

## Exceptional Family Member Program (EFMP) Enrollment

1. **Identify the special needs:** During routine health-care by the Medical Treatment Facility (MTF) or TRI-CARE Provider; or self-identify
2. **Contact EFMP coordinator** who can assist with paperwork: DD Form 2792-1, *Exceptional Family Member Special Education/Early Intervention Summary*, DD Form 2792, *Exceptional Family Member Medical and Educational Summary*, and required addenda: Addendum A-1 - *Asthma / Reactive Airway Disease Summary* - completed by the physician; Addendum A-2 - *Mental Health Summary* - completed by the physician.
3. **Schedule medical appointments**, as necessary
4. **Determine if individualized education plan (IEP) is required.** Parents should work with educators to develop a plan to help children succeed in school. The IEP describes the goals the team sets for the school year, as well as any special support needed.
5. **Make an appointment with the EFMP coordinator** After all forms are completed, to review paperwork.
6. **EFMP coordinator will issue a hard copy** and e-copy to the member.
7. **EFMP Coordinator forwards the completed enrollment forms** to the appropriate regional Central Screening Committee (CSC) at Portsmouth Naval Hospital.
8. **CSC reviews the enrollment form, recommends a category code**, and forwards the form to the Navy EFMP Manager (PERS- 672) in Millington, Tennessee
9. **PERS-672 confirms the category code** and enters the enrollment data into an EFMP database. Six categories based on the type and frequency of medical or educational intervention require.
10. **Contact EFMP coordinator or NPC** (Naval Personnel Center) customer service toll free number to inquire about category.



## Exceptional Family Member Program (EFMP) Categories

**Category I:** Needs do not generally limit assignments.

**Category II:** Limited overseas/remote assignments. Care is usually available at most locations, except for some isolated CONUS/overseas areas. Overseas screening.

**Category III:** No overseas assignments.

**Category IV:** Requires assignment to billets near major medical treatment facilities within continental United States.

**Category V:** Homesteading in an area where the service member can fulfill both sea & shore duty requirements typically in the geographic areas of Norfolk, Jacksonville, San Diego, Bremerton, & Washington, DC.



**Category VI:** (Temporary category) The medical or educational condition requires a stable environment for six months to a year. Must be updated to receive permanent category

## Web Resources

- \* Autism Pathfinder: [www.pathfindersforautism.org](http://www.pathfindersforautism.org)
- \* Autism Society of America: [www.autism-society.org/](http://www.autism-society.org/)
- \* DoD Special Needs Network: [www.efmconnections.org](http://www.efmconnections.org)
- \* Easter Seals Society: [www.easterseals.com/site/PageServer](http://www.easterseals.com/site/PageServer)
- \* Military Homefront: [www.militaryhomefront.dod.mil](http://www.militaryhomefront.dod.mil)
- \* Military Installations: [www.militaryinstallations.dod.mil](http://www.militaryinstallations.dod.mil)
- \* Military OneSource: [www.militaryonesource.com](http://www.militaryonesource.com)
- \* National Association of Child Care Resources and Referral Agencies (NACCRA): [www.naccra.org/MilitaryPrograms](http://www.naccra.org/MilitaryPrograms)
- \* Navy EFMP: [www.npc.navy.mil/CommandSupport/ExceptionalFamilyMember/](http://www.npc.navy.mil/CommandSupport/ExceptionalFamilyMember/)
- \* Navy-Marine Corps Relief Society (NMCRS): [www.nmcrs.org](http://www.nmcrs.org)
- \* Special Care Organizational Record (SCOR): [www.militaryhomefront.dod.mil](http://www.militaryhomefront.dod.mil)
- \* St. Mary's County Public School Special Education Program: <http://divisions.smcps.org/se/>

Naval Health Clinic, Patuxent River (NHCP)  
47149 Buse Road, Bldg. 1370  
Patuxent River, MD 20670-1540



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## Naval Health Clinic Patuxent River



## Exceptional Family Member

**Navy's Exceptional Family Member Program (EFMP)** is designed to assist sailors by addressing the special needs of their family members. Special needs include any special medical, dental, mental health, developmental or educational requirement, wheelchair accessibility, adaptive equipment or assistive technology devices and services.

**TRICARE ECHO** provides benefits for active duty family members with specific qualifying mental or physical conditions

# Resources



TRICARE Extended Care Health Option (ECHO) provides benefits for active duty family members with specific qualifying mental or physical conditions, including:

- Moderate or severe mental retardation
- Serious physical disability
- Extraordinary physical or psychological condition causing the beneficiary to be homebound
- Diagnosis of a neuromuscular developmental condition or other condition in an infant or toddler under the age of 3 years expected to precede a diagnosis of moderate or severe mental retardation or serious physical disability
- Multiple disabilities (may qualify if there are two or more disabilities affecting separate body systems)

ECHO provides benefits that are **not** available through the basic TRICARE program, such as coverage for:

- Assistive services (e.g., qualified interpreter or translator)
- Durable equipment, including adaptation & maintenance
- Expanded in-home medical services
- Certain medical and rehabilitative services
- In-home respite care services (can **only** be used in a month when at least one other ECHO benefit is being received):
  - ★ ECHO respite care—up to 16 hours per month (limited to the 50 United States, the District of Columbia, Puerto Rico, the U.S. Virgin Islands, and Guam)
  - ★ EHHC respite care—up to eight hours per day, five days per week for those who qualify
- **Note:** The EHHC benefit cap is equivalent to what TRICARE would reimburse if the qualifying member was in a skilled nursing facility.
- Training to use assistive technology devices
- Institutional care when a residential environment is required
- Special education
- Transportation to or from a facility under certain limited circumstances (includes the cost of a medical attendant when needed.)



## Registration and Use of ECHO

- **Register with Health Net Federal Services:** Provide documentation that your family member is an eligible beneficiary with a qualifying condition and enrolled or enrolling in the EFMP. For beneficiaries residing in the TRICARE North Region, please contact Health Net Federal Services, Case Management (CM) Coordinator, Ms. LaTrice D. Easterling (571) 227-6639.
- **Use public funds and facilities first:** Many communities offer programs for people with special needs. If adequate public assistance is not available, you must include with your request for benefits a Public Facility Use Certification letter from either the commander of the local MTF or an authorized administrator of the public facility explaining why public assistance is unavailable or insufficient for ECHO-covered services.
- **Obtain prior authorization:** Health Net **must** authorize all ECHO benefits in advance.
- **Select TRICARE providers:** All services, supplies, and equipment must be received from TRICARE-authorized providers. Beneficiaries enrolled in a TRICARE Prime option who receive ECHO benefits must also comply with their program's requirements.
- **If active duty sponsor is reassigned:** Obtain **new** ECHO benefit authorizations before receiving services at a new location. Contact the regional contractor, local MTF, or ECHO case manager **before** you move to ensure a smooth transition.

### ECHO Costs

Active duty sponsors pay a cost-share that is based on their pay grade and separate from other TRICARE program cost-shares. The monthly cost-share is one fee per sponsor, not per ECHO beneficiary.

The maximum government cost-share is \$36,000 per beneficiary, per fiscal year (FY) (October 1–September 30). Sponsors are responsible for the cost of ECHO benefits that exceed this limit.

Pay Grade	Monthly cost-share
E-1 to E-5	\$25
E-6	\$30
E-7, O-1	\$35
E-8, O-2	\$40
E-9, W-1, W-2, O-3	\$45
W-3, W-4, O-4	\$50
W-5, O-5	\$65
O-6	\$75
O-7	\$100
O-8	\$150
O-9	\$200
O-10	\$250

### NAVAL HEALTH CLINIC PATUXENT RIVER (NHCPR) 301-342-1506

EFMP Coordinator	HM2 Casey Susany 301-342-1418 casey.susany@med.navy.mil	Information and forms
EFMP Coordinator	HM3 Jamie Harris 301-342-1418 jamie.harris@med.navy.mil	Information and forms
Case Management	Heather Henderson 301-995-3851 heather.henderson.ctr@med.navy.mil	Resources and referrals
Customer Relations	Nicole Quinn 301-995-4980 nicole.quinn@med.navy.mil	Compliments and concerns
<b>HEALTH NET FEDERAL SERVICES (HNFS) 1-877-TRICARE (874-2273)</b>		
CM Coordinator	LaTrice D. Easterling 571-227-6639 (office) 571-227-6705 (fax) latrice.d.easterling@healthnet.com	Assists with ECHO application for HNFS
NCA HNFS Numbers	Ph: (800) 977-7635 Fax: (571) 227-6705	
<b>EDUCATIONAL AND SCHOOL</b>		
St. Mary's Co. Department of Special Education	Melissa Charbonnet 301-475-5511 ext 220 mbcharbonnet@smcps.org <a href="http://divisions.smcps.org/se/">http://divisions.smcps.org/se/</a>	Free and appropriate public education (FAPE) to students with disabilities
NAS Pax River School Liaison	Dawn Simpson 301-757-1871 dawn.simpson@navy.mil	Assistance in matters pertaining to student education
<b>OTHER RESOURCES</b>		
EFMP Liaison Fleet & Family Support Ctr.	James Lettner 301-757-1869 james.lettner@navy.mil	Information and community resource referrals
Navy EFMP Category	1-866-827-5672 Option #1	Call to research final category