

## Did you know?

- You can discuss your child's needs with your pediatric registered nurse during office hours by calling the appointment line (301-342-1506).
- You can reach the MOOD (medical officer on duty) after hours by calling the appointment line and leaving your message with the answering service. 
- If you have had a complete wellness physical exam within the previous six months your daycare and or school forms may be completed without another appointment needed (please give 72 hours for completion).
- If you are concerned about your infant's weight, you may use the pediatric scale without an appointment required.
- You may request a longer appointment time for your child if you have multiple issues to be addressed.
- If your child has ADD / ADHD they are required to be seen every three months for medication refills.



## Naval Health Clinic Hours of operation

Naval Health Clinic, Patuxent River  
**HOURS OF OPERATION:**  
Monday through Thursday 0730 - 1800

Friday: 0730-1600  
Closed Saturdays, Sundays, and  
Federal Holidays

**Pharmacy Hours:**  
Monday - Friday: 0800 - 1800  
Closed on Saturday, Sundays, & Federal Holidays.

For medical or dental care after-hours, call 301-342-1506 and tell the operator you would like to speak to the doctor or dental officer on-call. Your call will be returned as soon as possible.



Naval Health Clinic, Patuxent River  
47149 Buse Road, Bldg. 1370  
Patuxent River, MD 20670-1540  
Appointment Line 301-342-1506  
Quarterdeck 301-342-1418/1419

## PEDIATRIC CLINIC

A guide  
to  
Care at  
NHCPR

## Newborn Registration

### 1 DEERS REGISTRATION:

Register your newborn in the Defense Enrollment Eligibility Reporting System (DEERS) as soon as possible. Registering your child in DEERS is separate from enrolling your child in any TRICARE program option and is the first step to ensuring your child is eligible for TRICARE benefits.

For DEERS registration on base, please go to the PSD office located at 22268 Cedar Point Rd. Building 409 Room 116. Phone: 301-342-1054. Hours of operation: Monday-Friday 0730-1500.

You will need to bring a certificate of live birth (issued by the birthing facility) and have the sponsor sign the DD Form 1172 (issued by our PSD office on base). If the sponsor is unable to be present to register the newborn in DEERS, he/she may sign the DD Form 1172 and have it notarized.

### 2 DECIDE ABOUT TRICARE PRIME ENROLLMENT:

The Prime benefit offers quality care at the lowest out-of-pocket cost. The TRICARE Service Center will assist you with the enrollment process. It is located on base in the Naval Health Clinic near the quarterdeck and accepts walk-in beneficiaries only—no phone calls. Hours of operation: Monday-Friday 0730-1630. Forms can be obtained from the TRICARE Service Center (TSC) or the web site [www.hnfs.com](http://www.hnfs.com). If you do not enroll your newborn in TRICARE Prime by the 60th day after birth, your child will automatically be considered a TRICARE Standard, with higher out-of-pocket costs.



## Registration Checklist

- Go to PSD and register child in DEERS.
- If choosing PRIME, go to the TRICARE Service Center (TSC) -complete enrollment paperwork.
- If enrollment with Naval Health Clinic Patuxent River, go to Medical Records to register infant and establish a medical record.
- Contact appointment line 301-342-1506 or visit appointment office to schedule Newborn Appt.
- In an emergency situation, contact Medical Records to register the child over the phone and get an appointment. Prior to the appointment, The child **MUST** be registered with DEERS & TRICARE.
- When you receive your newborn's official Birth Certificate and Social Security card in the mail, please go back to PSD to update the DEERS. Also, go to Medical records to update the Health Clinic.



## Newborn Care

After your baby is born, he or she is covered separately. TRICARE offers well-child care for your newborn up to age 6, which includes:

- Circumcision (before leaving hospital)
- Routine newborn care
- Comprehensive health promotion and disease prevention examinations
- Vision and hearing screenings
- Height, weight and head circumference
- Immunizations
- Developmental/behavioral appraisal



## Recommended Appointments

- Birth
- 2 weeks (lab needed)
- 2 months (immunizations)
- 4 months (immunizations)
- 6 months (immunizations)
- 9 months
- 12 months (immunizations)
- 15 months (immunizations)
- 18 months (immunizations)
- 24 months
- 3 years
- 4 years (immunizations)

This is a general guide and based upon each child's unique situation more wellness exams may be requested.



## Resources

**St. Mary's County Infants and Toddlers Program:** - A family-centered, community-based program for children with developmental delays or disabilities from birth to age three. Phone: 301-475-4393

**WIC—St. Mary's County:** WIC Program is a supplemental nutrition program for women, infants and children under five. Phone: 1-877-631-6182

**Preschool Special Education Services:** Early Childhood Education Programs for Children with disabilities Age 3 Through 5. Phone: 410-767-0261 or 800-535-0182

**St. Mary's Network of Care for Children and Family Services:**

<http://stmarys.md.networkofcare.org>

