

NMW

Navy Medicine West



Naval Dental Center 3D Dental Battalion • Naval Hospital Bremerton • Naval Dental Center Camp Pendleton • Naval Hospital Camp Pendleton • Naval Hospital Guam • Naval Health Clinic Hawai'i • Naval Hospital Lemoore • Naval Hospital Oak Harbor • Naval Hospital Okinawa • Naval Medical Center San Diego • Naval Hospital Twentynine Palms • Naval Hospital Yokosuka





About Us

Our strength lies in a union of research, teaching and excellent patient care.

Navy Medicine West (NMW) is Navy Medicine's health care system in the Western Pacific providing medical care to more than 850,000 beneficiaries. Primary, specialty and hospital-based care services are provided at all facilities.

The region headquarters is located at Naval Base San Diego, complex, with military treatment facilities and dental centers on the Northern and Southern West coast, in Hawaii, Japan and Guam.

History of Navy Regions

In July 2005, Navy Medicine implemented a realignment effort to better direct the collective shore-based assets of Navy Medicine to maintain readiness and deliver the highest quality care in the most cost effective manner. This effort resulted in the standing up of four Echelon 3 (flag level) commands - Navy Medicine West, Navy Medicine East, Navy Medicine National Capital Area and Navy Medicine Support Command. Subordinate commands under Navy Medicine West include all Navy military Treatment Facilities and Navy Dental Centers on the West coast, in Hawaii, Japan and Guam.

NMW Mission

To lead a functionally integrated regional health system known for its readiness, responsiveness, and reliability.

NMW provides oversight and program guidance for:

- Integrated Healthcare Delivery
- Military Treatment Facility Performance
- Human Resource Strategy
- System Optimization and Innovation
- Contingency Response
- Future Strategies and Growth

Commander

RDML C. Forrest Faison III



A native of Norfolk, Virginia, Rear Admiral Faison received his Bachelor's Degree in Chemistry from Wake Forest University and his medical degree from the Uniformed Services University of the Health Sciences. He completed post-graduate training in General Pediatrics at Naval Hospital San Diego and fellowship training in Neurodevelopmental Pediatrics at the University of Washington. He is board certified in Pediatrics and has several publications on neurodevelopmental outcome of premature infants.

He is a senior member of the American College of Physician Executives and is currently enrolled in the Master's of Medical Management Program at the Carnegie-Mellon Institute.

Rear Admiral Faison assumed the duties of Commander, Naval Medical Center San Diego and Navy Medicine West August 20, 2010. His most recent assignment was to the position of Deputy Chief, Bureau of Medicine and Surgery, for Current and Future Healthcare Operations. In this capacity, he was responsible to the Surgeon General of the Navy for policy and coordination of Navy Medicine healthcare facilities and operations worldwide as well as coordination of medical support activities to Navy and Marine Corps operational forces. Before this assignment, he was Commanding Officer of Naval Hospital Camp Pendleton, Navy Medicine's fourth largest medical facility. He commanded a staff of over 2,300 personnel with an annual budget in excess of \$151M providing care to an eligible beneficiary population of 153,000 and direct medical support to First Marine Expeditionary Force (I MEF). Despite having the highest operational tempo in Navy Medicine, he expanded services, improved access, and significantly reduced network care costs. At the same time, he implemented processes to attain and sustain the highest individual medical readiness in Navy Medicine. He directed innovative changes in healthcare delivery to dramatically expand Wounded Warrior care and significantly improve active duty mental health services and access, earning highest praise from the I MEF Commander, the Assistant Secretary of the Navy (Health Affairs), and Commander, Marine Corps Installations – West, all while providing expanded medical services to support the Commandant's "Grow the Force" initiative within existing resources through improved efficiency and personnel management. He also provided seamless disaster response and medical support during two Southern California wildfire disasters, providing continuous medical support to over 19,000 evacuated personnel, earning special recognition by the Commandant of the Marine Corps. Under his leadership, the command received it's best inspection results by The Joint Commission in command history.

Rear Admiral Faison's previous assignment was the Commander, U.S. Medical Task Force - Kuwait and the Commanding Officer, U.S. Expeditionary Medical Facility - Kuwait. As Commanding Officer, U.S. Expeditionary Medical Facility – Kuwait, he led a staff in excess of 350 and was responsible for all DoD healthcare delivery throughout Kuwait and Qatar, as well as specialty referrals from coalition partners and forces in southern Iraq, at the only level III hospital south of Iraq and ten associated clinics scattered throughout the region. Average monthly workload for the command exceeds 19,000 outpatient visits, 125 surgeries, 1900 dental visits, and over 120 medical evacuations. The command overall return to duty rate is 99%.

As Commander of a Joint Medical Task Force, he led a team of Army, Navy, and Air Force personnel who are responsible for all healthcare services and support for the Kuwait, Qatar, and southern Iraq theaters of operations in support of the Joint and Coalition Forces Land Component Commander. He was concurrently responsible to Commander, U.S. Naval Forces Central Command, for provision of medical support and assistance to U.S and Coalition ships in the North Arabian Gulf. Finally, he was responsible for tactical command and control of all medical logistics operations in the U.S. Central Command (CENTCOM) area of responsibility. U.S. Medical Task Force - Kuwait responsibilities include healthcare operations and delivery, medical logistics, biomedical repair, preventive medicine, food inspection and veterinary services, medical regulating/patient evacuation, medical intelligence, ground ambulance operations, medical training, medical/mass casualty planning, and other medical missions as necessary. Eight subordinate commands, totaling in excess of 1000 personnel, comprised the task force and included:

- U.S. Expeditionary Medical Facility - Kuwait
- 227th Preventive Medicine Detachment
- 981st Preventive Medicine Detachment
- 343rd Ground Ambulance Company
- 557th Ground Ambulance Company
- 218th Veterinary Services Detachment
- Area Support Group – Kuwait (Medical)
- United States Army Medical Materiel Center – Southwest Asia

He earned highest praise from several coalition Flag and General Officers as well as Commander, U.S. Army Central Command / Commander. Combined Forces Land Component Commander, the Commanding General, 377th Theater Support Command, and the Deputy Commander, U.S. Naval Forces Central Command for his leadership and performance in a joint and multinational theater.

Before his tour of duty in Kuwait, Rear Admiral Faison was Deputy Commander, Naval Medical Center, Portsmouth, leading a staff of 6000 with a budget in excess of \$400 million delivering care in Navy Medicine's largest medical facility. He led the command to successfully pass the first ever "no notice" JCAHO and Medical Inspector General survey of a major DoD medical center. Before that assignment, he was the Chief Information Officer for Navy Medicine and Clinical Executive Assistant on the personal staff of the Navy Surgeon General. In these roles, he was responsible for strategy, planning, budgeting, and policy for Navy Medicine information management and information technology (IM/IT) systems. As Chief Information Officer, he represented Navy Medicine IM/IT at TRICARE Management Activity, Department of the Navy/DoD, and other organizations. He was the primary advisor to the Deputy Surgeon General on Triservice IM/IT investments and strategy. At the request of the Surgeon General, he developed a strategy and IM/IT investment portfolio for Navy Medicine that was hailed as a model for emulation by Gartner Group and other healthcare industry foundations.

Before reporting to the staff of the Surgeon General, he was the Group Surgeon, 3d Force Service Support Group, Fleet Marine Forces, Pacific and the Optimization Champion for III Marine Expeditionary Force. As such, he was the primary medical consultant to the Commanding General and supervised medical care provided to over 5,000 Marines and Sailors throughout the Western Pacific and Hawaii. Further, he was also Brigade Surgeon, III Marine Expeditionary Brigade for Tandem Thrust and other operational deployments. He implemented a new program, Operation Determined Vigilance, to improve operational healthcare, cutting occupational and sports injuries over 93%. He implemented the first Marine online medical readiness reporting dashboard for operational commanders and instituted the first network of Sports Medicine clinics in the western pacific.

Prior to service with the Fleet Marine Force, Rear Admiral Faison served as Director of DoD Telemedicine and Director, Navy Medicine Technology Integration Support Office. As such, he coordinated the assessment and integration planning of new and emerging medical practices and technologies for Navy Medicine. He was primary consultant to the Navy Surgeon General on emerging medical technologies and medical capital investment planning. An internationally recognized and published expert in telemedicine and medical technology integration, he presented at over 100 international conferences and authored numerous articles on telemedicine. At the request of the President's Advisor on telehealth, he co-authored a book on uses of telemedicine in remote healthcare settings. He also represented DoD at numerous meetings and joint medical partnerships with foreign governments. He helped implement telemedicine in the Greek Navy and was a keynote speaker at the 1999 G8 Medical Summit. He was a primary medical consultant to the Rostropovich Foundation, implementing telemedicine to bring pediatric cancer care to the children of Chernobyl. He was a frequent consultant to the Navy Medicine Strategic Planning Goal Groups and individual medical commands. Other assignments have included Director for Clinical Services at U.S. Naval Hospital, Yokosuka, Japan; staff pediatrician, Naval Hospital Lemoore, California; Radiation Health Officer/Ship's Medical Officer, USS TEXAS (CGN39); and Group Medical Officer, Amphibious Group THREE.

Rear Admiral Faison's personal awards include the Legion of Merit (5 awards); Meritorious Service Medal (3 awards); Navy/Marine Corps Commendation Medal, and Navy/Marine Corps Achievement Medal and numerous unit and other awards.

Command Master Chief CMC (FMF) Yenhung Duberek



Master Chief Yenhung Duberek is a native of Taiwan. He enlisted into the U.S. Navy on Dec. 28, 1982 at Levittown, NY and attended recruit training at Recruit Training Command, Great Lakes, IL. Graduating on Sept.

13, 1983. After basic training he reported as a non-designated Seaman to the USS MERRILL (DD 976), home ported in San Diego, Cal. While onboard the USS MERRILL, he struck for the Hospital Corpsman rate and attended Basic Hospital Corps School, NSHS, San Diego, CA.

His duty assignments include: USS MERRILL (DD 976), Naval Hospital, Balboa, San Diego, CA; 3D Force Service Support Group (three tours); 3D Marine Division (two tours); Naval Hospital, Newport, R.I.; Fleet Hospital Five (FH5) and Naval Hospital, Bremerton, WA; III Marine Expeditionary Force; and U.S. Naval Hospital, Okinawa, Japan.

Command Master Chief Duberek served in many capacities to include: Leading Petty Officer for Headquarters Battalion Aid Station and 9th Marines Regimental Aid Station; Senior Medical Department Representative, 2/12 and 12th Marine Regiment; Division Medical Logistics Readiness Inspector; Administrative Assist to the Group Surgeon; Command Master Chief, Fleet Hospital 5; Department Head, Operational Readiness Department, Naval Hospital, Bremerton; Command Master Chief, 3d Medical Battalion, 3d FSSG; Command Master Chief, 3d Marine Division; Command Master Chief, III Marine Expeditionary Force and Command Master Chief, U.S. Naval Hospital, Okinawa, Japan.

Command Master Chief Duberek assumed the duties of his current post as Command Master Chief, Navy Medicine West and Naval Medical Center San Diego on Aug. 25, 2010.

Reporting Aboard

If you need a ride from the San Diego Lindbergh Field Airport, go to the USO counter in the west terminal. They can arrange a ride from the airport to the hospital for you at a minimal cost. The telephone number to the USO is (619) 296-3192 and they are open from 9am to 11pm.

Command Sponsor Coordinator

Phone: (619) 767-6573

Email: NAVMEDWEST-Administration@med.navy.mil

Command Address

4170 Norman Scott Road, Suite 5
San Diego, CA 92136

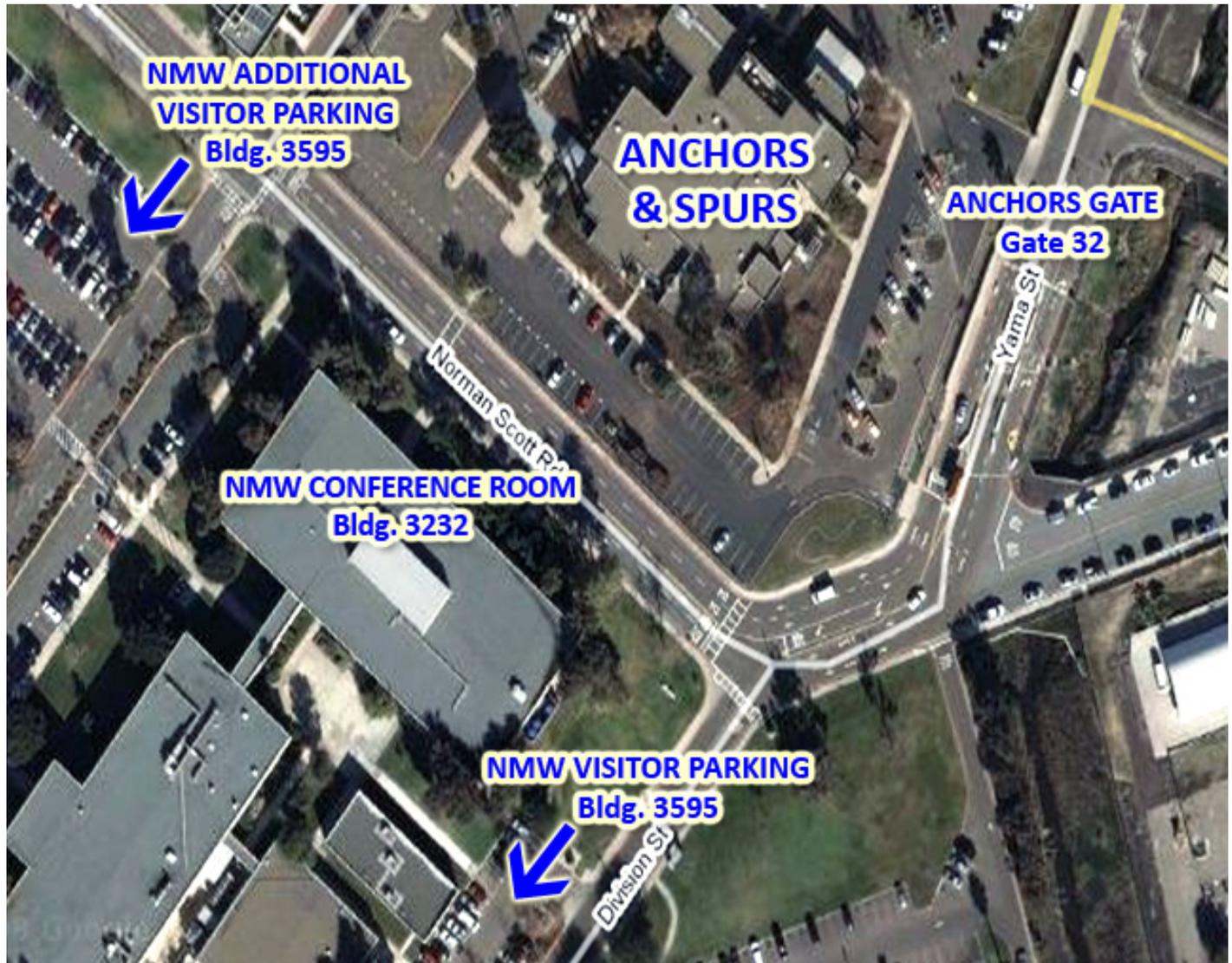
Military Personnel

Report in the Uniform of the Day to the NMW Administration Department, building 3595, (619) 767-6573 (0730 - 1630 Mon - Fri). The Admin staff will endorse your orders and arrange for temporary berthing if needed. After normal working hours, the NMW CDO can be reached at (619) 607-1004 for assistance.

Command Master Chief Duberek is a graduate of the Navy Senior Enlisted Academy and is qualified as an Enlisted Fleet Marine Force Warfare Specialist. He has an Associate of Arts degree from University of Maryland.

Command Master Chief Duberek's personal decorations include the Meritorious Service Medal with two gold stars, Navy and Marine Corps Commendation Medal, Navy and Marine Corps Achievement Medal with two gold stars and various service and personal awards.

Driving Directions and Map to NMW



Driving From North:

1. Take I-5 South, exit on to MAIN/Division STREET.
2. Continue end of exit. After stoplight, continue straight across MAIN STREET onto YAMA STREET toward Gate 32.
3. Continue through Gate, merge onto left lane and after stop, turn left onto PAUNACK STREET .
4. Turn into first parking lot on right, NMW Bldg 3595 is on right.

Driving From South:

1. Take I-5 North.
2. Exit onto Main/Division, and merge onto NATIONAL CITY BLVD.
3. At stop sign, turn sharp right onto DIVISION STREET
4. At next stop sign, turn sharp right onto MAIN STREET
5. At stop light, turn sharp left onto YAMA STREET towards Gate 32
6. Continue through Gate, merge onto left lane and after stop, turn left onto PAUNACK STREET.
7. Turn into first parking lot on right, NMW Bldg 3595 is on right.

Lodging & Food

Navy Lodges

Worldwide Reservations: (800) 628-9466

Naval Base San Diego: (619) 234-6142

Naval Base Coronado: (619) 435-0191

Miramar Inn: (858) 271-7111

Bachelor Officers Quarters

Naval Base San Diego: (619) 556-8672

Naval Base Coronado: (619) 545-7545

NAB Coronado: (619) 437-3860

Naval Base Point Lorna: (619) 553-9381

Bachelor Enlisted Quarters

Naval Base San Diego : (619) 556-8672

Naval Base Coronado: (619) 545-9551

NAB Coronado: (619) 437-3860

Naval Base Point Loma: (619) 553-9381

Galley

Naval Base San Diego: (619) 556-7039

Naval Base Coronado: (619) 545-7512

NAB Coronado: (619) 437-2044

Naval Base Point Loma: (619) 553-7544

San Diego Utilities & Services

SBC (Telephone): (800) 310-2355

San Diego Gas & Electric: (800) 411-7343

Otay Water: (619) 670-2241

Pacific Waste Service

- San Diego (619) 561-7080

- Alpine (619) 561-7080

- South Bay (619) 561-7080

COX Cable: (800) 234-6660

Time Warner Cable: (858) 695-3220

Department of Motor Vehicles (DMV): (800) 777-0133

San Diego Transit: (619) 233-3004

Lending Lockers:

Naval Base San Diego (619) 556-7404

Naval Base Coronado (619) 545-6071

Medical Information

- Tricare Service Center: (800) 242-6788
- Chula Vista, 644 Naples St, (619) 585-5555
- San Diego, 808 Balboa Ave, (858) 569-6664
- Naval Base Coronado, (619) 545-4319
- NAB (Active Duty), 619-437-3050
- Naval Training Center (NTC), (619) 524-4947
- Naval Station (Active Duty), (619) 556-8101
- Naval Medical Center, San Diego, (619) 532-6400; Appointments (619) 532-8225

Child Development

Child Care Resource Referral for the Southwest Region

Phone: (619) 556-8491

Toll Free: (877) 235-6002

E-mail: ccrr@mwrsw.com

Navy Family Homecare Program: (619) 556-7391

Navy Child and Youth Programs

YMCA Child Care Resource

Phone: (800) 481-2151

Website: <http://www.militaryonesource.com>

School Information

SD County Office of Education (858) 292-3500

Borrego Springs (760) 767-5357

Carlsbad (760) 331-5000

Chula Vista (619) 425-9600

Coronado Unified (619) 522-8918 / 8900

Oceanside (760) 757-2560

Poway (858) 748-0010

Ramona (760) 787-2000

San Diego Unified (619) 725-8000

San Marcos (760) 744-4776

Sweetwater (619) 691-5555

Vista (760) 726-2170

Military Child Education Coalition's (MCEC) SchoolQuest

SchoolQuest is designed for military families and is a safe, secure online resource. It is organized so that you can access information that the MCEC has gathered to help you make decisions on future schools for your children.

Basic Travel Entitlements

Pay and Allowances for travel is based on an individual meeting specific eligibility criteria. Check with your disbursing office to determine your specific entitlements.

Advanced Pay and Allowance

Advanced pay can be drawn up to 60-days prior to your move. No more than three months of advance pay can be drawn and must be approved by your Commanding Officer. The advance is normally repaid in equal installments over 12 months. In certain cases, repayment can be spread over 24 months. If an advance for rental housing is needed, an advance housing allowance may be issued by the disbursing officer. You must have already rented housing and must provide a copy of the rental agreement to document the housing costs.

Dislocation Allowance (DLA)

Active Duty personnel are entitled to a Dislocation Allowance to offset some of the costs of closing one home and setting up another. These costs include rent deposits, utility hookups, etc. DLA can be drawn up to 10-days in advance.

DLA is not available to service members who:

- Are without family members and are assigned to unaccompanied government quarters;
- Are transferred to a new duty station or to the same geographical location; or
- On separation or retirement orders.

Per Diem Allowance

Refer to the Per Diem Rates chart for exact amounts. Along with the DLA, food and lodging costs are reimbursed when making a Permanent Change of Station (PCS) move. The allowance is paid at a daily rate for you and your family members. Auto travel is at the rate of 350 miles per day (not to exceed the official authorized distance) and is used to determine how many days per diem will be paid.

Note that per diem may be drawn in advance. The Per Diem Allowance for:

- Service members is \$99 per day, plus \$74.25 per day for their spouse and each family member at least 12 years or older and \$49.50 for family members under age 12.

- Spouses who travel separately, receive \$99 per day (the per diem for other family members traveling separately is \$74.25 or \$49.50, depending on their age).

Note: These are not official rates.

Mileage Allowance in Lieu of Transportation (MALT)

- Service Member (alone) = 15 cents per mile
- Family Member (alone) = 15 cents per mile
- SM + 1 FM or 2 FMs = 17 cents per mile
- SM + 2 FMs = 19 cents per mile
- SM + 3 or more FMs or 3 or more FMs = 20 cents per mile

These rates also apply to a second car, when use is authorized. Approval for usage of three Privately Owned Vehicles (POV) is required in advance.

Temporary Lodging Expense (TLE)

TLE is for PCS transfers within the United States. Access FAQs and answers about TLE. TLE provides service members up to \$180 per day (for ten days) to offset temporary housing costs incurred locally, before departing for an old duty station or after reporting to a new duty station. Personnel going overseas are entitled to TLE for five days. The actual TLE is figured by a complex formula and is different in each area. You must check into your command upon arrival in order to be eligible. TLE cannot be drawn in advance.

Basic Allowance for Housing (BAH)

Basic Allowance for Housing rates are set by the Per Diem, Travel and Transportation Allowance Committee. The link will take you to their pages for accurate BAH rates. For most bases in San Diego County you can use the 92136 zip code and access an accurate per diem rate.

Welcome Aboard!

