DLA)

Active Duty personnel are entitled to a Dislocation Allowance to offset some of the costs of closing one home and setting up another. These costs include rent deposits, utility hookups, etc. DLA can be drawn up to 10-days in advance.

DLA is not available to service members who:

- are without family members and are assigned to unaccompanied government quarters.
- are transferred to a new duty station or to the same geographical location.
- on separation or retirement orders.

Per Diem Allowance

Refer to the Per Diem Rates chart for exact amounts.

Along with the DLA, food and lodging costs are reimbursed when making a Permanent Change of Station (PCS) move. The allowance is paid at a daily rate for you and your family members. Auto travel is at the rate of 350 miles per day (not to exceed the official authorized distance) and is used to determine how many days per diem will be paid.

Note that per diem may be drawn in advance. The Per Diem Allowance for:

- Service members is \$99 per day, plus \$74.25 per day for their spouse and each family member at least 12 years or older and \$49.50 for family members under age 12.
- Spouses who travel separately, receive \$99 per day (the per diem for other family members traveling separately is \$74.25 or \$49.50, depending on their age).

Note: These are not official rates.

Mileage in Lieu of Transportation (MALT)

- 15 cents/mile
 - Service Member (alone)
 - Family Member (alone)
- 17 cents/mile
 - Service Member + 1 Family Member
 - 2 Family Members
- 19 cents/mile
 - Service Member + 2 Family Members
- 20 cents/mile
 - Service Member + 3 or more Family Members
 - 3 or more Family Members

These rates also apply to a second car, when use is authorized. Approval for usage of three Privately Owned Vehicles (POV) is required in advance.

Temporary Lodging Expense (TLE)

TLE is for PCS transfers within the United States. Access FAQs and answers about TLE. TLE provides service members up to \$180 per day (for ten days) to offset temporary housing costs incurred locally, before departing for an old duty station or after reporting to a new duty station. Personnel going overseas are entitled to TLE for five days. The actual TLE is figured by a complex formula and is different in each area. You must check into your command upon arrival in order to be eligible. TLE cannot be drawn in advance.

Basic Allowance for Housing (BAH)

Basic Allowance for Housing rates are set by the Per Diem, Travel and Transportation Allowance Committee.

Again, Welcome Aboard!!!!!!